POSTSCRIPTS



THE OFFICIAL NEWSLETTER OF THE FORT WOOD COMMUNITY SPOUSES' CLUB

GIVING THANKS TOGETHER

A Season to Reflect, Give Thanks, and Lift One Another Up

November invites us into a season of reflection — a time to pause, look around, and recognize the many blessings woven into our community. As we welcome the warmth of Thanksgiving, we are reminded that gratitude is more than a holiday sentiment — it is a way of living, leading, and giving.



At FWCSC, we are especially thankful for our members, volunteers, partners, and supporters who make everything we do possible. Whether you give time, talent, encouragement, or resources, you each play a special role in building a community where support is shared and friendships flourish. Your generosity strengthens families, uplifts neighbors, and reminds us all that when we serve together, we thrive together.

This month, we encourage you to celebrate gratitude in meaningful ways — savor a cozy meal with friends, lend a hand where it is needed, pause to thank those who serve, and take pride in the difference you help make. From our FWCSC family to yours, we wish you a season filled with joy, abundance, and heartfelt connection.

Thank you for being part of our mission and for making our community a place where kindness, service, and gratitude always feel at home. Happy Thanksgiving!

In this Issue:

- Letter From Our President
- Resources for Families
- November Mixer Information
- Sub-Club Recaps & Upcoming Events
- Sharing is Caring: Our New Partner
- KVC Spotlight
- Thanksgiving on a Budget
- Craft Fair Information & Updates
- November Calendar



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CONGRATULATIONS TO OUR NEW VICE PRESIDENT



Stella Kammer

SUB-CLUB LEADERS

BOOK CLUB - OPEN

BUNCO - Candice Cartwright

COOKING CLUB - Roksana Mass

CRAFT CLUB - Carey Killea

GAME NIGHT CLUB - Genesis Roberts

GARDENING & PLANT CLUB - OPEN

LUNCH BUNCH - Jutta Ring Persnell

OUTDOOR ADVENTURES - Jennifer Heard & SPORTS CLUB

PARENT-CHILD - OPEN ENRICHMENT CLUB

THE PRESIDENT'S PEN

Thoughts From Our Fearless Leader

Dear Members,

We were all a little heartbroken to postpone our October Mixer — but now we're twice as excited for November!

This month brings another wonderful lineup of club activities: our Cooking Club is heading to Italy, Bunco

Night will be cozy in flannel, the Book Club dives into a John Grisham classic, the Outdoor Club will go wandering and drifting through the beauty of our community, and our Craft Club is getting festive with creative holiday-themed projects! Your FWCSC Board is also honored to participate in this year's Veterans Parade in Waynesville/St. Robert. Come join us, wave, and show your appreciation and support for our veterans!

And — we're getting closer to our Holiday Craft Fair in December! We're so excited! Would you like to be part of one of our biggest events of the year — the one that lays the foundation for our Grants & Scholarships? Reach out to our amazing Jennifer and sign up to volunteer.

Finally, please join me in congratulating our wonderful Stella on her election as Vice President. I know she'll continue to serve you all with dedication and heart in this new role.

My dear friends, enjoy your pumpkin lattes, cozy sweaters, the colorful autumn leaves, and the last rays of sunshine.

Wishing you and your families a very happy and warm Thanksgiving!



STANDING STRONG: RESOURCES FOR FAMILIES DURING THE SHUTDOWN

During uncertain times, our community stands strongest when we stand together. If your family has been affected by the government shutdown, there are several trusted local resources ready to help bridge the gap and provide support. Below are a few key programs designed to assist military families right now.

Financial Support



Army Emergency Relief (AER)

AER offers interest-free loans up to one net paycheck (max \$6,000) to Soldiers and families experiencing financial hardship due to delayed pay. Emergency requests unrelated to the shutdown (utilities, travel, etc.) are also supported. 573-596-0613



Thrift Savings Plan (TSP) Hardship Withdrawal

Federal employees and uniformed service members may apply for financial hardship withdrawals if needed.



