



Executive & Leadership Coaching

Many people have the technical skills and knowledge necessary to do their job but fail in other areas. Executive leadership coaching is individually tailored to each person to identify growth areas and facilitate personal and professional development. Use of a variety of assessment tools help to target areas for focused growth and transformation.

Executive Coaching is a proven way to develop individual, team, and organizational performance across industries. A Metrix Global study found that executive coaching has a 788% return on investment (ROI) based on factors including increases in productivity and employee retention. Some of the most frequent outcomes of good executive leadership coaching are:

- Better self-awareness
- Focused vision for personal and professional life
- Enhanced capacity for self-regulation
- Strengthened relationships
- Better capacity to lead staff
- Increased performance outcomes
- Decrease in unhealthy conflict
- Higher levels of empathy
- Enhanced communication
- Employee retention
- Mission engagement and motivation
- Executive retention
- Burnout prevention
- Greater awareness and focus of one's impact versus intent
- Increase awareness of individual strengths and growth areas