

THE SEVENTH DAY SABBATH SCRIPTURES FROM THE TORAH AND THE PROPHETS

By Joy Collins Lyle, © October 29, 2024

BEFORE I BEGIN, PLEASE CONSIDER THE FOLLOWING QUESTIONS:

DOES ANYONE REALLY BELIEVE THAT ANY HUMAN BEING, OR ANY HUMAN ENTITY, EVEN A “CHURCH,” OR A “CHURCH COUNCIL,” HAD THE AUTHORITY TO CHANGE THE SABBATH COMMANDMENT OF YEHOVAH ELOHIM, THE CREATOR?

DID YEHOVAH GIVE THAT AUTHORITY TO ANYONE AND WHEN?

DID YEHOSHUA, (JESUS), THE SON OF YEHOVAH ELOHIM, EVER CHANGE THE SABBATH OR GIVE ANYONE THE AUTHORITY TO DO SO?

DID YEHOSHUA EVER TELL ANYONE THAT THE SABBATH WOULD NO LONGER BE IMPORTANT TO HIS FATHER WHEN THE NEW COVENANT WAS ESTABLISHED?

WHICH OTHER OF YEHOVAH’S TEN COMMANDMENTS DO WE BELIEVE HAVE CHANGED OR ARE NO LONGER IMPORTANT TO HIM???

Next, I need to make it clear that this is not an exhaustive list of all the scriptures concerning the Sabbath from the Torah and the Prophets, and even some of the Writings (the Hebrew Tanach, what Christians refer to as the Old Testament). However, it does address many of them!

The word “Sabbath” is the Hebrew noun “Shabbat” (Strong’s #H7676) and is described in the Gesenius’ Hebrew-Chaldee Lexicon (accessed from www.blueletterbible.org, July 28, 2024)

שַׁבָּת const. state שַׁבַּת, with suff. שַׁבְּתוֹ, pl. שַׁבְּתוֹת, const. state שַׁבְּתוֹת, common (Exod. 31:14, compared with Lev. 25:4)—(1) *sabbath*, the seventh day of the week, Exod. 16:25, שַׁבָּת הַיּוֹם לַיהוָה “to-day is the sabbath of Jehovah.” שַׁבָּת שַׁבָּת every sabbath, 1 Ch. 9:32. שַׁבָּת שְׁנִים the sabbatical year, every seventh year, in which the land was not tilled, Lev. 25:4, seqq.

(2) perhaps *a week*, like the Syr. and Gr. (Matt. 28:1) Lev. 23:15; compare Deu. 16:9.

“Shabbat” is a noun derived from the Hebrew verb “shavat,” Strong’s Hebrew #7673, which is described in Gesenius’ Hebrew-Chaldee Lexicon, (accessed from www.blueletterbible.org, July 28, 2024) basically meaning “TO CEASE.” As we look at the Hebrew words in the following scriptures, It is helpful to know that Hebrew verbs have prefixes and suffixes added to the root, which is usually three consonants, that make the different “Binyamin” (Conjugations) and Tenses and also can show who is doing the action. So, finding the root of a Hebrew verb, usually in the middle of the word, is important when reading Hebrew text. In this case it

is SHIN, BET, TAV, שבת, read from right to left:

שָׁבַת fut. יִשְׁבֹּת and יִשְׁבֹּת. Lev. 26:34.—(1) TO REST, TO KEEP AS A DAY OF REST. (Arab. سبت IV. to take rest. The primary idea appears to be that of *to sit down, to sit still*; cognate on the one hand are יָשַׁב, inf. שָׁבַת, on the other to שׁוּת and שָׁפַת.) It is used of men (opp. to labour), Ex. 23:12; 34:21; of land which is not tilled, Lev. 26:34, 35, compare 25:2. Followed by מִן to rest from labour, Gen. 2:2, 3; Ex. 31:17.—Isa. 33:8, שָׁבַת עִיר אֶרֶץ “the traveller rests,” abstains from journeying; Isa. 14:4; Lam. 5:14, “the elders rest from the gate,” i. e. do not go to the forum.

(2) *to cease, to desist, leave off*, followed by מִן with an inf. (prop. to desist from doing any thing), Job 32:1; Jer. 31:36; Hos. 7:4; absol. *to cease to be, to have an end*, Gen. 8:22; Isa. 24:8; Lam. 5:15.

(3) *to celebrate the sabbath*, followed by שָׁבַת Lev. 23:32.

NIPHAL, i. q. Kal No. 2, prop. pass. of Hiphil, *to have an end*, Isa. 17:3; Eze. 6:6; 30:18; 33:28.

HIPHIL—(1) *to cause to rest*, followed by מִן from work, Ex. 5:5, or *to cause a work to cease*, i. e. *to interrupt*, 2 Ch. 16:5; to make an enemy to rest, i. e. *to restrain*, to still, Ps. 8:3.

(2) *to cause to cease*—(a) any person, followed by מִן before an inf. Eze. 34:10; followed by לְבִלְתִּי Josh. 22:25.—(b) any thing, i. e. *to put an end to*, e. g. war, Ps. 46:10; contention, Prov. 18:18; exultation, Isa. 16:10. Followed by לְ Jer. 48:35; Am. 8:4; Ruth 4:14, אֲשֶׁר הִשְׁבִּית לְךָ זֵאל “who hath not left thee without a redeemer;” Lev. 2:13.

(3) *to remove, to take away*, followed by מִן from any person or thing, i. q. הִסִּיר, Exod. 12:15; Levit. 26:6; Eze. 34:25; 23:27, 48; 30:13; Isa. 30:11; Jer. 7:34; Ps. 119:119.

Derivatives, מִשְׁבָּח, שְׁבָתִי, שְׁבָתוֹן, שְׁבָת, No. I, שָׁבַת.

So, to understand the Sabbath ("Shabbat"), Genesis chapter one should be read first carefully to understand that Yehovah Elohim created the heavens and the earth in the first six days. Then read these verses from Genesis chapter two:

Gen 2:1 KJV - Thus the heavens and the earth were finished, and all the host of them.

Gen 2:2 KJV - AND ON THE SEVENTH DAY GOD ENDED HIS WORK WHICH HE HAD MADE; AND HE RESTED ("AND HE CEASED" - "VAYSH'BOT") ON THE SEVENTH DAY FROM ALL HIS WORK WHICH HE HAD MADE.

GEN 2:3 KJV - AND GOD BLESSED ("HE BLESSED" - "VAY'VARECH") THE SEVENTH DAY, AND SANCTIFIED IT ("HE MADE IT HOLY" - "VAY'KADESH OTO") : BECAUSE THAT IN IT HE HAD RESTED (literally "HE CEASED" - "SHAVAT") FROM ALL HIS WORK WHICH GOD CREATED AND MADE.