Navy Federal Credit Union

During the Government shutdown NFCU is offering a 0% interest payroll advance loan for federal employees (must have direct deposit with Navy Fed). 888-842-6328

Food Assistance



ASYMCA Marketplace Food Pantry

Open weekly for military families, retirees, and veterans. Families may shop twice a month; registration opens each Friday prior. 13900 Replacement Ave., FLW



Stronghold Pantry

Available to qualifying Active Duty, Guard, Reserve, and their families. Provides pantry staples & essential supplies to help bridge the gap during financial stress or food insecurity. For more information visit Stronghold Pantry's website.



Local Food Pantries

Crocker, Dixon, Good Samaritan, and others continue to provide food support for qualifying families.



Feeding America

Connects employees and families with food assistance programs, SNAP support, and local meal services. 800-771-2303



RESOURCES CONTINUED...

Other Resources



USAA

Members may be eligible for a no-interest loan or other payment relief options. Check their website for more information.



Verizon

Verizon offers a Promise to Pay program with flexible billing and payment arrangements. Check your Verizon App of call Customer Care at 886-266-1445



My Fed Benefits

Verizon offers a Promise to Pay program with flexible billing and payment arrangements. Check your Verizon App of call Customer Care at 886-266-1445



Navy Marine Corps Relief Society

Office is open to help those who have immediate needs due to the government shutdown. Find out more information on their website at https://www.nmcrs.org

FWCSC Hearts in Action



Your spouse club is here for you, too. Members in need may request support in the form of a commissary gift card — and those wishing to help can donate to assist fellow spouses and families. Visit fwcsc.com/hearts-in-action for details.

There are many resources available to help families. For an easy to find comprehensive list of resources available, visit https://leonardwood.armymwr.com/ and click on the link at the top of the page for additional information.





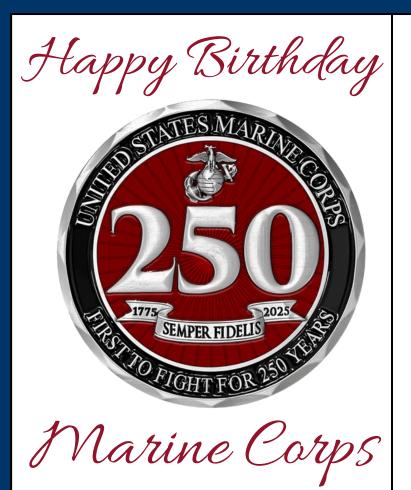
The Waynesville-St. Robert parade starts at 11:30 & will go from the Municipal Center, down Missouri Ave., onto Old Rt. 66, turn around at the Church of God St. Robert and then end at the St. Robert Community Center

Come out and wave to your FWCSC Board members as we march in the parade this year!



Great things are never done by one person. They're done by a team of people."

~Steve Jobs





FWCSC GROWS COMMUNITY OUTREACH

CLUB JOINS NEIGHBORING WSR, ROLLA, AND LEBANON CHAMBERS OF COMMERCE





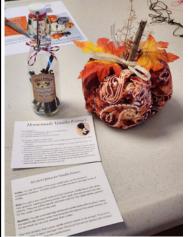


The Fort Wood Community Spouses' Club is proud to announce our membership in the Waynesville-St. Robert, Rolla, and Lebanon Chambers of Commerce! By joining all three, we are expanding our community outreach, building stronger partnerships, and creating more opportunities to serve, connect, and make a lasting impact across the region. This exciting step allows us to share our mission with even more local businesses and community leaders while strengthening the ties that make our surrounding communities thrive.



OCTOBER SUB-CLUB SHINANIGANS













































GAME NIGHT





























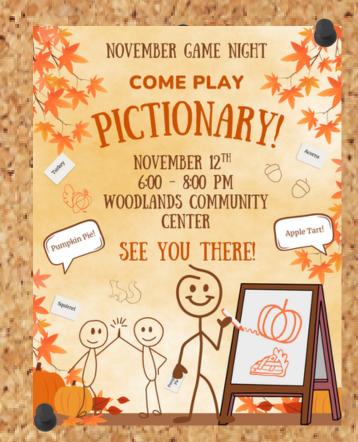




Sub-Club News & Events









November Meet-up TBD

Craft Club

Nov 18th @ 6:00 pm

At Eclectic Originals 225 U.S. Rte 66 E, Waynesville



Quilt blocks \$25 (tree & cardinals) Hot cocoa caddy \$35 (comes with the caddy, two Christmas Mugs, Hot Cocoa and hooks for the mugs)



