

Establishment of Care

Our work together in using The Body Code and any adjunctive products (such as the Resonating Relationships program) is not counseling, mental health care or medical care and is not intended to take the place of such care. In our work together, we will simply attempt to make energetic shifts in your body that may help you to have a healthier romantic life, but this is not a medically or scientifically proven process and therefore, no guarantees of results can be given. Use this program at your own risk.

Sensitive Material Advisory

The Resonating Relationships program contains sensitive questions that may make some people uncomfortable. Some of these questions are about sexuality and traumatic events in your past. These questions are contained in the document in order to help us identify issues that may be preventing you from having a healthy relationship. Despite the strategic reasons for asking these questions, if you become uncomfortable, you may stop the session at any time, or request to skip answering questions you are not comfortable with. You do not have to reveal anything that you don't feel comfortable revealing. If you feel you may become emotionally unstable or triggered by sensitive questions about sexuality, your history or your current situation, consult your mental health care professional to see if doing energy work with The Body Code 2.0 and the Resonating Relationships program is right for you.

Confidentiality

I will keep our work together and anything else you tell me confidential, with the exception of special situations described in the numbered list that follows:

1. If I believe that you, a child, an elderly person, or a disabled person is being abused, I must file a report with the appropriate state or local agency.
2. If I believe that a client is threatening serious bodily harm to another, I am required to take protective actions. These actions may include notifying the potential victim, contacting the police, or seeking hospitalization for the client.
3. If I believe that you are in imminent danger of harming yourself, I may legally break confidentiality and contact the police, a local crisis team, or a family member or other intimates.
4. If a judge has ordered my testimony in legal proceedings.
5. If I am asked to provide services to your spouse or partner, in which case we will discuss in advance to establish the limits of confidentiality. Keep in mind that if confidential information is a concern, it may be better for your spouse or partner to work with a different practitioner.
6. I may occasionally find it helpful to consult other professionals about a client. During a consultation, I make every effort to avoid revealing the identity of the client. You may specifically request that I do not engage in such consultations.

Please type or sign your name below, add the date, and return the document to me.

Signed:

Date: