



# Cate Locke

2. Tell us what you value, stand for, and/or are passionate about. am passionate about going out of your comfort zone! Whether it is a great experience or not, you will never regret it as you will always come out of it a better person than you were before. I believe we are all capable of much more than we realize!!

3. Which three qualities do you look for in a friend and which three qualities would your friends list to

## describe you?

In a friend, I look for someone who is well rounded, intentional, and will push me to be my best self. I believe my friends would describe me as genuine, fun, and hard working!





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### **1. WHAT ARE YOU LOOKING TO GAIN FROM YOUR COLLEGE EXPERIENCE AT TCU?**

For my college experience at TCU I hope to gain a sense of belonging, long lasting friendships and new opportunities. I want to find my friends that will be there for me through all ups and downs. I also want to take every opportunity I'm given so that I can grow personally, academically and socially.



### **ES DO YOU LOOK FOR IN A FRIEND QUALITIES WOULD YOUR FRIENDS DESCRIBE YOU**

In a friend I look to see if they are trustworthy, supportive and if we can get along well. My friends would describe me as dependable, honest and easy to get along with!









#### What are you looking to gain from your experience at TCU and in a Panhellenic sorority?

There is so much I have gained from my experiences at TCU and in a sorority. First, I found lifelong friendships all throughout campus and in different sororities. Second, I have gotten involved in some of the most amazing organizations like TCU Dance Marathon and the Student Nurses Association. I also have really grown as a person. I was a little nervous coming into college, but I can confidently say it has been the best 3 years of my life. I have found my best friends, greatest passions and cannot wait for my last year. TCU and my sorority have really played a huge part into shaping who I am today. Both provided the encouragement and support to allow me to achieve my dreams. I really look forward to furthering my academics with nursing and hope to be a pediatric nurse when I graduate. I also can't wait to make this year the best yet and enjoy every moment with my friends.

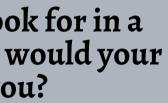






#### Which three qualities do you look for in a friend and which three qualities would your friends list to describe you?

The three most important qualities that I look for in a friend are kindness, loyalty, and ambition. It is important to me that friends are always compassionate and respectful to others. I also value friends that I know will be there with me through any obstacle I face, both good and bad. Ambition is an important quality because I think seeing other's drive to succeed motivates me to get out of my comfort zone and do my best. Three qualities that my friends would use to describe me would be caring, dependable, and easy going. I try my best to always be aware of what each of my friends may be going through and want them to know that they can turn to me for anything. I will always be there to listen to them. When it comes to life's challenges, I am very fluid and adaptable. I try to approach any situation with an open mind and a lighthearted attitude.



# KATIE TURGEON CHICAGO, IL WHICH THREE QUALITIES DO YOU LOOK FOR IN A FRIEND

I look for a friend who is honest, caring, and loyal. All of these qualities are something I believe make an amazing friend and someone who I can always count on. Friends are something I value greatly in my life and I believe finding people like this entails that they will be around forever. WHAT ARE YOU LOOKING TO GAIN FROM YOUR COLLEGE EXPERIENCE AT TCU?

I am looking to gain friendship and lifelong community here at TCU. I believe thus far at TCU I have been surrounded by nothing but supportive individuals. The community is something I have never experienced before. Being surrounded by love and support has made the transition seamless.

# \* KC Chamberlain\*

-I value lifelong friendships, educational and cultural interests, social responsibility, and the best qualities of character.





- -l am looking for friendships that are anchored to something special. Friends that will be a champion in your absence and there for you always.



# \*Marissa Moore\*

What are you looking to gain from your experience at TCU and in a Panhellenic sorority?

From my experience at TCU, I am hoping to find out what my true passions are in terms of my future career, and I look forward to exploring new things. Being from California I am excited to explore my new home in Texas and take fun adventures with new friends I make! From a Panhellenic sorority, I hope to gain friendships with genuine young women that will help me grow out of my shell to become the best version of myself during my time at TCU. I hope to participate in more leadership opportunities in a sorority to develop my leadership skills. My dream is to be an entrepreneur and own my own business one day, and I believe that making connections through a sorority and improving my leadership skills will help me be successful in achieving this goal of mine!

Which three qualities do you look for in a friend and which three qualities would your friends list to describe you?

Three qualities I look for in a friend are loyalty, honesty, and being genuine. I strive to look for friendships that will be long-lasting with genuine people that I can whole heartedly get to know. I surround myself with friends that I can be 100% myself around and friends that will be there for me throughout all the highs and lows life brings. My friends would describe me as caring, trustworthy, and inclusive. I frequently host all my friends for dinners, Galentine's celebrations, Friendsgiving etc. for us to all come together and make fun, meaningful memories with one another! I love to be a listener for all my friends and let them know that I am always there for them no matter what.





Tell us what you value, stand for, and/or are passionate about.

I value hard work and dedication. I have always believed anything is possible if you set your mind to it and put in the work. I have lived by these principles most of my life and know it is the foundation of everything I am proud of. The value of hard work has allowed me to not only achieve my goals but to give back. Which three qualities do you look for in a friend and which three qualities would your friends list to describe you?