NOTE: YEHOVAH BLESSED THE SEVENTH DAY AT CREATION AND SANCTIFIED IT (SET IT APART AS HOLY). He did it BECAUSE HE HAD CEASED CREATING ALL HIS WORK ("SHAVAT" - HE CEASED) ON THAT DAY. He did NOT make it a commandment for the world to "SHAVAT" (CEASE) on that day at that time, though. BUT, THIS DISTINCTION OF THE SEVENTH DAY AS A BLESSED AND HOLY DAY WAS MADE AT CREATION - BEFORE THE TORAH WAS GIVEN AT ALL!!

Yehovah then made it into a command for Israel to honor the Blessed Seventh Day as the Sabbath Day - The Day of Ceasing to work and simply rest - just before the children of Israel arrived at Mt. Sinai when He started giving them manna (Exodus 16:4-5, 22-30), and then, shortly afterward, made it part of the TEN COMMANDMENTS for them at Mt. Sinai (Exodus 20: 8-11). BUT, REMEMBER, IT WAS BLESSED AND SET APART AS HOLY AT CREATION! As we will see, IT WAS EXTENDED TO ALL WHO WOULD JOIN ISRAEL, EVEN THE "MIXED MULTITUDE" WHO CAME UP WITH THEM FROM EGYPT AND BECAME PART OF THE CONGREGATION OF ISRAEL, ALONG WITH ALL OF THE OTHER COMMANDMENTS (EXODUS 12:18-20, 43-51 AND NUMBERS 15:15-16, ETC.). In the Messianic Kingdom, any "stranger" who joins Yehovah and His People Israel by Covenant will also keep the Sabbath (Isaiah 56:1-8) and it appears to be a commandment for "ALL FLESH" in Jerusalem to literally come to worship Yehovah on the Seventh Day Sabbath (Isaiah 66:23, Ezekiel 44:23-24, Ezekiel 46:1-15).

I believe that YEHOVAH WANTS ALL OF HIS PEOPLE WHO ARE JOINED TO HIM, BECOMING PART OF HIS PEOPLE ISRAEL, EVEN OF THE GENTILES, to sanctify The Seventh Day (The Sabbath) BECAUSE IT SHOWS THAT WE BELIEVE THAT HE IS THE CREATOR OF HEAVEN AND EARTH - THAT HE IS THE ONE TRUE LIVING GOD (ELOHIM)!!! IT ABSOLUTELY SHOWS WHICH "GOD" WE SERVE!!! WE DON'T SERVE A GENERIC "GOD"!!! WE DON'T SERVE ALLAH, OR BUDDHA, OR , OR BAAL, OR MOLECH, OR CHEMOSH, OR ZEUS, OR JUPITER, OR ANY OF THE OTHER MULTITUDE OF PAGAN "GODS" OF THE DIFFERENT NATIONS OF THE EARTH! WE SERVE "YEHOVAH ELOHIM" - THE GOD (ELOHIM) WHO CREATED THE HEAVENS AND THE EARTH - IN SIX LITERAL DAYS - WHO ALSO REFERS TO HIMSELF AS "YEHOVAH TSAVAOT ELOHEY YISRAEL" - "YEHOVAH OF HOSTS, THE GOD OF ISRAEL" WHO CREATED THE HEAVENS AND THE EARTH (JEREMIAH 27:4-5, ISAIAH 21:3-18, JEREMIAH 7:3, AND MANY MORE) - THE GOD OF ABRAHAM, ISAAC, AND JACOB/ISRAEL!!!

[Exodus 3:13-15 KJV] "13 And Moses said unto God, Behold, [when] I come unto the children of Israel, and shall say unto them, The God of your fathers hath sent me unto you; and they shall say to me,

What [is] his name? what shall I say unto them? 14 And God said unto Moses, I AM THAT I AM (“EHEYEH ASHER EHEYEH” – LITERALLY “I AM/ WILL BE WHO I AM/WILL BE”) : and he said, Thus shalt thou say unto the children of Israel, I AM (“EHEYEH”) hath sent me unto you. 15 And God said moreover unto Moses, Thus shalt thou say unto the children of Israel, The LORD God (“YEHOVAH ELOHEY”) of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, hath sent me unto you: THIS [IS] MY NAME FOR EVER, AND THIS [IS] MY MEMORIAL UNTO ALL GENERATIONS." YEHO-VAH IS LITERALLY A NAME DERIVED FROM ALL THE TENSES OF THE VERB “TO BE” – IT MEANS “HE WHO WAS [“HAYAH”], HE WHO IS [“HOVEH”], AND HE WHO WILL BE [“YIHYEH”].” (It helps to know that in the King James Version of the Old Testament, every time the word LORD is seen in all capital letters, it is a substitution for THIS NAME “YEHOVAH”!)

WHY IS THIS IMPORTANT IN OUR DISCUSSION OF SHABBAT???

SO THAT WE CAN KNOW THAT WE ARE WORSHIPPING A DISTINCT GOD NAMED YEHOVAH ELOHIM, THE ONLY TRUE GOD WHO CREATED EVERYTHING IN SIX LITERAL DAYS AND CEASED ON THE SEVENTH DAY! HE HAS COMMANDED HIS PEOPLE TO CEASE WORK ON THAT DAY TOO, I BELIEVE, TO SHOW WE BELIEVE HE ALONE IS THE CREATOR OF HEAVEN AND EARTH!

Now, let’s review more of the scriptures:

Exodus 16:4 KJV - Then said the LORD unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, **THAT I MAY PROVE THEM, WHETHER THEY WILL WALK IN MY LAW, OR NO.**

Exodus 16:5 KJV - **And it shall come to pass, that ON THE SIXTH DAY they shall prepare [that] which they bring in; and it shall be twice as much as they gather daily.**

Exodus 16:22 KJV - And it came to pass, [that] on the sixth day they gathered twice as much bread, two omers for one [man]: and all the rulers of the congregation came and told Moses.

Exodus 16:23 KJV - And he said unto them, **THIS [IS THAT] WHICH THE LORD HATH SAID, TOMORROW [IS] THE REST OF THE HOLY SABBATH UNTO THE LORD (“SHABBATON SHABBAT-KODESH LAY’HOVAH” – literally “A GREAT HOLY SABBATH TO YEHOVAH”):** bake [that] which ye will bake [to day], and see the that ye will see the; and that which remaineth over lay up for you to be kept until the morning.

Exodus 16:24 KJV - And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein.

Exodus 16:25 KJV - **And Moses said, Eat that to day; FOR TO DAY [IS] A SABBATH UNTO THE LORD: to day ye shall not find it in the field.**

Exodus 16:26 KJV - **Six days ye shall gather it; BUT ON THE SEVENTH DAY, [WHICH IS] THE SABBATH, in it there shall be none.**

Exodus 16:27 KJV - **And it came to pass, [that] there went out [some] of the people ON THE SEVENTH DAY for to gather, and they found none.**

Exodus 16:28 KJV - AND THE LORD SAID UNTO MOSES, HOW LONG REFUSE YE TO KEEP MY COMMANDMENTS AND MY LAWS?

Exodus 16:29 KJV - See, for that the LORD hath GIVEN YOU THE SABBATH, therefore HE GIVETH YOU ON THE SIXTH DAY THE BREAD OF TWO DAYS; ABIDE YE EVERY MAN IN HIS PLACE, LET NO MAN GO OUT OF HIS PLACE ON THE SEVENTH DAY.

