

TEAM HHH, 2026
International Racing Tip Sheet XIV
“Follow the Jockey”
July 28-30
Glorious Goodwood

Glorious Goodwood is the second of major British High Summer Racing Festivals. High Schools closed for the summer last week and another heatwave has descended on this floating casino also known as the United Kingdom. Connections will be wearing Panama Hats and revealing dresses. It's a 5 day picnic with racing attached. Qatar now sponsors this carnival, so be alert to their various silk iterations.

Tuesday

R1 08:50 EST Chesterfield Cup. 10 F

13 (7) Rathgar 16/1 EW	3 Stars
7 (17) Diego El Queso 4/1 WIN	2 Stars
9 (12) Quai de Bethune 10/1 EW	1 Star

I almost skipped this 18 runner race. It's tough. I expect the Wathnan horse to remain a fair price because he runs for an unfashionable Qatari trainer, Hamad al Jehani. He is 5th best price in market. He was 12/1 when I went to bed and is now 9/1, though still 10/1 with some books. The price of the now Fav Irish raider Diego el Queso is 9/2. He has been tipped up by all the big tipsters based on his fast finishing 2nd in a valuable Leopardstown handicap. He was impressive once he changed leads and his price has almost halved in recent days. But to me that's a bit of a bookie's mouse trap. Ditto Noble Horizon 5/1 a wide length winner last time who is the 2nd Fav. I will be including both if I play UK tote horizontals. **STOP PRESS. Diego El Queso keeps shortening. He is now 4/1 from nearly 10/1 earlier in the week. A small win won't go amiss.**

Quai de Bethune won a handicap at Royal Ascot last year, hence the 700,000 pound purchase by Wathnan. This 4 year old gelding is weighted to win this. Had he won in his two outings this year, he maybe carrying too much weight for this. He found trouble last time at York though was clearly not there to win 2nd up. The 12 draw is sweet - there can be a lot of traffic down the inside at Goodwood. Remember this is a handicap with more than 16 runners and this means the bog standard place is the first 4 places on the UK tote. You may only get the first 3 places State side, so bet accordingly. Some books in the UK will offer 5 places. I'll play a few shekels on Quai de Bethune on the notion that the sponsors want a winner.

However, I am more compelled to bet a horse the chattering tipster classes have ignored and that is **Rathgar**. Rathgar won a race in soft in April at Epsom beating Sallaal, a horse I subsequently tipped up on these pages on Oaks day at Epsom winning by 6 lengths. Some may remember that. Sallaal exploded down the outside rail that day. Sallaal then went on to win a listed race at Sandown in June. More recently, Rathgar himself just fell short by a length on July 4th to Stem who returned 15/2 at Sandown. Those paying attention will remember that Stem is a horse I also tipped up here that day, Durban July Day, on the HHH Intl Tip Sheet.

The takeaway is this: Both Sallaal and Stem are Group Stakes horses in my book and I caught both at good prices on the upswing. Rathgar gave them both serious races, besting one of them albeit in soft going when Sallaal was first up. The 7 draw is perfect, not too wide and away from the deep inside. David Probert did 6 months in Hong Kong last year, but was not successful. He may not be a jockey I follow, but he is not a liability. Yes, maybe one of the widely tipped Favs wins, but I am playing Rathgar at 16/1 with 5 places on offer — that's the value bet.

R2 09:25 EST G2 Vintage Stakes

1 (5) Al Hudaiba 2/1

3 Stars

This horse is quirky, but very, very good. I had been tempted to him on with Pikachu, but you only to see the the gallop out last time to see what extra gears Al Hudaiba has. He should be shorter given the ratings and would be but for the poor form of Appleby and Buick and the Peter Brandt silks running against him for Aiden O'Brien.

R3 10:00 EST G2 Lennox Stakes

2 (4) Lake Forest 5/4

3 Stars

Lake Forest also an entry in the G1 Sussex Stakes tomorrow and it's not inconceivable he runs in both. He has shipped to Australia and won a G1 down there, beating Lazzat. He closed like a train at Royal Ascot over 6 furlongs last month to finish 5th behind the likes of Joliestar and Satono Reve. He is primed and the 7 furlongs is his wheelhouse. He should win this, though I won't be investing much at the price.

