

This module outlines a safe and effective classroom-based training session for learning the fundamentals of a holster draw using improvised, non-functional equipment. The focus is on building correct muscle memory before transitioning to live-fire practice.

Module: Introduction to the Holster Draw

Objective: To teach beginner shooters the foundational 5-step method for safely and efficiently drawing a firearm from a holster, using inert training tools in a classroom environment. 🎯

⚠️ Safety First: The Four Universal Rules

Even with mock equipment, all firearm safety rules must be strictly observed to build proper habits. **Safety is a mindset, not just a procedure.**

1. **Treat all guns as if they are always loaded.** This is the primary rule. No exceptions.
 2. **Never let the muzzle cover anything you are not willing to destroy.** This includes your own body parts (like your support hand or legs). This is called **muzzle discipline**.
 3. **Keep your finger off the trigger until your sights are on the target and you have made the decision to shoot.** This is **trigger discipline**.
 4. **Be sure of your target and what is beyond it.**
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Equipment (Improvised Classroom Setup)

- **Mock Gun:** A blue gun, SIRT pistol, or even a toy gun that has a realistic grip and trigger guard. It should be clearly marked as a training tool (e.g., with bright tape). **Absolutely no real firearms are allowed in the classroom.**
 - **Improvised Holster:** A simple belt-mounted holder that can safely secure the mock gun. This can be a commercial holster for the mock gun or a securely fashioned piece of cardboard or Kydex attached to a sturdy belt. It must cover the trigger guard.
 - **Laser:** A small, button-activated laser pointer taped securely to the mock gun's barrel or rail, parallel to the mock barrel. This will provide immediate feedback on muzzle direction and sight alignment.
 - **Target:** A simple paper target (e.g., a circle on a piece of paper) taped to a wall in a safe direction, confirmed by the instructor.
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The 5-Step Holster Draw

This systematic process breaks the drawing into five distinct steps. The goal is **smoothness and consistency**, not speed. Speed will come naturally with correct, repeated practice.

Step 1: Grip

- Assume your shooting stance.
- Move your strong hand to the mock gun and establish a **full, firm firing grip** while it is still in the holster. Your thumb should be high, and your hand should be as high up on the backstrap as possible.
- Your support hand comes to the center of your chest, flat and out of the way.
- **Crucially, your trigger finger remains straight and outside the trigger guard**, resting on the frame of the mock gun.

Step 2: Clear & Draw

- In one fluid motion, pull the mock gun **straight up** to clear the holster.
- As soon as it clears the holster, begin to rotate the muzzle towards the target.
- Keep the gun close to your body to maintain control and for weapon retention.

Step 3: Rock & Lock

- As the gun comes up to about chest level, the muzzle should be "rocked" forward to be level with the ground and pointing at the target.
- Your strong-side elbow should be "locked" into your side. This is a stable, repeatable position.

Step 4: Meet & Greet

- Your support hand now moves from your chest to "meet" your strong hand.
- Wrap your support hand firmly around your strong hand, ensuring there are no gaps. Both thumbs should be pointing forward along the frame. This creates your two-handed grip.
- Continue to keep your **trigger finger straight and off the trigger**.

Step 5: Extend

- Push the mock gun straight out towards the target until your arms are fully extended.
- As you extend, bring the sights up to your line of sight. **Focus on the front sight.**
- Once the sights are aligned on the target, you can simulate the shot by placing your finger on the trigger and pressing the laser button. The laser dot should appear on your point of aim.
- Follow through by briefly holding the sight picture after the "shot."

Drills & Practice

1. **Slow-Motion Repetition:** Go through the 5 steps as slowly and deliberately as possible. Call out each step as you do it. Repeat 10-15 times. The instructor should provide feedback on grip, posture, and finger discipline.
2. **Laser Confirmation Drill:** Perform the 5-step draw. When you reach Step 5 (Extend), activate the laser. Is the dot on the target where your sights are aimed?

If not, adjust your grip or alignment and try again. This provides instant feedback on the quality of your draw.

3. **Eyes-Closed Drill:** From a shooting stance, close your eyes. On command, perform the 5-step draw. Open your eyes. Are your sights generally aligned with the target? This builds proprioception and a natural point of aim.
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Re-Holstering: The Administrative Task

Re-holstering is not the reverse of the draw. It should always be done **slowly and deliberately**.

1. Bring the mock gun back to the "Rock & Lock" position (Step 3).
2. Verbally and visually **check the holster** to ensure it is clear of any obstructions (like clothing).
3. Slowly insert the mock gun into the holster until it is fully seated.
4. Only then can you release your grip.