Three qualities I feel are an important part of a friendship are being trustworthy, supportive, and authentic. Being trustworthy is the foundation of all lasting relationships. Trust allows you to be honest and depend on one another without fear or judgment. I also believe it's important to surround yourself with friends who support and encourage you to be the best version of yourself during both the good and bad times. Lastly, being authentic! True friends are genuine about who they are and can be themselves. My friends would describe me as dependable, a good listener, and trustworthy. I am always available and they know they can count on me anytime to listen, be honest, and be supportive. Lasting friendships have balance and have equal give and take allowing each other to shine.





## Which three qualities do you look for in a friend and which three qualities would your friends list to describe you?

Trustworthy, reliable, and kind are all words I believe my friends would use to describe me. I have a big heart and I love building connections with others. It's important to have people you can count on and who help you grow to be a better version of yourself. When making new friends, I look for people who are loyal, honest, and supportive. I feel that these qualities are important to have in a friendship. Strong relationships are so fulfilling and make life enjoyable.

## **Margaret Frandina**

#### Which three qualities do you look for in a friend and which three qualities would your friends list to describe you?

When reflecting on my strongest friendships there are three significant qualities that share a common thread. Loyalty, reliability, and encouragement are the qualities that I value in the people I surround myself with. Friends that look for and bring out the best in each other are the greatest of gifts. Loyalty within a friendship and being surrounded with genuine and faithful people is especially important in new environments and during our time at TCU. Finally, an encouraging shoulder is a necessary trait within a friendship; knowing you always have people to help you get back up when you're down, or push you to reach a goal is such an asset. Most of my peers would describe me as personable, supportive, and accepting. I enjoy talking and getting to know people whenever presented with the opportunity. Most of my friends would characterize me as supportive, because I am here for them when they are going through a trying time. Finally, acceptance of others is important to me. I want my friends to know that they have a safe space to share themselves without judgment. I am extremely thankful for the new friends I have made so far, and I look forward to building more friendships in my remaining time at TCU.



What are you looking to gain from your college experience at TCU?

The culture of TCU is one I am thrilled to be a part of. It is small, yet mighty. Our school spirit and tight community is unmatched. The supportive nature of this environment invites conversation, encourages ideas, and reaffirms my belief that there is strength in differences. Here we have a true sense of belonging to something together and working towards a common goal with gaining knowledge and an excellent education at the forefront. Additionally, being a part of a group of confident young women focused on supporting each other and our community while also having fun and creating friendship is unparalleled. The deep bonds of friendship with all my new sisters will last a lifetime. TCU continues to provide me with challenges, opportunities and new experiences necessary to help me grow as an individual and prepare me for life.



#### What I stand for and value:

- The most important thing to me is how I treat others. Nothing ever beats nice. Therefore, my relationships with others are very dear to my heart.
- I believe that you become the people that you surround yourself with. It's always been important to me to have friendships that allow me to be completely myself.
- Being honest and trust worthy is also something I stand by. I want people feel comfortable enough to come to me for anything and listen.

#### 3 qualities I look for in a friend:

- Someone who doesn't judge me, but loves me for who I am
- Someone who brings me joy and laughs with me.
- Someone who will be there for me when ever I need them.

#### 3 qualities my friends would list about me:

- Outgoing and energetic
- Compassionate
- Loyal





# What are you looking to gain from your experience at TCU and in a Panhellenic sorority?

During my time at TCU and in a Panhellenic sorority, I am hoping to gain lifelong friends and a strong community support system. I am excited to experience all that TCU and sorority life has to offer, and use my time to expand my horizons and try new things! I hope to get involved within my chapter and make memories with all the members of my organization. I'm excited to be able to give back to the TCU and greater Fort Worth community.

# STATIANA GELLER

# *Tell us what you value, stand for, and/or are passionate about:*

Loyalty is one of the most important values in my life. I believe that loyalty is incredibly important to building a strong foundation in all different types of relationships, especially friendships. Knowing other women will stand by you and support you through different experiences in college and life is something that I really cherish about the people I surround myself with, and something I value in my friendships with others.





# **Teny Noordermeer**

### WHAT ARE YOU LOOKING TO GAIN FROM YOUR COLLEGE EXPERIENCE AT TCU?

I knew from the moment I stepped onto the TCU campus, that it was the place I wanted to make a difference at and full of people I wanted to do it with. I really am just excited to make lifelong connections with genuine people and dive right into being involved-through TCU Football, Neeley Fellows, and joining a sorority full of powerful women. I hope to leave TCU not only with more knowledge and professional skills, but having explored the uncomfortable, lived present in every moment, and with a fuller heart.



TELL US WHAT YOU VALUE, STAND FOR, AND/OR ARE PASSIONATE ABOUT. One of my main goals in life is to always be intentional so as to never live a life of regret. My mom used to always tell me "Regret is a wasted emotion" because that means it was within your power to change and yet you refused. Whether through travel, trying new foods, or random late-night adventures with friends, I am the poster child for "say yes to life" because it really does fly by.



