HHH Power PICKS

STANDARD TIP SHEET



Bettin N Boozin

PHP
HHH Racing Podcast
Pacific Horseplayers

RACE DATE
NOVEMBER 21, 2026

EDITION
VOL. 6, NO. 47

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CRUSH YOUR BETS!!!

Good luck with all of your wagers.

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RACE-DAY OVERVIEW

This week, Belmont Park and Fair Grounds are featured in the tip sheet. Belmont's Saturday card is headlined by the Autumn Day Stakes and G3 Pebbles Stakes while Fair Grounds has a solid nine-race card for the first Saturday of the 155th meet.

Belmont Park kicks off with the first post at 11:40 AM ET with 10 races across all three surfaces. The Autumn Days Stakes drew a field of 12 plus one also-eligible and the G3 Pebbles drew a field of 10 3-year-old fillies. Weather is overcast but dry with a high of 62 degrees with rain coming on Sunday.

First post at Fair Grounds is 12:55 PM CT/1:55 ET with three of the nine races being state-bred stakes. It has been fast and firm all week in NOLA with that weather continuing on Saturday with blue skies, sunshine and a high of 74.

Best of luck in all of your wagers this weekend!!

SPOT / PRICE PLAY ROI

OVERALL ROI
Since Feb. 2021
$2.14
$2,640.57 / 1233

2026 ROI
All price/spot plays
$2.56
$614.51 / 240

2026 PLAYS OF THE DAY
Plays of the day only
$3.00
$237.17 / 79

National average ROI is **$1.60**, based on $2 wagered.

TODAY'S PRICE / SPOT PLAYS AT A GLANCE

TRACK	RACE	HORSE	ODDS	STARS	BET(S)
BELMONT	9	#10 Getting Serious HOWARD'S PLAY OF THE DAY	9-2	★★★★★	$25 Win/Place #10 BIG Exactas: 10 / 1,6 Smaller Exactas: 1,6 / 10
	8	#5 Jody's Pride PLAY OF THE DAY	6/1	★★★★★	$25 Win/Place #5 Jody's Pride
	9	#9 Miss Twitter	10-1	★★★★☆	$25 Win/Place #9 Miss Twitter
FAIR GROUNDS	8	#3 Sonya Knows Better	6/1	★★★☆☆	$20 Win/Place #3 Sonya Knows Better
	9	#1 Mangum PLAY OF THE DAY	6/1	★★★☆☆	$20 Win/Place #1 Mangum

SATURDAY · NOVEMBER 21

RACETRACK: BELMONT

Late Pick-5 · Races 6–10 · R6 post 2:10pm EST

ABC GRID

New to the "ABC" method of betting? Go to **hhhracingpodcast.com** and click the "Power Picks" tab for how to read an "ABC" Grid and place bets using the "ABC" Method.

◆ BEN KUDLA'S PICK-5 ABC GRID

RACE	A	B	C	CAVEMAN PICKS	CAVEMAN BET	CAVEMAN COST
6	**2,3,5**	7,9	4,11	**2,3,5,7**	**$0.50 P5**	**$96**
7	**1,5,6**	3	–	**1,3,5,6**	–	–
8	**1,5,10**	6	9	**5,10**	–	–
9	**1,9,10**	3,6	2	**1,9,10**	–	–
10	**5,7**	3,11	1	**5,7**	–	–

◆ PETE VISCO'S PICK-5 ABC GRID

RACE	A	B	C	CAVEMAN PICKS	CAVEMAN BET	CAVEMAN COST
6	**3,5,7**	2,9	4,11	**2,3,5,7**	**$0.50 P5**	**$96**
7	**1,5**	3,6	4	**1,3,5,6**	–	–
8	**6,10**	1,2,11	4,5,12	**1,2,5,6,10,11**	–	–
9	**1**	4,6,10	3,5	**1**	–	–
10	**1,5**	3,7	11	**1,5**	–	–

