



Family Worship Guide 12

Look Up and Read Out Loud

Read Matthew 6:5-15. Keep your Bible open, because you're going to use it a lot today!

Praise ... Present ... Past ... Future

You'll need: a dry erase board (or a big piece of drawing paper) and markers, and a ball. We're going to look at the sample prayer Jesus gave us to look at when we're not sure how to pray.

Verses 6:9 & 10 are **PRAISING** God.

"Hallowed" is a word you never hear. What in the world does it mean, though? It says that God's name is "hallowed." Take a guess! It means "holy" or "special." Oh yes, God's name is special! God enjoys hearing us say His name with love. Write G-O-D on a dry erase board or drawing paper and make it look super special by decorating the letters. (Older kids can put "Hallowed be Your name" along the bottom of the paper.)

We're still in the **PRAISING** part of the prayer. Now, it says, "*Thy will on earth as it is in heaven.*" You want what God wants. You should want your will (what you want) to match what God's will is (what He wants). Let's get this in our heads by tossing a ball around. Everyone in the family will get in a circle. Pass the ball from one person to the next, but every time it's caught, the catcher has to say, "I want what You want, God!" See how fast you can toss the ball and shout the statement!

PRESENT

Read 6:11. Present means right now—today. In this part of the prayer, you ask God to give you what you need for today. When the Bible was written, people had bread at every meal. It was the most important food they ate. They needed bread! Without it, they would starve.

•What do you **NEED** for today? What needs should you pray about, asking God to give you what you need? (This is a great time to talk about the difference between needs and wants.) At your next meal when you have bread, say out loud, "Give us this day our daily bread."

PAST

Read 6:12. Now, we pray about the past. What have you done that is against how God tells you to live? Was that earlier today? Yesterday? Last week? Have you done or said something that did not show love to a brother or sister? Or has someone done something mean or wrong to you?

This is the time to ask God for His forgiveness. Scribble on a dry erase board. This represents how you have disobeyed God. Erase the board. This is how your life looks once you ask God to forgive you.

FUTURE

Read 6:13. Now, we pray about the future. Ask God to help you in all your decisions that you'll make today and tomorrow, and the next day. You can pray, "God, take my hand and yank me away from things and people who are going to get me in trouble! I need Your help so I won't go that direction." Not Today, Satan! God loves that kind of prayer!

Draw around your hand onto a piece of paper to remind you to hold onto God in the future.

AMEN

"Amen" means "so be it." Amen doesn't mean "good-bye" or "I'm done." It means that you're trusting God to do His good plan in your life. That's how you end your prayer, telling God that you trust Him with all parts of your life—today, yesterday, and tomorrow.

Play Hide and Seek

Play 4 rounds of Hide and Seek. What a great, but simple, game!

- What does Matthew 6:6 say about how we should pray?

Prayer is having a conversation with God, and He wants to have a PRIVATE conversation with you—when you can tell Him how you feel about anything, and then you can listen to what He wants to tell you.

Play one more round of Hide and Seek. This time, set the timer on your phone for 4 minutes. Everyone (because there is no seeker in this round) will find a secret spot to go to. In your quiet, secret spot, talk with God. Think about the example of prayer that Jesus gave us (Matthew 6:9-13), if you need help. When the timer goes off, everyone can say, "Amen! So be it!"

Sing Together

Pull up this awesome worship song video and sing together. It will help you remember the Lord's Prayer that we learned about today.

<https://www.dropbox.com/s/j2o9s6dg4usdgwi/As%20It%20Is%20In%20Heaven%20%28lyrics%29%20feat.%20Matt%20Maher.mp4?dl=0>

