POSTSCRIPTS



THE OFFICIAL NEWSLETTER OF THE FORT WOOD COMMUNITY SPOUSES' CLUB

LEBANON CARAVAN HELPED KICK OFF THE FALL SEASON WITH A LOT OF FUN

A huge THANK YOU to the City of Lebanon, Chamber of Commerce, and Friends of the Fort for hosting us!

On September 30th, FWCSC members and friends enjoyed a truly memorable day on our Lebanon Caravan, hosted by the Lebanon Chamber of Commerce and Friends of the Fort. We were treated to a warm welcome and a wonderful lineup of activities that highlighted some of Lebanon's best local businesses.



It was a day filled with great company, community connections, and plenty of local charm. A huge thank you to all of our hosts for making us feel so welcome—we can't wait to go back!



















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VICE PRESIDENT - POSITION OPEN 1vpfwcsc@gmail.com

FINANCIAL OFFICER - Genesis Roberts treasurerfwcsc@gmail.com

ADMINISTRATIVE OFFICER - Candice Cartwright secretaryfwcsc@gmail.com

PARLIAMENTARIAN - Carey Killea fwcscparliamentarian@gmail.com

PUBLIC RELATIONS CHAIR - Delinda Giles fwcscpublicrelations@gmail.com

COMMUNITY ENGAGEMENT - Jennifer Heard hospitalitychairfwcsc@gmail.com

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HONORARY PRESIDENT - Sally Beck honorarypresidentfwcsc@gmail.com

HONORARY VP -Lissette Gutierrez hvpfwcsc@gmail.com

ADVISOR - Vanessa Arzabala fwcscadvisor@gmail.com

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PROGRAMS CHAIR - Evan Heacock programsfwcsc@gmail.com

VENDOR RELATIONS - Samantha Mans vendorrelationsfwcsc@gmail.com

WAYS & MEANS - Stella Kammer waysandmeansfwcsc@gmail.com

CRAFT FAIR CHAIR - Jordan McKinley craftfairfwcsc@gmail.com



SUB-CLUB LEADERS

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BUNCO - Candance Cartwright

COOKING CLUB - Roksana Mass

CRAFT CLUB - Carey Killea

GAME NIGHT CLUB - Genesis Roberts

GARDENING & PLANT CLUB - OPEN

LUNCH BUNCH - Jutta Ring Persnell

OUTDOOR ADVENTURES - Jennifer Heard & SPORTS CLUB

PARENT-CHILD - OPEN ENRICHMENT CLUB

THE PRESIDENT'S PEN

Thoughts From Our Fearless Leader

Hello, my dear members!

I hope you're still soaking up the last few rays of sunshine before sweater weather officially arrives — that cozy time when we slip into soft new pullovers, sip on pumpkin spice lattes, and fully embrace the fall feeling.

Our Lebanon Caravan at the end of September was such a lovely

day! I truly hope you enjoyed it as much as I did — browsing, chatting, and just taking a little time to relax and unwind together. It was wonderful seeing so many familiar faces and sharing those moments of laughter and connection.

What's Coming Up in October:

October is full of fun gatherings, creative projects, and new experiences!

We'll kick things off with our very first Game Night on October 8th — a night of laughter, friendly competition, and good company. Just two days later, on October 10th, we'll roll the dice again for our alwayspopular Bunko Night!

Our Craft Club will meet this month to create adorable little pumpkins and fill the air with a hint of warm vanilla. The Outdoor Club is also heading out on October 18th for a beautiful fall trip to Ha Ha Tonka State Park, where we'll take in the breathtaking autumn colors.

And of course, I'm especially looking forward to our Membership Mixer on October 16th, themed around Team Spirit — a perfect evening to celebrate friendship, community, and connection.

Our Book Club has also chosen two great reads for the month:

If You Stopped Haunting Me by Colby Wilkins and The Family Upstairs by Lisa Jewell.

As you can see, there's a lot happening this month — and I can't wait to see many of you at these wonderful events!

October is Breast Cancer Awareness Month. This month is a special reminder of how important awareness and early detection are. About one in eight women in the United States will be diagnosed with breast cancer during her lifetime. The earlier it's found, the better the chances for successful treatment. Take a little time for yourself — know your body, schedule your regular screenings, and gently remind your friends and loved ones to do the same. Small steps can truly make a big difference.

And lastly...

We're already in the middle of the joyful chaos of planning our Craft Fair on December 6th, 2025! If you'd like to get involved — help organize, lend a hand, or share some ideas — we'd be thrilled to have your support. Together, we'll make this event something truly special. With lots of excitement for the colorful fall ahead,





AROUND THE WORLD MIXER WAS A HIT!

