

RECOVERY PERIOD

- A nurse will call you within 24-72 hours after your procedure to see how you are feeling. If at any time you experience problems, please notify your physician. His/Her phone number will be on your discharge instructions.
- You may feel weak and drowsy after your procedure. Do not drive a motor vehicle, operate machinery, make legally binding decisions, or drink alcohol for 24 hours after your procedure.
- Please follow your discharge instructions regarding diet, medication and activity.

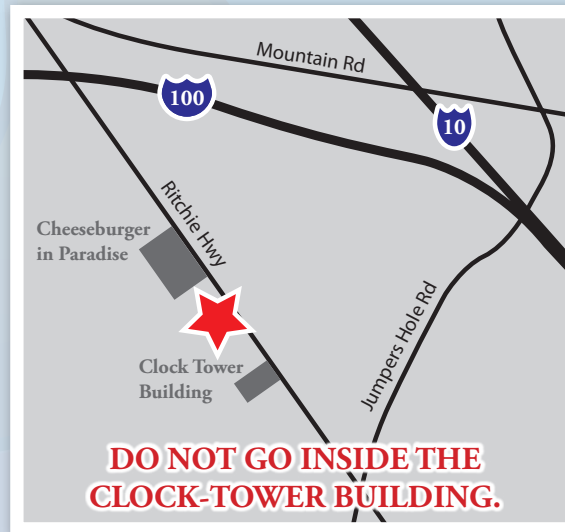
BILLING

- AADC accepts most major insurance plans.
- It is important to understand that you will receive a bill from both your physician's office for his professional services, as well as a bill from AADC for the use of our facility. If you had biopsies and/or anesthesia services you will also receive a bill from the pathology lab and/or the anesthesiologists for their professional services.
- **Any concerns CHECK with your insurance company prior to procedure**

Problems with Prep must be reported to your physician, after hours leave a message with answering service.

PHYSICIAN NUMBERS

Richard Baum, M.D. Phone: 410-766-2500	George Kurian, M.D. Phone: 410-761-4442
Gelismo A. Cruz, M.D. Phone: 410-768-2700	Alif Manejwala, M.D. Phone: 410-761-0500
David Fishbein, M.D. Phone: 410-484-4449	Jose Nepomuceno, M.D. Phone: 410-768-2048
Mukul Khandelwal, M.D. Phone: 410-590-8920	Robin Ulanow, M.D. Phone: 410-761-8382



ANNE ARUNDEL DIGESTIVE CENTER

8028 Ritchie Highway
Suite 142
Pasadena, MD 21122

Phone: 410-766-1012
Fax: 410-766-2415

You are scheduled for:

- EGD
- EGD with dilatation
- Flexible Sigmoidoscopy
- Colonoscopy

On:

Mon Tue Wed Thu Fri

Date: _____

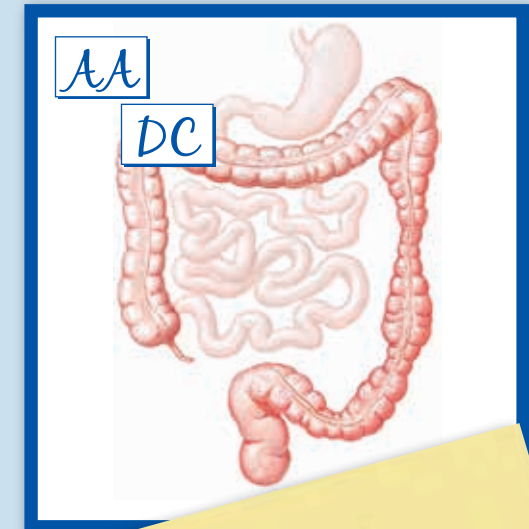
Time: _____

Arrive at: _____

ANNE ARUNDEL DIGESTIVE CENTER

INFORMATION ABOUT YOUR OUT PATIENT VISIT

410-766-1012



- Bring to the center*
- Insurance cards
 - Photo I.D.
 - List of Medications
 - Inhaler (even if not used very often)
 - No make-up, perfume, lotion, aftershave or cologne
 - Co-Pays & Deductibles due at time of service
 - Responsible Driver

DRIVER MUST STAY DURING PROCEDURE

You may NOT take a Taxi or Anne Arundel County department of aging and disability bus (MATP) unless you have an adult to accompany you.

Your procedure may have to be rescheduled if a responsible adult is not present.

WELCOME

Thank you for choosing the Anne Arundel Digestive Center to be your provider of gastrointestinal endoscopic services. Choices you make concerning your health are some of the most important decisions you will ever make. This brochure is designed to help you get to know us better and prepare you for your procedure. If you have any further questions, please ask. Calls are always welcome. The Center's phone number is 410-766-1012. Remember, your perception of how we care for you is our utmost concern, so please feel free to offer suggestions that might help us better care for you.

