

POSTSCRIPTS



THE OFFICIAL NEWSLETTER OF THE FORT WOOD COMMUNITY SPOUSES' CLUB

TAG, YOU'RE IT! FWCSC SUPER SIGN-UP BRINGS THE FUN (AND THE MAGNETS!)

New members & new initiatives, FWCSC is growing stronger than ever!

On August 9th, FWCSC kicked off the 2025–2026 membership year in style at Super Sign-Up! With summer jams playing, refreshing mocktails flowing, and lots of smiles, we welcomed new and returning members for a fun-filled start to the year. Shirley Temples, peach and lavender iced teas, and cherry limeade were crowd favorites at the drink bar, keeping everyone cool on a hot summer day.

Members explored sub-clubs, chatted with community partners and vendors, and got in on the excitement of our brand-new magnet flipping game—everyone who signed up received a free FWCSC car magnet to join the ultimate game of member tag all year long.

We're thrilled to share that over 60 members joined at the event, and the energy in the room was incredible. It was the perfect blend of fun, connection, and community spirit—and just the beginning of what's sure to be an amazing year of friendship, service, and impact. Here's to an amazing 2025–2026 membership year!



In this Issue:

- Letter From Our President
- August Mixer Recap
- Sub-Club News
- September Mixer Information
- Lebanon Caravan!
- DOD MWR Digital Libraries Spotlight
- Hearts in Action
- Local Events
- Craft Fair Information
- September Calendar



EXECUTIVE BOARD

PRESIDENT - Roksana Mass
presidentfwcsc@gmail.com

VICE PRESIDENT - Jaira "Jai" Jenkins
1vpfwcsc@gmail.com

FINANCIAL OFFICER - Genesis Roberts
treasurerfwcsc@gmail.com

ADMINISTRATIVE OFFICER - Candice Cartwright
secretaryfwcsc@gmail.com

PARLIAMENTARIAN - Carey Killea
fwcscparliamentarian@gmail.com

PUBLIC RELATIONS CHAIR - Delinda Giles
fwcscpublicrelations@gmail.com

VOLUNTEER COORDINATOR - Jennifer Heard
hospitalitychairfwcsc@gmail.com

BOARD OF GOVERNORS

HONORARY PRESIDENT - Sally Beck
honorarypresidentfwcsc@gmail.com

HONORARY VP - Lissette Gutierrez
hvpfwcsc@gmail.com

ADVISOR - Vanessa Arzabala
fwcscadvisor@gmail.com

ACTIVITIES CHAIR - Adria Tite
activitiesfwcsc@gmail.com

PROGRAMS CHAIR - Evan Heacock
programsfwcsc@gmail.com

VENDOR RELATIONS - Samantha Mans
vendorrelationsfwcsc@gmail.com

WAYS & MEANS - Stella Kammer
waysandmeansfwcsc@gmail.com

CRAFT FAIR CHAIR - Jordan McKinley
craftfairfwcsc@gmail.com



WE NEED YOU!

We still have a few openings on the FWCS Board and we are looking for a few good volunteers! If you like being involved in giving back to the community, apply today!

OPEN POSITIONS:

- Community Engagement
- Basket Auction Chair/Co-Chairs

JOIN NOW

Let's Make a Difference Together!

Questions? Reach out to our President at presidentfwcsc@gmail.com

SUB-CLUB LEADERS

BOOK CLUB - Megan Spencer

BUNCO - Candance Cartwright

COOKING CLUB - Roksana Mass

CRAFT CLUB - Carey Killea

GAME NIGHT CLUB - OPEN

GARDENING & PLANT CLUB - OPEN

LUNCH BUNCH - Jutta Ring Persnell

OUTDOOR ADVENTURES - Jennifer Heard
& SPORTS CLUB

PARENT-CHILD - OPEN
ENRICHMENT CLUB

THE PRESIDENT'S PEN

Thoughts From Our Fearless Leader



Hello my dear FWCSC Members,

What an amazing start we had with our very first General Membership Monthly Mixer! I was more than thrilled to see so many of you there, and I truly hope you enjoyed it as much as we did.