Our September "Around the World" Membership Mixer was a huge success thanks to the hard work and dedication of our Programs Chair and her committee! Their thoughtful planning brought together 35 members for an evening full of flavor, fun, and friendship. Guests enjoyed a delicious spread of foods representing several countries and tested their knowledge with a lively round of international trivia that had the whole room buzzing.

The evening also featured three fantastic vendors—BZHands, Nu Skin, and Treasure Slayer—who treated members to a bit of shopping. The highlight of the night came with the giveaway of a gorgeous Coach purse, generously donated by FWCSC member Paula Tackett, as an opportunity prize. Thank you to everyone who attended and helped make the night so special. Be sure to mark your calendars for next month's mixer—you won't want to miss the chance to show your team spirit (and maybe win another fabulous Coach bag)!



















"Friendship is the only cement that will ever hold the world together." ~Woodrow Wilson

LOOKING FOR A FLIPPING GOOD TIME?

GRAB A MAGNET AND JOIN THE FUN!







Contact our Activities Chair for more information

activitiesfwcsc@gmail.com

FWCSC CELEBRATES RIBBON CUTTING

WE ARE COMMITTED TO STRENGTHEN PARTNERSHIPS AND COMMUNITY TIES!



We are thrilled to share that the Fort Wood Community Spouses' Club has rejoined the Waynesville–St. Robert Chamber of Commerce after several years away! On September 15th, we celebrated our official ribbon cutting ceremony, and we couldn't be more excited to jump back in, get involved, and grow alongside our amazing community partners.



Cooking Club

OUR SUB-CLUBS HAD AN EXCITING MONTH IN SEPTEMBER AND CAN'T WAIT TO DO IT AGAIN!

Outdoor Adventures & Sports Club





























Lunch Bunch













Craft Club









Sub-Club News & Events











"The best way to find yourself is to lose yourself in the service of others."

Gandhi



FWCSC has been invited to the Senior Center for their Halloween Bash on October 30th! Reach out to our Volunteer Coordinator if you want to come with us!

Hospitalitychairfwcsc@gmail.com



Waynesville/St. Robert Senior Center



Bring items with you to the monthly mixer to earn tickets for the Sharing is Caring prize drawing at the end of the quarter!

- Food Prep Plastic Gloves
- Paper Towels
- Dial Foaming Hand Soap Refills
- Ziploc Sandwich Bags
- Kleenex
- 20 oz Seasonings/Spices
- Cooking Spray
- Vanilla Extract
- Baking Powder, Baking Soda
- Variety of Cake Mixes
- Saltine Crackers
- Coffee
- Iced Tea Bags
- Sugar Free Water Flavor Drink Packets
- PowerWash Dawn Dish Soap
- Scotch Green Scrub Pads
- SOS Pads
- Dial Hand Soap
- Heavy Duty Silicone Oven Mitts

Don't have time to shop?

Make a donation using the QR code and the club will go shopping at the end of the month and take the items to the Senior Center!



"Alone, we can do so little; together, we can do so much." – Helen Keller



October Birthdays

Polet Hoosier

Amy Will Cooney

Stella Kammer

Diana Castillo

Dana Meyer

Jenny Warren

Camille

Henderson

Angela Kloiber

VOLUNTEER OPPORTUNITY



FWCSC is proud to support Snack in a Pack (SIAP) again this year — a program that provides weekend and holiday meals to over 650 students in the Waynesville R-VI School District. Join us on the 4th Tuesday of every month from 10–11 AM at Pick Educational Center as we help pack food and keep this vital program running strong.

All volunteers must have a current background check on file with AmeriCorps (also located at Pick). For more information, please email: Hospitalitychairfwcsc@gmail.com



HOMEGROWN HISTORY:

How FWCSC Became "When Community Means Family"

Honoring our past, empowering the present, and inspiring the future

Since its founding in the 1970s, the Fort Wood Community Spouses' Club (FWCSC) has been more than just a club—it has been a family, a lifeline, and a legacy of service at Fort Leonard Wood. What began as a handful of dedicated spouses creating welcome baskets for newborns has blossomed into a 100% volunteer-led nonprofit that has touched countless lives through programs like the Layette Program, Sharing is Caring, Community Grants, and Scholarships.



Our new motto, "when community means family," is more than words—it's the heartbeat of who we are. From mixers and subclubs that build friendships to signature events like the annual Holiday Craft Fair and spring Basket Auction that fund our mission, every gathering becomes part of a larger story: one of service, connection, and love for our community.

