

Amethyst Beauty Salon and Spa  
3D Microblading Client Consent Form

First Name	_____	Last Name	_____
Phone	_____	Email	_____
Date	_____	Date of Birth	_____
Phone	_____		
Address	_____		
Emergency Contact Person	_____	Phone	_____

**Instructions**

This document has been prepared to help inform you about 3D microblading procedures, and its risks. It is important that you read this information carefully and completely. Please initial each page indicating that you have read the page and sign the consent at the end of the document.

**General Information**

Your new temporary eyebrow will go through several phases during the healing cycle.

The pigment will appear very sharp and stark immediately after the procedure. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The colour of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is the excess pigment and/or body fluid that is naturally exiting your skin.

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the colour of the pigment is fading too quickly, however, this is just superficial colour and dry skin being naturally removed from your eyebrows.

Once completely healed, after 2 weeks, always apply a layer of sunscreen SPF 30 up to SPF 50 on your eyebrows when exposed to the skin. Sun exposure might cause the colour pigment to fade away for quickly.

You can now enjoy your beautiful new temporary eyebrows. You will simply love your new gorgeous fresh look!

**Instructions**

**Pre-Treatment**

- Avoid sun and tanning 1 week prior to your procedure.
- Avoid facials or chemical peels 1 week prior to your appointment.
- Avoid Glycolics, Retin-A, AHA or Retinol products 2 weeks before the procedure.

- Do NOT consume any alcoholic beverages, coffee or tea 24 hours before the appointment, This will help prevent any excess bleeding and minimize swelling during the procedure.
- DO NOT take Aspirin, Ibuprofen (Advil), Vitamin E, Niacin or Fish Oil unless medically necessary 72 hours prior to your appointment. Tylenol is fine.
- DO NOT wax, thread or tint your eyebrows 1 week before your procedure.
- DO NOT work out 24 hours prior to your procedure.
- If you have any cosmetic surgical procedures done on the face, please wait at least 2 months prior to the procedure.
- If there are any open wounds, pimples, bruises, or any other skin irritations on the area, please wait for them to be completely healed before attending the scheduled appointment. Please contact us immediately if rescheduling is necessary due to this matter.

### **Post-Treatment**

It is essential that you follow these instructions after your Microblading session:

Day 1 (Day of treatment): Wait 1 to 2 hours and let the wounds weep lymph. After 2 hours you may wipe off lymph with a moistened cotton pad, then apply a thin layer of Aquahor with a cotton swab. Do this every hour until bed. Wash your hands with disinfectant soap before applying the post-care cream.

Day 2 to 9: Repeat the wiping of the brows at least 2 times a day. Wash your hands with disinfectant soap before applying the post-care cream.

The following must be avoided during all 9 days post-microblading procedure:

- Sweating. It is recommended not to sweat for the first days after the procedure. Sweat is salt and can prematurely fade the treated area.
- Practicing sports
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning. Absolutely No Sun, sweating or tanning prior to the procedure or after the procedure for 2 weeks. Do not have a tan/sunburn on your face prior to your procedure. The tan will exfoliate taking colour with it as it fades.
- Any laser or chemical treatments or peeling, and/or any creams containing Retin-A or Glycolic Acid on the face or neck
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Spicy foods
- Smoking
- Drinking alcohol in excess, as it may lead to slow healing of wounds

- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab

Before showering apply a layer of post-care cream to protect your eyebrows from moisture. During the shower keep your face away from the showerhead.

Itching and flaking may appear during the first 7 days post-microblading procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear.

The healing of deeper wounds might last between 14 to 21 days. Touch-ups and/or correction of the shape-design is recommended only after this period.

If you have any unexpected problems with the healing of the skin, please contact us immediately, to discuss further instructions.

At first sign of infection, allergic or or adverse reaction, consult with a health care practitioner.

### **Client Medical History**

Do you have or previously had any of the following: (Circle YES or NO)

- YES NO History of MRSA
- YES NO Botox (Last treatment \_\_\_\_\_)
- YES NO Diabetes
- YES NO Hepatitis A B C D
- YES NO Forehead/Brow Lift
- YES NO Easy Bleeding
- YES NO Facelift
- YES NO Alcoholism
- YES NO Abnormal Heart Condition
- YES NO Take medication before dental work
- YES NO Chemical Peel (Last treatment \_\_\_\_\_)
- YES NO Pregnant now - Breastfeeding now
- YES NO Brow Lash Tinting
- YES NO Autoimmune disorder
- YES NO Oily Skin
- YES NO Cancer (Year \_\_\_\_\_)
- YES NO Accutane or acne treatment
- YES NO Chemotherapy/Radiation

**YES NO** Tan by booth or salon  
**YES NO** Tumors/Growths/Cysts  
**YES NO** Difficulty numbing with dental work  
**YES NO** Taking blood thinners such as: Aspirin, ibuprofen, Alcohol, Coumadin, etc.  
**YES NO** Allergic reaction to any medications such as Lidocaine, Tetracaine, Epinephrine, Dermacaine, Benzyl Alcohol, Carbopol, Lecithin, Propylene Glycol, Vitamin E Acetate, etc.