Exodus 16:30 KJV - SO THE PEOPLE RESTED (“YISH’B’TU” – “THEY CEASED”) ON THE SEVENTH DAY.

(NOTE: YEHOVAH STATES IN VERSE 29 THAT HE “GAVE” THEM THE SABBATH – IT IS A GIFT! HE CALLS IT “MY SABBATH” AND EXPECTS US TO KEEP IT HOLY/SET APART AND NOT WORK ON IT, BUT ISN’T THAT A GREAT GIFT TO MANKIND??? IT IS TO ME!)

THE FOURTH COMMANDMENT (one of the longest and most detailed of the Ten Commandments!)

EXODUS 20:8 KJV - REMEMBER THE SABBATH DAY, TO KEEP IT HOLY.

Exodus 20:9 KJV - SIX DAYS SHALT THOU LABOUR, AND DO ALL THY WORK:

Exodus 20:10 KJV - BUT THE SEVENTH DAY [IS] THE SABBATH OF THE LORD THY GOD: [IN IT] THOU SHALT NOT DO ANY WORK, THOU, NOR THY SON, NOR THY DAUGHTER, THY MANSERVANT, NOR THY MAIDSERVANT, NOR THY CATTLE, NOR THY STRANGER THAT [IS] WITHIN THY GATES:

Exodus 20:11 KJV – FOR [IN] SIX DAYS THE LORD (YEHOVAH) MADE HEAVEN AND EARTH, THE SEA, AND ALL THAT IN THEM [IS], AND RESTED THE SEVENTH DAY: WHEREFORE THE LORD (YEHOVAH) BLESSED THE SABBATH DAY, AND HALLOWED IT.

NOTE: THIS FOURTH COMMANDMENT STATES THAT IT IS GIVEN TO CONFIRM THAT YEHOVAH IS THE GOD WHO CREATED EVERYTHING - IN SIX LITERAL DAYS – AND THEN YEHOVAH, THE CREATOR GOD, RESTED THE VERY NEXT DAY – THE SEVENTH LITERAL DAY.

THAT IS WHY THE SABBATH DAY CANNOT BE CHANGED TO ANY OTHER DAY!!!

NO HUMAN BEING AND NO “CHURCH” WAS EVER GIVEN AUTHORITY BY YEHOVAH TO CHANGE THE SABBATH TO ANOTHER DAY!!!

Exodus 23:12 KJV - Six days thou shalt do thy work, and on the seventh day thou shalt rest: that thine ox and thine ass may rest, and the son of thy handmaid, and the stranger, may be refreshed.

THE SABBATH IS TO BE KEPT AS A SIGN OF THE COVENANT THE FATHER MADE WITH HIS PEOPLE FOREVER!

Exodus 31:12 KJV - And the LORD spake unto Moses, saying,

Exodus 31:13 KJV - Speak thou also unto the children of Israel, saying, Verily **MY SABBATHS** ye shall keep: for it [is] A SIGN between me and you throughout your generations; that [ye] may know that I [am] the LORD (YEHOVAH) that doth SANCTIFY YOU (MAKE YOU HOLY AND SET APART).

Exodus 31:14 KJV - YE SHALL KEEP THE SABBATH THEREFORE; FOR IT [IS] HOLY UNTO YOU: EVERY ONE THAT DEFILETH IT SHALL SURELY BE PUT TO DEATH: FOR WHOSOEVER DOETH [ANY] WORK THEREIN, THAT SOUL SHALL BE CUT OFF FROM AMONG HIS PEOPLE.

Exodus 31:15 KJV - Six days may work be done; **but in the seventh [is] the sabbath of rest, holy to the LORD**: whosoever doeth [any] work in the sabbath day, he shall surely be put to death.

Exodus 31:16 KJV - Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, **[FOR] A PERPETUAL COVENANT**.

EXODUS 31:17 KJV - IT [IS] A SIGN BETWEEN ME AND THE CHILDREN OF ISRAEL FOR EVER: FOR [IN] SIX DAYS THE LORD MADE HEAVEN AND EARTH, AND ON THE SEVENTH DAY HE RESTED ("SHAVAT" – "HE CEASED") AND WAS REFRESHED ("VAY'NAPHASH" – "HE WAS REFRESHED")

Exodus 31:18 KJV - And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, **WRITTEN WITH THE FINGER OF GOD**.

*** NOTE ON ABOVE SCRIPTURE: HONORING, AND ENJOYING, THE SABBATH AS A SIGN OF THE COVENANT WAS THE VERY LAST THING YEHOVAH INSTRUCTED MOSES TO TELL THE PEOPLE BEFORE HE CAME DOWN FROM MOUNT SINAI!!! THIS WAS AFTER THE 40 DAYS THAT YEHOVAH SPOKE TO MOSES ALL OF THE JUDGMENTS (MISHPATIYM) AND STATUTES (CHUKOT) ... IT SHOWS HOW IMPORTANT THE SABBATH WAS TO YEHOVAH!

***NOTE ON VERSE 17: THIS IS THE FIRST TIME WE ARE INFORMED THAT YEHOVAH ACTUALLY STATES THAT WHEN HE CEASED ALL HIS WORK, THAT HE WAS "REFRESHED"!!! It is an incredible concept to us, but HE states it! The Hebrew verb root is "NAPHASH" in its basic form, Strong's #H5314, meaning "to take breath, refresh oneself." It is described in the Gesenius' Hebrew-Chaldee Lexicon (accessed from www.blueletterbible.org, July 29, 2024) this way:

נָפַשׁ not used in Kal; Arab. نفس, Conj. V. to breathe strongly, to pant.

NIPHAL, TO TAKE BREATH (when wearied [or, to rest, cease from working]), Ex. 23:12; 31:17; 2 Sam. 16:14 (Arabic Conj. II. to refresh any one).

Hence pr. n. נָפַשׁ and —

WE SEE THAT YEHOVAH ALSO STATES THAT HE WANTS HIS PEOPLE, ALL OF THEM, EVEN THE STRANGERS IN THEIR CONGREGATION, AND EVEN THEIR ANIMALS, TO BE "REFRESHED" AS HE WAS, when He gave the Sabbath Commandment! HE IS SO GOOD!!!

[Exodus 23:12 KJV] "12 Six days thou shalt do thy work, and on the seventh day THOU SHALT REST ("TISH'BOT" – "YOU WILL CEASE"): THAT THINE OX AND THINE ASS MAY REST ("YANUACH" – "HE WILL

REST”), AND THE SON OF THY HANDMAID, AND THE STRANGER, MAY BE REFRESHED (“YINAPHESH” – “HE WILL BE REFRESHED.”)

