

## 21-day "Spiritual Cleansing"

Today we begin a 21-day "Spiritual Cleansing" to eliminate problems from within! What is a Spiritual Cleansing? It is a type of healing that seeks to identify and cure the spiritual cause of any problem that is manifesting in your life.

### Day 1: Anger - Unresolved anger leads to depression.

"Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness that God requires." James 1:19–20

Prayer: Heavenly Father, Help me to remember your words of wisdom: that a soft answer turns away wrath but grievous words will stir it up. Set a watch before my lips, O, Lord, and help me to bridle my tongue. Let all bitterness and wrath and anger, and evil speaking be removed from my life. Replace those sinful responses with the fruit of your Spirit, that I might be kind to others, tenderhearted, forgiving, even as you have forgiven me for Christ's sake. Amen!

### Day 2 of the 21-day "Spiritual Cleansing"

**Bitterness** - "In the power of the Holy Spirit every Christian can and must get rid of bitterness and hatred and become a kind, compassionate, forgiving person."

"Get rid of all bitterness, rage, and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Ephesians 4:31–32

Prayer: Heavenly Father, I know there is no place for bitterness in a believer's life. Your grace makes it possible for me to be free from all bitterness and resentment. Thank you, Lord. It is bitterness that leads to envy and strife, and when a believer engages in such behavior he is lying against the truth. Uproot any bitter seeds that the devil desires to cultivate in my life. I will guard against all forces of bitterness around me with the sweetness of your Spirit, Lord. I choose rather to work toward kindness, being tender-hearted and forgiving, even as you have forgiven me for Christ's sake. Thank you, Father. Amen!

### Day 3 of the 21-day "Spiritual Cleansing"

**Complaining**: There is no place for complaining in the Lord's service

"Do everything without grumbling and arguing, so that you may be blameless and pure, children of God who are faultless in a crooked and perverted generation, among whom you shine like stars in the world. Hold firmly to the message of life." Philippians 2:14-16

Prayer: Heavenly Father, what an honor it is to be your servant, keep me from all grumbling, complaining and murmuring as I do your service. Help me always to remember that you see me and hear me wherever I am. I never want to displease you in my thoughts, words, or actions. Help me to encourage those who are negative by always exhibiting a positive faith in you. Keep me positive, Lord. Instead of getting caught up in the negative forces of life, I want to think about the good things of you. Nothing is impossible with you. When times get hard, I will continue to call upon you. You will deliver me from grumbling and complaining. Thank you, Lord. In Jesus name, Amen!

#### **Day 4 of the 21-day "Spiritual Cleansing"**

**Depression:** "Concealing sin often leads to depression. If you confess your sins and turn from them, you will find mercy."

"He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy." Proverbs 28:13

Prayer: Heavenly Father, I confess my depression to you, and in so doing I forsake it, putting it behind me forever. I will not give in to depression any longer. You are freeing me from all sadness and depression. In Jesus name, Amen!

#### **Day 5 of the 21-day "Spiritual Cleansing"**

**Envy:** Envy is defined as "a feeling of discontent and resentment aroused by another's desirable possessions or qualities, accompanied by a strong desire to have them for oneself."

Do you examine others with a critical eye?

Do you find it hard to pay compliments to others?

If you answered yes to one of these questions, you may be having trouble with envy, even though you haven't recognized it.

"A heart at peace gives life to the body, but envy rots the bones" Proverbs 14:30

Prayer: Heavenly Father, teach me never to envy other people. I want to learn how to be content in whatsoever state I find myself; I trust you, Father, to lead me in the way that you know is best for me. I determine in my heart, by faith in you, to walk in freedom from envy, Lord. Keep me from falling into its ungodly snare. In Jesus name, Amen!

#### **Day 6 of the 21-day "Spiritual Cleansing"**

**Forgiveness:** "Forgiving others is an absolute necessity. Because God has forgiven us, we need to forgive others.

"For if you forgive others for their transgressions, your heavenly Father will also forgive you. But if you do not forgive others, then your Father will not forgive your transgressions." Matthew 6:14-15

Prayer: Heavenly Father, Jesus taught us how to pray. He prayed, "Forgive us our debts, as we forgive our debtors." It is my desire to forgive others in the same way you have forgiven me. Help me to walk in that kind of forgiveness, Lord. Forgive me wherein I have failed to walk in forgiveness.

By an act of faith, Lord, I now forgive \_\_\_\_\_ who has/have created problems in my life. I pray for him/her/them now, and I ask you to set him/her/them free from any bondage caused by my lack of forgiveness.