◆ PAUL HALLORAN'S PICK-5 ABC GRID

RACE	A	B	C	CAVEMAN PICKS	CAVEMAN BET	CAVEMAN COST
6	**2,5**	3,9	11	**2,5**	**.50 P5**	**$64**
7	**1,6**	2,3	5	**1,6**	–	–
8	**5,10**	6,7	9	**5,10**	–	–
9	**1,4**	6,10	3,5	**1,4,6,10**	–	–
10	**4,5**	3,11	–	**3,4,5,11**	–	–

LATE PICK-5 ANALYSIS

Saturday's Late Pick 5 at Belmont Park (races 6 through 10) features a wonderful betting sequence with two legs at the allowance level, two at the stakes level and one claimer. The first two legs of the late pick 5 are a bit more open and you might need to spread a bit. The two stakes (Autumn Days R8 and G3 Pebbles R9) offer wonderful value if you are willing to look beyond the favorites. The sequence ends with an elusive claiming $40K NW2/L on the tapeta, however the lukewarm favorite seems to be a solid play.

SATURDAY · NOVEMBER 21

RACETRACK: BELMONT

Late Pick-5 · Races 6–10 · R6 post 2:10pm EST

HOWARD'S PLAY OF THE DAY

★ HOWARD'S PLAY OF THE DAY — BELMONT

RACE 9

#10 GETTING SERIOUS 9-2

★★★★★

BET(S)

$25 Win/Place #10

BIG Exactas: 10 / 1,6

Smaller Exactas: 1,6 / 10

The Grade 3 Pebbles for 3yo girls going a mile on turf has a morning-line favorite that could be tough in the **#1 Ground Support**. She ran very well last time, albeit with a perfect trip, to win with a 92 Beyer. She's the one to beat. However, she comes back much quicker with less than 4 weeks rest than her last race, and she stretches back out to a mile. Maybe she wants shorter? My Play of the Day is with **#10 Getting Serious**, which is EXACTLY what she's doing lately. Her last run was by far her best, earning an 88 after a slow start and having to weave a bit in and out in the lane to just miss vs. older fillies. Shug is known to be VERY patient with his horses, and when they start going good, they usually continue to improve. There's enough early speed to set up her close, and IF she can run back to her last effort and the rail horse regresses just a little bit, Getting Serious can be right there at the wire. Marin is a solid jock who's hitting at close to 20% for Shug, giving me more confidence in this selection....a "Serious" selection!

PRICE / SPOT PLAYS

Stars are rated 1–5, with 5 being the most confident of plays. Spot Play ROI is tracked on a $1 base.

★ PLAY OF THE DAY AT BELMONT

RACE 8

#5 JODY'S PRIDE 6/1

★★★★★

BET(S)

$25 Win/Place #5 Jody's Pride

Jody's Pride, a 5yo American Pharoah mare trained by Jorge Abreu, is a terrific value for a mare who was competitive at the G1 level just two starts back. Jody's Pride finished third by 3 1/2 lengths in the G1 Ladies Turf Sprint at Kentucky Downs at the end of August, rallying from eighth to third in the final point of call to outrun her 37.24-1 odds. Notably, Jody's Pride finished just a nose behind Time to Dazzle who went on to win the G2 Franklin Stakes at Keeneland in her next start. It is always a question mark of how horses will come out of a race at Kentucky Downs but Jody's Pride passed with flying colors when finishing second by just a half length in the Perfect Sting Stakes over the Belmont Park turf on October 23 in her next start while improving to a 104 Equibase Speed Figure. Jody's Pride has a wonderful opportunity to improve upon that performance in this spot at the same level and class rating. At 6-1, she provides tremendous value.

SATURDAY · NOVEMBER 21

RACETRACK: BELMONT

Late Pick-5 · Races 6–10 · R6 post 2:10pm EST

PRICE / SPOT PLAYS (CONT'D)

RACE 9

#9 MISS TWITTER 10-1

★★★★☆

BET(S)

$25 Win/Place #9 Miss Twitter

Miss Twitter is an interesting Not This Time filly trained by Chad Brown with red-hot Manny Franco retaining the mount. While Miss Twitter's running lines don't necessarily jump off the page, it is the race replays that make her most compelling. In her turf debut on August 30 at Saratoga in a maiden special weight, Miss Twitter did finish third by 5 1/2 lengths. However, if you watch the replay, she made a brilliant move darting to the rail but was shut off and checked at the quarter pole, losing all momentum but still regrouped and finished strong. Next out, she broke her maiden by three lengths in a race that was taken off the Belmont turf and moved to the tapeta. Now back on her preferred surface, this filly could be sneaky good especially for the powerhouse duo of Brown and Franco on the NYRA circuit. Miss Twitter is being overlooked at 10-1 and could surprise at a great price.