Now that our first event is behind us, all of our wonderful sub-clubs are finally coming to life! We kicked things off this week with Bunco on September 5th. Coming up right away: our Cooking Club and Lunch Bunch with Jutta at Flows66, followed by the Craft Club, and even our Author's Club, which will go Apple Picking on Saturday, September 20th.

And of course, don't miss our second General Membership Meeting on September 18th, where we'll celebrate Cultural Heritage Month together. So many activities - make sure to check our website on the events page for all the details.

I'm also excited to announce our very first Caravan of the year—we'll be heading to Lebanon! We're currently working closely with the Lebanon Chamber to create a beautiful, stress-free day for you to enjoy.

Looking a bit further ahead, please mark your calendars: on December 6th, our Annual Holiday Craft Fair will take place at Waynesville School. Our brand-new Chairperson, Jordan, has already jumped in with full energy to make this event a success and to help us lay the foundation for our philanthropic mission. Maybe you'd like to be part of this? We'd love to welcome volunteers to join the Craft Fair Committee!

For now, let's soak up the last golden days of summer in September. I can already smell the pumpkin spice in the air, and I hope you will enjoy all of our upcoming events just as much as we do.

With love and excitement,

FWCSC President



MIX& MINGLE: A GREAT START TO THE YEAR!

We hosted our first monthly membership mixer on August 21st and it was a wonderful success as we welcomed new and returning members! Everyone met the new board, heard about the sub-clubs, and voted to pass the budget, and then enjoyed a buffet of homemade finger foods and beautiful charcuterie boards prepared by the Board members, giving everyone plenty of delicious bites to enjoy while they mingled.

The highlight of the night was the ice breaker speed meeting game, which had the entire room buzzing with chatter and laughter as members rotated through quick introductions and fun questions. It was the perfect way to break down barriers and spark new friendships. With this kind of energy, the 2025–2026 year is sure to be an amazing one. Thank you to all who joined us—we can’t wait to see you at the next mixer!





September Membership Mixer

AROUND the WORLD WITH FWCSC

Come Celebrate Cultural Heritage Month!

Join us for a night of global fun as we celebrate cultures around the world with international food, music, games, friendship & more!

September 18th 6:00-8:00PM
USO Fort Lenard Wood

Open to current FWCSC members.
Not a member yet? It is not too late to join!



"Good friends are like stars. You don't always see them, but you know they're always there... and when you get together, it feels like no time has passed at all."

FT. LEONARD WOOD SPOUSES' CARAVAN

come

FALL

in LOVE with

LEBANON, MO

SEPTEMBER 30TH

FOOD | FUN | ALL THINGS LEBANON

8:30 AM – Depart from Waynesville Price Cutter

3:00 PM – Return to Waynesville Price Cutter

Come enjoy a day packed with food, fun, and a chance to discover all that Lebanon has to offer!

Get ready for our first caravan of the year! This is open to the public – so grab a friend or two and enjoy learning about what Lebanon has to offer.

We will meet in the Price Cutter parking lot in Waynesville at 8:00 to start loading the bus and depart by 8:30 AM. We will return to Waynesville at 3:00 PM.

RSVP HERE BY THE 23rd!



FIND YOUR PEOPLE JOIN A SUB-CLUB THIS YEAR!

One of the best things about being part of the Fort Wood Community Spouses' Club is finding your circle—and sub-clubs are where those circles start to grow. Whether you're looking to meet new friends, explore a hobby, or just have some fun outside of your routine, FWCS sub-clubs offer something for everyone.

These groups are led by fellow members and are built around shared interests, activities, and good times. You don't have to be an expert, and you don't have to commit to every single meet-up. Just show up when you can, be yourself, and enjoy connecting with others who "get it."

JOIN A SUB-CLUB

Our Sub-Clubs are open to all
FWCS members



Contact our Activities Chair for
more information

activitiesfwcs@gmail.com

NEW VOLUNTEER GROUP ON FACEBOOK

Our goal is to expand our community outreach this year. To support our efforts, we are excited to announce our brand-new Facebook group: FWCS Volunteers! This is the place for current members to:

- Stay updated on service projects
- Discover opportunities to get involved
- Find fun and meaningful ways to give back to our community

If you're ready to make a difference and be the heart of FWCS, we'd love for you to join us!



