

**ALL OUR BAGELS ARE ROLLED, BOILED AND BAKED BY HAND!**

**BAGELS BY...**

We Give a Shapiro Dozen Which is 14 Bagels

15.00 dz • 8.00 ½ dz • 1.50 ea  
Flagels (Weekend Only) 2.00

Sesame • Poppy • Everything

**WHO LET THE DOGS OUT! 4.95  
BAGEL DOGS**

All-beef hot dog rolled in our bagel dough

**SCHMEARS**

Bagel w/Cream Cheese 3.50, w/Specialty Cream Cheese 4.75

**CREAM CHEESE**

Plain • Scallion/Chive • Vegetable • Lox • Sun-Dried Tomato  
Maple Raisin Pecan • Honey Almond • Strawberry

Plain: 8 oz/4.00, 16 oz/7.00 • Specialty: 8 oz/5.95, 16 oz/9.50

**SPREADS**

Bagel w/Butter 3.00

Jelly (Grape, Strawberry) 3.00  
Hummus 4.00

Peanut Butter/Nutella 3.00  
Avocado Spread 4.00

**SMOKED FISH**

Nova Lox 42.00 lb • Whitefish Salad 17.95 lb

**THE BAKERY CASE**

Baked Fresh Daily!

**MUFFINS**

15.00 ½ dz or 2.95 ea

Chocolate Chip • Blueberry • Orange Cranberry • Apple Cinnamon

**RUGELACH**

17.95 lb or 1.50 ea  
Chocolate • Raspberry • Apricot

**GOURMET BUTTER COOKIES**

17.95 lb or 1.50 ea

Raspberry Fingers w/Sprinkles • Chocolate Fingers w/Choc Sprinkles  
Rainbow Cookies • Lace • Honey Boys • Mini Linzer • Red & Green Leaf

CHOCOLATE BABKA 16.00 • NY COFFEE CRUMB CAKE 3.75  
BLACK & WHITE COOKIE 4.75

**SPECIALTY ITEMS**

**FRENCH TOAST 9.95**

Challah bread dredged in homemade egg mixture & grilled to perfection. Served w/powdered sugar  
add bacon or sausage 4.00

**WAFFLE 8.95**

Belgian waffle served w/powdered sugar & topped w/fresh strawberries  
add bacon or sausage 4.00

**BREAKFAST BAGELS**

(Please order by number)

**1. THE CLASSIC-BEC 6.50**

(Bagel egg and cheese) Choose your cheese: American, Swiss, Cheddar, Havarti or Provolone  
add bacon 2.00, add sausage 2.00, add ham 2.00, add latke 2.00,  
add avocado 2.00, add egg 1.00 ea

**2. JERSEY BOY 8.50**

Taylor pork roll, egg & cheese on your choice or bagel

**3. BROOKLYN BOY 13.95**

Two eggs, corned beef or pastrami, potato latke, sauteed onions & Swiss on a poppy bagel

**4. UNCLE LEO 11.95**

Nova lox, scrambled eggs w/caramelized onions on a poppy bagel

**5. IT'S ALL GREEK TO ME! 11.95**

Eggs, spinach, sliced tomatoes & Feta cheese on a sesame bagel

**6. MEX-I-CAN 12.95**

Fried egg, avocado, tomato, jalapeños, Pepper Jack, latke & chipotle mayo on a jalapeño bagel

**7. THE LEXINGTON 11.95**

Egg whites, Swiss & spinach on your choice of bagel

**8. THE HEALTH NUT 11.95**

Three egg whites, mushrooms, green & red peppers, spinach & tomatoes on whole wheat bagel

**WRAP IT UP! 6.95**

Breakfast Wraps  
Choice of any two items:  
egg, cheese, potato, bacon or sausage.  
additional items .75 ea

**AVOCADO TOAST 11.95**

Crushed avocado, diced tomatoes, lemon, ET spice, salt & pepper on bagel bread  
add fried egg 1.00 ea, add nova 4.00

**EGGS-TRAVAGANZAS**

All egg plates served w/hash browns & your choice of bagel or bread w/butter or cream cheese

**TWO EGGS (ANY STYLE) 9.95**

add cheese 1.00, add bacon, ham or sausage 4.00, add egg 1.00 ea

**OMELETTES**

All omelettes are made with three eggs & served w/hash browns. Your choice of bagel or bread w/butter or cream cheese. Egg whites upon request.

**SPINACH FLORENTINE 13.95**

Spinach, mushrooms, onions, tomatoes w/provolone cheese

**LOX, EGGS & ONIONS 15.95**

Smoked salmon scrambled w/caramelized onions

**HAM & CHEESE 13.95**

Diced ham with your choice of cheese (American, Swiss, Provolone, Havarti or Cheddar)

**VEGGIE 12.95**

Assorted peppers, mushrooms, tomatoes, & onions

**CHEESE 12.95**

Choice of American, Swiss, Provolone, Cheddar, Havarti or Feta

**WESTERN 13.95**

Diced ham, green pepper & onions

**MUSHROOM 12.95**

Sauteed seasoned mushrooms

**SMOKED BAGELWICHES**

(Please order by number)

- 9. LOX & A SCHMEAR 13.95**  
Nova Scotia smoked salmon, lettuce, tomato, cucumber red onion, cream cheese & capers on your choice of bagel
- 10. UP IN SMOKE 13.95**  
Smoked whitefish salad, lettuce, tomato & red onion on a poppy bagel or your choice of bagel
- 11. NOVA ON A SUNDAY 15.95**  
Nova, whitefish salad, scallion cream cheese, capers, lettuce & tomato on a onion bagel
- 12. MEXICATESSEN 13.95**  
Smoked salmon, scallion cream cheese, jalapeño, tomato, cucumber & avocado on a jalapeño bagel