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**YES NO** Allergies to metals, food, etc. \_\_\_\_\_

**YES NO** Any diseases or disorders not listed \_\_\_\_\_

**YES NO** Do you use skin care products containing Retin-A, Glycolic Acid, or Alpha Hydroxy?  
Please list any medications you are taking \_\_\_\_\_

### **Risks & Complications**

- Pain: There can be pain even after the topical anesthetic has been used. Anesthetics work better on some people than on others
- Infection: infection is very unusual. The areas treated must be kept clean, and only freshly cleaned hands should touch the areas.
- Uneven Pigmentation: This can result from poor healing, infection, bleeding, or many other causes. Your follow-up appointment will likely correct any uneven appearance.
- Asymmetry: Every effort will be made to avoid asymmetry, but our faces are not symmetrical so adjustments may be needed during the follow-up session to correct any unevenness.
- Excessive Swelling or Bruising: Some people bruise or swell more than others. Ice packs may reduce the swelling. The swelling or bruising typically disappears in 1 to 5 days. Some people don't bruise or swell at all.
- Anesthetics: Topical anesthetics are used to numb the area. Lidocaine, Prilocaine, Benzocaine, Tetracaine, and/or Epinephrine cream and/or liquid are used. If you are allergic to any of these, please inform us.
- MRI: Because pigment used in Permanent Cosmetic Procedures contain inert oxides, a low level magnet may be required if you need to be scanned by an MRI machine. You must inform your MRI Technician of any tattoos or permanent cosmetics.
- Allergic Reaction: Although an allergy is unusual, there is always a possibility of an unknown allergy to the pigments and materials used during procedure.

### **Not Good Candidates**

Permanent makeup is **NOT RECOMMENDED** for any clients who are or have

- Pregnant or nursing
- History of Keloids or Hypertrophic scarring
- Diabetic (require doctor's clearance)
- Undergoing chemotherapy

- Viral infections and/or diseases
- Epilepsy
- Pacemaker or major heart problems
- Had any organ, knee or hip transplant
- Skin irritations or Psoriasis near treated area (rashes, sunburn, acne, etc.)
- Accutane in the past year
- Had botox in the past 4 weeks
- Any treatment, medication, or illness that compromises the immune system

### **Photography Release Consent**

We would like your permission to use these photos for advertising. For example: Portfolios, online and print ads, etc. Your consent is necessary regarding this. Please check an option and sign indicating whether or not you would like your photos used or not used in advertising.

- Yes, feel free to use them \_\_\_\_\_
- No, please do not use them \_\_\_\_\_

### **Consent**

By signing this form, you understand and agree as follows (check all that apply):

- Aftercare instructions have been explained to me and a copy has been given to me to retain in my possession, which I will follow to the best of my ability. If I have any questions, I will contact you.
- I understand that a certain amount of discomfort is associated with this procedure, and that swelling, redness and bruising may occur.
- I understand that although the technique is performed correctly, is considered semi-permanent since it fades and exfoliates out with the skin over time, strokes and markings are considered permanent by nature and by the Health Department.
- I understand that Retin A, Renova, Alpha Hydroxy and Glycolic Acids must not be used on treated areas. They will alter the colour and cause premature exfoliation of the pigment.
- I understand that tanning beds, pools, some skin care products and medications can affect my permanent makeup
- I understand that successful colour saturation can NOT be guaranteed due to hidden scar tissue
- I will tell all skin care professionals or medical personnel about my permanent makeup procedures, especially if I am scheduled for an MRI.
- I accept the responsibility to explain to you by desire for specific colours, shape, and position for any procedure done today.

- I understand that implanted pigment colour can slightly change or fade over time due to circumstances beyond your control, and I will need to maintain the colour with future applications and a touch-up session within 60 days.
- I acknowledge that the proposed procedure(s) involve risks inherent in the procedure, and have possibilities of complications during and/or following the procedure such as: infection, misplaced pigment, poor colour retention, hyper-pigmentation, scarring, bleeding, and nerve damage.
- I have been advised that a touch-up session is highly recommended to make any adjustments to shape, colour, and to fill any pigment that may have had poor retention. Touch-ups must be completed within 60 days of initial procedure.
- I have been quoted the cost of today's appointment, and the cost of the touch-up. Touch-ups must be completed within 60 days of initial procedure to be considered a touch-up price.

I certify that I have read or have had read to me the contents of this form. I understand the risks and alternatives involved in this procedure(s). I have had the opportunity to ask questions, and all of my questions have been answered. I acknowledge that I have reviewed and approved the material given to me, and I authorize \_\_\_\_\_ as my Eyebrow Microblading technician(s) to perform on my body the 3D Eyebrow Microstroking procedure desired today.

Signed \_\_\_\_\_ Date \_\_\_\_\_