Lake Run - 8/31/2019 Lakeland Family Resource Center Rankings

Event 1 Mixed 5k Run RR

Name		Team	Finals	
17 & Under Results - Women			=========	======
1 Niles, Kelli	W	Unattached	26:36.03	
2 Downs, Bailey	M	Unattached	26:47.75	
3 Rowden, Kameryn	M	Unattached	29:08.50	
4 Peter, Elenor		Unattached	29:16.88	
5 McCracken, Reagan	M	Unattached	29:24.62	
6 Meyer, Flynn	M	Unattached	30:19.53	
7 Warren, Grace	W	Unattached	30:33.50	
8 Dunbar, Caitlin	M	Unattached	30:33.84	
9 Warren, Elise	W	Unattached	32:16.94	
10 Dunbar, Raegan	M	Unattached	32:17.31	
11 Downs, Anna	M	Unattached	44:49.38	
12 Swanson, Neive	M	Unattached	56:03.62	
18-29 Results - Women 5000	Run			
1 Bauch, Taylor		Unattached	24:29.06	
2 Simpson, Clarissa		Unattached	29:43.31	
3 McIntosh, Michelle	M	Unattached	42:42.00	
4 Bouchard, Elise		Unattached	44:33.09	
30-39 Results - Women 5000	Run			
1 Sharp, Sara		Unattached	25:17.94	
2 Lexvold, Lacey	M	Unattached	26:46.44	
3 Rowden, Erin		Unattached	29:09.28	
4 Kunselman, Bethany		Unattached	29:20.88	
5 O'Connell, Michelle		Unattached	29:39.47	
6 warren, Kerry		Unattached	30:39.72	
7 Swanson, Lianna		Unattached	31:30.75	
8 Slabiak, Becky		Unattached	31:44.66	
9 Peters, Jaime		Unattached	33:43.44	
10 Nicol, Kelsey		Unattached	35:07.62	
11 Anderson, Katie		Unattached	36:09.78	
12 Smith, Kayla		Unattached	42:39.25	
13 Russell, Kerry		Unattached	42:39.53	
14 Slabiak, Kathryn		Unattached	46:59.84	
15 Kelly, Rita		Unattached	55:55.72	
16 Ekern, Kristin		Unattached	56:03.06	
17 Nicol, Lindsay		Unattached	1:04:08.53	
40-49 Results - Women 5000		TT 1 1 1 1	02 15 24	
1 Busker, Tera		Unattached	23:15.34	
2 Engum, Wendi		Unattached	26:18.44	
3 Downs, Stacy		Unattached	27:00.91	
4 Deneen, Bethany		Unattached	28:30.25	
5 Gleason, Stephanie		Unattached	32:38.34	
6 Childs, Kasey		Unattached	33:06.31	
7 Christel, Nancy		Unattached	36:56.81	
8 Murphy, Heidi		Unattached	42:15.15	
9 Downey, Jessica		Unattached	42:26.81	
10 Fossum, Amy		Unattached	57:55.47	
11 Lyga, Cheri		Unattached	59:35.18	
50-59 Results - Women 5000		IIn a + + a c	04.00 41	
1 Mouw, Suxann		Unattached	24:08.41	
2 Holmbeck, Sue		Unattached	25:25.03	
3 Hill, Jessica		Unattached	30:11.41	
4 Gerczak, Donna	W	Unattached	36:41.69	