Lord, when I do not forgive someone who has hurt me, I harbor hatred in my heart. This is not your way. I will always beware lest any root of bitterness springing up within me would defile me and others, for I do not want to defile that which you have cleansed and purified through your precious blood and your Word. Teach me your way in all things, especially in forgiveness. In Jesus name, Amen!

## Day 7 of the 21-day "Spiritual Cleansing"

**Gossip:** "Do not hurt your neighbor by gossip or careless talk; control your tongue."

"What does the Bible say about gossip? The Hebrew word translated "gossip" in the Old Testament is defined as "one who reveals secrets, one who goes about as a talebearer or scandal-monger." A gossip is a person who has privileged information about people and proceeds to reveal that information to those who have no business knowing it. Gossip is distinguished from sharing information in two ways:

1. Intent. Gossipers often have the goal of building themselves up by making others look bad and exalting themselves as some kind of repositories of knowledge.
2. The type of information shared. Gossipers speak of the faults and failings of others or reveal potentially embarrassing or shameful details regarding the lives of others without their knowledge or approval. Even if they mean no harm, it is still gossip."

Prayer: Heavenly Father, thank you for the gift of speech. Help me to use it responsibly. Put a watch before my lips that I might always honor you with my words. I commit myself to avoiding all gossip, slander, backbiting, whispering, and malicious talk. Help me to control my tongue for in it is the power of death and life. Whenever I am tempted to gossip about another person, help me to use the opportunity as a call to prayer. Instead of gossiping about another person, lead me to pray so that you will intervene in their area of need. Out of the abundance of my heart, my words come; may that abundance be treasures from your Word that I have sealed in my heart. In Jesus name, Amen!

## Day 8 of the 21-day "Spiritual Cleansing"

**Hatred:** Lack of forgiveness, extreme dislike; holding a grudge is basically holding hatred in your heart and God makes it clear if you won't forgive others, He won't forgive you.

The person who stores hate in their heart for someone is walking in darkness. If you say you're a Christian yet you hate someone, Scripture says that you're a liar.

"If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen." I John 4:20

Prayer: Heavenly Father, I lift up my heart to you because it is filling with hatred that I can't seem to control. There are times when I know I should let go of it, but it just keeps grabbing onto me. Every time I think about this thing, I just get angry all over again. I can feel the rage inside me build, and I just know the hatred is doing something to me. Help me go from hatred to forgiveness. Help me walk away from my hatred. Lord, let your spirit into my heart so that I can move forward. Fill me with your light and let me see clear enough to come out of this fog of hatred. Lord, be my everything at this moment so I can be the person you desire for me. In Jesus name, Amen!

## Day 9 of the 21-day "Spiritual Cleansing"

**Idol:** An idol is any person, object or activity you give a higher priority in your life than a relationship with God. An idol can be your home, your job, a vehicle, a relationship, or even your family. An idol can be a pet, a computer, or what you look at on that computer. An idol can

be alcohol, drugs, sex, or any sin. An idol can be the work you do for the Lord that consumes all your energy and time. God says He's a jealous God. He wants our time and attention.

Little children, keep yourselves from idols." 1 John 5:2

"So put to death the sinful, earthly things lurking within you. Have nothing to do with sexual sin, impurity, lust, and shameful desires. Don't be greedy for the good things of this life, for that is idolatry. God's terrible anger will come upon those who do such things." Colossians 3:5-7.

Prayer: Heavenly Father,

You are so glorious and merciful. You created every good thing. There's nothing I could do to deserve this mercy in Christ, yet You lavish it upon me in ways too great to fully comprehend. Nevertheless, my sinful heart draws me away from You to other things sometimes subtly, and sometimes deliberately. This idolatrous world, my weak flesh, and our cunning enemy entice my heart to set my affections on aspects of Your creation instead of loving and honoring You as Creator.

Keep me from worshipping the many good gifts You have given me instead of thanking and worshiping You for them. Keep me from the smallest hint of idolatry and remind me during temptation that to choose an idol is to reject grace and grieve Your Spirit. Remind me that the wicked worship of money, sex, power, family, possessions, or work is both worthless and tragically foolish, like trying to quench my thirst with a gallon of saltwater. Discipline me in your grace when I stray and convict me by Your Spirit. In Jesus name, Amen!