**DELI BAGEL SANDWICHES 15.95**

(Please order by number)

All sandwiches come w/choice of cole slaw or potato salad & pickle

- 13. THE ALL TIME CHOMP**  
K&Z Corned beef w/mustard & coleslaw on marble rye bagel
- 14. THE MAVEN**  
K&Z Pastrami, Swiss, Russian dressing & coleslaw on rye bagel
- 15. BARNUM & BAGEL**  
Corn beef & pastrami, Swiss, Russian dressing & coleslaw on poppy bagel
- 16. BEEF OF BURDEN**  
Turkey & roast beef, Swiss, lettuce, tomato, & Russian dressing on pumpernickel bagel
- 17. REUBENESQUE**  
Corned beef w/Swiss, sauerkraut, & Russian dressing on grilled marble rye bagel
- 18. RACHEL**  
Turkey pastrami w/Swiss, coleslaw & Russian dressing on grilled pumpernickel bagel
- 19. BREAST INTENTIONS**  
Grilled chicken breast, pesto, sundried tomatoes, melted Provolone on sesame bagel
- 20. BEEFEATER**  
Roast beef, Swiss, lettuce, tomato, horseradish sauce on everything bagel
- 21. CHEESESTEAK**  
Our Philly: grilled prime beef, caramelized onions, peppers, w/Provolone cheese on your choice of bread
- 22. JOIN THE CLUB**  
Turkey, honey cured ham, bacon, Swiss, lettuce, tomato, & mayo on egg bagel
- 23. A BIRD TO THE WISE**  
Roasted turkey, black label bacon, Pepper Jack, avocado & chipotle mayo on poppyseed bagel
- 24. POULTRY-GEIST**  
Grilled herb chicken, bacon, homemade pesto, avocado, lettuce & Provolone cheese on everything bagel
- 25. THE BIRDS OF CAPISTRAMI**  
Turkey pastrami, Provolone, honey mustard, & lettuce on pumpernickel bagel
- 26. CLUSTER PLUCK**  
Turkey, grilled salami, cole slaw, Swiss & Russian dressing on your choice of bagel

## THE STANDBYS

### PBJ & B3.75

Peanut butter, grape jelly on cinnamon raisin bagel

### GRILLED CHEESE BAGEL 6.95

Choose your cheese

add tomatoes 1.00, add bacon 2.00, add avocado 2.00, add deli meat 2.00

### BLT CHICKEN SALAD 13.95

Chicken salad, bacon, lettuce, tomato & mayo on everything bagel

### BRING HOME THE BACON (BLT) 13.95

Bacon, lettuce, tomato & mayo on a bagel of your choice. add avocado 2.00

### T-U-N-A MELT 13.95

White meat albacore tuna salad & Swiss on your choice of bread add tomato 1.00

## SENSATIONAL SALADS

### TRI SALAD PLATE 13.95

Chicken, tuna & egg salad. served on a bed of greens w/tomatoes, onions & cucumber  
sub. whitefish salad add 2.00

### GREEK SALAD 9.95

Romaine lettuce w/feta, tomatoes, olives, red onions & cucumbers. Served w/side of vinaigrette  
add grilled chicken 4.00

### CAESAR SALAD 9.95

Romaine lettuce & croutons tossed w/our own caesar dressing topped w/aged parmesan cheese  
add grilled chicken 4.00

### CHEF SALAD 13.95

Pinwheels of roast beef, salami, turkey w/Swiss, crisp greens, tomatoes, onions, cucumbers, carrots, hard boiled egg & olives. Dressing...you tell us!

## SMOKED FISH PLATES 15.95

All platters come with lettuce, tomato, cucumber, red onion, lemon, olives, cream cheese & your choice of bagel

Choose one

• NOVA • WHITE FISH SALAD •

## COFFEE/TEA

Regular, decaf & flavored varieties

Regular 12oz 2.09 • Large 16oz 2.49 • Hot Tea 1.75

## KENNY & ZIGGY'S

### SPECIALTIES

All specialties are individually frozen & easy to heat up at home

Blintzes 2.95 ea - 15.00 1/2 dz

Mini Potato Pancakes 9.00(6)

Stuffed Cabbage 13.95 ea

Chopped Liver 8 oz. 9.00 ea

### SOUPS 6.00/PT • 11.95/QT

Matzo Ball • Kreplach • Mushroom Barley  
Vegetable • Split Pea

### K&Z DELI

Sliced fresh to order

Corned Beef 19.95/lb

Pastrami 21.95/lb

## BY THE lb ( POUND )

### MEATS

AROASTICA CHICKEN	12.95/LB
HONEY MAPLE HAM	12.95/LB
BEECHWOOD SMOKED HAM	12.95/LB
OVEN ROASTED TURKEY	13.95/LB
SMOKED BBQ TURKEY	13.95/LB
ROAST BEEF	15.95/LB
HEBREW NATIONAL SALAMI	14.95/LB

### CHEESE

AMERICAN	9.99/LB
CHEDDAR	9.99/LB
PEPPER JACK	9.99/LB
PROVOLONE	9.99/LB
SWISS	9.99/LB

### SALADS

COLE SLAW	6.95/LB
EGG SALAD	10.95/LB
FRUIT SALAD	6.95/LB
POTATO SALAD	6.95/LB
SOLID WHITE ALBACORE TUNA	14.95/LB
WHITE MEAT CHICKEN SALAD	14.95/LB



CATERING FOR ALL  
OCCASIONS

HOME

MEETINGS

CONFERENCE

COMPANY PARTIES

SPECIAL EVENTS

4670 Highway 6 S,  
Sugar Land, Texas 77478  
281-24 Bagel (242-2435)

[www.bagelexpresssugarland.com](http://www.bagelexpresssugarland.com)