Lake Run - 8/31/2019 Lakeland Family Resource Center Rankings

			Kankings
Event 1 Mixed 5k	Run RR		
		TT	27.50.52
5 Conwell, Debbie		Unattached	37:59.53
6 Strand, Mary Jo		Unattached	38:00.25
7 Nicholson, Fran		Unattached	42:38.03 44:34.22
8 Flamang, Christy		Unattached	
9 Hile, Julie		Unattached	1:03:09.62
60-69 Results - Women 500		TT+11	21.17 47
1 Klipp, Janet		Unattached	31:17.47
2 Schloneger, Brenda		Unattached	32:35.72
3 Frane, Joanne		Unattached	36:05.81
4 Nicol, Lori		Unattached	1:03:11.28
70+ Results - Women 5000		II. o + + o o h o d	27.21 01
1 Schoenknecht, Mary		Unattached	37:31.81
2 Lokken, Jane		Unattached	44:56.18
3 Oman, Pam		Unattached	44:56.53
4 Duchesneau, Marie		Unattached	47:28.41
5 Strunk, Carol		Unattached	47:30.22
6 Swanson, JoAnne		Unattached	56:09.12
7 Hile, Shirley		Unattached	59:35.47
17 & Under Results - Men			10 22 56
1 Scott, Logan		Unattached	19:33.56
2 Hanson, Daniel		Unattached	20:26.38
3 Meyer, Braden		Unattached	20:41.09
4 Lexvold, Ryan		Unattached	21:37.56
5 Scott, Nathan		Unattached	22:04.12
6 Meyer, jackson		Unattached	22:45.25
7 Downs, Johnny		Unattached	24:36.56
8 Scott, Elliot		Unattached	25:00.31
9 Swanson, Connor		Unattached	25:53.41
10 Murphy, Shea		Unattached	25:54.56
11 Christel, Logan		Unattached	26:45.66
12 Murphy, Griffin		Unattached	26:50.59
13 Shafer, Brennan		Unattached	27:55.66
14 Lindberg, Jack		Unattached	28:10.18
15 Pederson, Shawn		Unattached	29:10.59
16 Gleason, Kyle		Unattached	30:32.62
17 Christel, Ethan		Unattached	36:54.84
18 Cole, Gavin		Unattached	56:02.59
18-29 Results - Men 5000			
1 Hailey, Joe		Unattached	30:35.22
30-39 Results - Men 5000			
1 Brunclik, Hank		Unattached	18:09.75
2 Pongratz, Harold		Unattached	26:41.38
3 Nelson, Mitchell		Unattached	28:50.25
4 Anderson, Dave		Unattached	29:29.72
5 Burns, Charlie		Unattached	29:33.22
6 Simpson, Joel		Unattached	29:43.78
7 Ekern, Scott		Unattached	56:02.25
40-49 Results - Men 5000			
1 Lindenfelser, Stacy		Unattached	21:27.06
2 Harris, Jon		Unattached	22:06.03
3 Lindberg, Josh		Unattached	27:06.28
4 Berggren, Robert		Unattached	29:16.44
5 Fossum, Jeremy		Unattached	29:17.59
6 Dunbar, Dan		Unattached	32:17.66
7 King, Paul	M	Unattached	33:06.84

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....Event 1 Mixed 5k Run RR

O Doung Donnig	M IIna++ached	44:50.12
8 Downs, Dennis	M Unattached	
9 Downey, Robert	M Unattached	47:26.69
50-59 Results - Men 5000 Run		
1 Reed, Lance	M Unattached	23:19.18
2 Guibert, Chris	M Unattached	24:09.75
3 Gerczak, Paul	M Unattached	24:27.69
4 Stearns, Timothy	M Unattached	26:03.25
5 Hill, Thomas	M Unattached	28:48.81
6 Groenheim, Burton	M Unattached	54:13.00
60-69 Results - Men 5000 Run		
1 Belisle, Dave	M Unattached	22:49.59
2 Wilhelm, David	M Unattached	28:55.62
3 Byrd, Steve	M Unattached	31:01.15
4 Struble, Glen	M Unattached	31:05.69
5 Adams, Don	M Unattached	40:57.81
6 Nicol, Kevin	M Unattached	1:04:08.15
70+ Results - Men 5000 Run		
1 Cardwell, Dale	M Unattached	25:58.22
2 Braeger, Chuck	M Unattached	45:46.84