### **Day 10 of the 21-day "Spiritual Cleansing"**

**Jealousy:** "Jealousy is a form of hatred built upon insecurity."

"But if you have bitter jealousy and selfish ambition in your hearts, do not boast and be false to the truth. This is not the wisdom that comes down from above but is earthly, unspiritual, demonic. For where jealousy and selfish ambition exist, there will be disorder and every vile practice." James 3:14-16

Prayer: Heavenly Father, I know it's not your will for me to fall prey to jealousy. Instead, you want me to learn to love others. Forgive me for being jealous and envious of other people, their possessions, and their positions. I repent of my jealousy. I determine in my heart, by faith in you, to walk in freedom from jealousy. Through your strength, I will be able to conquer jealousy. In Jesus name, Amen!

### **Day 11 of the 21-day "Spiritual Cleansing"**

#### **Seven Steps to Deliverance:**

1. **Honesty** - One must be honest with himself and with God if he expects to receive God's blessing of deliverance.

"Then I acknowledged my sin to you and did not conceal my iniquity. I said, "I will confess my transgressions to the LORD," and you forgave the guilt of my sin." Psalm 32:5

2. **Humility** - This involves a recognition that one is dependent upon God and His provisions for deliverance.

"God resists the proud but gives grace to the humble. Therefore, submit to God. Resist the devil, and he will flee from you." James 4:6b -7

3. **Repentance** - Repentance is a determined turning away from sin and Satan.

"Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord." Acts 3:19

4. **Renunciation** - Renunciation is forsaking of evil. Renunciation means a clean break with Satan and all his works. For example, if one repents of lust he may need to destroy some pornographic materials.

"And He was saying to them all, "If anyone wishes to come after Me, he must deny himself, and take up his cross daily and follow Me." Luke 9:23

5. **Forgiveness** - God freely forgives all who confess their sins and ask forgiveness through His Son.

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you. 15 But if you do not forgive others their sins, your Father will not forgive your sins." Matthew 6:14-15

6. **Prayer** - Ask God to deliver you and set you free in the name of Jesus.

"Whosoever shall call upon the name of the Lord shall be delivered." Joel 2:32

7. **Warfare** - Prayer and warfare are two separate and distinct activities. Prayer is toward God and warfare is toward the enemy. Our warfare against demon powers is not fleshly but spiritual. Use the weapons of submission to God, the blood of Jesus Christ, the Word of God, and your testimony as a believer. Identify the spirits, address them directly by name in a commanding voice, and in faith command them to go in the name of Jesus. Enter the battle with determination and assurance of victory. Christ cannot fail! He is the Deliverer!

"The Lord is my rock, and my fortress, and MY DELIVERER. Psalm 18:2a

## **Day 12 of the 21-day "Spiritual Cleansing"**

**Lust:** "Lust is generally defined as a strong desire for something or someone and is often used specifically regarding sexual desires. Lust is focused on pleasing oneself, often without regard for detrimental consequences. Lust is closely linked with greed."

Lust is both sinful and a serious offense to God: "But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death" (James 1:14-15). Lust, whether sexual or otherwise, can lead to sin that leads to death.

Prayer: Heavenly Father, the lust of the eye and the lust of the flesh create great problems in life. As I flee from lust, Lord, I ask you to empower me to follow righteousness, faith, love and peace

with all who call on you out of a pure heart. I will abstain from all fleshly lusts which war against my soul and I will hide your Word in my heart that I might not sin against you. I will walk in spiritual freedom and victory, Lord, because you have overcome the world. In Jesus name, Amen!

### Day 13 of the 21-day "Spiritual Cleansing"

**Manipulation:** To manipulate is to negotiate, control or influence for one's own advantage.

Some individuals manipulate Scripture for their own personal benefit. An authoritarian husband might demand that his wife submit to him as the head of the house and quote Ephesians 5:22 ("Wives, submit to your husbands"). But that same man might purposefully overlook verse 26, which says, "Husbands, love your wives, just as Christ loved the church and gave himself up for her."

Spiritual manipulation is a technique used by some abusive churches and cults to control individuals and acquire gain, all the while giving the impression that their teachings are based on the Bible.

Another form of spiritual manipulation occurs when abusive churches and cults twist Scripture to give more authority to the leadership and keep the members under their control. One example is the use of Hebrews 13:17, "Obey your leaders and submit to them, for they are keeping watch over your souls, as those who will have to give an account. Let them do this with joy and not with groaning, for that would be of no advantage to you." This scripture has been used as a basis for demanding unquestioning loyalty and obedience to the leaders. Some religious groups view questioning the leaders as equivalent to questioning God. Some leaders claim to have divine authority and approval; thus, to disobey them is to disobey God. This is perhaps the most harmful form of spiritual manipulation, and it has no place in a true church.

