**PREPARATION FOR CAPSULE ENDOSCOPY**

1. Please review the enclosed information.
2. On the day before the procedure, please stay on a clear liquid diet. This includes ginger ale, juice, clear broth, and Jell-O (but not red Jell-O).
3. Buy 3 bottles of Miralax 238 grams each. Mix with Gatorade and take one bottle each over two hours at 2 PM, 4 PM, and 6 PM the day before the procedure.
4. Take a bottle of Gas-X at 6 AM before the procedure.
5. Continue all of your medications including the day of the test.
6. If you are diabetic, take half of your morning insulin on the morning of the test.
7. On the morning of the test, fast after midnight except for your medications.
8. Pacemakers are not a contra-indication for the procedure.
9. You may continue Coumadin.

Please call the office if you have additional questions.

Office of Mukul Khandelwal M.D. and Mahmood Solaiman, M.D.