R4 10:35 EST G1 Goodwood Cup

1 (1) Amiloc 14/1 EW

3 Stars

Amiloc will be remembered by most of you for finishing 4th in last year's Breeder's Cup Turf, but he was also a sneaky good 6th in the G2 Hardwicke Stakes at this year's Royal Ascot (when I tipped him on these pages). He was hampered and ran on strongly late. He has important G1 entries later this year and suits the good to firm going he will get there. Scandinavia is clearly the King of the Stayers which he showed when winning the Ascot Gold Cup over 2 Miles, 4 Furlongs, but this is only 2 Miles. I am betting Amiloc can stretch out and can get among the stayers down the lane at Goodwood. Amiloc may have Middle Distance entries this Summer and Fall, such as the Groser Preis Von Baden and the Arc, but this could be his chance to show he could be a contender for a lucrative 2 mile contest down under. Or maybe connections want to put strength ahead of a tilt at the Breeders Cup Turf and keep Hong Kong Cup or Vase. Either way, he'll right there fighting it out and is a great Each Way or Place bet. Lazy Griff may have contended for my Win and Place money, but he is best over softer and despite Goodwood watering liberally, it's going to firm up by race time. He may get withdrawn late. I am betting Amiloc to get a piece of this piece of this.

R5 11:10 EST Shaker Handicap 5F

18 (13) Tatterstall 12/1

3 Stars

21 (9) Vintage Clarets 16/1

2 Stars

A 24 runner 5 furlong handicap. I'll be playing two Each Way. Tatterstall, winner of this two years ago for prominent sprint trainer, Michael Dods and Vintage Clarets who has been placed in two races last month. He has a feather weight and also get Warren Fentiman taking off another 3lbs. They may not catch him if he guns it at the gate.

R6 11:45 EST EBF Maiden Stakes 6F

9 (13) Launch Sequence 3/1

3 Stars

A strong finishing 3rd in his maiden and clearly saved for the sponsor's meeting. Don't sleep on Agrippa who was not far behind.

R7 12:20 EST English Wine Fillies Handicap 1 Mile

4 (14) Rumba Numba 7/1

3 Stars

10 (9) Si Grass 14/1

3 Stars

I like two quite a lot here. Rumba Numba was 5th behind Alobayyah at Royal Ascot when not getting a clear run. She's a real shout here, but don't discount the 3 year old, Si Grass who is carrying 12 lbs less and gets the strong Brazilian rider, former British Champion jockey, Sylvester de Sousa.

R8 12:55 EST EBF Fillies Handicap 6F

8 (9) Machadadorp 4/1

2 Stars

4 (2) Cindy Lou Who 33/1 EW

1 Star

Oisín Murphy is on the Fav in the last, what's not to like. Horse has looked impressive though she is only 3 and may run into any number of old buzz saws here, one of which may be the 4 yr old, Cindy Lou Who, who is a great place play.

Wednesday

R1 08:50 EST Shaker Handicap 12 F

5 (6) Hateen 10/3

5 Stars

8 (2) Parisian Scholar 20/1

2 Stars

Hateen is well handicapped and gets Oisín Murphy for Andrew Balding. Probably shortens on the day. Parisian Scholar 20/1 showed great tenacity to fight back to win in a lower rated contest at Newmarket last time. That could be a confidence booster and he could pop up.

R2 09:25 EST Alice Kepler Conditions Stakes 5F

8 (2) Wild Blossom 7/4

4 Stars

Another Wathnan primed to go well here. Didn't perform at Royal Ascot, but was drawn on the far side. Weak competition here. Should win.

R3 10:00 EST G3 Oak Tree Stakes 7F

8 (6) Sayidah Dariyan 7/2

3 Stars

Sayidah Dariyan ran well enough in the big G1 over 6F, finishing 9th of 18. I took a big swing at 50/1 that day. It wasn't to be, but the extra furlong may suit her here and the competition is weaker. Richard Hughes reaches for his old rival in the saddle Ryan Moore.

