

My Parenting Visions

(Write these in the present tense)

*Hang these visions up somewhere where you can see them everyday!

How do I envision myself as a parent?

(Ex. I am a patient parent who rarely yells and knows how to readily offer solutions during trying moments. I am a mom who only offers her best for her kids. I view my kids as a blessing and I value the relationship I have with them. They know me as someone who loves them, cares for them, and someone who makes them feel safe.)

**GENERATION
on a Mission**

How do I envision my parenting?

(Ex. My parenting is full of open communication, stress-free, where mistakes are encouraged. Limits are in place, but I create an environment where my kids are thriving. My family has weekly adventures where we focus on being a family without distractions. We eat dinner together, laugh, and have dance parties every day.)

How do I envision my child(ren) thriving?

(Ex. My children are typically happy kids who yearn to help others and make the world a better place. My kids are leaders. They love helping others and do what they are told without being asked. They are considerate and listen to the best of their abilities. They know their gifts and talents and know that everyone has different abilities. They are understanding and love their neighbors. They aim to please, but they are so intrinsically motivated.)

How do I foster that?

(Ex. I foster my child to thrive by teaching him ways to handle hard situations. I help my child thrive by letting him problem solve when he's stuck on something. I ask about his interests, and I expose him to books and take him on adventures, and tie that into my parenting by getting to know him and what makes him excited or angry. I teach him how to communicate with others, and I tell him when I'm proud of his efforts. I take time to notice when he's working hard and being kind to others. I let him know that I appreciate him.)