

HOW TO ACE SPEECH IN  
**ONE DAY**



**A GUIDE TO SAME DAY  
SUCCESS**

Written by Alexandra Ayala



# ALEXANDRA AYALA

My name is Alexandra and this is my personal secrets to success. I am a student to wisdom and a teacher to many who seek freedom and success. I like sharing what I have learned in life, so you won't have to fail where I have. Building a tribe of happy customers is fulfilling.

# ABOUT US WELCOME



This is a welcome to everyone who seeks the first step to success. Success is achieved by the desire of personal improvement. While some say improvement is a lifelong journey, I have discovered that is not the law. I'd like to share with you, from personal experience, the secret to true success.

Success for me was beach days, verbal accuracy, learning, cooking, and fun! For you, success may look like a quiet coffee break or some time off overthinking. Either way, these are my secrets to success!  
With love, Alexandra.



01 - 04

## INTRODUCTION

True eloquence is wisdom expressed through life-giving words.

05 - 08

## TIPS FOR MORNING RITUALS

Peace is key to greatness.

09 - 10

## DAILY JOURNAL

Speak with wisdom. Answer with understanding. Build with every word



# HOW TO USE THIS HANDBOOK

When you've decided to change your story, you've decided to improve on the past to make way for a better future.

Sometimes that means to invest in yourself.

The secret to success is to have good character, integrity and most importantly... you must be honest with yourself and others, even though its hard.



## QUESTIONS?

[info@eloquences.com](mailto:info@eloquences.com)

[eloquences.com](http://eloquences.com)

RULE 1  
SEEK WISDOM BEFORE  
YOU SPEAK.



"The heart of the righteous studieth to answer." (Proverbs 15:28)  
Think first. Let understanding guide your words rather than impulse.

When being guided by impulse, one could say things that might offend  
or might sound mean. No one wants to flatter, but no one to be a  
sour candy either.

First rule for success, think first.



# OUR PROMISE

At "Wealth Eloquence", we set and achieve ambitious goals. The quality of our products and services reflects our identity. Our business has been set to ensure consistency within our brand, helping to create strong, recognizable, and innovative communications.

Our promise is to be a passionately known for quality, care, service, and promoting character beauty to the world with our identity and values.

## RULE TWO

# SPEAK TRUTH WITH KINDNESS.

"Pleasant words are as an honeycomb, sweet to the soul, and health to the bones." (Proverbs 16:24)

Truth gains its greatest influence when it is spoken with grace.

Pleasant words are not empty compliments or flattering speech. They are words shaped by wisdom, sincerity, and love. Like honey gathered patiently from the hive, gracious speech is cultivated through a disciplined heart that seeks truth before expression. Such words satisfy the soul because they meet people with understanding rather than contempt, and they bring health because they encourage righteousness instead of despair. A gentle answer calms anger. A timely word restores hope. A wise correction preserves friendships. An encouraging sentence can strengthen a weary heart for years to come.

## CONCLUSION

Pleasant words do more than communicate ideas—they restore hearts, strengthen relationships, and reflect the wisdom of God. When truth is delivered with grace, it is not weakened but made more powerful. Let every word you speak be seasoned with kindness, so that your speech becomes a source of healing, encouragement, and life to all who hear.



# TIPS FOR MORNING RITUALS

Speaking wisdom aloud is more than an exercise in eloquence—it is an exercise for the mind. Each time you recite a proverb slowly, clearly, and thoughtfully, you strengthen memory, refine your speech, cultivate self-control, and reinforce habits of wise thinking. Calm, deliberate speech also encourages steady breathing, which can help quiet the body's stress response. Over time, what begins as the practice of speaking well becomes the discipline of thinking well.



THE TONGUE IS TRAINED THROUGH  
REPETITION, BUT THE HEART IS  
TRANSFORMED THROUGH THE WISDOM IT  
CONTINUALLY SPEAKS.

YOUR THOUGHTS

# DAILY JOURNAL

DATES : .....

MOOD : .....

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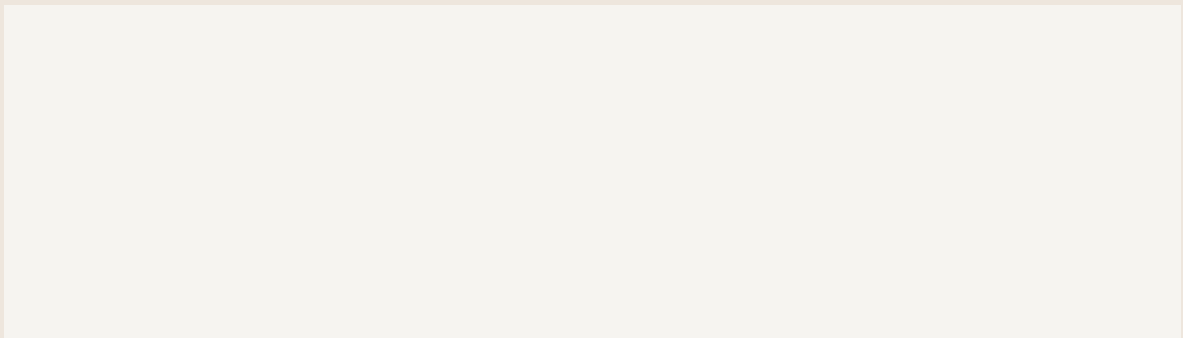
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NOTES AND IDEA



DATES :

MOOD :

# DAILY JOURNAL

YOUR THOUGHTS

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GOAL

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# WISDOM QUESTIONNAIRE

What is a subject that draws attention for you?  
Tell me about it.

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# WISDOM QUESTIONNAIRE

What is something you learned today you would like to remember in the future?

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# WORKSHEET

# QUESTIONNAIRE

Try thinking of soft things and calming situations, cool experiences, and relaxing vacations

## SET YOUR LIFE GOAL

Every morning, I will speak one proverb (of Solomon) slowly, understand it clearly, and carry its words into at least one conversation that day.

## WHY

A layered goal is used because eloquence is not learned by speaking once a day, but by becoming someone who speaks wisely all day.

## STRATEGY AND REALITY

Eloquence is not built by speaking beautifully in the morning. It is built by catching yourself mid-reaction, slowing down, and choosing wisdom instead of instinct—one moment at a time.

## SUCCESS IS MINE

You are building a system where wisdom interrupts instinct before words leave your mouth. You are building a heritage of success that begins with great character and fulfillment.



# CONGRATULATIONS ON FINISHING THE WORKBOOK

Every conversation presents an opportunity to sow either life or death. The eloquent person chooses words that enlighten rather than confuse, build rather than destroy, heal rather than wound, and unite rather than divide. Such speech reflects a heart governed by wisdom and produces fruit that endures long after the conversation has ended.

Therefore, let your words become like honey—truthful without bitterness, gracious without compromise, and nourishing to every soul that receives them. This is the language of wisdom. This is the discipline of eloquence. This is the speech that honors God and leaves a legacy of life.



# ELOQUENCE MASTERCLASS

NEED MORE INSIGHT & SUPPORT?

Wisdom thinks. Love listens. Truth speaks. Self-control restrains.

Life is built one word at a time.

Choose words that encourage, correct with wisdom, and  
strengthen those who hear. Few well-chosen words carry  
greater weight than many careless ones.

Just starting?

Want to continue?

JOIN WEALTH ELOQUENCE