

Do You Know Anyone Who Can Benefit From Interactive Metronome?

Introduction:

IM is a brain-based rehabilitation assessment and training program developed to directly improve the processing abilities that affect attention, motor planning and sequencing.

Benefits:

Strengthens motor skills, including mobility and gross motor function, and fundamental cognitive capacities such as planning, organizing, and language. It is science based and has been shown to improve attention and concentration; motor control and coordination; cognitive processing; reading and math fluency; and control of aggression and impulsivity.

Who will benefit from this?

Individuals with motor planning, sequencing problems, speech and language delays, motor sensory disorders, learning deficits and various cognitive and physical difficulties. Adults and pediatric patients who have benefited from IM include the following diagnosis: Sensory Integration Disorder, Asperger Syndrome, Autism, ADD/ADHD, Dyslexia/Reading difficulties, Cerebral Palsy, & Neurological disorders.

How it works?

The IM Program provides a structured, goal oriented training process that challenges the patients to precisely match a computerized beat. Participants are instructed to synchronize various hand and foot exercises to a reference tone heard through headphones. A patented audio or audio-visual guidance system provides immediate feedback. Treatments consist of 60 minute sessions, 3-5 times per week. 15 sessions are required to complete the program. Sessions may be modified for clients with physical impairments.

Cost?

An initial speech evaluation needs to be done to access the child's true language and processing skill level. This is usually covered by insurance. You need a prescription or a referral from the doctor. The initial metronome cost is \$160.00: 14 consecutive sessions cost is \$135.00 per session.

Goal?

The goal of IM treatment is to improve the individual's ability to process, sequence, and attend. The treatment is customized and varies from person to person based upon individual abilities and goals.

How do I make the appointment?

Contact Stephanie Gilfarb, Owner, Bi-County Therapy, (954)-680-0488 Office OR (786)-301-5709 Cell.