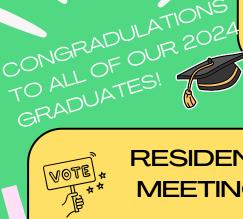


# JUNE 2024



## **GAME NIGHT SUMMIT HEIGHTS**

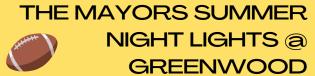
The Youth Coalition will be hosting a Game Night at Summit Heights on June 4th from 5:30PM-7:00PM for all youth. Come enjoy a fun evening of games in the community гоот.



CONGRADULATIONS

## RESIDENT COUNCIL **MEETING JUNE 5TH**

We are having our second meeting in Lincoln Homes, however, everyone is encouraged to attend. We will rotate meeting locations. For this meeting, we will be getting training information for all resident council members and learning about the voting process for the Board of Directors. We will also discuss the Back To School Bash. Meet me at the Resident Engagement Center on June 5th at 3PM.



This event will be held from 5:30-7:30 on Tuesday, June 11th. There will be a variety of activities such as inflatables, sports tournaments, enrichment sessions, community resources, health and job information, arts and much more.







































See our Family Coach Apil Glover, with Our ChanceTN, to learn more about the caregiver journey and how to start yours. 931-377-0844 aglover@cha-tn.org

#### OUR CHANCETN CAREGIVER JOURNEY MAP

**Family Journey Begins** 



### Registration. Registration +

At this stage, families provide their verification documents for eligibility, complete the registration and initial assessment, and are then assigned to a Family-Centered Coach.

During this process, caregivers will be randomly assigned to one of our three pathways. Each counseling, customized resources, and \$1,000 in









After registration, caregivers have their first coaching visit with their Family-Centered Coach. During this meeting, caregivers can week their benefits cliffs nagabot, showing income ranges where cliffs occur and when they will be beyond these cliffs. At the end of the first visit, families are officially enrolled into Our ChanceTNI









### **OUR CHANCETN "WHAT TO EXPECT"**

When you're interested in Our ChanceTN, we want to assure you that this initiative can help you secure a job, get a higher-paying job, pursue a promotion, or work more hours. It also offers support for exploring educational options and addressing challenges such as housing, transportation, childcare, or health and wellness. You will not be alone in this journey; you will have support every step of the way.

- Support in Identifying Challenges: We'll have open conversations where you
  can share the specific hurdles you face, whether they're related to housing,
  transportation, childcare, or health and wellness concerns.
- Resource Exploration: We will assist you in accessing resources like local housing programs, transportation options, affordable childcare services, and health and wellness initiatives. We'll provide information on support networks or organizations that can help address these challenges.
- 3. Education and Career Advancement: If you're looking to return to school or advance your career, we'll guide you through educational opportunities, scholarships, and vocational training programs, helping you outline achievable steps toward your academic or professional goals.
- 4. Encouragement and Empowerment: Your aspirations and efforts toward personal growth will be recognized. We'll support and encourage you as you t steps to improve your circumstances and break free from feeling stuck.
- 5. Financial Management: If you're juggling multiple jobs, we can offer advice on effective time management, budgeting tips, and potential alternatives to help you balance work commitments.
- Continuous Support: You won't be alone. We'll provide ongoing support, encouragement, and follow-up discussions to ensure you feel empowered at equipped to navigate these challenges while striving toward your goals.
- 7. Strengths-Based Approach: We'll encourage you to recognize your strengths and unique skills and show you how to use these strengths to overcome obstacles and achieve your goals. We'll emphasize your resilience and past successe as sources of motivation.