You will notice that we are introduced to one more Hebrew word in this verse! The Hebrew root verb “NUACH” is Strong’s Hebrew #5117 and is described by the Gesenius’ Hebrew-Chaldee Lexicon (accessed www.blueletterbible.org, July 30, 2024) as basically “TO SIT DOWN, TO REST”:

נָחַ fut. יָנוּחַ.—(1) TO REST, TO SIT DOWN, TO SET ONESELF DOWN any where to take rest.—The original idea lies in respiring, drawing breath, נָשַׁבַּח רִיחַ; compare cogn. Arab. نَاح, I., II., IV., X., to rest, to be quiet; prop. to draw breath, from which idea comes also Germ. ruhen (ruchen), of the same stock as riechen (lower German rufen, rüfen, compare ruhen, to desire). Arab. نَاح specially is, to kneel down as a camel; Conj. IV. causat. سَاح a place where camels lie down. Syr. and Chald. i. q. Hebr. **נָחַ** **נָחַ**: to respire, to rest; compare under **נָחַ**—E. g. used of an army, Isa. 7:2; 2 Sa. 21:10; compare Josh. 3:13 (Arab. نَاح IV. to pitch a camp); used of a host of locusts, or bees, Ex. 10:14; Isa. 7:19; also used of inanimate things, as Noah's ark, Gen. 8:4; of the ark of the covenant, Nu. 10:36. Constr. absol. Nu. loc. cit.; and followed by **בְּ** Ex. loc. cit.; and **עַל** of place, Gen. 8:4; Isa. 7:2, 19. Metaph. of the Spirit of God coming down upon any one; followed by **עַל** Nu. 11:25, 26; compare Isa. 11:2.

(2) *to rest, to be at rest, specially*—(a) from labour, i. q. **נָחַ** Ex. 20:11; 23:12; Deut. 5:14.—(b) from troubles and calamities, followed by **בְּ** Job 3:26; Esther 9:22. Impers. Job 3:13, **נָחַ** "then I should have had rest." Isa. 23:12; Neh. 9:28.—(c) i. q. *to reside, to remain*, Ecc. 7:9, "anger remains in the breast of a fool." Proverbs 14:33; Ps. 125:3, "the rod of the wicked shall not remain on the lot of the righteous;" compare Isa. 30:32.—(d) i. q. *to be silent*; 1 Sa. 25:9.

נָחַ, double both in form and in signification. (A) **נָחַ**—(1) *to set down, to deposit* any one in any place, Eze. 37:1; 40:2; *to let down* one's hand, Ex. 17:11; *to lay a scourge upon* any one, Isa. 30:32. Metaph. **נָחַ** **נָחַ** to deposit one's wrath, i. e. to satisfy it, to accomplish it on any one, Ezek. 5:13; 16:42; 21:22; 24:13; Zec. 6:8.

(2) *to cause to rest*, Ezek. 44:30; Isaiah 30:32; commonly followed by a dat. *to give rest* to any one, Isa. 28:12; 14:3; often used of Jehovah, who after the conquest of the Canaanites gave to his people quiet possession of the promised land, Exodus 33:14; Josh. 1:13, 15; Deut. 3:20; 12:10, **נָחַ** **נָחַ** "and he will give you rest from all your enemies round about." Deut. 25:19; Josh. 21:44 (compare in the New Test. *καταπαύω*, *καταπαύει*).

נָחַ **נָחַ** *rest to be given*, followed by a dat. Lam. 5:5.

נָחַ (B) **נָחַ** (like **נָחַ** from **נָחַ** fut. **נָחַ** part. **נָחַ** i. q. **נָחַ** from **נָחַ** fut. **נָחַ** part. **נָחַ**—(1) *to set down, to lay down* (*niederlegen*, *niederlegen*) in any place, followed by **בְּ**, of place, 1 Ki. 13:29—31; specially to deposit for safe keeping, Ezek. 42:14; 44:19; before Jehovah, Exodus 16:33, 34; Nu. 17:22; Deut. 26:4, 10; 1 Ki. 8:9; also *to place, to set*, as a statue, 2 Kings 17:29; a people, or soldiers in any land (*versetzen*), Isa. 14:1; Eze. 37:14; 2 Ch. 1:14; **נָחַ** **נָחַ** "to give any one into custody;" Levit. 24:12; Num. 15:34; and more strongly *to cast down*, Nu. 19:9. Isa. 28:2, **נָחַ** **נָחַ** "to cast with force down to the ground." Am. 5:7.

(2) *to cause to rest, to quiet*. Ecc. 10:4, "meekness quiets (i. e. hinders) great offences." Hence—(a) *to give rest* to any one, with acc. Esth. 3:8; hence *to let any one rest, not to disturb, to let alone* (in Ruhe lassen), with acc. **נָחַ** let me alone that, allow me, Jud. 16:26; more often with dat. **נָחַ** Exod. 32:10; 2 Kings 23:18; Hosea 4:17; and followed by **לְ** with a fut. 2 Sa. 16:11, **נָחַ** **נָחַ** "let him alone that he may curse," suffer him to curse. Hence—(b) with an acc. of pers. and gerund of the thing, to allow any one to do anything (pr. to let him alone to do it), Ps. 105:14; with a dat. of pers. Eccl. 5:11; **נָחַ** **נָחַ** "it will not suffer him to sleep" (prop. does not give him quiet for sleeping), 1 Chr. 16:21. Compare the verbs **נָחַ** and **נָחַ** in the signification of allowing and permitting, which are similarly construed.—(c) *to leave*, i. q. *to cause any one to remain* (*zurücklassen*) any where, Gen. 42:33; Deut. 14:28; e. g. a people in a country, Jud. 3:1; 2 Sam. 16:21; 20:3; Jer. 27:11; *to leave remaining* (*übrig lassen*), Ex. 16:23, 24; Lev. 7:15; *to desert*, Jer. 14:9. With an acc. of thing, and dat. of pers. *to leave behind* anything to any one, spoken of a person dying, Ps. 17:14; Eccl. 2:18.—(d) **נָחַ** **נָחַ** *to cause the hand to rest from anything*, Eccl. 7:18; 11:6.

נָחַ **נָחַ** *to be set, placed*, Zec. 5:11 (compare the Chald. form **נָחַ** Dan. 7:4). Part. **נָחַ** what is left empty, a vacant place, Eze. 41:9, 11.

Derived nouns, **נָחַ**, **נָחַ**, **נָחַ**, and the pr. n. **נָחַ**, **נָחַ**, and—

So, we now have three verbs that describe what Yehovah wants us to do on His Seventh Day Sabbath that He called Blessed and Holy, and they are all for our good! They are a blessing to us!:

Shavat - to cease (working)!

Nuach – to sit down and rest!

Naphesh – to breathe and be refreshed (“to catch our breath”)!

Exodus 34:21 KJV - Six days thou shalt work, but on the seventh day thou shalt rest: IN EARING TIME AND IN HARVEST THOU SHALT REST.

Exodus 35:1 KJV - And Moses gathered all the congregation of the children of Israel together, and said unto them, These [are] the words which the LORD hath commanded, that [ye] should do them.

Exodus 35:2 KJV - SIX DAYS SHALL WORK BE DONE, BUT ON THE SEVENTH DAY THERE SHALL BE TO YOU AN HOLY DAY, A SABBATH OF REST TO THE LORD: WHOSOEVER DOETH WORK THEREIN SHALL BE PUT TO DEATH.