Request to join the
Facebook group at:

www.facebook.com/fwcscvolunteers



Sub-Club News & Events

Join Us for
Lunch Bunch!



FLO'S
66
DINER

Flo's 66 Diner
1019 Old Rte 66 in St. Robert
September 10th
11:30 AM



FWCSC
Craft Club





Join Us As We Make
Beaded Bracelets
in Regimental Colors
& Morse Code!

Tuesday, September 16th
MORNING: 10:00 AM - 12:30 PM
EVENING: 6:00PM - 8:30 PM

@ The Woodlands
Community Center
Cost \$7 per bracelet

* Pay at the event for your bracelets via Cash, CashApp, Venmo, or Zelle

RSVP to:
parliamentarianfwcsc@gmail.com



FORT WOOD COMMUNITY SPOUSES' CLUB
PARENT-CHILD
ENRICHMENT CLUB
1ST MEET UP!




Come join us for our very first meet-up for a chance to connect, share ideas, and help shape fun activities for our little ones as the club grows. We'd love to hear your thoughts and start building this community together!

SEPTEMBER 10TH
10:00 AM - 12:00 PM
@ FLW PUBLIC
PLAYGROUND
INSIDE COYLER PARK

All ages welcome! Bring your own snacks & drinks.

RSVP: activitiesfwcsc@gmail.com



FORT WOOD COMMUNITY SPOUSES' CLUB



Book Club

SEPTEMBER 23RD
AT 6:00PM

Bring your
recommendations
on books to read
this year!

787TH MP BATTALLION
CONFERENCE ROOM

Feel free to bring a dish to share with the group!



YOU'RE INVITED TO AN EVENING OF

FLANNEL & FRIENDS

Friday September **05** 7:00 - 9.00 PM

FWCSC BUNCO

USO 805 IOWA AVE, FLW, MO 65573

DRESS TO IMPRESS: BREAK OUT THOSE FLANNELS!
BRING A DISH OR AN APPETIZER TO SHARE
BAGGED OR WRAPPED GIFT \$20
\$3 FOR LCR GRAB ONES!!



THESE CLUBS NEED A LEADER!

- Gardening & Plant Club
- Game Night Club
- Parent-Child Enrichment Club

Contact the Activities Chair if you are interested!



COOKING CLUB

Are you ready to take a trip with us? Our international culinary journey kicks off on

Tuesday, Sept. 9th
6:00 PM @ the Main Chapel

FIRST STOP: SRI LANKA!

ON THE MENU:
Beef Curry, Dhal, Papadam, Beet & Okra.

Expect something spicy 🌶️

Gluten & Lactose FREE!



Join the Outdoor Adventures & Sports Club for an

APPLE PICKING ADVENTURE!

Come along as we journey to Gardener's Orchard & Bakery in Brighton, MO! We will meet up at the commissary parking lot and caravan over for a day of apple picking and fellowship!

- ✓ Apple Picking & Cider
- ✓ Sunflowers & Zinnias
- ✓ Hayride, Corn Maze & More!
- ✓ Military Discount: \$9.95 per person. (Pay at Gate)

Go to <https://gardenersorchardandbakery.com> to check out the costs of the different activities!

