KEENELAND Power Picks Tip Sheet

Race Day Date	Sunday, October 18, 2026
Picks By	Noah Meagher

Race-Day Overview

Welcome to Day #13 of the Keeneland Spring Meet…the final Sunday of the Keeneland Fall Meet…which pains me because I tend to have much better luck on Sunday's for some odd reason.

The surface situation has been quite interesting the last few days. After some rain, the races moved back onto the turf on Friday, until one race had the jockeys questioning the integrity of the surface. This led to the rest of Friday being run solely on the main track, and that trickled into Saturday as well. I really have no idea what to expect, but I have a hard time believing they are going to take the featured G3 Dowager off the grass. If they do decide to take Races 5 and 9 off the turf however, I would not be surprised, which is why I've provided main track selections below.

Let's continue to build that bankroll and gear up for a fantastic Breeders' Cup in just a couple weeks! Good luck!

Today's Picks

For information on how to read an "ABC Grid" and ticket construction, please refer to our podcast website, hhhracingpodcast.com, and go to the "Power Picks" section…a video explanation is also available on the page

ABC Grid - Post Time 1:00pm EST

The "Stars" rating (last column) is #1 – 5 and represents the level of confidence we have in our "A" column for each race, with 5 being our highest confidence.

Race	A	B	C	Caveman Picks	Caveman Bet	Cost	Stars/Rating
1	1,2	3,7	5	1,2	$0.50	$24	3
2	7,8,9	5	2,3	7,8,9			3.5

3	1,4	3	2,8,9	1,4			2.5
4	4,5	1,8	2,7	4,5			2
5	1,9 (1)	6 (2)	8 (3,5,9)	1,9 (1)	$0.50	$36	4.5
6	4,6	7,8	1,5,10	4,6,7,8			3.5
7	1,5,10	4,12	9	1,5,10			3
8	2,8	9	3	2,8,9			3
9	9 (9,12)	- (6,15)	2,5,7 (-)	9 (6,9,12,15)			5

Top 3 Selections

Race	1st	2nd	3rd
1	2	1	7
2	8	7	9
3	1	4	3
4	4	5	1
5	1 1	9 2	6 5
6	4	6	8
7	1	10	5
8	8	2	9
9	9 (9,12)	- (6,15)	2,5,7 (-)

Late P5 Strategy/Analysis (R6 - 10)

Whether or not Races 5 and 9 are run on the turf obviously affects this sequence tremendously. Regardless, it can most likely be assumed that the core of this sequence (R6,7,8) stays fairly intact. Many unraced juveniles face off in Race 6, with a couple experienced runners including Appeals to Me, who goes out for a shockingly chilly barn in Brad Cox. The G3 Dowager always presents itself as a challenge and can often omit formfulness (see Desvio in last year's edition). Race 8 is more of the type of race we see early on in most cards, a restricted 40k claimer going 6 furlongs on the

main track, but the field of 10 does not offer the reliable choices that the early card races often bestow. However you play (or if you even play based on the status of R5 and R9, good luck!

$3 All-Turf Pick 3 ABC Grid

Race	A	B	C	Caveman Picks	Caveman Bet	Caveman Cost
5	1,9	6	8	1,9	$3 P3	$18
7	1,5,10	4,12	9	1,5,10	-	-
9	9	-	2,5,7	9	-	-

$3 All-Turf P3 Strategy/Analysis - (R6, R8, R10)

This probably comes as a given, but if Races 5 and 9 get taken off the turf, I WOULD NOT PLAY THIS SEQUENCE. I'm obviously hoping they do, as this seems to be a sequence and I can hit several times. I see R5 as mainly a two horse affair, with a preference to the 1 based on his tactical advantage. None of the favorites have any type of speed figure advantage in the Dowager, and much of the field has comparable numbers, so I'll take a shot with a few prices in this leg. My main opinion is that I'll be taking on Speed Shopper, who I didn't think ran great in the G1 New York (probably just better company) and was downright awful in the G2 Glen Falls. In the finale, I'm all about the #9 Time in Motion, and if he loses, I lose. You'll read about him below.

