



DEL MAR POWER PICKS TIP SHEET

Race Day Date	August 21st
Tip Sheet By	Noah Meagher
Current ROI	\$1.13

Race Day Overview

WELCOME TO DAY 16 of the DEL MAR POWER PICKS!!! We are very excited to bring you Del Mar Power Picks for our THIRD consecutive year! It will ALWAYS be Fast and Firm Where the Turf Meets the Surf! If you're interested in more West Coast racing coverage, check out Pacific Horseplayers with myself and Jackson Muniz. We are LIVE on Youtube, X, and other various platforms.

We will do our best to give you ideas on whom to bet and how, plus stats on trainers/jockeys when appropriate. It is imperative that you CHECK FOR SCRATCHES AND CHANGES, because we often send out the DMPP's BEFORE scratches are officially posted. So, our final selections might be VERY DIFFERENT if races contain even a couple scratches!! If that's the case and Spot/Price Plays involve surface changes, those picks will NOT count towards the ROI Stats! We send out the DMPP's early to give you ample time to study and make decisions before the races begin. Finally, as we always say....."these picks are our opinions....once you make a bet, they become your opinions!" GOOD LUCK to all this summer at Del Mar! Now, onto today's action!!

Today's Picks

****For information on how to read an "ABC Grid" and ticket construction, please refer to our podcast website, hhhracingpodcast.com, and go to the "Power Picks" section...you have to scroll down a bit under the DMPP promotion...a video explanation is also available on the page.**

Go to the next page for our analysis of the races.....good luck!



ABC GRID - POST TIME: 5:00pm EST

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
1	1,7	6	2,4,5	1,6,7	\$0.50	\$18
2	2	-	1,4,5,6	2		
3	7	2	1,6	2,7		
4	1,4,7	-	2,3	1,4,7	\$0.50	\$96
5	1,2	6	4,8	1,2		
6	1,5	3,4	2,6,7	1,3,4,5		
7	4	1,2	3,5	4		
8	2,5	6,8	-	2,5,6,8		

Top 3 Selections

Race	1st	2nd	3rd
1	1	7	6
2	2	5	1
3	7	2	1
4	7	4	1
5	1	2	6
6	1	5	4
7	4	1	2
8	2	5	6



Today's Pick 5 Analysis

Friday's late Pick 5 at Del Mar offers a competitive sequence with several races that could produce a price. The sequence gets started with a tricky sprint before moving into a pair of turf races that should demand plenty of attention from Pick 5 players. The seventh race looks especially intriguing, with Raw Ability among the key contenders in a wide-open turf mile for fillies and mares. The sequence closes with a challenging two-year-old sprint, providing one final opportunity for a surprise result. With several races lacking an obvious standout, Friday's late Pick 5 shapes up as a sequence where coverage could be rewarded, and finding the right single could be crucial to keeping the ticket affordable.

Below are today's Price / Spot Plays. These are not usually the favorites, but horses we like that will provide some value (typically 5-2 or higher in general). The "Stars" rating is 1 – 5, with 5 being the MOST CONFIDENT / RECOMMENDED PLAYS.

Price/Spot Plays

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
5	1	Autumn Leaves	4-1	3	Win #1 - Ex 2 / 1

Even though we've reached the back half of the meet, we haven't quite reached the autumn season just yet. Let's hope Autumn Leaves enter the winners circle before we reach the end of the summer. John Sadler already hits at a very nice 21% clip with FTS at Del Mar, but it gets bumped up to 24% when it comes to turf sprint debut runners. This is actually his first debut runner at this configuration so far this meet, and Sadler is a trainer that's always been known to really spot his horses well. The works that were available were just fine, and she's got that animated stride you like to see from these turf runners. Her last work was on the 10th (the one work I couldn't watch), and she's said to have been much the best over Cali Cat, an older allowance filly from the same barn. If that's the case, she could be ready to fire big today.

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
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6	1	Central Dispatch	5-1	5	Win #1
Notes:					
THIS IS MY PLAY OF THE DAY AT DEL MAR!!! There was a successful best bet last week that featured the connections of Joel Rosario and Val Brinkerhoff (Got'm Cot'm), so let's try to run it back. He ran really well at a big number last time out at mile, not to mention he faced much better than what he's facing today. The timeform number came back a 115, which is just as good as anyone else in here, and there isn't a whole lot of speed on paper. He cuts back to one turn today, and the only one to maybe contest him early seems to be the 7, who I don't think is as fast as Central Dispatch, and draws the far outside post while this runner starts on the rail. For All Mankind is inconsistent, and Red Flag and Ghost of Midnight both look a bit pace compromised. I give Central Dispatch a big shot to wire this field.					

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
7	4	Raw Ability	5-2	4	Win #4
I'll just give it to you straight: Raw Ability FINALLY gets lasix back. Her first two runs in the states were really nice, one of them coming from way out of it here at Del Mar, and then besting older horses at the N2X level off a 6 month layoff. The common theme in those races? LASIX. She hasn't had it since, but it's not like she hasn't run well in any of the races over the last year. She ran just fine last time at the beginning of the meet, and today's the first time in a while where they've been able to have her string a couple races together. I always worry about the pace when it comes to these smaller fields, but there should still be enough for her to be rolling late.					

\$3 Turf Pick 3

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
3	7	2	1,6	2,7	\$3	\$12
5	1	2	-	1,2		
7	4	1,2	-	4		