Exodus 35:3 KJV - Ye shall kindle no fire throughout your habitations upon the sabbath day.

SERIOUSLY, HOW MANY TIMES DOES YEHOVAH HAVE TO SAY IT FOR US TO UNDERSTAND THAT THE SABBATH DAY IS THE SEVENTH DAY AND IT IS VERY IMPORTANT THAT WE HONOR HIM BY KEEPING IT AS A HOLY DAY???

NOTE ON THE FOLLOWING SCRIPTURES: MOST SCHOLARS BELIEVE THIS WILL TAKE PLACE DURING THE MILLENIUM KINGDOM OF HEAVEN ON EARTH AS THE MESSIAH (THE PRINCE) RULES FROM JERUSALEM.

Eze 46:1 KJV - Thus saith the Lord GOD; The gate of the inner court that looketh toward the east shall be shut the six working days; BUT ON THE SABBATH IT SHALL BE OPENED, and in the day of the new moon it shall be opened.

Eze 46:2 KJV - And the prince shall enter by the way of the porch of [that] gate without, and shall stand by the post of the gate, and the priests shall prepare his burnt offering and his peace offerings, and he shall worship at the threshold of the gate: then he shall go forth; but the gate shall not be shut until the evening.

Eze 46:3 KJV - Likewise the people of the land shall worship at the door of this gate before the LORD in the sabbaths and in the new moons.

Eze 46:4 KJV - And the burnt offering that the prince shall offer unto the LORD in the sabbath day [shall be] six lambs without blemish, and a ram without blemish.

Eze 46:5 KJV - And the meat offering [shall be] an ephah for a ram, and the meat offering for the lambs as he shall be able to give, and an hin of oil to an ephah.

[Ezekiel 44:15, 23-24 KJV] "15 But **the priests the Levites, the sons of Zadok**, that kept the charge of my sanctuary when the children of Israel went astray from me, they shall come near to me to minister unto me, and they shall stand before me to offer unto me the fat and the blood, saith the Lord GOD: ...

23 And they shall teach my people [the difference] between the holy and profane, and cause them to discern between the unclean and the clean. 24 And in controversy they shall stand in judgment; [and] they shall judge it according to my judgments: ("BMISHPATAY") and they shall keep my laws ("TORATAY") and my statutes ("CHUKOTAY") in all mine assemblies; **AND THEY SHALL HALLOW (MAKE HOLY) MY SABBATHS."**

NOTE ON SCRIPTURE BELOW: THIS IS SPECIFICALLY WRITTEN TO THE GENTILES (AND EUNUCHS) THAT HAVE JOINED THEMSELVES TO YEHOVAH. YESHUA ACTUALLY QUOTES ISAIAH 56:8. THE NEW COVENANT SEALED IN THE BLOOD OF YESHUA JOINS US TO YEHOVAH!

Isaiah 56:1 KJV - Thus saith the LORD, Keep ye judgment, and do justice: for my salvation [is] near to come, and my righteousness to be revealed.

Isaiah 56:2 KJV - Blessed [is] the man [that] doeth this, and the son of man [that] layeth hold on it; THAT KEEPETH THE SABBATH FROM POLLUTING IT, and keepeth his hand from doing any evil.

Isaiah 56:3 KJV - **NEITHER LET THE SON OF THE STRANGER, THAT HATH JOINED HIMSELF TO THE LORD, SPEAK, SAYING, THE LORD HATH UTTERLY SEPARATED ME FROM HIS PEOPLE: neither let the eunuch say, Behold, I [am] a dry tree.**

Isaiah 56:4 KJV - For thus saith the LORD unto the eunuchs that **keep my sabbaths, and choose [the things] that please me, and take hold of my covenant;**

Isaiah 56:5 KJV - Even unto them will I give in mine house and within my walls a place and a name better than of sons and of daughters: I will give them an everlasting name, that shall not be cut off.

Isaiah 56:6 KJV - ALSO THE SONS OF THE STRANGER, THAT JOIN THEMSELVES TO THE LORD, TO SERVE HIM, AND TO LOVE THE NAME OF THE LORD (YEHOVAH), TO BE HIS SERVANTS, EVERY ONE THAT KEEPETH THE SABBATH FROM POLLUTING IT, AND TAKETH HOLD OF MY COVENANT;

Isaiah 56:7 KJV - EVEN THEM WILL I BRING TO MY HOLY MOUNTAIN, and make them joyful in my house of prayer: their burnt offerings and their sacrifices [shall be] accepted upon mine altar; FOR MINE HOUSE SHALL BE CALLED AN HOUSE OF PRAYER FOR ALL PEOPLE.

Isaiah 56:8 KJV - The Lord GOD which gathereth the outcasts of Israel saith, Yet will I gather [others] to him, beside those that are gathered unto him.

Isaiah 58:1 KJV - Cry aloud, spare not, lift up thy voice like a trumpet, and shew my people their transgression, and the house of Jacob their sins.

Isaiah 58:2 KJV - Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their God: they ask of me the ordinances of justice; they take delight in approaching to God.

Isaiah 58:3 KJV - Wherefore have we fasted, [say they], and thou seest not? [wherefore] have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours.

Isaiah 58:4 KJV - Behold, ye fast for strife and debate, and to smite with the fist of wickedness: ye shall not fast as [ye do this] day, to make your voice to be heard on high.

Isaiah 58:5 KJV - Is it such a fast that I have chosen? a day for a man to afflict his soul? [is it] to bow down his head as a bulrush, and to spread sackcloth and ashes [under him]? wilt thou call this a fast, and an acceptable day to the LORD?

Isaiah 58:6 KJV - [Is] not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?

Isaiah 58:7 KJV - [Is it] not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?

Isaiah 58:8 KJV - Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy rereward.

Isaiah 58:9 KJV - Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I [am]. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity (FALSEHOOD);

Isaiah 58:10 KJV - And [if] thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness [be] as the noonday:

Isaiah 58:11 KJV - And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

Isaiah 58:12 KJV - And [they that shall be] of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.

Isaiah 58:13 KJV - IF THOU TURN AWAY THY FOOT FROM THE SABBATH, [from] doing thy pleasure ON MY HOLY DAY; and CALL THE SABBATH A DELIGHT, THE HOLY OF THE LORD, HONOURABLE; AND SHALT HONOUR HIM, not doing thine own ways, nor finding thine own pleasure, nor speaking [thine own] words:

(NOTE: I personally think this means that, on the Sabbath, we are not to work because we “just feel like it,” or thinking we “have to” to make enough money to live. I personally don’t think this means we cannot do pleasurable things on Shabbat, since we are to call it a delight! I also personally think “nor speaking words” could refer to not making business deals.)

Isaiah 58:14 KJV - THEN SHALT THOU DELIGHT THYSELF IN THE LORD; AND I WILL CAUSE THEE TO RIDE UPON THE HIGH PLACES OF THE EARTH, AND FEED THEE WITH THE HERITAGE OF JACOB THY FATHER: FOR THE MOUTH OF THE LORD HATH SPOKEN [IT].