Prayer: Heavenly Father, I renounce any form of manipulation. Lord grant me the wisdom to see through manipulative tactics that keep me from walking in the full honor, dignity and integrity that You have called me to. Do not let me fall victim to the controlling words of another. Help me to rely and stabilize my life on Your Word alone. Father, Your Word says, "If I confess my sins. You are faithful and just to forgive me of my sins and cleanse me from all unrighteousness. I decree freedom manipulative tactics. In Jesus name, Amen!

### Day 14 of the 21-day "Spiritual Cleansing"

**Negativism:** Negativism is defined as the practice of being or tendency to be negative or skeptical in attitude while failing to offer positive suggestions or views.

Negativism is pretty awful really. I've read that it takes **10 positive** words to overcome **1 negative** one - isn't that shocking! - so do watch your mouth.



“I tell you, on the day of judgment people will give account for every careless word they speak, for by your words you will be justified, and by your words you will be condemned.” Matthew 12:36-37

**Negative People:** Negative people tend to focus on others’ faults (or their own faults). They may regularly point out shortcomings with their comments, attitudes, and frowns. Negative people will approach situations from a pessimistic viewpoint, assuming the worst in any given situation. Sometimes negative people disguise their negativity by using humor or sarcasm, but it still ultimately results in someone being or feeling put down.

**Negative Thinking:** Chronic negative thinking, depression, anxiety, and similar disorders are on the rise all over the world. According to the Anxiety and Depression Association of America, 40 million adults in the U.S. are affected, which is nearly 20 percent of the population. Of that number, many are professing Christians.

The struggle against negative thinking is a battle for the mind. The apostle Paul tells believers what to think about: things that are true, noble, right, pure, lovely, admirable, excellent and praiseworthy (Philippians 4:8). Besides defining what thoughts should fill our minds, this text implicitly teaches that we can control what we think about. When a negative thought comes, the thinker who has the mind of Christ (1 Corinthians 2:16) has the ability to push it out of the mind and replace it with godly thoughts. This takes practice, but with persistence, it gets easier. Christians must think about what they’re thinking about and not allow their minds to have free reign. In our spiritual warfare, we’ve been given the helmet of salvation—spiritual armor for the *mind*.

God is renewing your mind through His Word. “And do not be conformed to this world, be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” (Romans 12:2)

**Prayer:** Heavenly Father, thank you for renewing my mind through your Word. Your Word is true. And your truth will set me free from negative thinking. Thank you for the renewing process that is taking place in the spirit of my mind as I put on the new man, which after God is created in righteousness and true holiness. Continue to renew my mind, Lord, and I thank you for giving me grace to cooperate with you fully in the process of renewal and transformation. Thank you for shaping my life, Father. I am your workmanship, created in Christ Jesus unto good works, which you have before ordained that I should walk in them. I am confident that you who have begun a good work in me will perform it until the day of Jesus Christ. In Jesus name, Amen!

### **Day 15 of the 21-day "Spiritual Cleansing**

**Overcoming Sin:** To overcome means to succeed in dealing with (a problem or difficulty). “True Christians can change, for God makes it possible through a spiritual renewal.” Some changes happen instantly and others are a process. Though we may wish it were different, the Lord does not make us instantly perfect and impervious to all temptations. Some sins will remain

and you will be tempted to give in to them and live the way you have always lived. These temptations are opportunities for you to reaffirm your decision to make Jesus the Ruler of your life. He does not force you to follow His good plan for you because He has created you with free will. He wants you to obey because that is what you want to do, what you choose to do. He leaves these remaining temptations so that you will learn to drive them out by the power of the Spirit as part of your training. And every temptation to sin can become an opportunity to strengthen your resolve and declare, "I am no longer in charge of my life. I made a mess of it all! Jesus is my Ruler now, and I will obey Him."

**When temptation comes, you have three choices:** 1) You may just give in and sin. 2) You may try to resist the temptation in your own strength by setting your will to overcome. Or 3) You may turn to the Holy Spirit within you for the grace (the strength and ability) to resist.

"For all have sinned, and fall short of the glory of God" (*Romans 3:23*). "If we walk in the Light as He Himself is in the Light...the blood of Jesus His Son cleanses us from all sin. If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (*1 John 1:7-9*).