- 8. Goal Setting and Planning: We'll help you set clear, achievable goals and guide you in creating a step-by-step plan, breaking down larger objectives into smaller, manageable tasks. We'll celebrate each milestone, fostering a sense of accomplishment.
- Skills Enhancement: You'll learn about skill-building opportunities through workshops, online courses, or community programs. We'll empower you with the tools and resources to enhance your abilities, boosting your confidence and employability.
- 10. Networking and Mentorship: We'll stress the importance of networking and mentorship, encouraging you to connect with others in similar situations or se mentors who can provide guidance, advice, and valuable insights.
- 11. Self-Care and Wellness: We'll promote the significance of self-care and overall well-being, providing you with resources and techniques for managing stress, promoting mental health, and practicing self-care routines. A healthy mind and body are vital for achieving your personal and professional goals.
- 12. Continuous Learning Culture: You'll join a continuous learning and improvement culture. We'll encourage you to embrace learning opportunities for personal development and career advancement.
- 13. Affirmation and Encouragement: We'll regularly affirm and acknowledge your progress, no matter how small. We'll celebrate your achievements together, fostering a positive and supportive atmosphere.









## RESIDENT REMINDERS

- Pools are not allowed on property
- Keep furniture, toys and trash out of the yard so that the mowers can easily get through.
- We have contractors working at multiple locations. Please make sure your children do not play in their work area or around their tools/machinery.
- Register in advance for the Back to School Bash to be guaranteed a backpack with school supplies for your children.
- Please report any suspicious activity to your Property Manager. We can relay information to the authorities without mentioning your name.
- As a safety precaution, please let CHA know if there are any individuals entering our vacant/unoccupied units.

## The ROSS Grant can help you:

- Get a GED
- Find a Job
- **Food Assistance**
- **Elderly Assistance**
- Financial literacy
- **Transportation**
- Go to school

Call Renee @ 931-614-5552 for more information

Keep your phone number up to date with the main office, please.





Note to Parents

Your child is invited to attend a 5-Day Club for boys and girls who have completed K –  $5^{th}$  grade. The Club will meet for  $1\frac{1}{2}$  hours each day from Monday through Friday, in partnership with Child Evangelism Fellowship.

June 17<sup>th</sup> - 21<sup>th</sup> 1:30 pm - 3:00 pm

Hosted by: Summit Heights Apartments 19A Summit Heights Road Summit Heights Community Center



Questions? Renee Bruens 931-614-5552











June 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
						Rent Due
2	3	4	5	6	7	8
		Greenwood Pest Control Youth Coalition Game Night. Summit Heights 5:30pm-7Pm	Resident Council Meeting 3pm Lincoln			
9	10	11	12	13	14	15
		Summit Heights Pest Control Summer Night Lights Greenwood				
16	17	18	19	20	21	22
Fathers Day	Vacation Bible School Summit Community Room 1:30p-3p	Vacation Bible School Summit Community Room 1:30p-3p Lincoln Pest Control	Summit Community Room	Vacation Bible School Summit Community Room 1:30p-3p	Vacation Bible School Summit Community Room 1:30p-3p	
23	24	25	26	27	28	29
		Chapel/Market Pest Control				
30		GC				
July 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
		Greenwood Pest Control				
7	8	9	10	11	12	13
	VBS Week with Living Word Church Lincoln REC	VBS Week with Living Word Church Lincoln REC Summit Pest Control		VBS Week with Living Word Church Lincoln REC	VBS Week with Living Word Church Lincoln REC	
14	15	16 <b>BASH</b>	17	18	19	20
14	15	Back to School Bash Lincoln 4p-6p Lincoln Pest Control	17	Back to School Bash Summit 4p-6p	19	20
21	22	Back to School Bash Lincoln 4p-6p		Back to School Bash	19	20
		Back to School Bash Lincoln 4p-6p Lincoln Pest Control 23 Chapel/ Market Pest		Back to School Bash Summit 4p-6p		
21		Back to School Bash Lincoln 4p-6p Lincoln Pest Control		Back to School Bash Summit 4p-6p		
21 28	22	Back to School Bash Lincoln 4p-6p Lincoln Pest Control  23  Chapel/ Market Pest Control	24 31 Kids Wellness	Back to School Bash Summit 4p-6p	26	27
21	22 29 Kids Wellness Education Group	Back to School Bash Lincoln 4p-6p Lincoln Pest Control  23  Chapel/ Market Pest Control  30  Kids Wellness Education Group	24 31 Kids Wellness Education Group	Back to School Bash Summit 4p-6p  25  1  Kids Wellness Education Group	26	27