

FOR IMMEDIATE RELEASE

Seattle, WA — January 21, 2026 — After serving **more than 500 older adults across the Pacific Northwest**, Real Fun! Virtual Reality is redefining how seniors experience joy, connection, and exploration through immersive virtual reality (VR) programs designed specifically for older adults, including those with physical or mobility limitations.

Founded by **Melissa Vasiliades**, a mom, wife, survivor, and third-generation Seattleite with more than 25 years of leadership experience in the health care industry, Real Fun! Virtual Reality delivers facilitated, easy-to-use VR experiences in senior living communities, enabling residents to revisit meaningful places and explore new environments from the comfort and safety of their community.

Melissa's passion for enriching the lives of older adults was shaped early in life when her grandmother with Alzheimer's moved into her family's home when Melissa was 16. Witnessing firsthand the challenges and emotional impact of caregiving inspired her to build a business that blends people, technology, and compassion.

Through immersive scenic travel, nature exploration, and nostalgic destinations, Real Fun! VR experiences help participants relax, reminisce, and strengthen social connections with caregivers, peers, and family members, including their grandchildren.

Recently, a 102-year-old resident participated in a Real Fun! VR session, revisited her hometown in Germany before swimming with dolphins, all in a single afternoon. The experience demonstrated that curiosity, exploration, and joy have no age limit. She stated "I cannot believe I was able to see my hometown again. This is incredible!"

"Seeing the instant smile on someone's face when they use VR, especially a person who has lived for over a century, is incredibly powerful," said Vasiliades. "Our mission is to bring happiness, connection, and meaningful engagement to older adults. Research has shown that social isolation can be as harmful to health as smoking 15 cigarettes a day. We want senior communities to have access to tools that help residents live healthier, happier lives, regardless of physical limitations."

Designed with seniors in mind, Real Fun! Virtual Reality sessions are facilitated one-on-one or in small groups, with a strong emphasis on safety, comfort, and ease of use. Programs are tailored to each community and can support ongoing engagement, special events, and enrichment programming.

Real Fun! Virtual Reality currently serves independent living, assisted living, memory care, and skilled nursing communities throughout the Pacific Northwest.


About Real Fun! Virtual Reality:


Real Fun! Virtual Reality is a Seattle-based company that provides facilitated virtual reality experiences designed for older adults. Founded by healthcare leader and entrepreneur Melissa Vasiliades, the company partners with senior living communities to support social connection, engagement, and quality of life through safe, accessible immersive technology. Real Fun! Virtual Reality serves independent living, assisted living, memory care, and skilled nursing communities throughout the Pacific Northwest.

For more information about Real Fun! Virtual Reality for Seniors or to schedule a demonstration, please reach the media contact:

Instagram & YouTube: @realfunvr

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