As we look to the future, we carry with us not only pride in how far we've come but also determination to aim higher. With a goal of raising \$50,000 this year for scholarships and grants, FWCSC is ready to expand partnerships, spark new traditions, and build on the legacy that generations of spouses have created. Together, we honor our past, celebrate our present, and dream boldly for what comes next.













STRONGHOLD PANTRY IS AVAILABLE TO HELP

FWCSC's very own Samantha Mans brings heart, leadership, and the Stronghold Pantry mission back to Fort Leonard Wood.

Life in a military community can come with unexpected challenges, and the Stronghold Pantry is here to ensure that access to nutritious food isn't one of them. This incredible resource provides free groceries and household essentials to active-duty service members, Guard and Reserve families, and veterans in need—no strings attached. Whether it's bridging the gap between paychecks, adjusting to a new duty station, or facing sudden financial strain, the pantry exists to make sure no military family goes without.

We are especially proud to share that Fort Leonard Wood has a new Stronghold Ambassador—Samantha Mans, who also happens to be one of our own FWCSC members and serves on the Board of Governors as our Vendor Relations Chair! Samantha brings both heart and dedication to this role, and she's passionate about supporting military families and carrying forward the Stronghold mission right here in our community. She's ready to connect with families, answer questions, and help guide those who may benefit from this program.

The Stronghold Pantry isn't just about food—it's about dignity, support, and community. By removing barriers and providing practical help, it allows military families to focus on what matters most. FWCSC is proud to highlight resources like this that strengthen and uplift our community.

For more information visit Stronghold Pantry's website or scan the QR code on the right.











WICKEDLY EASY CARAMEL APPLE NACHOS

A sweet and crunchy twist on a fall classic that's ready in minutes—perfect for parties, snacks, or cozy nights in.

Ingredients

- 2-3 apples, thinly sliced
- 1/4 cup caramel sauce
- 1/4 cup mini chocolate chips
- 1/4 cup chopped nuts (optional)
- Whipped cream (optional)

Instructions

- 1. Arrange apple slices on a large plate or platter.
- 2. Drizzle with caramel sauce.
- 3. Sprinkle with chocolate chips and nuts.
- 4. Add a dollop of whipped cream if desired.

That's it! What a fun spin in a classic snack food that the whole family is sure to enjoy!







RECIPES WANTED

Recipes

Recipes

Have a favorite recipe you want to share? We would love to feature your favorite fall favorites in the next issue.

Send your recipes to Delinda at fwcscpublicrelations@gmail.com



PUMPKIN SPICE POWER BITES

These no-bake energy bites pack all the cozy flavors of pumpkin spice into a healthy, grab-and-go snack.

Ingredients

- 1 cup oats
- ½ cup canned pumpkin puree
- ½ cup nut butter (peanut or almond)
- 1/4 cup honey or maple syrup
- 1 tsp pumpkin pie spice
- 1/4 cup mini chocolate chips (optional)

Instructions

- 1. Mix all ingredients in a bowl until well combined.
- 2. Roll into small balls and chill for 30 minutes.

CRAFT FAIR INFORMATION



Save the date for one of our favorite events of the year and one that the community looks forward to... the FWCSC Annual Holiday Craft Fair!

Friday, December 6th 9:00 AM - 3:00 PM Waynesville High School

Last year we had over 1300 people attend and this year we want to go even bigger!

VOLUNTEERS NEEDED!

Our annual Craft Fair is one of FWCSC's biggest and most exciting events of the year—and we can't do it without an amazing team of volunteers! We are looking for helping hands (and creative minds!) to join the Craft Fair Committee and help us bring this event to life.

Please reach out to the Craft Fair Chair to volunteer for this event: Hospitalitychairfwcsc@gmail.com



INVITE EVERYONE YOU KNOW TO ATTEND!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Cooking Club 6:00-9:00 PM @ Main Chapel	8 Game Night Club 6:00-8:00 PM @ Woodlands Community Center	9	1O BUNCO! 7:00-9:00 PM @ FLW USO	11
12	13	14	LUNCH BUNCH 12:00-2:00 PM @ Prince Solomon's Royal Indian Restaurant	16 Monthly Member Meeting & Mixer 6:00-8:00 PM @ FLW USO	17	Outdoor Adventure Club 9:00-4:00 PM @ Ha Ha Tonka
19	20	21 Craft Club 10:00-12:30 PM 6:00-8:30 PM @ Woodlands Community Center	22	23	24	25
26	27	28 Snack in a Pack 10:00-11:00 AM @ Pick Ed. Center Book Club 6:00-8:00 PM @ 787 MP BN	29	Halloween Bash 11:00-2:00 PM @ Waynesville St. Robert Senior Center	31	1
2	3	4	5	6	7 BUNCO! 7:00-9:00 PM @ FLW USO	8