



# REWS LETTER

**SEPTEMBER 2023** 

# Events and activities for YOU are being booked!

As we schedule more events, stay up to date with our Community Calendar on our website.

ClarksvilleHousing.Org

# Recover our Sons Mentorship Program

Recover Our Sons is comprised of businessmen, entrepreneurs, laborers, city officials, state representatives and community leaders who give their time, talent, knowledge, skills and wisdom to enrich the lives of young boys and men through mentoring.

An informational night is scheduled for Thursday, September 21st @ 6pm at the Lincoln Homes Resident Engagement Center. The workshops are scheduled for the 1st and 3rd Saturday of each month from 8AM-12PM. Breakfast will be provided.

## **Resident Parking Passes**

Parking passes will be issued on
September 11th and 12th from the Resident
Engagement Center inside Lincoln Homes.
We will be distributing parking passes from
8:00 AM- 5:30PM on these two days.
Vehicle must be present.



# **YAIPAK Food Pantry**

YAlpak Outreach has generously donated a Food Pantry
for our Summit Heights location that will be
located near the Main Office. Food items
will be available to families in need within our community. The
Clarksville Police department will stock the pantry
with non perishable items.



#### -APSU STUDENTS-

Clarksville Housing Authority is partenering with APSU for an intership program. If you are a current student and interested in being an intern with us, contact the Resident Engagement Center.







Tornado Preparedness Checklist Be Red Cross Ready Prepare so you can protect.

#### What to Do: During

# **Closely Monitor Weather Conditions**

•Tune in to radio, TV or other news sources for more information about Tornado Watches and Warnings to be ready to take action.

# 

#### Seek Safe Shelter Immediately

If a Tomado Warning is issued. Or, if you suspect a tornado, seek safe shelter right away. After getting to your safe shelter, use your arms to protect your head and neck.

Tornado Preparedness Checklist

#### What to Do: After

#### Avoid Injury

 Keep listening to radio. TV or other news sources. Stay in your shelter until the tomado warning is over.

- Do not enter damaged buildings.
- If the building you are in has been damaged, exit with extreme care and stay out. Look around for things that might fall or dangerous debris. Do not use matches or lighters inside. If you smell gas or see spills that could be flammable, leave immediately.
- If you are trapped, try to cover your mouth with a cloth or mask to avoid breathing dust. Try to send a text, bang on a pipe or wall, or use a whistle instead of shouting.
- Watch out for exposed nails and broken glass. Stay clear of fallen power lines or broken utility lines.



#### **Treat Injuries**

People may be injured. Provide first aid as needed.

or neck injury unless they are in immediate



#### Clean Up Safely

- Be careful during clean-up. Wear thicksoled shoes, long pants and work gloves to reduce injuries.
- Children should not take part in disaster cleanup work.
- If power is out, use flashlights or batterypowered lanterns to reduce fire risk.
- Be aware of carbon monoxide poisoning. Do not use gasoline, propane, natural gas or charcoal-burning devices inside a home, basement, garage, tent or camper - or even outside near an open window. Carbon monoxide can't be seen or smelled, but it can kill you fast. If you start to feel sick, dizzy or weak, get to fresh air right away — do not delay.



#### Take Care of Yourself

- It's normal to have a lot of bad feelings, stress
- Eat healthy food and get enough sleep to help you deal with stress.

  You can contact the Disaster Distress Helpline
- for free if you need to talk to someone. Call or text 1-800-985-5990.

### What to Do: Before



#### Find Shelter Locations from High Winds in

A tornado is a tube of spinning air that forms from a thunderstorm and touches the ground. Tornadoes are dangerous. They can knock down buildings, uproof trees, move vehicles and destroy things in their path. Heavy rains, lightning,

flash flooding and hail are possible. Tornadoes can happen anywhere. Prepare now so you can stay safe.

the Places Where you Spend a lot of Time.
•Find a safe room built to withstand high winds. The next best protection is a small room with no

windows on the lowest level of a sturdy building. Mobile, manufactured, trailer homes and recreational vehicles (RVs) are not safe in high wind events. Plan ahead by finding a sturdy building to shelter in before a tornado watch or warning.



#### Practice Tornado Drills

·With your entire household, practice moving quickly to the safe locations that you identified. · Create a personal support team of people you

may assist and who can assist you.

If you live in a mobile home, practice going to a safe place.



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#### Plan to Stay Connected

- Sign up for free emergency alerts from your local government.
- Plan to monitor local weather and news ·Have a backup battery or a way to charge your cell phone.
- ·Have a battery-powered radio during a
- and a Tornado Warning. -Tornado Watch: Be Prepared! Tornadoes

- power outage.

