

## Confidentiality Agreement

I give permission for Kathy Bornino to provide counseling to me. I understand that all communication between my therapist and me is confidential and privileged. That means that written or oral material from my sessions cannot be released to anyone without my permission.

There are three legal limits to this confidentiality:

- If there is danger that the client might seriously injure another person, it is the therapist's duty to warn the police, the intended victim and/or the victim's family.
- If the client might commit suicide, it is the therapist's duty to seek assistance from a psychiatric emergency team or police.
- Reasonable suspicion of physical and/or sexual abuse of a minor must be reported promptly to child protective services. Also, reasonable suspicion of Elder or Dependant Adult Abuse must be reported to Adult Protective Services.

In addition, certain managed care companies (ex: Managed health Network, Value Options) that oversee an insurance company's services to patients can request copies of treatment records to determine appropriateness and necessity of services. This information is kept confidential by the managed care companies.

I have read and understand my rights to confidentiality and the limits to those rights.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Partner Signature \_\_\_\_\_ Date \_\_\_\_\_

It occasionally happens that a therapist dies or becomes incapacitated by unforeseen accident, illness, etc. and is unable to contact clients. In the unlikely event that should happen, my colleague Lola Friedmann (481-8662) will contact you to discuss what would be best for you.