Power Picks

Race Date	7/19/25
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Race-Day Overview

BIG day of racing across the country…but we'll focus on both coasts for good reasons. First we'll go to New Jersey for Haskell Day and their All-Stakes Late P4 + two other stakes on the undercard. Then, we'll travel across to the West Coast for Del Mar's Opening Weekend and their fantastic Late P5 w/two stakes. If you're interested in Saratoga (and why wouldn't you?), check out the "Bettin N Boozin" show from this past Wednesday on our YouTube Channel. Also, watch our new "Weekend Warrior" LIVE shows today from 4-6:30pm EST and tomorrow from 3:30 - 6pm EST!

Spot / Price Plays (National Avg. ROI is $1.60):

Overall ROI (since Feb. 2021): $2.07 ($1,845.04 / 890)

YTD: $1.86 ($256.04 / 138)

Today's Picks

*** For those of you not familiar with the "ABC'' method of betting, go to our website, **hhhracingpodcast.com**, and click on the "Power Picks" tab on the top of the page for more information on how to read an "ABC" Grid and place bets using the "ABC" Method.*

Racetrack: Monmouth (All-Stakes Grid)

Howard Kravets' ABC Grid – All-Stakes Late P4 Starts in R9 at 4:05pm EST

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
5	1,2	3,4,5	6	-	-	-
6	4	-	3,6,7	-	-	-
9	6,7	8	1,2,4	6,7,8	$1 P4	$60
10	3,5,8	1,4	-	1,3,4,5,8	-	-
11	3,4,7	6	1,2,5,9,10	3,4,6,7	-	-
12	2	-	4,6,8	2		

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Paul Halloran's All-Stakes P4 Grid:

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
9	6,7	8	4,5	7	$5 P4	$60
10	1,3	5,8	2	1,3,5		
11	3,7	4	1,9	3,7		
12	2,6	4,8		2,6		

Pete Visco's All-Stakes P4 Grid:

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
9	6,7	1,3	2,4	3,6,7	$0.50 P4	$60
10	4,8	1,3,5	2	1,3,4,8	-	-
11	3,8,10	4,6,7	1,5	3,4,7,9,10	-	-
12	2,6	4,8	-	2,6	-	-

Howard's All-Stakes Pick 4 Analysis – Races 9-12

The Haskell Stakes concludes this interesting All-Stakes P4. If you plan on singling Journalism at around 2-5, you have two choices if you want to get paid: 1) Find some longshots in the first three legs and spread, or 2) Play favorites and try to "CRUSH" the Pick 4 several times. I'll be leaning towards doing the latter (option #2). I don't see a lot of big prices winning, although the favorites in the first three legs look very beatable to me. The leg in which I'll spread the most is R11, the United Nations. Three-turn turf stakes can have weird results, and the other races seem more formful to me. I'll be mainly using Baffert's Goal Oriented as a "saver" in case Journalism loses, but won't spend a lot of money on that one. If Burnham Square or Gosger wins, I'll tip my cap and most likely lose the Late P4.

The following touts on the next pages are today's Price / Spot Plays. AS ALWAYS, I'M LOOKING FOR VALUE AND WON'T USUALLY TIP OUT FAVORITES UNLESS I REALLY LIKE THEM. The "Stars" rating is the usual 1 – 5, with 5 being the MOST CONFIDENT / RECOMMENDED PLAYS.

Full-Card Price/Spot Play(s)
(Reminder, "stars" are rated from 1 – 5, with 5 being the most confident of plays)

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
10	3	Randomized	9-2	3	$15 WP #3

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Notes

First of all, you can forget that 9-2 ML. Based on scratches and logic, **#3 Randomized** will be around 5-2 or 3-1. She's the class of the field and has run some big races. But, is the same as she used to be? Probably not, but she's got to be better than those last two starts, no? I'm betting she gets loose on the lead on a speed-favoring surface and shows her class / true talent today. It won't be easy…there are some talented fillies and mares in the field. I just think it'll be Randomized day today.

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
11	7	Rebel Red	9-2	4	$10 WP #7 Trifectas: 7 / 3,4,6 / 1,2,3,4,6,7,9,10 3,4,6 / 7 / 1,2,3,4,6,7,9,10 3,4,6 / 1,3,4,5,6,9 / 7

Notes

THIS IS MY PLAY OF THE DAY AT MONMOUTH! This year's G2 United Nations is wide-open. But what I noticed right away is the amount of horses that want to be forward in here…not major speed types (like Get Smokin) but honest early pace types. If the pace scenario occurs like I envision, **#7 Rebel Red** will fully take advantage. Trainer DeVaux has taught this son of Frankel to stretch out and finish, and if he gets the correct ride from Saez, he'll be a major factor late. He'll have to be his best, because there are many contenders. It would be helpful if Saez can find a way to save as much ground as possible. Trip is everything in this race.

Racetrack: Del Mar

Howard Kravets' ABC Grid – Late P5; R7 starts at 8pm EST

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
7	6,9,11	4,10	3,7	4,6,9,10,11	$0.50 P5	$100
8	1,3	2	4,7	1,3	-	-
9	1,5	2,3,8	4,6,7	1,2,3,5,8	-	-
10	1	3,8	2,4,6	1	-	-
11	3,11	4,12, (13)	10, (14)	3,4,11,12	-	-

Howard's Late Pick 5 Analysis – Races 7-11

Unlike the Monmouth stakes sequence / Late P4, I believe this Late P5 at Del Mar is VERY difficult and should yield some nice prices. The races in which I would spread / go deep include R7, R9, and R11. I think you can go "skinny" in R8 and R10. My only real trustworthy horse is R10 with the

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Full-Card Price/Spot Play(s)

(Reminder, "stars" are rated from 1 – 5, with 5 being the most confident of plays)

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
7	9	Almendares	6-1	4	$20 WP #9

Notes

The restricted Wickerr S. has plenty of early speed signed on. **#9 Almendares** is the class of the field, facing MUCH tougher throughout his career. He's been freshened for this start, and when right, has a wicked closing kick. There's no Mi Hermano Ramon, Formidable Man, or Johannes in this race. I trust D'Amato has him ready, and anything over 4-1 would be a complete bargain to me.

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
9	1	Will Then	9-2	3	$10 WP #1 BIG Exactas: 5/1 Small Exactas: 1/5

Notes

#5 Thought Process is the clear favorite in the G2 San Clemente. If she gets a good trip and doesn't get caught up in a pace duel, she probably wins. But I've always been a fan of **#1 Will Then** for Jonathan Thomas, and the filly has been rested up for this aggressive spot. She had no chance against division leader Nitrogen last time, and is better covered up and finishing late. I'm not a big fan of Mike Smith anymore, but he's selective with his mounts and just needs to save ground and tip out at the right time from the rail. Has as good a chance as anyone in here to upset the favorite.

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
10	1	Tiz Secure	5-2	5	$35 Win #1

Notes

Nice allowance race going two turns, I like horses that want to be forward and have inner posts going this 1 mile dirt distance at Del Mar. **#1 Tiz Secure** fits that bill perfectly. There's plenty of speed to his outside, so JJ should sit a great trip just behind the speed of his stablemate #2 Varney and others. He raced well last time at CD vs. Goal Oriented and Hypnus. Has big upside and I expect him to continue to move forward. I'd go as low as 8-5 on the odds board to place a big win bet here….LOVE HIM in this spot.

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Good luck with all of your wagers….CRUSH YOUR BETS!!!