Tree & pine cone water transfer garland \$20

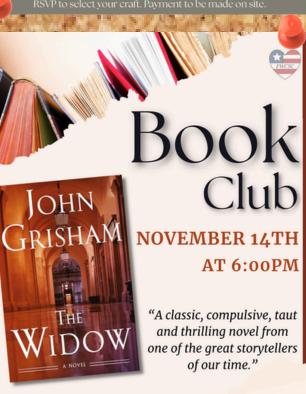


Snow globe water transfer garland \$20

787th MP Battallion Conference Room



A small sampling of what can be done for the ornament or small sign bar \$10 each

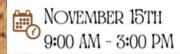


SUB-CLUB LEADER **OPENINGS:** Book Club • Gardening & Plant Club • Parent-Child Enrichment Club

Contact the Activities Chair if you are interested in leading a sub-club!

Join the Outdoor Adventures & Sports Club for a Day at the FARMER'S MARKET & THRIFTING!

Join us as we explore the local farmers markets & discovering hidden treasures while thrifting various shops. It is the perfect mix of fresh finds, vintage vibes, and great company - you never know what gems you might uncover!



Let's welcome "sweater weather" together in style!

RSVP TO HOSPITALITYCHAIRFWCSC@GMAIL.COM

"The best way to find yourself is to lose yourself in the service of others."

– Gandhi

Meet Our New Partner



🤏 Supporting Our Furry Friends 🐾

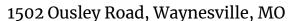
We are excited to announce that the Waynesville/St. Robert Animal Shelter is our new Sharing is Caring Partner for the next few months! This wonderful organization works tirelessly to provide care, safety, and second chances to animals in need throughout our community.

FWCSC will be collecting donations for the shelter at our monthly membership mixers, so bring an item from their wish list or make a contribution to help support their mission.

Together, we can make a pawsitive difference!

LOCATION:









Waynesville/St. Robert Animal Shelter



Bring items with you to the monthly mixer to earn tickets for the Sharing is Caring prize drawing at the end of the quarter!

- Laundry Soap (Urgent Need)
- Bleach
- Paper Towels
- · Trash Bags
- Dog Food
- Dog Treats
- Towels
- Blankets
- Collars
- Leashes
- Dog & Cat Beds
- Copy Paper
- Postage Stamps
- Gift Cards to Walmart, Amazon, or Pet Supply Stores

Don't have time to shop?

Make a donation using the QR code and the club will go shopping at the end of the month and take the items to the Animal Shelter.



""It's not how much we give, but how much love we put into giving."

– Mother Teresa



November Birthdays

Vanessa Arzabala

Brandy Bednarik

Kristin Beels

Ingrid Doxtader

Alexis Frazee

Lissette Guitierrez

Kirsa Jacobsen

Britt McKee

Isatu Sidibe

Stephanie Thompson

COMMUNITY CORNER

As we move into the holiday season — and through challenging times like the current government shutdown — it is more important than ever to lean on one another and lift each other up. The strength of our community shines brightest when we give from the heart, whether that means lending a helping hand, offering a kind word, or supporting a neighbor in need. Every act of generosity, big or small, helps remind us what it means to truly be part of the Fort Leonard Wood family.

VOLUNTEER OPPORTUNITIES

Snack in a Pack (SIAP)

SNACK IN A PACK
Teeding the Hungry to Gnow Minds

Pick Educational Center

November 18th 10:00 - 11:00 AM

December 16th 10:00-11"00 AM

*All volunteers must have a current background check on file with AmeriCorps (also located at Pick). For more information, please email: Hospitalitychairfwcsc@gmail.com

ASYMCA FOOD PANTRY



There are a variety of ways to volunteer with the ASYMC. GO here to get started:

https://fortleonardwood.asymca.org/how-to-help/volunteer/

SPOTLIGHT: KVC MISSOURI

Be a Holiday Hero and Help Make a Difference



KVC Missouri is one of the state's leading non-profit organizations dedicated to improving and enriching the lives of children and families through mental health services, foster care, family support, and education. With more than 20 locations statewide, including one here in Waynesville, KVC Missouri provides critical care and resources to those who need it most. Their mission is rooted in compassion, stability, and hope—values that align beautifully with the FWCSC's own commitment to strengthening our community.