R4 10:35 EST Veuve Clicquot Molecombe Stakes 5F

1 (4) Adonius 4/1

5 Stars

The temptation is to side with the Wathnan horse. The prominent tipsters seem to be at a loss as to why impressive Chester winner didn't show up at Royal Ascot, though I played Adonius that day and can vaguely recall connections inferring Goodwood was next on the agenda. This makes sense. The horse could have drawn on the wrong side at Ascot and would not have been suited by the stiff up hill finish.

This means Adonius is now a generous 5/1 which I lapped up. The Hughes family who own the horse are regular folk and they trust in their trainer and jockey, which I tweeted about when they won at Chester.

R5 11:10 EST G1 Sussex Stakes 1 Mile

8 (4) Bow Echo 6/5

5 Stars

I can't add much that is not already known here. Bow Echo seems to be the best British 3 year old in a generation. Gstaad seems like he'll be better over further. Many slept on Ten Bob Tony in the Queen Anne over a mile at Royal Ascot, but can he give 7 lbs to Bow Echo? I don't think so. This means the sleeper in the race is Zavateri for the Mariscotti family. This was an exceptional 2 yr who won a couple of British G2s last year before beating Gstaad in the G1 National Stakes at the Curragh. He had a set back and it was presumed the diminutive 2 yr old wouldn't train on this season, but he was a respectable 1 length 2nd first up this year at Newbury and this is as near as damn it, his local track. I'll wait to see how he has filled out in the paddock before I play. You should be watching too.

R6 Charlton Handicap 6F

18 (8) Velvet Rhythm 7/1

2 Stars

28 runner field. Almost impossible, but I am siding with another 3 yr old who will be getting 6 or 7 lbs pretty much from all of her main rivals. Wednesday promises to be in the

Mid 90s. That weight break may make all the difference in furnace like conditions. The horse trains up north for Charlie Johnston. This barn does well at this meeting historically. This is the third Johnston horse I will be betting over the first two days.

R7 12:40 EST World Pool Handicap 7F

12 (17) Hunter's Lullaby 33/1

2 Stars

This horse is an form handicapper who mostly races in Norway. It is not a sentimental pick, though I am planning a racing trip to Norway this Summer. The trainer Neils Petersen has thrown some good horses into the mixer at Meydan and done well. He will be a price because the English and Chinese punters will ignore him, though I find the discrepancy in the Uk books very interesting. His times are comparable and he is well weighted. You can bet him at 33/1 today with William Hill, yet he is as short at 12/1 with Bet 365. Clearly a trader at 365 is keeping him onside. I have taken the 33s at Hills. Brazilian rider and perennial Champion jockey in Norway, Elione Chavas flies in for the ride. I vaguely recall him banging in a few in the USA a few years ago. He can ride. Follow the Jockey!

Thursday

The Thursday card has been just released, so limited commentary here. I have inside "intel" on R2, with 3 (8) Cut a Dash, the horse to bet hard. He is my 5 star pick on Thursday.

R1 - 3 (3) Harmonics 10/1

Keeping Faith given how he rallied late at Royal Ascot

R2 - 3 (8) Cut a Dash 4/1

5 Stars

Inside Intel. Say no more.

R3 - 5 (4) Sahara King 6/1

3 Stars

Recently gelded after distracted run at Royal Ascot.

R4 - 1 (5) Friendly Soul for George Strawbridge was unlucky the last twice, but she the winner of the G1 Opera at Longchamp when a 3 yr old, **2 (1) See the Fire** is Group winning Mare who thrives on firm ground and the **4 (3) Diamond Necklace 8/13** is this year's French 1,000 Guineas and Prix Diane winner this year, the best 3 yr filly in Europe. Only 5 runners in this G1 Nassau Stakes, but what a throw down this will be. The Nurlan Bizakov mare isn't used losing either and could shock at a massive price. No bet advice from me here. Just enjoy the race!

R5 1 (4) Schrödinger's Cat 8/1

2 Stars

Gets a 5 lb weight break from Naana's Shadow from last time.

R6 12 (17) Cash Cove

R7 13 (4) Siena Storm

R8 12 (20) Storming Point