

Amethyst Beauty Salon and Spa
Laser Hair Removal Client Consent Form

First Name	_____	Last Name	_____
Phone	_____	Email	_____
Date	_____	Date of Birth	_____

Instructions

This document has been prepared to help inform you about laser procedures, and its risks. It is important that you read this information carefully and completely. Please initial each page indicating that you have read the page and sign the consent at the end of the document.

General Information

Trying to get rid of unwanted hair on the face or body is a common problem. Laser hair reduction offers results that cannot be achieved with conventional shaving or waxing. The laser works by targeting the hair in the follicle, below the skin's surface. The laser we use is FDA approved and safe and effective. The laser energy is transformed into heat which destroys the hair follicle leaving the surrounding skin unaffected. While some areas of the body are more sensitive than others, most patients report little discomfort.

Hair grows in cycles. A minimum of four to six treatments will be necessary as the process is most effective on hair during early growth cycles. After each session you will see substantial visible hair reduction. Each laser hair removal treatment will result in hair growth reduction. Additionally, hair will grow progressively slower, lighter, and finer with each treatment. It takes more than one treatment to affect all the follicles growing in an area.

The number of sessions will vary for each individual. During the initial visit the laser light disables those follicles in the "active" phase of the growth cycle. Follicles in the "dormant" phase will not be affected. Since follicles cycle through "active" and "dormant" phases, additional sessions may be desired once the "dormant" follicles become "active" For this reason we recommend a series of treatments. Most people achieve satisfactory clearance after four to six treatments, but individual results may vary depending on medical and genetic factors. Lighter coloured hair may require more treatments than darker coloured hair.

Instructions

Pre-Treatment

Avoid tanning for 2-3 months.

Avoid waxing, tweezing, or depilatory use for 6 weeks.

Avoid irritants such as products containing glycolic acid or Retin-A in the area for 5 to 7 days.

No Accutane for 6 months prior to treatment.

Shave the desired treatment area the night before laser treatment.

Wear loose, comfortable clothing on the day of treatment so as not to irritate the treated area.

Post-Treatment

The areas treated with laser may be red following treatment. This will generally fade within 2 to 3 days. The treated area can be washed normally with mild soap and water. Wash the area gently. Use of a washcloth or other abrasive instrument is not recommended.

Cover the treated area with a sunscreen of SPF 15 or higher and avoid sun exposure to the treated area for 4 to 6 weeks. No direct sun exposure for at least 2 weeks.

Avoid irritants such as products containing glycolic acid or Retin-A in the area for 5 to 7 days.

No deodorant to the treated area for 48 hours.

Minor crusting or scabbing of the treated area can occur following treatment. Do not rub or pick the scab. Wash gently with mild soap. Apply an antibacterial ointment to the area. Apply 1% hydrocortisone or Aloe Vera to the treated area as redness occurs.

Hair remaining in the follicle will extrude typically within 1 to 2 weeks after treatment. This will look like growth, but it is simply the body's way of eliminating the hair from the injured follicle. On the third day post treatment you may shave or gently wash the area to help loosen hair that is still embedded in the follicles.

No exercise until the perifollicular edema (red bumps) resolves.

No jacuzzi, sauna, or stem baths until the skin is back to normal.

Downtime: 24 to 48 hours

Risks

All medical and cosmetic procedures are associated with certain risks and may result in complications. Possible risks and complications include

- Temporary reddening, burning, swelling, bruising or discolouration of the skin in the treated area
- Blistering, crusting, scarring, activation of cold sores, infection or permanent discolouration, which may occur in rare cases. Please inform us if you have ever had a problem with cold sores.
- folliculitis, which is an infection of the hair follicle, which may take several days to resolve
- Hyperpigmentation (darkening of the skin) or hypopigmentation (lightening of the skin), which may take several months to fully resolve
- As with all laser hair removal procedures, some re-growth of hair may occur after treatment sessions are completed.

Not Good Candidates

Generally you are not a good candidate for a laser hair removal procedure if you are pregnant, nursing, or plan to become pregnant while undergoing laser hair removal treatments. Individuals who have used Accutane within the past six months or who used any medication requiring limited exposure to sunlight are not good candidates for a laser hair removal procedure. The laser may not be effective on blonde or grey hair.

Please inform us prior to your treatment if you have any allergies.

Consent

By signing this form, you understand and agree as follows (check all that apply):

- The information contained in this document was explained to me using terms I could understand, and all my questions and concerns have been answered. After reviewing all the information provided to me about cosmetic procedures and reviewing my health status, I believe I am a good candidate for a laser hair removal procedure.
- I understand that laser hair removal is an elective procedure and hereby freely accept all possible risks, complications and side effects that may result from this procedure.
- I acknowledge that the laser hair removal procedure will be performed by an employee of Amethyst Beauty Salon and Spa, who is properly trained and certified in its usage.
- I understand that no guarantees have been made to me regarding the outcome of the laser hair removal procedure.
- This consent form is valid for all future laser hair removal treatments performed, and I will alert the staff if there is any future changes to my medical history, or if I become pregnant.

Patient's Signature _____ Employee's Signature _____