Every day, KVC's dedicated professionals work to strengthen families, prevent child abuse and neglect, and support children and teens in finding stability and hope. Their comprehensive programs include family therapy, therapeutic education, foster and adoption services, and residential treatment — all focused on helping individuals and families heal and thrive.



As the holiday season approaches, KVC Missouri invites you to join their Holiday Heroes Program, an annual giving initiative that ensures children and teens in foster care experience the joy and warmth of the season. Through your generosity, you can help provide meaningful gifts, essential items, and moments of happiness for families who need it most.



Together, FWCSC and KVC Missouri can continue making a powerful impact right here at home—helping ensure every child feels safe, supported, and valued. Learn more at: www.kvcmo.org



Local contact: Sarah Bennett, Community Engagement Specialist sjbennett@kvc.org | 573-303-4927





SAINT ROBERT

Proudly Serving Those That Serve.

As a proud Platinum Sponsor of the FWCSC, we are honored to support the military families, veterans, retirees, and community members who make Fort Leonard Wood such a special place to live and serve.

Why Choose Ed Morse Ford

- No-pressure, family-focused experience
- Dedicated to serving military families
- Exceptional service & trusted support
- Community-driven and locally invested

Play Along with the Team! Spot the 10 Differences!





At Ed Morse Ford St. Robert, you are more than a customer – you are family.

THANKSGIVING ON A BUDGET

Focusing on and Celebrating Joy over Expense

Thanksgiving is about gratitude and togetherness — not how much is spent on the table. With the uncertainty of the government shutdown, many families are finding ways to celebrate thoughtfully, creatively, and on a budget. Here are a few ideas to keep the holiday meaningful and fun:

Share the Table (and the Cooking!)

Turn dinner into a potluck. Everyone brings a favorite dish — and a little tradition to share.

Think Beyond the Turkey

Smaller roasts, chicken, ham, or hearty casseroles can be just as festive and far more cost-friendly.

Decorate with Nature & Heart

Leaves, pinecones, candles, kids' crafts — simple touches make a cozy home-grown holiday feel.

Find the Best Deals

Watch store flyers, loyalty rewards, and community food resources to stretch your holiday budget.

Focus on Moments, Not Menus

Games, movies, nature walks, and shared gratitude create memories — and they are free.

Most of all, remember: Thanksgiving is a reminder of who we have, not what we have. Our FWCSC community is here for one another. Wishing you a warm, creative, and gratitude-filled holiday season.



This month, join us in spreading thankfulness throughout our community! Complete as many as you can:

- Write one thank-you note to someone who brightened your week
- Pay a compliment to a fellow spouse, neighbor, or coworker
- Donate a canned item or household good to support local families
- Share a moment of gratitude at the dinner table or in your group chat
- Reach out to someone new at an FWCSC event or club gathering
- Take a moment for yourself and note three things you are grateful for today

Small acts of gratitude create ripples of kindness — let's fill November with them.







Cranberry Brie Bites

A festive and elegant appetizer that looks fancy but takes just minutes to make!

Ingredients

- 1 sheet frozen puff pastry
- 4 oz. brie cheese
- 1/2 cup cranberry sauce (homemade or frozen)
- 3 Tbsp raw, chopped pistachios
- Flaky sea salt and ground pepper (optional)

Instructions

- 1. Thaw the puff pastry according to directions.
- 2. Preheat the oven to 400°F. Spray a mini muffin pan with nonstick cooking spray. Place the brie in the freezer for 20 minutes or until firm to the touch.
- 3. On a floured surface, roll puff pastry into a 10-by-15-inch rectangle. Cut the pastry into 4 strips lengthwise. Then, cut the pastry crosswise into 6 strips, creating 24 squares. Press the pastry squares into each well of the muffin pan, letting the excess stick up over the edges.
- 4. Cut brie into 24 (½-inch) slices. Place a piece in the center of each pastry square. Top each with about 1 teaspoon of cranberry sauce. Sprinkle with chopped pistachios.
- 5. Bake for 15 minutes or until the puff pastry is golden brown on the edges and the cheese is bubbly. Let cool in the pan for 5 minutes. Remove and garnish with sea salt and pepper, if desired.

