**Mile-Hi Moments: They’re Why We Play The Game**

**Keynote/General Session 60-90 min**

**NCCR Category: Crew Resource Management and/or Culture of Safety; OB up to 0.5 hour, Airway up to 0.5 hrs, ACS up to 0.5 hours**

**Overview: So often we talk about the “bad calls.” What we should be focusing on, are the positive ones. We all have of plenty of calls that drag us down and make us question our choice of profession. While important to learn from, these calls don’t build us up. Come while I share some of the Mile-Hi Moments in my career. Together we will remember all the awesome reasons that we chose EMS as our profession, and why there is nothing else we would rather do. What you do is important and this presentation will remind you why.**

**Objectives:**

1. The student will identify the importance of focusing on positive career points.
2. The student will list reasons why they chose EMS as a profession.
3. The student will be revitalized and state that the job they do is important and that they are valuable.
4. The student will list identifying factors for RVI.

**Outline: Target Audience-All emergency personnel**

**Intro: Why EMS? Why I Love This Job**

**Concepts**

1. Where is our focus? (10 minutes)
   1. Too often on the negatives.
   2. Learn from the negatives, don’t dwell.
   3. Focus on the positives.
2. Case #1, RVI with Torsades Arrest and subsequent resuscitation (10 minutes)
   1. This call came about 1 month after a devastating call.
   2. It’s a save that reminds me why I love the job.
   3. A critical case with a near perfect team effort.
3. Field Delivery One Week Before Christmas(10 minutes)
   1. So often we see the end of life. How awesome is the beginning?
   2. How great does it feel to be a RockStar?
   3. A successful birth is one of the most uplifting calls you can run.
4. Field Cric (10 minutes)
   1. Patient has a poor outcome ultimately
   2. The cric was good, the patient succumbed to other injuries
5. If we let them, the good calls will stick with us longer than the bad.(15 minutes)
   1. Hold on to the positives.
   2. Nothing can dispense with the darkness like the light.
   3. Some calls come back every time you see the patient. Some for years.
   4. If we make one difference, in one life….. Isn’t that worth it?
6. Summary (5 minutes)
   1. Motivational Points and review
   2. Challenge to be a RockStar Medic and hold on to the good calls.