

Power Picks

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Race-Day Overview

Good morning from beautiful Lexington, KY and Keeneland Racecourse!! Another fantastic day of racing greets us! Today's Tip Sheet will cover two tracks, Keeneland and Oaklawn. California (Santa Anita) is taking the week off as they transition to their Spring "Hollywood" Meet, therefore no 3rd segment for the Coast the Coast bet today. Keeneland has FANTASTIC RACING, I would argue just as good if not better than last Saturday, with two graded stakes and big fields in the Late P5, while the same goes for Oaklawn, which features the G1 Apple Blossom in its late sequence.

Also, check out our live show today!! "Weekend Warriors", with big-time coverage of the Keeneland races plus premier GRADE ONE GAMBLE CONTEST will be featured, with Howard (and maybe Noah) reporting LIVE FROM KEENELAND in the contest room, paddock, and Winner's Circle!! The show is on our YT Channel from 4:30 - 6:30pm EDT.

Finally....for all of you playing in the Grade One Gamble or contest players...I always give my honest opinions on this tip sheet and don't hold anything back. But for full disclosure, I don't feel as good about my Spot Plays today as I normally do....make your decisions and hope you CYB!

WEATHER WILL BE BEAUTIFUL AND BOTH TRACKS.....WARM AND SUNNY, FAST AND FIRM!

Spot / Price Plays (National Avg. ROI is \$1.60):

***We continue to stay as hot as we've ever been on this tip sheet in its 5-year + history...hope it continues and congrats on your scores the last month!*

Overall ROI (since Feb. 2021): **\$2.13** (\$2,265.86 / 1066)

****2026: \$3.29** (\$240.52 / 73)

2026 Plays of the Day: \$3.83 (\$91.84 / 24)



Today's Picks

** For those of you not familiar with the "ABC" method of betting, go to our website, hhhracingpodcast.com, and click on the "Power Picks" tab on the top of the page for more information on how to read an "ABC" Grid and place bets using the "ABC" Method.

Racetrack: Keeneland Racecourse

Howard Kravets' LP5 ABC Grid - R7 starts at 4:12pm EDT

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
7	6,7	4	2,3	4,6,7	\$0.50 LP5	\$90
8	2,3,12	5,10	-	2,3,5,10,12	-	-
9	7	10	1,2,5,6,8,9	7	-	-
10	1,9	3,4,7,10	6	1,3,4,7,9,10	-	-
11	4,6	3	11	4,6	-	-

Paul Halloran's All-Stakes P5 ABC Grid:

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
7	2,6	4,7	3	2,4,6,7	\$.50 P5	\$96
8	3,12	1,8	5,10	1,3,8,12		
9	7	8	5,10	7		
10	7,9	3,10		7,9,10		
11	3,4,6	11		3,4,6,11		

Pete Visco's All-Stakes P5 ABC Grid:

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
7	6	4,7	2,3	4,6	\$0.50 LP5	\$96
8	3,10,12	1,2	5,8	3,10,12	-	-
9	7,10	5,8	1,3,9	7,10	-	-
10	7,9,10	1,3,4	2	4,7,9,10	-	-
11	4,6	3,11	8	3,4,6,11	-	-

Howard's Late P5 Analysis - Races 7-11

Today's Late P5 at Keeneland is a challenging one....I'd argue more difficult on paper than last Saturday, where we saw plenty of upsets. It's never easy in Lexington, but the racing is always going to be spectacular. For me, the sequence surrounds around #7 Lush Lips in the G1 Jenny Wiley. If you think she's a lock, then single her and move on. I think she is going to be tough here, but it's arguably her toughest test ever, and she'll have to run well for sure....she is the one to beat in R9.

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I'll be going relatively thin in R7 and R11, but spread in R8 and R11. The Lexington S. , R10, is also interesting, because while some faves will take plenty of money, there's a lot of early speed signed on and horses taking money that are hard to trust IMO...something weird could easily happen in that leg. I think there's potential for a big payout in the Late P5 today....good luck!

