**What’s Your Sign? Medical and Trauma Assessment Signs For EMS**

**Breakout Session 60 min**

**Overview: We all know about signs, they tell us where to go and what to do. How familiar are you with all the medical signs running around? In this presentation, we will cover a myriad of common signs, what to look for, how to test for them, and what they mean. If you have every stuck your Babinski sign in your mouth, you know what a pain in the Grey-Turner sign that can be, so come in and we will take a minute to talk about all the Cullen’s, Battle’s and Kernigs in the group. Be prepared to walk away as the new assessment ace in your house.**

**NCCR Category: Trauma(0.5 hrs)/Ventilation(0.25 hrs)/ACS(0.25hrs)**

**Objectives:**

1. The student will identify common signs associated with specific assessment findings.
2. The student will describe how to differentiate these signs in the setting of an assessment.
3. The student will list multiple assessment signs and their causes.

**Outline: Target Audience-All emergency personnel**

**Intro:** A quick introduction to the topic and a quick discussion about how important excellent physical exams are in a good medical practice.

**Concepts**

1. Signs (50 miutes)
   1. Cover various signs to include but not limited to Kernigs, Brudzinskis, Babinski’s, Grey-Turner, Battle’s, Cullen, Caput Medusae, and Dunphy Signs.
   2. Each sign will be followed by, the proper way to check for said sign.
   3. Each sign will also be discussed as to its diagnostic value and use in the clinical setting.
   4. We will spend an hour learning about various signs, which we will group according to specialty.
2. Talk About How Being Able to Identify These Signs Make Us Better Providers (5 minutes)
3. Summary (5 Minutes)
   1. Don’t Forget to Assess Everything Else
   2. Don’t get hung up on the name of a sign, the finding itself is the most important part.
   3. Be A RockStar Medic.