NOTE: This is an OATH FROM YEHOVAH – “FOR THE MOUTH OF THE LORD HATH SPOKEN” - for those who will do these things... including honoring the Seventh Day Sabbath!

NOTE ON THE AMOS, NEHEMIAH, AND JEREMIAH SCRIPTURES BELOW: THESE SHOW THAT BUYING AND SELLING ON THE SABBATH (EXCEPT IN AN EMERGENCY, ESPECIALLY TO PRESERVE LIFE, I THINK) IS NOT TO BE DONE.

Amo 8:4 KJV - Hear this, O ye that swallow up the needy, even to make the poor of the land to fail,

Amo 8:5 KJV - Saying, When will the new moon be gone, that we may sell corn? and the sabbath, that we may set forth wheat, making the ephah small, and the shekel great, and falsifying the balances by deceit?

Amo 8:6 KJV - That we may buy the poor for silver, and the needy for a pair of shoes; [yea], and sell the refuse of the wheat?

Amo 8:7 KJV - The LORD hath sworn by the excellency of Jacob, Surely I will never forget any of their works.

(The above passage is dealing mainly with deceit to the poor, but it still shows that buying and selling on the Sabbath or the New Moon was not to be done).

Nehemiah 10:31 KJV - And [if] the people of the land bring ware or any victuals ON THE SABBATH DAY to sell, [that] we would not buy it of them ON THE SABBATH, OR ON THE HOLY DAY: and [that] we would leave the seventh year, and the exaction of every debt.

(NOTE: If the Sabbath really were changed to the first day of the week instead of the seventh, would the Seventh Year Sabbath of the Land and the Seventh Year cancellation of debts have changed too??)

Neh 13:15 KJV - In those days saw I in Judah [some] treading wine presses **ON THE SABBATH**, and bringing in sheaves, and lading asses; as also wine, grapes, and figs, and all [manner of] burdens, which they brought into Jerusalem **ON THE SABBATH DAY**: and I testified [against them] in the day wherein they sold victuals.

Neh 13:16 KJV - There dwelt men of Tyre also therein, which brought fish, and all manner of ware, and sold **ON THE SABBATH** unto the children of Judah, and in Jerusalem.

Neh 13:17 KJV - Then I contended with the nobles of Judah, and said unto them, What evil thing [is] this that ye do, and **PROFANE THE SABBATH DAY?**

Neh 13:18 KJV - Did not your fathers thus, and did not our God bring all this evil upon us, and upon this city? yet ye bring more wrath upon Israel by **PROFANING THE SABBATH**.

Neh 13:19 KJV - And it came to pass, that when the gates of Jerusalem began to be DARK BEFORE THE SABBATH, I commanded that the gates should be shut, and charged that they should not be opened till AFTER THE SABBATH: and [some] of my servants set I at the gates, [that] THERE SHOULD NO BURDEN BE BROUGHT IN ON THE SABBATH DAY.

Neh 13:20 KJV - So the merchants and sellers of all kind of ware lodged without Jerusalem once or twice.

Neh 13:21 KJV - Then I testified against them, and said unto them, Why lodge ye about the wall? if ye do [so] again, I will lay hands on you. **From that time forth came they no [more] ON THE SABBATH.**

Neh 13:22 KJV - **And I commanded the Levites that they should cleanse themselves, and [that] they should come [and] KEEP THE GATES, TO SANCTIFY THE SABBATH DAY. Remember me, O my God, [concerning] this also, and spare me according to the greatness of thy mercy.**

Jer 17:19 KJV - Thus said the LORD unto me; Go and stand in the gate of the children of the people, whereby the kings of Judah come in, and by the which they go out, and in all the gates of Jerusalem;

Jer 17:20 KJV - And say unto them, Hear ye the word of the LORD, ye kings of Judah, and all Judah, and all the inhabitants of Jerusalem, that enter in by these gates:

Jer 17:21 KJV - Thus saith the LORD; Take heed to yourselves, and bear no burden ON THE SABBATH DAY, nor bring [it] in by the gates of Jerusalem;

*****Jer 17:22 KJV - Neither carry forth a burden out of your houses ON THE SABBATH DAY, neither do ye any work, BUT HALLOW YE THE SABBATH DAY, AS I COMMANDED YOUR FATHERS.**

Jer 17:23 KJV - BUT THEY OBEYED NOT, NEITHER INCLINED THEIR EAR, BUT MADE THEIR NECK STIFF, THAT THEY MIGHT NOT HEAR, NOR RECEIVE INSTRUCTION.

Jer 17:24 KJV - And it shall come to pass, if ye diligently hearken unto me, saith the LORD, to bring in no burden through the gates of this city on the sabbath day, **BUT HALLOW THE SABBATH DAY, TO DO NO WORK THEREIN;**

Jer 17:25 KJV - Then shall there enter into the gates of this city kings and princes sitting upon the throne of David, riding in chariots and on horses, they, and their princes, the men of Judah, and the inhabitants of Jerusalem: and this city shall remain for ever.

Jer 17:26 KJV - And they shall come from the cities of Judah, and from the places about Jerusalem, and from the land of Benjamin, and from the plain, and from the mountains, and from the south, bringing burnt offerings, and sacrifices, and meat offerings, and incense, and bringing sacrifices of praise, unto the house of the LORD.

Jer 17:27 KJV - But IF YE WILL NOT HEARKEN UNTO ME TO HALLOW THE SABBATH DAY, AND NOT TO BEAR A BURDEN, even entering in at the gates of Jerusalem on the sabbath day; THEN WILL I KINDLE A FIRE IN THE GATES THEREOF, AND IT SHALL DEVOUR THE PALACES OF JERUSALEM, AND IT SHALL NOT BE QUENCHED.

(Jerusalem WAS burnt by the Babylonians because Israel WOULD NOT OBEY THIS and every other warning Yehovah Elohim gave them, SENDING ALL HIS PROPHETS TO PLEAD WITH THEM TO TURN BACK TO THE TORAH, SO HE WOULDN'T HAVE TO PUNISH THEM...)

Eze 20:1 KJV - And it came to pass in the seventh year, in the fifth [month], the tenth [day] of the month, [that] certain of the elders of Israel came to enquire of the LORD, and sat before me.

Eze 20:2 KJV - Then came the word of the LORD unto me, saying,

Eze 20:3 KJV - Son of man, speak unto the elders of Israel, and say unto them, Thus saith the Lord GOD; Are ye come to enquire of me? [As] I live, saith the Lord GOD, I will not be enquired of by you.

Eze 20:4 KJV - Wilt thou judge them, son of man, wilt thou judge [them]? cause them to know the abominations of their fathers:

Eze 20:5 KJV - And say unto them, Thus saith the Lord GOD; In the day when I chose Israel, and lifted up mine hand unto the seed of the house of Jacob, and made myself known unto them in the land of Egypt, when I lifted up mine hand unto them, saying, I [am] the LORD your God;

Eze 20:6 KJV - In the day [that] I lifted up mine hand unto them, to bring them forth of the land of Egypt into a land that I had espied for them, flowing with milk and honey, which [is] the glory of all lands:

Eze 20:7 KJV - Then said I unto them, Cast ye away every man the abominations of his eyes, and defile not yourselves with the idols of Egypt: I [am] the LORD your God.