  \*Know the difference between a Tornado Watch
- are possible in and near the watch area. Be ready to act fast!

- right away. You may not always receive a tornado warning.
- Know the signs of a tornado. Take shelter if you feel you are in danger.

-Tornado Warning: Take Action! A tornado is

near. There is danger. Move to safe location



#### Learn Emergency Skills Learn First Aid and CPR.

Be ready to live without power. Utilities may be offline. Be ready to live without power, gas, and water. Plan for your electrical needs, including cell phones and medical equipment. Talk to your doctor. Plan for backup power.



#### Gather Emergency Supplies

·Gather food, water and medicine, Stores and pharmacies might be closed. Organize supplies into a Go-Kit and a Stay-at-Home Kit.

- Go-Kit: at least three days of supplies that you can carry with you. Include backup batteries and chargers for your devices (cell phone, CPAP, wheelchair, etc.)
- Stav-at-Home Kit: at least two weeks of supplies. Stores and pharmacies might be closed.

  \*Have a 1-month supply of medication in a
- child-proof container and medical supplies or equipment.
- \*Keep personal, financial, and medical records safe and easy to access (hard copies or securely backed up). Consider keeping a list of your medications and dosages on a small card to carry with you.



Do not attempt to move a person with a back danger. Seek immediate medical assistance.

Prepare so you can protect. | For more information, visit redcross.org/prepare | Download the Emergency App



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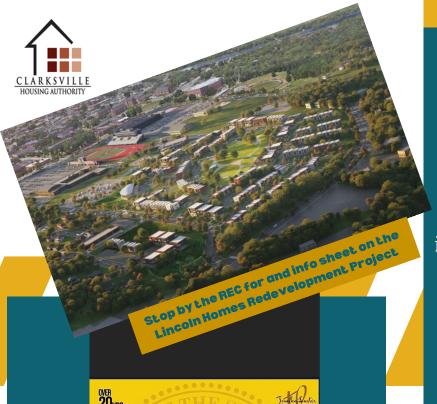




FOR MORE INFORMATION, CONTACT MS, GLOVER FAMILY COACH 931-377-0844

RESIDENT ENGAGEMENT CENTER 61 VANLEER CLARKSVILLE, TN 37040 PARENTS MUST BE PRESENT







CHA is working in partnership with Trotter Luster to host braid certification classes soon.

CHA will be sponsoring up to five residents to attend the certification classes.

If you are interested in being sponsored, contact Renee by 9/22/23.

rbruens@clarksvilehousing.org

931-614-5552



# **Little Library Onsite**

Shamari Banks with 'The Spot
Training' has teamed with CHA to
sponsor a Little Library.
The Little Library functions as a
neighborhood book exchange. The
idea is that someone will take a book
that piques their interest, and
sometime in the future return that
book, or a totally different on.
We have a tentative date of October
9th for installation at our Resident
Engagement Center.

## Resident Council/ Leadership Academy

CHA Will be providing training classes for residents interested in being a part of the Resident Council. These leadership classes will be mandatory in order to be elected for an officer position. There will be ongoing training required through out the council term.

Nominations will start next month with our goal to have a Resident Council in place by the end of the year.

Contact Renee Bruens 931-614-5552

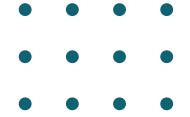
# **Got Community Service?**

Knock your service hours out right here in your backyard.



Contact the Resident Engagement Center for more information







# September

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Hot Dog Luncheon 1-2pm, Meet & Greet Resident Engagement Center	2
3	4 Labor Day- Office Closed 6PM- Inspiring Lady Bosses Resident Engagement Center	5	6 Mana Café 5-7pm Lincoln	7	8 Community Action Food Box Distribution 8:30AM-12pm 150 Lafayette Rd. (Sign up in advance)	9 Kids Arts and Crafts Grandparents Day Art Summit Heights 12-2PM
10 Grandparents Day	Parking Pass Distribution Resident Engagement Center 8:00AM- 5:30PM	Parking Pass Distribution Resident Engagement Center 8:00AM-5:30PM	13 Mana Café 5-7pm Lincoln	National Day of Encouragement Visit the office for a special note this week	15 Pepperoni Pizza Lunch Chapel & Market 11-1PM	16
17	18	19	20 Mana Café 5-7pm Lincoln	6PM- Recover Our Sons Info and Registration Night. Resident Engagement Center	22	23
24	25	26 National Pancake Day Pancake Breakfast 9:30-11AM Resident Engagement Center	27 Mana Café 5-7 PM Lincoln Family Game Night. 5-7 PM Resident Engagement Center	28	29	30

For event questions, contact Renee Bruens @ 931-614-5552 or rbruens@clarksvillehousing.org

