

Prayer before work

O Lord Jesus Christ, the only-begotten Son of the eternal Father, Thou hast said, "Without me you can do nothing." In faith I embrace Thy words, O Lord, and bow before Thy goodness. Help me to complete the work I am about to begin for Thine own glory: in the Name of the Father, and of the Son, and of the Holy Spirit.

Amen.



Prayer after work

Thou, O Christ, art Thyself the fulfillment of all good things!
Fill my soul with joy and gladness, and save me, for
Thou art all merciful.

Amen.