

texas
christian
panhellenic

May PANHELLENIC NEWSLETTER

May 6th-10th: Finals Week!

5 TIPS FOR FINALS WEEK STUDYING

- 1 ORGANIZE AND MAKE A STUDY SCHEDULE
- 2 ELIMINATE DISTRACTIONS
- 3 DON'T WAIT TILL LAST MINUTE
- 4 HAVE A SNACK
- 5 GET SLEEP



Reminder: You got this!

Senior Spotlight: Monroe Urie!

Being a part of a



Panhellenic sorority like Sigma Kappa has been an absolute highlight of my my experience at TCU. Serving as Social Chair and later as New Member Educator allowed me to witness firsthand the incredible bonds formed within our Greek community. I loved every moment of planning events and welcoming new members into our sisterhood. Knowing that my involvement has positively impacted others

means the world to me, given that I've been so blessed to have joined a Panhellenic chapter. Sigma Kappa will always hold a special place in my heart, and I'm grateful for the unforgettable memories and lifelong friendships it has given me.

With dove love,
Monroe Urie

Meet the 2024 Rho Gammas

Also referred to as 'Recruitment Counselors' or 'Recruitment Guides,' Rho Gammas are upperclass Panhellenic women who have temporarily disaffiliated from their chapters to assist and mentor

Potential New Members throughout the recruitment journey. Their role is to provide guidance and support during the Panhellenic Recruitment process as well as throughout your college experience.



Mother's Day May 12th

With Mother's Day just around the corner, it's time to show the amazing mothers in our lives just how much they mean to us. Whether it's your own mom, grandmother, aunt, or a friend who's embraced the role of motherhood, this special day is an opportunity to express gratitude and shower them with love.

Here's 3 quick ideas to help celebrate the important Mother's in your life!

Need a

Mother's Day gift?



1

Photo album or
scrap book

2

Day of mom's
favorites

3

Jewelry



In Need of a New Gym? Check out RevFit!

REVFIT
STUDENT MEMBERSHIPS
 REVFIT REWARDS + OVER 25% OFF
 NO COMMITMENT: ANY SESSION
 BILLED EVERY 2 WEEKS

<p>4 per 2 WEEKS</p> <p>\$87</p> <p>\$73.60</p> <p><small>\$18.40/session about \$147.20/month</small></p>	<p>6 per 2 WEEKS</p> <p>\$96</p> <p>\$78.40</p> <p><small>\$13.07/session about \$156.80/month</small></p>	<p>UNL 2 WEEKS</p> <p>\$126</p> <p>\$102.40</p> <p><small><\$8.53/session about \$204.80/month</small></p>
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**REVFIT STUDENT
 UNLIMITED SPECIAL**
\$75
 WITH 6 MONTH INITIAL
 COMMITMENT

NO COMMITMENT:
 SESSIONS BTWN 7:30AM-3PM & AFTER 6:30PM
 BILLED EVERY 2 WEEKS

<p>4 per 2 WEEKS</p> <p>\$87</p> <p>\$60</p> <p><small>\$15/session about \$120/month</small></p>	<p>6 per 2 WEEKS</p> <p>\$96</p> <p>\$70</p> <p><small>\$11.66/session about \$140/month</small></p>	<p>UNL 2 WEEKS</p> <p>\$126</p> <p>\$85</p> <p><small><\$7.08/session about \$170/month</small></p>
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REVFIT TEXAS is a boutique fitness experience that focuses on transforming personal health, not only through fitness but also the social and mental aspects of life. Our studio is designed with the future of fitness in mind, with safety as a top priority.

Through high energy, group-style training sessions led by certified trainers, the **REVFIT** program combines science-based functional strength and conditioning exercise to help burn calories and strengthen muscles – all in an immersive, music-driven experience that motivates and inspires our members. We create a high-impact **REVFIT** space in which to awaken the body, engage the mind, and revive the spirit.

Looking For a New Job?

BECOME A UNIVERSITY TEES CAMPUS MANAGER™

THE ORIGINAL CAMPUS MANAGER™ PROGRAM WITH
THE #1 CUSTOM APPAREL COMPANY

- Work with organizations at your school to facilitate their custom apparel and promotional product orders
- Join a nationally recognized team of 650+ top students
- Licensed with all IFC Fraternities and Panhellenic Sororities
- Network across campus & enhance your resume with real-world experience: sales, communication, social media, customer service

APPLY TODAY



CREATE YOUR OWN
SCHEDULE AROUND
YOUR ACADEMICS &
ORGANIZATION'S
EVENTS



100% REMOTE &
YOU WORK ON
YOUR OWN
TIME



COMMISSION-
BASED = EARN UP
TO 12% ON EVERY
ORDER THAT YOU
CLOSE

Questions? Email Maggie Phelps at mphelps@utees.com

[APPLY TO BE A CAMPUS MANAGER HERE!](#)

Hosting an Event on Campus with Outside Vendors?

Please make sure your vendor has appropriate insurance by asking them to submit their Certificate of Liability Insurance (COI). An example COI can be found here: <https://tcuriskmgmt.tcu.edu/wp-content/uploads/2014/09/COI.2.10.121.pdf>.

You will then share that form with Director of FSL, Brooke Scogin, via email at b.scogin@tcu.edu.

If your vendor is a food truck or requires parking or other set-up on-campus, please also complete the following TCU Police Special Events form to ensure that TCUPD is aware of your event and can provide guidance/support as needed with regard to parking or other security needs: <https://publicsafety.tcu.edu/special-events/>

Important May Panhellenic Dates!

- **May 6th-10th:** Finals Week

- **May 11th-12th:** Commencement Ceremonies
- **May 12th:** Mother's Day
- **May 15th:** Alpha Delta Pi Founder's Day
- **May:** ALS Awareness Month



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