SATURDAY · NOVEMBER 21

RACETRACK: FAIR GROUNDS

Late Pick-5 · Races 5–9 · R5 post 3:55pm EST

ABC GRID

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◆ BEN KUDLA PICK-5 ABC GRID

RACE	A	B	C	CAVEMAN PICKS	CAVEMAN BET	CAVEMAN COST
5	**3,5,6**	1,4	–	**1,3,6**	**$0.50**	**$81**
6	**7,8**	1,3,4	–	**4,7,8**	**–**	**–**
7	**1,6**	–	–	**1,6**	**–**	**–**
8	**2,3,6**	1,5,14	–	**2,3,6**	**–**	**–**
9	**1,8,10**	2,3,4,5	9	**1,8,10**	**–**	**–**

LATE PICK-5 ANALYSIS

The Late Pick 5 on Saturday at Fair Grounds is a tough sequence to say the least. The first two legs are maiden special weight races for 2-year-olds, many of which making their first or second career starts. The third leg is the Delmar R. Caldwell Memorial Stakes with two heavy hitters entered at 6/5 and 9/5 on the morning line. The eighth race, an allowance optional claiming event going one mile on the turf, has a whopping 16 entrants in a wide-open affair. The Pick 5 ends with the Andrew New Memorial Stakes for Louisiana-breds 3-years-old and up. The sequence ends on a tough note but a chance for some value.

PRICE / SPOT PLAYS

Stars are rated 1–5, with 5 being the most confident of plays. Spot Play ROI is tracked on a $1 base.

RACE 8

#3 SONYA KNOWS BETTER 6/1

★★★☆☆

BET(S)

$20 Win/Place #3 Sonya Knows Better

Sonya Knows Better is the veteran of the group with 50 lifetime starts and since he is in for the tag of $12,500, has four career wins in this state bred AOC $12.5K nw1/x event. Sonya Knows Better finished fifth last time out at Evangeline in open company and drops down in class in this spot to the state bred level. Notably, Sonya Knows Better ranks first in here by average class rating (96) and average speed (84 ESF). Two starts back at this exact level, Sonya Knows Better rallied from 11th to fourth by just 3 3/4 lengths earning a 90 ESF going this same one mile on the turf at Evangeline, which had a higher class rating than today's event. While it can be difficult to distinguish between these horses, Sonya Knows Better stands out a bit and presents himself as a four-time winner at odds of 6-1.

SATURDAY · NOVEMBER 21

RACETRACK: FAIR GROUNDS

Late Pick-5 · Races 5–9 · R5 post 3:55pm EST

PRICE / SPOT PLAYS (CONT'D)

★ PLAY OF THE DAY AT FAIR GROUNDS

RACE 9

#1 MANGUM 6/1

★★★☆☆

BET(S)

$20 Win/Place #1 Mangum

Mangum, a 6-year-old Mo Tom gelding, has been quite fond of the Fair Grounds dirt. He is a career 6-for-11 ITM at this track with three wins and comes into this race winning three of his last five starts at Evangeline and Louisiana Downs. In September, Mangum won the Louisiana Cup Sprint Stakes at LAD, winning the duel over fellow Andrew Ney Memorial contender Achromedoutcat. That race had a 102 class rating, very comparable to today's 103 CR at the same state-bred stake level and the same distance. Notably, Mangum is trained by Jeff Delhomme who wins at 35% in stakes races over the past year and wins at 60% in dirt sprints in the same timeframe. Last time out, Mangum finished well behind his stablemate and fan-favorite Touchuponastar and returns against much easier company in this field. 6-1 is a great price and is the play of the day at Fair Grounds.