AADC OWNERSHIP DISCLOSURE:

Richard Baum, M.D*	NPI 1104888254
Gelsimo Cruz, MD*	NPI 1265509277
David Fishbein, MD*	NPI 1295753523
George Kurian, MD*	NPI 1285663070
Alif Manejwala, MD*	NPI 1679681902
Robin Ulanow, MD*	NPI 1841302528

*8028 Ritchie Hwy, Suite 142,
Pasadena, MD 21122

OUR HOURS OF OPERATION

AADC is open Monday through Friday from 7:00 a.m. to 3:30 p.m. If you are unable to keep your appointment for your procedure, contact your doctor's office. See list of MD's numbers on back. If unable to contact them call us at:

410-766-1012

EMERGENCIES

AADC is not an emergency treatment facility. In case of emergency, contact your physician. If unable to reach your physician call 911 or go directly to the closest hospital's emergency room. The hospital staff can determine the extent of your problems and contact your physician. Some problems that require emergency attention include vomiting blood or passing blood from the rectum, black stools, severe abdominal pain, severe dizziness, weakness or loss of consciousness.

PATIENTS RIGHTS

AS A PATIENT YOU HAVE THE RIGHT TO:

1. To expect to be treated with respect, consideration, and dignity.
2. To be assured confidential treatment of disclosure of records and afforded the opportunity to approve or refuse the release of such information, except as otherwise permitted by law of third party payment contract and when release is required by law.
3. To know the name and function of any person providing health care services to the patient.
4. To know names and professional relationships of other physicians who may care for him in the absence of his attending physician.
5. To be provided, to the degree known, information concerning his diagnosis, treatment, and prognosis. When it is not medically advisable to give such information to the patient, the information will be made available to an appropriate person in his behalf.
6. To have the opportunity to participate in decisions involving their health care.
7. To request a second opinion.
8. To expect reasonable response to any reasonable requests he may make for service.
9. To refuse treatment to the extent permitted by law and to be informed of the medical consequences of his action.
10. To expect treatment without regard to race, color, creed, religion, sex, national origin or source of payment, except for fiscal capability thereof.
11. To know services available, such as provisions for after hours or emergency care, educational material available, and policies concerning payment of fees.
12. To examine and receive an explanation of his bill, regardless of the source of payment.
13. To expect reasonable continuity of care and to know in advance the time and location of appointments.
14. To leave the procedure area even against the advice of his physician.
15. To have all patient rights apply to the person who may have legal responsibility to make decisions regarding medical care on behalf of the patient.
16. To have his pain assessed and treated appropriately.
17. To be advised of Advance Directives prior to procedure.
18. To be informed of an organization's policy on Advance Directives.
19. Information to file a grievance in the center. Nurse Administrator; 410-766-1012
20. To be able to file a grievance against a professional if necessary. MD Board of physicians 410-764-2480. MD board of Nursing 410-585-1925

Office of Health Care Quality 800-492-6005,
55 Wade Ave. Catonsville, MD.

www.dhmq.state.md.us/ohcq/

21. Or check the Medicare ombudsman website.
www.Medicare.gov.ombudsman/

PATIENT RESPONSIBILITIES

AS A PATIENT YOU ARE REQUIRED TO:

- Provide complete and accurate information about your health, medication, including over the counter products
- Follow the treatment plan prescribed by your provider
- Provide a responsible adult to transport you home from this center and stay with you up to 24 hours if requested by physician
- Accept personal financial responsibility for any charges not covered by insurance.
- Be respectful of all healthcare providers, staff and other patients...
- Inform us about any living will / advanced directives

COLONOSCOPY/ EGD

- You will be advised to have **nothing to eat (including gum and hard candy) or drink after midnight** (may brush teeth and shower).
- Exception to the above: if your doctor has ordered a split prep/ taken in 2 separate doses. Follow those instructions.
- Hypertensive's (high blood pressure) you may take your morning blood pressure medicine with a small sip of water.
- Diabetics; **CHECK** with your doctor on how to take your diabetes medications prior to the procedure. Do A.M. finger stick.
- In order to provide you with a thorough colonoscopy, it is extremely important that your colon is completely clean.
- Because you will be sedated for these procedures **you must have a responsible driver take you home or the procedure cannot be done.** Please limit people with you to **one.** (Please no children)

ADVANCED DIRECTIVES

More information on advanced directives is available through:

<http://www.oag.state.md.us/healthpol/index.htm>

MD forms for advanced directives are available at AADC.

AADC is an ambulatory Surgery center for the purpose of performing elective endoscopy in a safe uncomplicated manor; patients are expected to have an excellent outcome. If a patient should have a complication, all measures to protect life will be implemented, stabilized and transferred to BWMC. DNR of advanced directives will not be honored.

