

Why do we need to wear Heliocare 360° every day, all year round?

		RADIATION			
		UVB	UVA	Visible light	Infrared-A
	Highest intensity:	Summer	Every day, all year round		
DETAILS	Depth of penetration:	Epidermis	Dermis	Epidermis & Dermis	Dermis & hypodermis
	Key stats:	Makes up 5% of UV rays that reach the skin Causes 5% of free radicals	Makes up 95% of UV rays that reach the skin Causes 46% of free radicals	Responsible for 33% of free radicals	1/3 of solar radiation reaching the skin is IR-A Over 65% of IR-A reaches the dermis
	Sun burn	 ✓ 			
DAMAGE CAUSED	Free radical damage	 ✓ 	 ✓ 	 ✓ 	~
	DNA damage	 ✓ 	 ✓ 	 ✓ 	~
	Immunosuppression	 ✓ 	✓	✓	~
	Pigmentation	 ✓ 	 ✓ 	 ✓ 	
	Collagen breakdown		✓	✓	~
	Skin cancer	~	~	~	~