 **SEPTEMBER 20th**
9:00 AM - 4:00 PM

RSVP TO HOSPITALITYCHAIRFWCSC@GMAIL.COM

*"The best way to find yourself
is to lose yourself in the service
of others."*

– Gandhi

*Happy
Birthday*

September Birthdays

Perla Rosa

Mary Townend

Paula Tackett

Alexandra Smith

Aysia Glaspie

Megan Taylor

Heather Buysse

Amanda Vitale

Jasmine Coleman

*Sharing
is Caring*



Waynesville/St. Robert Senior Center

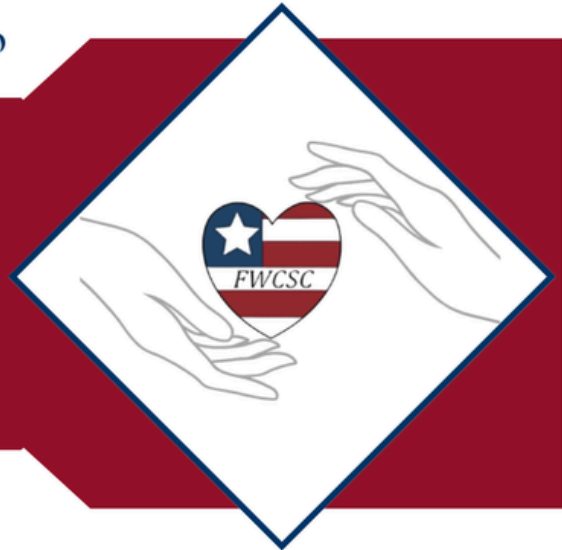
Wish List

Bring items with you to the monthly mixer to earn tickets for the Sharing is Caring prize drawing at the end of the quarter!

- Food Prep Plastic Gloves
- Fine Point Sharpie Markers
- Avery Large Colored Perm Markers
- Paper Towels
- Dial Foaming Hand Soap Refills
- Ziploc Sandwich Bags
- Kleenex
- 20 oz Seasonings/Spices
- Salt-Free Bouillon
- Cooking Spray
- Vanilla Extract
- Baking Powder, Baking Soda
- Variety of Cake Mixes
- Sugar-Free Jello Mix
- Saltine Crackers
- Coffee
- Iced Tea Bags
- Sugar Free Water Flavor Drink Packets
- Individual condiment packets
- PowerWash Dawn Dish Soap
- Scotch Green Scrub Pads
- SOS Pads
- Sharpie Black Markers
- Dial Hand Soap
- Heavy Duty Silicone Oven Mitts

Fort Wood Community Spouses' Club

Hearts in *Action*



CARING STARTS AT HOME

Hearts in Action is a member care initiative of the Fort Wood Community Spouses' Club. Through anonymous giving and confidential assistance, we connect those who want to help with those who need a little extra support—reminding everyone that in this club, no one stands alone.



WAYS TO GIVE

SPONSOR A MEMBERSHIP

for a fellow spouse who might not otherwise be able to join.

DONATE A MIXER TICKET

so a member in need can join the fun stress-free.

DONATE A “HELPING HAND”

COMMISSARY GIFT CARD

for a member experiencing temporary food insecurity.

Scan to make
a donation:



WAYS TO RECEIVE

REQUEST A “HELPING HAND”

commissary gift card when times are a little tough.

REQUEST A MEMBERSHIP OR MIXER TICKET

to receive a notification is a mixer ticket or membership is available.

SIGN-UP FOR MIXER MEAL SHARE

to receive discreet notifications when leftover mixer food is available for pick-up.

Scan to request
a little help:



“When Community Means Family”

CONFIDENTIAL & COMPASSIONATE

Your privacy matters. Only designated board members run the program & sign a confidentiality agreement.