Eze 20:8 KJV - But they rebelled against me, and would not hearken unto me: they did not every man cast away the abominations of their eyes, neither did they forsake the idols of Egypt: then I said, I will pour out my fury upon them, to accomplish my anger against them in the midst of the land of Egypt.

Eze 20:9 KJV - But I wrought for my name's sake, that it should not be polluted before the heathen, among whom they [were], in whose sight I made myself known unto them, in bringing them forth out of the land of Egypt.

Eze 20:10 KJV - Wherefore I caused them to go forth out of the land of Egypt, and brought them into the wilderness.

Eze 20:11 KJV - And I gave them my statutes (, and shewed them my judgments, which [if] a man do, he shall even live in them.

***Eze 20:12 KJV - Moreover also I gave them MY SABBATHS, to be a sign between me and them, that they might know that I [am] the LORD that sanctify them.

***Eze 20:13 KJV - But the house of Israel rebelled against me in the wilderness: they walked not in my statutes, and they despised my judgments, which [if] a man do, he shall even live in them; and MY SABBATHS THEY GREATLY POLLUTED: then I said, I would pour out my fury upon them in the wilderness, to consume them.

Eze 20:14 KJV - But I wrought for my name's sake, that it should not be polluted before the heathen, in whose sight I brought them out.

Eze 20:15 KJV - Yet also I lifted up my hand unto them in the wilderness, that I would not bring them into the land which I had given [them], flowing with milk and honey, which [is] the glory of all lands;

Eze 20:16 KJV - Because they despised my judgments, and walked not in my statutes, BUT POLLUTED MY SABBATHS: for their heart went after their idols.

Eze 20:17 KJV - Nevertheless mine eye spared them from destroying them, neither did I make an end of them in the wilderness.

Eze 20:18 KJV - But I said unto their children in the wilderness, Walk ye not in the statutes of your fathers, neither observe their judgments, nor defile yourselves with their idols:

Eze 20:19 KJV - **I [am] the LORD your God; walk in my statutes, and keep my judgments, and do them;**

Eze 20:20 KJV - And **HALLOW MY SABBATHS; and they shall be a sign between me and you, that ye may know that I [am] the LORD your God.**

Eze 20:21 KJV - Notwithstanding the children rebelled against me: they walked not in my statutes, neither kept my judgments to do them, which [if] a man do, he shall even live in them; **THEY POLLUTED MY SABBATHS:** then I said, I would pour out my fury upon them, to accomplish my anger against them in the wilderness.

Eze 20:22 KJV - Nevertheless I withdrew mine hand, and wrought for my name's sake, that it should not be polluted in the sight of the heathen, in whose sight I brought them forth.

Eze 20:23 KJV - I lifted up mine hand unto them also in the wilderness, that I would scatter them among the heathen, and disperse them through the countries;

Eze 20:24 KJV - Because they had not executed my judgments, but had despised my statutes, and had **POLLUTED MY SABBATHS,** and their eyes were after their fathers' idols.

Eze 20:25 KJV - Wherefore I gave them also statutes [that were] not good, and judgments whereby they should not live;

Eze 20:26 KJV - And I polluted them in their own gifts, in that they caused to pass through [the fire] all that openeth the womb, that I might make them desolate, to the end that they might know that I [am] the LORD.

Eze 20:27 KJV - Therefore, son of man, speak unto the house of Israel, and say unto them, Thus saith the Lord GOD; Yet in this your fathers have blasphemed me, in that they have committed a trespass against me.

Eze 20:28 KJV - [For] when I had brought them into the land, [for] the which I lifted up mine hand to give it to them, then they saw every high hill, and all the thick trees, and they offered there their sacrifices, and there they presented the provocation of their offering: there also they made their sweet savour, and poured out there their drink offerings.

Eze 20:29 KJV - Then I said unto them, What [is] the high place whereunto ye go? And the name thereof is called Bamah unto this day.

Eze 20:30 KJV - Wherefore say unto the house of Israel, Thus saith the Lord GOD; Are ye polluted after the manner of your fathers? and commit ye whoredom after their abominations?

Eze 20:31 KJV - For when ye offer your gifts, when ye make your sons to pass through the fire, ye pollute yourselves with all your idols, even unto this day: and shall I be enquired of by you, O house of Israel? [As] I live, saith the Lord GOD, I will not be enquired of by you.

Eze 20:32 KJV - And that which cometh into your mind shall not be at all, that ye say, We will be as the heathen, as the families of the countries, to serve wood and stone.

Eze 20:33 KJV - [As] I live, saith the Lord GOD, surely with a mighty hand, and with a stretched out arm, and with fury poured out, will I rule over you:

Eze 20:34 KJV - And I will bring you out from the people, and will gather you out of the countries wherein ye are scattered, with a mighty hand, and with a stretched out arm, and with fury poured out.

Eze 20:35 KJV - And I will bring you into the wilderness of the people, and there will I plead with you face to face.

Eze 20:36 KJV - Like as I pleaded with your fathers in the wilderness of the land of Egypt, so will I plead with you, saith the Lord GOD.

Eze 20:37 KJV - And I will cause you to pass under the rod, and I will bring you into the bond of the covenant:

Eze 20:38 KJV - And I will purge out from among you the rebels, and them that transgress against me: I will bring them forth out of the country where they sojourn, and (“BUT” is a better translation of the “VAV” as the JPS version translates) they shall not enter into the land of Israel: and ye shall know that I [am] the LORD (YEHOVAH).

Eze 20:39 KJV - As for you, O house of Israel, thus saith the Lord GOD; Go ye, serve ye every one his idols, and hereafter [also], if ye will not hearken unto me: but pollute ye my holy name no more with your gifts, and with your idols.

Eze 20:40 KJV - For in mine holy mountain, in the mountain of the height of Israel, saith the Lord GOD, there shall all the house of Israel, all of them in the land, serve me: there will I accept them, and there will I require your offerings, and the firstfruits of your oblations, with all your holy things.

Eze 20:41 KJV - I will accept you with your sweet savour, when I bring you out from the people, and gather you out of the countries wherein ye have been scattered; and I will be sanctified in you before the heathen.

Eze 20:42 KJV - And ye shall know that I [am] the LORD, when I shall bring you into the land of Israel, into the country [for] the which I lifted up mine hand to give it to your fathers.

Eze 20:43 KJV - And there shall ye remember your ways, and all your doings, wherein ye have been defiled; and ye shall lothe yourselves in your own sight for all your evils that ye have committed.

Eze 20:44 KJV - And ye shall know that I [am] the LORD, when I have wrought with you for my name's sake, not according to your wicked ways, nor according to your corrupt doings, O ye house of Israel, saith the Lord GOD.

