



Privacy Practices

Last updated: September 3, 2025

Unbridled Psychotherapy PLLC values your privacy and is committed to protecting your personal information. This Privacy Policy explains how we collect, use, and safeguard information obtained through our website and services.

1. Information We Collect- **Personal Information you provide** (e.g., name, phone number, email) when you contact us through our website or forms. **Health Information** only if you submit it via secure forms, intake paperwork, or during therapy sessions. **Technical Information** such as IP address, browser type, and site usage data, collected automatically for website functionality and analytics.

2. How We Use Your Information- Your information may be used to: Respond to your inquiries and schedule appointments. Provide psychotherapy and related services. Communicate important updates, policies, or appointment reminders. Improve our website and services. We will **never sell, rent, or trade your personal or health information**.

3. Confidentiality & HIPAA Compliance- Any health-related information you share is protected under HIPAA. Therapy records are confidential and used only for your care. Information will not be shared without your written consent, except as required by law (e.g., imminent risk of harm, abuse/neglect reporting, court order).

4. Cookies & Website Tracking- Our website may use cookies or analytics tools to improve usability. You can disable cookies through your browser settings.

5. Third-Party Links- Our website may link to external resources. We are not responsible for the privacy practices or content of third-party sites.

6. Your Rights- You have the right to: Access and request copies of your health information. Request corrections to your records. Request restrictions on how your information is shared. Revoke consent for the use of your information (except where required by law).

7. Data Security- We use administrative, physical, and technical safeguards to protect your information. However, no method of transmission over the internet is 100% secure. Please avoid sending sensitive health information via unsecured email or contact forms.

8. Contact Us- For questions about this Privacy Policy or your rights-
Contact: **Unbridled Psychotherapy PLLC**; Noel Gladding, LLMSW; 5864
Apache Trail; Hastings, MI 49058; Phone: (616) 438-4639



Terms of Service

Last updated: September 3, 2025

1. Use of Website- This website is intended for general informational and educational purposes only. It is not a substitute for professional psychotherapy, diagnosis, or treatment.
2. No Therapist-Client Relationship- Viewing this site, submitting a form, or contacting us does not establish a therapeutic relationship. A formal therapist-client relationship is only created once you complete intake paperwork, provide informed consent, and attend your first scheduled session.
3. No Emergency Services- This website is not monitored 24/7. If you are in crisis or experiencing an emergency, call **911** or go to the nearest emergency room. You can also call or text **988** to reach the Suicide & Crisis Lifeline.
4. Intellectual Property- All website content, including text, images, and materials, are the property of Unbridled Psychotherapy PLLC unless otherwise noted. Content may not be copied, distributed, or reproduced without prior written consent.
5. External Links- Our website may link to external websites for convenience. We are not responsible for the accuracy, safety, or content of third-party sites.
6. Limitation of Liability- Unbridled Psychotherapy PLLC is not liable for any damages arising from the use or inability to use this website, including reliance on information provided.
7. Modifications to Terms- We reserve the right to update or modify these Terms of Service at any time. Updates will be posted on this page with a revised "last updated" date.
8. Governing Law- These terms are governed by the laws of the State of Michigan.
9. Contact Us For questions about these Terms of Service, please contact:
Unbridled Psychotherapy PLLC; Noel Gladding, LLMSW; 5864 Apache Trail; Hastings, MI 49058;
Phone: (616) 438-4639



Website Disclaimer

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No Therapeutic Relationship- Use of this website, including submitting a contact form or reading content does not establish a therapist–client relationship. A therapeutic relationship is only formed once you have completed intake paperwork, provided informed consent, and attended your first session with a licensed therapist.

Not Emergency Care- This website is not monitored 24/7 and should not be used in crisis situations. If you are experiencing an emergency, please call **911** or go to your nearest emergency department. You may also call or text the **988 Suicide & Crisis Lifeline** for immediate support.

Accuracy of Information- While we strive to keep the information on this site current and accurate, we make no guarantees about its completeness, timeliness, or applicability to your specific situation.

External Links- This website may provide links to external websites for convenience or reference. Unbridled Psychotherapy PLLC is not responsible for the content, accuracy, or privacy practices of any third-party site.

No Guarantees- Participation in psychotherapy may involve risks and benefits, and outcomes cannot be guaranteed. Each client's experience will vary. By using this website, you acknowledge and agree to these terms.