Prayer: Heavenly Father, I believe you sent Your son Jesus to die on the cross for my sins and rose again from the dead. You redeemed me by His blood and I belong to You, and I want to live for You. I confess my sins known and unknown. I'm sorry for them all. I renounce them all. I claim the promise of your word, "Whosoever that calleth on the name of the Lord shall be delivered." I call upon you now. In the name of the Lord Jesus Christ, deliver me and set me free, Satan, I renounce you and all your works. I loose myself from you, in the name of Jesus, and I command you to leave me right now, in Jesus' name. Amen!

### Day 16 of the 21-day "Spiritual Cleansing

**Pride:** Pride is giving ourselves the credit for something that God has accomplished. Pride is taking the glory that belongs to God alone and keeping it for ourselves. Pride is essentially self-worship. Anything we accomplish in this world would not have been possible were it not for God enabling and sustaining us.

Pride is a device that can be so easily woven into anyone's life. It is an abomination to God and it must be kept in check. We all fall prey to it and we need to repent when we do fall.

God hates pride because it comes from inside of the heart. A proud man thinks of himself as higher than someone else. Are you too busy to hold the door for someone? Is your circle of friends too classy to go and help feed the homeless? Is your car too clean to give someone a ride somewhere? Do you avoid people that you don't want to associate with? Believers in Christ are called to be servants (Mark 9:35) and if our lifestyle prevents us from serving in any capacity then repentance must be made with God. You may have to give up some things in order to really



fight the temptation of pride.

“Proverbs 16:18–19 Pride goes before destruction, and a haughty spirit before a fall.” Proverbs 16:18

Prayer: Heavenly Father, You are the God above all gods. Your name is Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace. You sit on the throne of heaven. When YOU speak, who dare change your plans? When YOU move, who dare stop you? In humility, Lord, I submit myself to You. Your Word tells me to be clothed with humility because you resist the proud and give grace to the humble. I willingly humble myself under your mighty hand, know that you will exalt me, Father, in due time. I renounce all pride and will allow You and Your Word to transform me. Open my eyes to the blessings of humility. Let me not see humility as the world sees it, but in its beauty and fullness of joy. I am comforted with the knowledge that you are full of mercy, compassion, forgiveness, and love. In Jesus name, Amen!

### Day 17 of the 21-day "Spiritual Cleansing"

**Rejection:** "So many are in bondage because they won't accept themselves. So many are so gifted and talented, but they won't express themselves because they fear rejection. They fear man. They fear what people will think. The Lord loves us, but we hold Him at arm's length and won't let Him really love us because we have been hurt by others. We fear the Lord will reject us because of our weaknesses—like people have—but He will never reject us."

“Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great is your reward in heaven.” Matthew 5:10-12

“Therefore, if you are a child of God, you may suffer disappointment in this life, but you need to remember that as a child of the King, this rejection is a momentary bump in the road. You have a choice to either allow that bump to derail you and walk wounded, or you can choose to claim the heritage of a child of God and move forward in grace. Forgiveness of others and of self is a gift that you can give because it is the gift given to you by the Lord Jesus Christ.”

Prayer: Heavenly Father, Jesus understand what rejection feels like. He was betrayed, forsaken, mocked, scorned and persecuted. Thank you for assuring me that you will never leave me nor forsake me. Even if others turn against me, you are always there.

The rejection I have experience from \_\_\_\_\_ causes me hurt and anguish, but I know this is not your will for me. By faith and an act of my will, in obedience to your Word, I choose to forgive \_\_\_\_\_ for the pain and hurt his/her words and actions have brought to me. I receive your healing, Lord, and I pray for \_\_\_\_\_, that you will bless him/her with a knowledge of your will in all things.

You, Lord, are my helper, I will not fear what men may do to me. Wonderful Jesus, you are the same yesterday, and today, and forever. I trust in your promise that you will always be with me. In Jesus name, Amen!

### Day 18 of the 21-day "Spiritual Cleansing"

**Resentment:** "Resentment is defined as bitter anger at having been treated unfairly. People may feel resentful when they are cheated on, stolen from, or lied to. Resentment is often a reaction to being insulted or having one's errors or weaknesses exposed. Resentment can be directed at an action, a statement, or a person—often, an authority figure, such as a parent, a teacher, or God. Resentment is the cheapest and least legitimate form of anger."