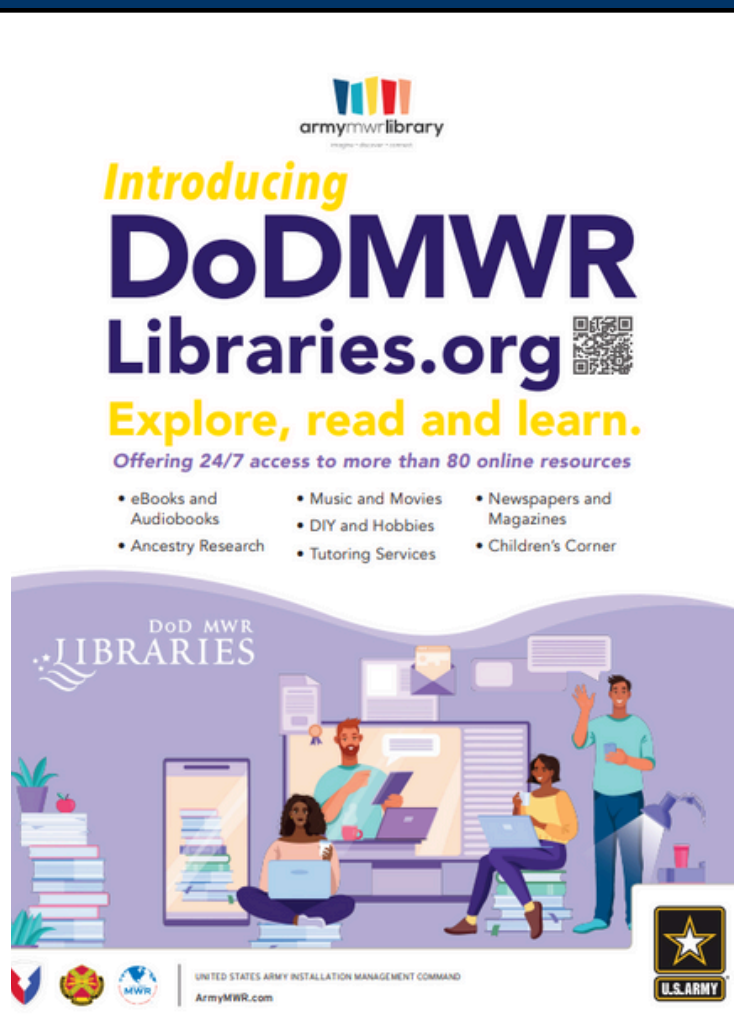
DISCOVER MORE WITH DOD MWR DIGITAL LIBRARIES

Free 24/7 resources for service members and families—supporting education, growth, and connection for every stage of life.

Libraries offer much more than just books. They serve as an excellent resource for professional growth and education. Additionally, they are perfect for discovering after-school programs for children or finding tutors. You can even acquire skills for home improvement tasks and plan events for the entire family. Enjoy access to these resources and more, around the clock, with the MWR Digital Library.

The DOD MWR Libraries website provides numerous free resources for service members and their families. For kids and teenagers, there are reading guides and homework assistance. For service members and their spouses, there are research and reference materials covering a wide range of topics, from car maintenance to investment options.

You can find the libraries located here: <https://www.dodmwrlibraries.org/>



armymwrlibrary
Imagine • Discover • Connect

Introducing DoDMWR Libraries.org

Explore, read and learn.

Offering 24/7 access to more than 80 online resources

- eBooks and Audiobooks
- Music and Movies
- Newspapers and Magazines
- Ancestry Research
- DIY and Hobbies
- Children's Corner
- Tutoring Services

DoD MWR LIBRARIES

UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
ArmyMWR.com

U.S. ARMY



MILITARY ONE SOURCE

A RANGE OF SUPPORT

To Help You Live Your Best MilLife

Confidential Nonmedical Counseling, Financial and Tax Consultation, Transitioning Veterans, Building Healthy Relationships, Elder Care, Special Needs, Spouse Relocation and Transition, Peer-to-Peer Support, Document Translation and Language Interpretation, Spouse Education and Career Opportunities, Health and Wellness Coaching, Wounded Warrior and Caregivers, Education, New MOParent, Adoption

Military OneSource offers free resources and services for military families, including counseling, financial planning, and relocation assistance.

Grab a flyer for more information!

Visit our website or call our helpline to connect with experts who can guide you through various programs tailored to your needs.

Recipe Corner



PUMPKIN PATCH MUFFINS

Nothing says “fall” like the warm aroma of pumpkin and spice! These muffins are quick to make and perfect for breakfast, snacks, or sharing at a mixer.

Ingredients

- 1 box spice cake mix
- 1 can (15 oz) pumpkin purée (not pumpkin pie filling)
- Optional: 1/2 cup chocolate chips or chopped pecans

Instructions

1. Preheat oven to 350°F.
2. In a bowl, mix together the cake mix and pumpkin until smooth (batter will be thick).
3. Stir in chocolate chips or pecans if using.
4. Spoon batter into a greased or lined muffin tin.
5. Bake 18–22 minutes or until a toothpick comes out clean.

That’s it! Moist, fluffy pumpkin muffins with only 2–3 ingredients. What an easy way to usher in the fall season!

RECIPES WANTED

Have a favorite recipe you want to share? We would love to feature your favorite fall favorites in the next issue.