Noah's Play of the Day

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
9	9	Time in Motion	5-2	5	$100 Win #9

Notes:

THIS IS MY PLAY OF THE DAY AT KEENELAND! If you ask me, the two races we've seen from **Time in Motion** are FAR better than anything we've seen from this group of juveniles. He debuted against a salty group up at Saratoga that featured G1 Summer runner-up Oscar and G2 Bourbon runner-up Bold Leadership. Not to mention that race also included two next-out winners. Last time out I thought he ran exceptionally well, as he got caught in a tight spot down the backside, made a big move to hit the lead at the top of the stretch, then just got run down by a nice Walsh firster, and those two were 5.5 lengths clear of the rest of the field. He just bested an $800k workmate on Oct 2nd, and this field just does not seem to contain much at all. If he's 6-5 or higher, I'm making a very large win bet, and he's obviously a key for me in all horizontals. Let's pray like hell that this race stays on the grass.

Most Likely Winner of the Day

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
9	9	Time in Motion	5-2	5	Check Best Bet

Notes:
I hate to do this, and I'm probably putting too much weight on this poor horse, but I really do believe **Time in Motion** is the most likely winner on the day. There are a couple short-priced ML favorites early on in the day, who obviously can win, but I don't see their prices matching the probability I give them of winning. And like I said earlier, I don't see this Walden runner facing much in the last, so he's the lean for me.

Longshot Play of the Day

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
7	1	Massarat	20-1	3	$20 WP #1
Notes:					
As I stated earlier, based on the speed figures from this group of marathoners, horses at double digits have close to just as good a shot as the logicals. Interestingly enough, **Massarat** has this sort of upward trajectory across her collection of past performances. After a nice win three starts back, she ran a perfectly good 4th in the Glen Falls closing into a 52.61 second half and pace that very much held together. I was slightly disappointed by the ride she got last time, as she never got settled, then got shuffled back to last before having a chance to try and make her run. She's most likely a little pace-compromised, but there are horses in here that can press the issue if instructed to do so.					

Other Price/Spot Play(s)

**** Price / Spot Plays are not usually the favorites, but horses we like that will provide some value (hopefully 5-2 or higher in general). The "Stars" rating is 1 – 5.***

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
4	4	Smart N Centsible	15-1	2.5	$15 WP #4
Notes:					
The first half of the debut from **Smart Centsible** and the second half of it are drastically different. But, it's always encouraging to see a debut 2yo show a good deal of speed first out, even if it falls into the category of a "pop and stop". The more eye-catching thing about her is her workouts, which have been on the main track. They were just fine going into the debut, but the most recent works have been very encouraging, especially for a horse at this level. I'll admit it's a bit of a flier, but I got a chance to watch the work on Sep 20th, and it has convinced me enough to make this a spot play.					

Race #	Horse #	Horse Name	Odds	Stars	Bet(s)
5	1	Johny's Rendezvous	7-2	4.5	$50 Win #1 | Ex (only turf) - 9 / 1
Notes:					
This is by far and away my second strongest opinion on the card, and I'd play **Johny's Rendezvous** regardless of what surface this race is run on. If you look closely, all of his best races come when he's able to control the front end. He did it in his maiden score, he did it in a win at Churchill in June, and he even did it at almost 60-1 in the Green River Isle S. two back at Ellis, where he earned a career best 91 beyer. I think the public is going to be a bit harsh on his last performance, but he found himself in a weird situation where he tried to go with Yinzer in the first furlong, but wasn't quite fast enough, so he decided to back off. When called on for his best, it seemed as if he had already been softened up a bit by his attempt to press, which is why I think he was passed late by familiar foes that show up here. This					

pace scenario is going to be completely different today. Like I said, I'd bet him on either surface, but he projects to be a better price on turf, so my preference goes there.

Favorite Vertical/Horizontal Plays Not Included in Price/Spot Play Bets

Race #	Bet Type	Selections	Cost
3	$25 Dutched Exacta	1 / 4 and 4 / 1	$25
5	$25 Daily Double	1 / 4,6	$50
8	$25 Daily Double	2,8 / 9	$50

Good luck with all your wagers…. CRUSH YOUR BETS!!!

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