

# Higher Ground Newsletter

Lake Superior Interfaith Community Church

“Spiritual integrity through compassion, diversity and hope”

1414 East 9th Street, Duluth MN 55805 218-724-6554

New Service time:  
10:30 a.m

- Our potluck communion meal follows the service.

## CHURCH BOARD

### President & Secretary

Carol Gieseke (2020)

### Vice President & Financial Secretary

David Fritze (2021)

### Treasurer

Andrew Merzowski (2021)

### Trustees

Cindy Fritze (2021)

Barb Steger-Kollath  
(2020)

(Term End Date)

## Mission Statement

LSICC is committed to spiritual growth by offering our congregation and our community a house of prayer and meditation, and to lighting a path to learning and empowerment.

## President's Letter

I've been collecting bits of comfort and wisdom from my daily readings for the past couple of weeks—Mike Dooley calendar (MD), Marianne Williamson calendar (MW), Daily Word, and teabag tags (TB), I've decided to share them here instead of my “usual” letter.

- ♥ You do not receive what you want; you do not receive what you pray for, not even what you say you have faith in. You will always receive what you actually expect. (DW, quoting Eric Butterworth)
- ♥ Thought is Cause; experience is Effect. If you don't like the effects in your life, you have to change the nature of your thinking. (MW)
- ♥ You must learn a new way to think before you can master a new way to be. (MW)
- ♥ Whenever your perspective on something creates emotional pain, it's always because your perspective is still so narrow that you've yet to see all the good it will make possible.  
  
Because it will. (MD)
- ♥ The reason things always work out for the best is because this is actually the highest of all spiritual laws. (MD)
- ♥ Any apparent exceptions are simply evidence that work is still in progress, whether or not it can be seen. (MD)
- ♥ One key to abundance in every area of life is this: We experience God's peace and harmony to the extent to which we love, forgive, and focus on the good in others and in ourselves. (MW)
- ♥ Compassion (*for others and self*) will make you beautiful. (TB)
- ♥ Life is a flow of love; your participation is requested. (TB)

Gratefully yours,  
Carol Gieseke

Below is a summary of the message Phyllis McCoy shared with us on January 5.

*Greetings, Church Family!*

What we do not speak lies dormant until we give it life.

We identify ourselves as an interfaith church. How do we think of ourselves? How do we speak about our church?

We are Catholic and Coptic, Baptist and Buddhist, Sufi, Lutheran, Jewish and An-ishinaabe. We are all of this and more, and it is important that we deny no part of ourselves; important not to try to be an amalgam of all things. Interfaith does not mean melded as one ideal, rather honoring all the parts of ourselves stored in our DNA. In so doing, we truly honor each one around us.

When I was here in October, Reverend Hutchinson came to me and asked that I help him place an angel in each of the corners of our sanctuary. He, along with Jesus and the angels, reports that in doing so we establish ourselves as a "Cornerstone Church."

How do we commonly think and speak about our church? Many smaller churches speak about "aging out," that their numbers are dwindling and they see the demise of their churches. We here at LSICC also limit ourselves as we refer to finances and numbers, our struggle to survive.

What we do not speak lies dormant until we give it life.

Our significance does not rely on our numbers. Our significance relies on our faith. We are growing UP! We are a Cornerstone Church, more significant to our community and for Earth than we have yet believed or expressed. Now is the time to feel it, speak it, think it! Are we ready to shift words and thoughts to expand into that image?

Here we have our challenge and our promise: to grow into this magnificent body of faith - our Cornerstone Church. We are growing UP!

#### LSICC/HIGHER GROUND — ADVERTISING GUIDELINES

Business card size: \$12.00    1/4 page: \$20.00    1/2 page: \$40.00    Full page: \$70.00

Please submit your copy in JPG format for ease in editing or as raw copy to be created by staff to fit the space. Copy submission dates are noted in each issue (see below). Each issue covers two months, doubling your ad exposure.

Submit your payment to Lake Superior Interfaith Community Church at 1414 East 9th Street, Duluth, MN 55805  
There is no charge for advertising events offered to the public free of charge.

***Submit copy for next issue to:***

Carol Gieseke at [carol.gieseke@gmail.com](mailto:carol.gieseke@gmail.com)

Our estimated submission date is March 13  
for the April May issue.

**Your Newsletter Staff**

Production: Steve Plasa

## **EVENTS LEADING UP TO THE CLAYTON JACKSON MCGHIE COMMEMORATION ON JUNE 15, 2020**

On June 15, 2020, Bryan Stevenson will be in Duluth as the keynote speaker at the Day of Remembrance gathering exactly 100 years to the day when three young men were lynched before an audience of 10,000. That evening, CJMM will ask more than 10,000 community members and visitors to join them at the intersection of the memorial, and in the surrounding streets, to honor the three men, acknowledge our history, support a renewed vision of justice and compassion, and welcome Stevenson to our community.

Leading up to the June event, the film *Just Mercy*, about America's broken criminal justice system, has been showing at Marcus Theaters. *Just* compels us to confront inequality and injustice.

There is also support through the Duluth Public Library to form a book club to read *Just Mercy*. Both the movie and the book present the unforgettable story of Bryan Stevenson (Michael B. Jordan) and the case of Walter McMillian (Academy Award winner Jamie Foxx), who was convicted and sentenced to death for a crime he did not commit.

For more information, you can also contact Barb Steger-Kollath, our CHUM liaison.

## **RUMMAGE SALE FUNDRAISER THIS SPRING**

As surely as spring comes, there will be a rummage sale!

We don't have a date yet, so this is just a friendly reminder to be saving good quality items for our sale. Plants, both indoors and out, and garden items will be much in demand. Almost any other items in good condition can be accepted, but as usual, please remember no technology or shoes; and save books, CDs and DVDs for our fall sale.