RECIPES WANTED

Have a favorite recipe you want to share? We would love to feature your favorite fall favorites in the next issue.

Send your recipes to fwcscpublicrelations@gmail.com





PUMPKIN PIE DIP

A quick, no-bake treat that captures the flavor of pumpkin pie in every dip!

Ingredients

- 8 ounces cream cheese softened
- 8 ounces cool whip, divided
- 1 cup powdered sugar
- 15 ounces pumpkin pie filling
- · 2 teaspoons ground cinnamon
- festive sprinkles

Instructions

- 1. In a medium sized bowl whip together the softened cream cheese, 4 ounces of whipped cream, and powdered sugar.
- 2. Into a serving dish, spread out the cream cheese mixture.
- 3. Top with pumpkin pie filling and then remaining whipped cream.
- 4. Sprinkle ground cinnamon and sprinkles over the top and refrigerate for at least 30 minutes before serving.

CRAFT FAIR INFORMATION



Save the date for one of our favorite events of the year and one that the community looks forward to... the FWCSC Annual Holiday Craft Fair!

Friday, December 6th 9:00 AM - 3:00 PM Waynesville High School

Last year we had over 1300 people attend and this year we want to go even bigger!

FOLLOW ALONG ON FACEBOOK

Stay up to date on all things Craft Fair on our Facebook Event page at:

https://www.facebook.com/share/1AVq1njvih/



INVITE EVERYONE YOU KNOW TO ATTEND!



CRAFT FAIR INFORMATION

VOLUNTEERS NEEDED!

Our biggest event of the year is almost here, and we need helping hands to make it shine! The FWCSC Holiday Craft Fair is powered by volunteers, and we are looking for members who can assist with:

FRIDAY: Set up & vendor check-in

SATURDAY: Shift work to help to keep things running smoothly & clean up after the event.

Whether you can give a few hours or the whole day, your time makes a meaningful difference in supporting our community grants and scholarship programs.

This is a wonderful way to connect with fellow spouses, enjoy the festive atmosphere, and be part of a beloved Fort Leonard Wood tradition.

Interested in helping? Please contact our Community Engagement Coordinator for more information and to sign up — we would love to have you on the team!

hospitalitychairfwcsc@gmail.com



Thank You

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- DadBod Cookie Co.
- Phelps Bank
- Paul's Furniture
- Ozark Piecemakers Quilt Guild



Food Trucks NEEDED

We still have THREE Food Truck spaces available for the Craft Fair!

Have a favorite you want to see there? Help us recruit them! Contact the Craft Fair if you know how to get a hold of a Food Truck so we can invite them to join us!

THIS IS AN EVENT YOU DON'T WANT TO MISS!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7 BUNCO! 7:00-9:00 PM @ FLW USO	8
9	10	11	Game Night Club 6:00-8:00 PM @ Woodlands Community Center	Cooking Club 6:00-9:00 PM @ Main Chapel	Book Club 6:00-8:00 PM @ 787 MP BN	Outdoor Adventure Club 9:00-3:00 PM Farmers Market & Thrifting
16	17	18 Craft Club 6:00-8:30 PM @ Woodlands Community Center	19	2O Monthly Member Meeting & Mixer 6:00-8:00 PM @ FLW USO	21	22
23	24	25 Snack in a Pack 10:00-11:00 AM @ Pick Ed. Center	26	HAPPY THANKSGIVING	28	29
30	Decorate Senior Center Decorate USO	2	3	4 Christmas on the Square Downtown Waynesville	5	CRAFT FAIR 9:00 - 3:00 PM @Waynesville HS