Like I said at the top, full disclosure.....I would tread more lightly with my Spot Plays today; though it was hard for me to find horses I really love in this sequence to tip out, which is not the way I felt the last few weeks.

Price/Spot Play(s)

(Reminder, "stars" are rated from 1 – 5, with 5 being the most confident of plays)

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
7	7	Noble Confessor	7-2	4	\$15 WP #7

Notes:

The Late P5 kicks off with a nice allowance race. #8 Arkhipov for Chad will be favored off an impressive win at Tampa and is the horse to beat. But I think **#7 Noble Confessor** has a chance to upset the favorite. His last race does NOT look good on paper, but he was sent hard from the inside at GP and was pressed the whole way into a very fast pace, and probably was a race he needed anyway. Pitkin, the winner, is a nice horse who was an AE yesterday in the salty Maker's Mark Mile (as of this writing, don't know if he ran or not). I'm not sure what is the best distance for Noble Confessor, and I'm a bit concerned about other early speed in here, but if the horse improves off his 4yo debut and can rate a touch, the shorter distance might be good for him. He's certainly classy enough, and with an outer post will have some options early. This race will be a good barometer as to where Pletcher goes next with him. In truth, I've never been his biggest fan (the horse, not Pletcher), but today might be a surprisingly good effort...we'll see.

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
10	1	Corona de Oro	6-1	2	\$20 WIn #1 BIG Exactas: 1 / 3,4,7,9,10 Smaller Exactas: 3,4,7,10 / 1

Notes:

The G3 Lexington, technically the last Derby Prep of the season, is a fascinating race. There's plenty of early gas and the break / trips will be the key. While I don't love anyone in here, it feels like **#1 Corona de Oro** might get the best trip with plenty of upside. #10 Confessional beat Corona last year in a maiden race at Keeneland, but while Confessional has not really improved in 2026, Corona is learning how to rate and gets a ground-saving trip. Hernandez will break aggressively, then read the rest of the field. He has NOT broken great the last two starts, FYI...that's a concern. It would be advantageous to NOT get into a "pissing contest", let the speed go, sit in the pocket, then see what he's got in the lane. In his last race, he battled and still drew off, but this is a much more difficult field. It's a fairly short run into the first run, and a first-wire finish in the stretch, so inside posts are a big advantage....the concern is he'll have to extricate himself from the inside when it matters most. Don't take too low a price, but he seems logical to me if he can get out the gate clean and sit in a pocket trip. Can he pass these late?

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Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
11	6	West End Kid	9-2	4+	\$25 WP #6 Trifectas: 6 / 3,4 / 3,4,6,11,12 3,4 / 6 / 3,4,6,11,12
Notes:					
<p>THIS IS MY PLAY OF THE DAY AT KEENELAND!! As I stated earlier in the Tip Sheet, however, this is not the kind of horse I would go "all-in" on or base my whole betting day around (notice the 4+ instead of 5-star notation). #6 West End Kid was 20-1 in his debut, so it's unusual for me to tip out a horse that was not well-meant first out. But a few things intrigue me today. The obvious is he ran very well last out, being a bit between horses, then finished with a nice late kick in a pretty tough maiden field at GP. The number came back just fine, and he cost \$350k at the sales, plus he's worked forwardly since. Trainer Walden's stats with 2nd time starters are good, and I don't think this field came up very tough for a typical Keeneland turf maiden special weight race. Blinks on and Tyler G....some things to like. The one to beat though is Heeere's Johnny, who is classy and ran well last year vs. some very good ones. If he's ready, look out.</p>					

Racetrack: Oaklawn

Howard Kravets' Late P5 ABC GRID - Race 8 starts at 5:36pm EDT

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
8	1,5,8	7	-	1,5,7,8	\$0.50 LP5	\$100
9	4,9	6	7,8	4,9	-	-
10	1,3	2	-	3	-	-
11	1,6,8	5,10	7,11	1,5,6,8,10	-	-
12	3,8,11	6,7,10	-	3,6,7,8,11	-	-