"Resentment is a passive, weak emotion that has no place in the Christian life. If there is injustice, we should deal with it through prayer and godly action. If there is insult, we should concentrate on who we are in Christ and not place too much value on the cruel words of others. If we face injustice in the course of our work for God, we should accept it as to be expected. And if God allows us to be dishonored for the sake of sanctification, the best, least painful response is to repent and allow Him to work in us."

Prayer: Heavenly Father, hear me and answer me. You know I am troubled by thoughts and feelings of resentment. You also know why. And You know how deep the hurt goes and how long I have lived with it. But I don't want to live with it any longer. I don't want to be a resentful person. With Your help, I surrender my resentment. Help me to keep letting go and release these toxic emotions as often as they try to return. In Jesus name, Amen!

### Day 19 of the 21-day "Spiritual Cleansing"

**Self-Centeredness:** Self-Centered is preoccupied with oneself and one's affairs. Love is not self-seeking. The Bible tells us "people who are self-centered aren't able to please God" (Romans 8:8).

"Jesus strikes at the very heart of the sin of self-centeredness with this unequivocal declaration: "Whoever wants to be my disciple must deny themselves and take up their cross and follow me" (Matthew 16:24). To deny oneself means letting go the material things used to gratify self. To deny oneself is to let go of selfish desires and earthly security and focus instead on the interests of God

Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself; do not merely look out for your own personal interests, but also for the interests of others." (Phil 2:3-4)

"In the last day's perilous times will come. For men will be lovers of self...rather than lovers of God; holding to a form of godliness, although they have denied its power" (2 Tim 3:1-5).

Prayer: Heavenly Father, **search us and reveal to us areas in our lives where we might be sinfully self-centered.** I repent of the times I have been selfish. Help me to turn my heart to Your commands and serving others. Help me to deny my old selfish ways, live a life seeking first Your Kingdom, and serving others! In Jesus name, Amen!

### Day 20 of the 21-day "Spiritual Cleansing"

**Strife:** Strife is a strong and ongoing conflict over a fundamental issue. Strife is deeper than argument, broader than disagreement. Strife usually involves bitterness and sometimes violence. Strife can develop when a difference of opinion becomes the priority in a relationship. Strife is always accompanied by pride and an unteachable spirit in one or both parties. "A dishonest man spreads strife, and a whisperer separates close friends." Proverbs 16:28

"Pastors and Christian leaders who use their positions to discredit and sow discord among different denominations and Christian groups should reconsider their approach. Creating strife between brothers and sisters has never been a biblical solution."

Proverbs 6:16-19 leaves no doubt about God's view: "There are six things which the LORD hates, Yes, seven which are an abomination to Him: Haughty eyes, a lying tongue, and hands that shed innocent blood, a heart that devises wicked plans, Feet that run rapidly to evil, a false witness who utters lies, and one who spreads *strife* among brothers"

Prayer: Heavenly Father, help me start to notice and overcome strife one moment at a time. I rebuke strife in the Name of Jesus and resist it. I am walking in Your peace today. Your grace is sufficient for me, for Your power is made perfect in weakness. O Lord, I am clay in your hands and you are the Potter. I am the work of your hands. You are the Lord and beside you there is no other. Thank you for shaping my life. Father, I am your workmanship, created in Christ Jesus unto good works, which you have before ordained that I should walk in them. I am confident that you who have begun a good work in me will perform it until the day of Jesus Christ. Hallelujah! In Jesus name, Amen!

### Day 21 of the 21-day "Spiritual Cleansing"

**Spiritual Growth:** Today, we conclude our 21 day "Spiritual Cleansing." My prayer is to continue walking in God's fullness! God is able to do much more than we ask or think. I would love for those who were blessed by the 21-day "Spiritual Cleansing" to share your testimonies. "They conquered him by the blood of the Lamb and by the word of their testimony; for they did not love their lives to the point of death" Revelation 12:11. To **conquer** means to successfully overcome (a problem or weakness).

"For it is God who works in you both to will and to do for His good pleasure." Philippians 2:13

Prayer: I bow my knees to you, God, the Father of my Lord Jesus Christ, of whom the whole family in heaven and earth is named, that you would grant me, according to the riches of your

glory, to be strengthened with might by your Spirit in the inner man, that Christ may dwell in my heart by faith; and that I, being rooted and grounded in love, may be able to comprehend with all saints what is the breadth, and length, and depth and height; and to know and experience the love of Christ, which passes knowledge, that I may be filled with all your fullness. Now unto you who are able to do exceedingly abundantly above all that I ask or think, according to the power that works in me, unto you, O God, be glory in the church by Christ Jesus throughout all ages, world without end. Amen.