And, please dig a little deeper if you can for this spring's sale. Last year we had mostly clothing (which is great to recycle but brings little income), and while the generous donations of jewelry helped offset that, we were lucky to earn what we did.

So, please remember: Donations to our sale equal both recycling and income for our community. What a lovely win-win! - Jasmine Phoenix

Our newsletters are available online at [lsicc.org](http://lsicc.org). There are also print copies available at the church.

For the most current calendar information, check the calendar tab at the website.

If you wish to receive a copy by mail, you need to be a member of LSICC (renewable each year).

# February 2020

I	Mon	Tue	Wed	Thu	Fri	Sat
						1 ACIM 10:30—Noon
2 Speaker— TBD  Unity Class 6:00-7:30 pm	3	4	5  Kundalini Yoga 5:00-7:00	6  Drumming 7:00	7	8 ACIM 10:30—Noon
09 Speaker— JD Durward Board Mtg. after lunch Unity Class 6:00-7:30 pm	10	11	12  Kundalini Yoga 5:00-7:00	13  Drumming 7:00	14	15 ACIM 10:30—Noon
16 Speakers— Sue Brewer & Jessica Neiding  * Laughter Yoga after lunch	17	18	19  Kundalini Yoga 5:00-7:00	20  Drumming 7:00	21	22 ACIM 10:30—Noon
23  CIRCLE SERVICE  Tapping 12:30  Unity Class 6:00-7:30 pm	24	25	26  Kundalini Yoga 5:00-7:00	27  Drumming 7:00	28	29 ACIM 10:30—Noon  ** Heart Healing Sampler 10:00-1:45

## February Classes at LSICC

- **Sunday, February 16, 12:30 (after lunch), approx. 1 hour — Laughter Yoga —** with **Sue Brewer and Jessica Neiding**— Join Laughter Yoga and combine laughter with yogic breathing exercises. It's an exercise technique and wellbeing workout that may reduce stress, boost happiness, increase heart health, manage pain, burn calories, aid sleep, and so much more.  
**Cost: free will offering**

- \*\* **Saturday, February 29, 10:00 am to 1:45 pm (last sign-up) —Heart Healing Sampler—**  
Experience 15 minutes each with 4 practitioners ...  
Reiki (**Toni**), Reiki and Emotion Code (**Tim Peters**), Akashic Records insight (**Cindy W.**),  
and Connection with loved ones who have passed (**Katri Sipila**) **Cost: \$40**

# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Speaker— Coni Carter  * Journey to Healing 1-4  Unity Class 6:00-7:30 pm	2	3	4  Kundalini Yoga 5:00-7:00	5  Drumming 7:00	6	7 ACIM 10:30-Noon
8 Speaker— Katri Sipila  Board Mtg. after lunch  Unity Class 6:00-7:30 pm	9	10	11  Kundalini Yoga 5:00-7:00	12  Drumming 7:00	13	14 ACIM 10:30-Noon
15 Speaker— TBD  Unity Class	16	17	18  Kundalini Yoga 5:00-7:00	19  Drumming 7:00	20	21 ACIM 10:30-Noon
22 Speaker— Michael Anderson  ** 1-3 Work- shop  Unity Class 6:00-7:30 pm	23	24	25  Kundalini Yoga 5:00-7:00	26  Drumming 7:00	27	28 ACIM 10:30-Noon
29 HEALING SERVICE  Unity Class 6:00-7:30 pm	30	31				

## March Classes at LSICC

\* **Sunday, March 1, 1-4 pm— A Journey To Healing** — Come and explore how you can heal your life with the tools and insights **Coni Carter** learned during her own healing in 2019. **Cost:** \$30.

**To register:** email sharp.coni36@gmail.com by 2/24/2020.

**Coni** is also offering private 1 hour sessions (**Cost:** \$50) between 2/28 and 3/5.

**To schedule:** email at above address or by calling 720.281.3449.

\*\* **Sunday, March 22, 1-3 pm** — “2020—Year of the Emperor” workshop — Utilizing Astrology, Numerology and other intuitive tools, **Pam Losasso** will show you how you can heighten your inner awareness of how “The Emperor” will influence your life this year and when you may be faced with potential opportunities and/or challenges. **Cost:** \$20 , includes 2020 calendar.

LAKE SUPERIOR INTERFAITH  
COMMUNITY CHURCH  
1414 E 9TH ST.  
DULUTH, MN 55805

To schedule events using church space, please contact Carol Gieseke in advance at 218-728-3385 or Carol.Gieseke@gmail.com. Provide event details ... purpose, date/s, time/s and cost.

*Website:*  
*[www.lsicc.org](http://www.lsicc.org)*

**Speakers are subject to change. Please visit our web site calendar (at [lsicc.org](http://lsicc.org)) or FaceBook page for the most up-to-date information!**

## **FEBRUARY**

**February 2 - 10:30 a.m.**

**SPEAKER: TBD**

**February 9 - 10:30 a.m.**

**SPEAKER: JD Durward**

**February 16 - 10:30 a.m.**

**SPEAKER: Sue Brewer &  
Jessica Neiding**

**February 23 - 10:30 a.m.**

**Circle Service**

## **MARCH**

**March 1 - 10:30 a.m.**

**SPEAKER: Coni Carter**

**March 8 - 10:30 a.m.**

**SPEAKER: Katri Sipila**

**March 15 - 10:30 a.m.**

**SPEAKER: TBD**

**March 22 - 10:30 a.m.**

**SPEAKER: Michael Anderson**

**March 29 - 10:30 a.m.**

**Quarterly Healing Service**