NOTE ON ISAIAH 66 SCRIPTURE BELOW: EVEN AS THE SEVENTH DAY WAS BLESSED AND MADE HOLY AT CREATION (ALTHOUGH NO COMMANDMENT TO CEASE WORK ON THAT DAY WAS GIVEN UNTIL EXODUS 16!), SO IT WILL CONTINUE AS A HOLY DAY OF WORSHIP TO YEHOVAH IN THE MESSIANIC KINGOM !!!

THE SEVENTH DAY IS OBVIOUSLY EXTREMELY IMPORTANT TO OUR FATHER, YEHOVAH ELOHIM!!!

Isaiah 66:15 KJV - For, behold, the LORD will come with fire, and with his chariots like a whirlwind, to render his anger with fury, and his rebuke with flames of fire.

Isaiah 66:16 KJV - For by fire and by his sword will the LORD plead with all flesh: and the slain of the LORD shall be many.

Isaiah 66:17 KJV - They that sanctify themselves, and purify themselves in the gardens behind one [tree] in the midst, eating swine's flesh, and the abomination, and the mouse, shall be consumed together, saith the LORD.

Isaiah 66:18 KJV - For I [know] their works and their thoughts: it shall come, that I will gather all nations and tongues; and they shall come, and see my glory.

Isaiah 66:19 KJV - And I will set a sign among them, and I will send those that escape of them unto the nations, [to] Tarshish, Pul, and Lud, that draw the bow, [to] Tubal, and Javan, [to] the isles afar off, that have not heard my fame, neither have seen my glory; and they shall declare my glory among the Gentiles.

Isaiah 66:20 KJV - And they shall bring all your brethren [for] an offering unto the LORD out of all nations upon horses, and in chariots, and in litters, and upon mules, and upon swift beasts, to my holy mountain

Jerusalem, saith the LORD, as the children of Israel bring an offering in a clean vessel into the house of the LORD.

Isaiah 66:21 KJV - And I will also take of them for priests [and] for Levites, saith the LORD.

Isaiah 66:22 KJV - For as the new heavens and the new earth, which I will make, shall remain before me, saith the LORD, so shall your seed and your name remain.

Isaiah 66:23 KJV - And it shall come to pass, [that] from one new moon to another, and FROM ONE SABBATH TO ANOTHER, SHALL ALL FLESH COME TO WORSHIP BEFORE ME, SAITH THE LORD.

Isaiah 66:24 KJV - And they shall go forth, and look upon the carcasses of the men that have transgressed against me: for their worm shall not die, neither shall their fire be quenched; and they shall be an abhorring unto all flesh.

IN MY OPINION, THESE SCRIPTURES FROM THE TORAH AND THE PROPHETS ARE CONCLUSIVE THAT THE SEVENTH DAY OF THE WEEK IS BLESSED AND HOLY. IT IS THE TRUE SABBATH AS COMMANDED BY YEHOVAH ELOHIM. HE COMMANDED IT, AT LEAST PARTIALLY, SO THAT HIS PEOPLE ISRAEL WOULD CONFIRM TO THE WORLD THAT HE IS THE ONLY TRUE GOD WHO CREATED THE HEAVENS AND THE EARTH IN THE FIRST SIX LITERAL DAYS. AS WELL AS BEING A SIGN OF THE COVENANT BETWEEN YEHOVAH AND HIS PEOPLE, EVEN THE STRANGERS JOINED TO HIM BY COVENANT, THE SABBATH IS A GIFT TO HIS PEOPLE TO CEASE FROM WORK, JUST AS HE DID, TO REST AND BE REFRESHED! WE ARE TO CALL IT A TRUE DELIGHT! IT WILL BE KEPT ALL THE WAY THROUGH THE MESSIANIC KINGDOM AS A DAY OF WORSHIP TO YEHOVAH ELOHIM TOO!

HOW IT CHANGED THROUGH THE LAST TWO MILLENNIA IS A STORY IN ITSELF!

(I deal with it to some extent in my book *HOW TO AVOID THE LAKE OF FIRE*, pp. 73-78, 185, and Appendix III, which is available on Amazon for a nominal price. See Recommended Reading section.)

But, to reiterate, here are a few questions to ponder even before you research that...

DOES ANYONE REALLY BELIEVE THAT ANY HUMAN BEING, OR ANY HUMAN ENTITY, EVEN A "CHURCH," OR A "CHURCH COUNCIL," HAD THE AUTHORITY TO CHANGE THE SABBATH COMMANDMENT OF YEHOVAH ELOHIM, THE CREATOR?

(Clue: The Roman Catholic Church boasts that they had the authority to change the Sabbath to the first day of the week. They even recognize that the First Day Sabbath is nowhere in the Bible, only the Seventh Day Sabbath, but assert that they had the authority to change it. The Roman Emperor Constantine declared Constantine's Christian Creed that changed the Sabbath to the New Roman Sabbath, and then The Council of Laodicea in 365 A.D. made it official and illegal to keep the true Seventh Day Sabbath. The change started much, much earlier in the

first century according to the Church Father Ignatius in the Epistle to the Magnesians...and it makes one wonder who really started such an idea...)

DID YEHOVAH GIVE THAT AUTHORITY TO ANYONE AND WHEN???

DID YEHOSHUA, (JESUS), THE SON OF YEHOVAH ELOHIM, EVER CHANGE THE SABBATH OR GIVE ANYONE THE AUTHORITY TO DO SO???

WHICH OTHER OF YEHOVAH'S TEN COMMANDMENTS DO WE BELIEVE HAVE CHANGED OR ARE NO LONGER IMPORTANT TO HIM???

(Clue: The Roman Catholic Church also abolished the 2nd commandment to not bow down to graven images, and divided the 10th commandment not to covet, so that there would still be TEN. See Chapter 10 of my book *How to Avoid the Lake of Fire*, as well as Appendix I - Authority in the Church, particularly pp. 183-185.)

Unfortunately, the Protestant Reformation kept many of the Roman Catholic Church's changes of Yehovah's Laws, including the change to the First Day Sabbath.

I warn everyone to seriously consider the consequences of changing or disregarding as unimportant any of Yehovah Elohim's Laws, even the Seventh Day Sabbath...

SOURCES:

Gesenius's Hebrew and Chaldee Lexicon. *Blue Letter Bible*. Web.(<<https://www.blueletterbible.org>>)

KING JAMES VERSION OF THE HOLY BIBLE [KJV]. N.p.:n.p., Authorized1611. *Blue Letter Bible*. Web.(<<https://www.blueletterbible.org/kjv>>)

RECOMMENDED READING:

Lyle, Joy Collins. *How to Avoid the Lake of Fire: A Study of Mankind's Obligations to Believe in Yeshua Ha Maschiach (Jesus) and To Keep the Written Torah of Yehovah Elohim*. Columbia: Martina Publishing, Inc. 2016.

For more information, read my book *The Holy Arm of יהוה (The Lord)* available for free on www.TheHolyArmOfTheLord.com. Chapter 17 and 18 deal with the faith of the true first believers in Yehoshua, the Nazarenes, who continued to keep the true Seventh Day Sabbath, as well as the other Written Torah Commandments.