Howard's Late P5 Analysis - Races 8-12

One of the premier races every year at Oaklawn is the signature event today at Oaklawn, the G1 Apple Blossom, R11. There is no misprint on the grid...I'm going for an upset with #3 Regaled, and based on a difficult sequence, I'll single her and take my chances as a ticket separator. Of course Nitrogen is the horse to beat and will be cranked for today, but I still think she's a better turf horse and would like to see her go back on the grass soon. I suppose another possible single would be the #9 in R9, a 2nd time starter who ran very well first out. But I think it's a salty maiden field with other contenders. R8, 11, and 12 are spread races, so you'll have to take a stand somewhere. Fun Late P5, not easy.

Price/Spot Play(s)

(Reminder, "stars" are rated from 1 – 5, with 5 being the most confident of plays)

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
8	8	Dreaminblue	8-1	4	\$25 Win, \$15 Place #8 BIG Exactas: 8 / 1,5

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Smaller Exactas: 1,5 / 8

Notes:

THIS IS MY PLAY OF THE DAY AT OAKLAWN!! Notice the "4-star" designation, not 5-star, for my Play of the Day. The Grade 3 Count Fleet is a fun race. If this race holds together (no scratches), there will be a crazy amount of early speed signed on. Will it manifest itself today, who knows. Sometimes jocks see that in the form and they take back slightly. Just have a hard time seeing that happen today. #5 Roll on Big Joe is a cool horse and the one to beat, but I have some questions about him today. He'll have to rate a bit and hasn't been involved in red-hot paces lately. I'm going with a horse that I'm warming up to, **#8 Dreaminblue**. The 4yo Street Boss gelding is in raging form, and in theory will get a nice mid-pack trip from the outside in the clear. He keeps improving / getting faster, and if the speed falls apart, he's gotta a big chance to pick up the pieces. #7 Tejano Run is the best closer, and can win, but I think he's getting a little long in the tooth and might be over the top. The rail horse is also a big threat if he can work out something from the inside, and if one of the speeds gets loose, they'll be dangerous too. Fun race, but Dreaminblue might be the "now" horse. Straight win bet for our Tip Sheet ROI, going for it!

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
10	3	Regaled	3-1	4-	\$10 WP #3 Trifectas: 3 / 1,2 / 1,2,6,7,8 1,2 / 3 / 1,2,6,7,8

Notes:

Time for the G1 Apple Blossom, won by some past superstars. There are none like that in this field today, but some nice older fillies and mares. Unlike the local prep for this race, the G2 Azeri, there's much more early pace and the early fractions should be honest, but probably not blazing. **#3 Regaled** is an honest closer who will need some pace to run into. She's honest and ran well last time with an excellent gallop out, although did receive a pretty clean trip. I'd move her up even more if the track comes up wet, but it won't rain today in Hot Springs. She was right there with Nitrogen last time, and I see no reason why she can't turn the tables today. I like the post too, and she's working forwardly. Nitrogen will be WAY too low a number, let's try and beat her.

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
12	3	Rapid Return	15-1	3+	\$10 Win, \$15 Place #3

Notes:

Bottom of the barrel maiden 10k claimers to end the card. When I handicap these races, I'm always looking for early speed. At this level, horses don't pass each other too often, they don't have the talent. #3 Rapid Return definitely has early speed....the problem is the 4yo gelding hasn't shown a lot of stamina. But....he's dropping to his lowest level ever by far (biggest drop in racing), and on paper should EASILY get the lead into reasonable fractions if he breaks from the gate with any purpose. The other main threats have many losses, some at this level, and are unreliable. Rapid Return has only two lifetime starts and several works in the morning since his last race. He's also 15-1 morning line, but there's NO WAY he goes off at those odds, more like 5-1 if I were to guess. I'm hoping he'll have more in the tank late after acquiring an easy lead and getting somewhere in the range of :47 to the half. It's now or never for him today. "Flagfall to that's all?!"

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Good luck with all of your wagers....**CRUSH YOUR BETS!!!**