Send your recipes to Delinda at fwcscpublicrelations@gmail.com



SUGAR & SPICE BAKED APPLES

Looking for something fun to do with your apples this fall? Try this amazing treat!

Ingredients

- 4 apples (Honeycrisp, Gala, or Granny Smith work great)
- 1/4 cup brown sugar
- 1 tsp cinnamon
- 1/4 cup chopped nuts or raisins (optional)
- 1 tbsp butter, cut into small pieces

Instructions

1. Preheat oven to 350°F.
2. Core the apples, leaving the bottoms intact to form little “cups.”
3. Mix brown sugar, cinnamon, and nuts/raisins (if using). Spoon mixture into each apple.
4. Top each with a small piece of butter.
5. Place apples in a baking dish with 1/2 cup water in the bottom.
6. Bake 30–40 minutes until apples are tender.

Serve warm as-is, or add a scoop of vanilla ice cream to take it to the next level!

IMPORTANT EVENT!



Save the date for one of our favorite events of the year and one that the community looks forward to... the FWCSC Annual Holiday Craft Fair!

**Friday, December 6th
Waynesville High School**

Last year we had over 1300 people attend and this year we want to go even bigger!

VOLUNTEERS NEEDED!

Our annual Craft Fair is one of FWCSC's biggest and most exciting events of the year—and we can't do it without an amazing team of volunteers! We are looking for helping hands (and creative minds!) to join the Craft Fair Committee and help us bring this event to life.

Here's what's involved in prepping for a large event like this:

- Planning & Organization
- Promotion
- Logistics
- Day-of Support

Whether you have a knack for organizing, decorating, or just love being part of something fun and impactful, there's a role for YOU on this committee!

Please reach out to the Craft Fair Chair to volunteer for this event:
craftfairfwcsc@gmail.com



STAY TUNED FOR MORE INFORMATION!



LOCAL EVENTS TO CHECK OUT

Get out and explore all the great local events happening this season—supporting our community is one of the best ways to give back to those who support FWCS!

Pulaski County Farmer's Market

Every Saturday 8:00 AM-12:00 PM

Farmers Market Pavilion
in Waynesville



First Friday

Fri. September 5th 6:00 PM - 9:00 PM

Local Art, Shopping, & Food
in Downtown Lebanon



Patriot Day Festival

Sat. September 13th 10:00 AM-4:00 PM

Vendors, Face Painting,
Live Music at Roubidoux
Park in Waynesville



Fall Nature Festival & Plant Sale

Sat. September 13th 8:00-2:00 PM

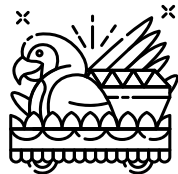
Audubon Trails Nature
Center in Rolla



Celebration of Nations

Sat. September 20th 10:00 AM-4:00 PM

Parade & Entertainment
in Downtown Rolla



Ozark Hooli-Git Down

Sat. September 20th 11:00 AM-6:00 PM

Music & Food at the Phelps
County Fairgrounds



Citywide Rummage Sale

Sat. September 20th 10:00 AM-4:00 PM

Community Rummage
Sale at Osage Beach City
Park



Extremeicon - The Comicon Event

September 26-28th

Comic books, Cosplay, and
Panels at the St. Robert
Community Center



Save the Dates!

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 10:00 AM Decorate Senior Center for Fall	4	5 BUNCO! 7:00-9:00 PM @ FLW USO	6
7	8	9 Cooking Club 6:00-9:00 PM @ Main Chapel	10 Parent-Child 10:00-12:00PM @FLW Public Playground LUNCH BUNCH 11:30-1:30 PM @ Flo's 66 Diner	11	12	13
14	15	16 Craft Club 10:00-12:30 PM 6:00-8:30 PM @ Woodlands Community Center	17	18 Monthly Member Meeting & Mixer 6:00-8:00 PM @ FLW USO	19	20
21	22	23 Book Club 6:00-8:00 PM @ 787 MP BN	24	25	26	27
28	29	30 LEBANON CARAVAN! 8:00-3:00 PM	1	2	3 BUNCO! 7:00-9:00 PM @ FLW USO	4
5	6	7	8 Parent-Child 10:00-12:00PM	9	10	11