



# NEWS LETTER

SEPTEMBER 2023

## Events and activities for YOU are being booked!

As we schedule more events, stay up to date  
with our Community Calendar on our  
website.

ClarksvilleHousing.Org



## Recover our Sons Mentorship Program

Recover Our Sons is comprised of businessmen, entrepreneurs, laborers, city officials, state representatives and community leaders who give their time, talent, knowledge, skills and wisdom to enrich the lives of young boys and men through mentoring.

An informational night is scheduled for Thursday, September 21st @ 6pm at the Lincoln Homes Resident Engagement Center. The workshops are scheduled for the 1st and 3rd Saturday of each month from 8AM-12PM. Breakfast will be provided.

## Resident Parking Passes

Parking passes will be issued on  
September 11th and 12th from the Resident  
Engagement Center inside Lincoln Homes.  
We will be distributing parking passes from  
8:00 AM- 5:30PM on these two days.  
Vehicle must be present.



## YAIPAK Food Pantry

YAlpak Outreach has generously donated a Food Pantry  
for our Summit Heights location that will be  
located near the Main Office. Food items  
will be available to families in need within our community. The  
Clarksville Police department will stock the pantry  
with non perishable items.

## -APSU STUDENTS-

Clarksville Housing Authority is partnening with APSU for an  
internship program. If you are a current student and interested in  
being an intern with us, contact the Resident Engagement Center.



Be Red Cross Ready  
Prepare so you can protect.

# Tornado

Preparedness Checklist

A tornado is a tube of spinning air that forms from a thunderstorm and touches the ground. Tornadoes are dangerous. They can knock down buildings, uproot trees, move vehicles and destroy things in their path. Heavy rains, lightning, flash flooding and hail are possible. Tornadoes can happen anywhere. Prepare now so you can stay safe.

## What to Do: Before



### Find Shelter Locations from High Winds in the Places Where you Spend a lot of Time.

- Find a safe room built to withstand high winds. The next best protection is a small room with no windows on the lowest level of a sturdy building.
- Mobile, manufactured, trailer homes and recreational vehicles (RVs) are not safe in high wind events. Plan ahead by finding a sturdy building to shelter in before a tornado watch or warning.



### Practice Tornado Drills

- With your entire household, practice moving quickly to the safe locations that you identified.
- Create a personal support team of people you may assist and who can assist you.
- If you live in a mobile home, practice going to a safe place.



### Plan to Stay Connected

- Sign up for free emergency alerts from your local government.
- Plan to monitor local weather and news.
- Have a backup battery or a way to charge your cell phone.
- Have a battery-powered radio during a power outage.
- Know the difference between a Tornado Watch and a Tornado Warning.
- Tornado Watch: **Be Prepared!** Tornadoes are possible in and near the watch area. Be ready to act fast!



### Learn Emergency Skills

- Learn First Aid and CPR.
- Be ready to live without power. Utilities may be offline. Be ready to live without power, gas, and water. Plan for your electrical needs, including cell phones and medical equipment. Talk to your doctor. Plan for backup power.



### Gather Emergency Supplies

- Gather food, water and medicine. Stores and pharmacies might be closed. Organize supplies into a Go-Kit and a Stay-at-Home Kit.
- Go-Kit: at least three days of supplies that you can carry with you. Include backup batteries and chargers for your devices (cell phone, CPAP, wheelchair, etc.)
- Stay-at-Home Kit: at least two weeks of supplies. Stores and pharmacies might be closed.
- Have a 1-month supply of medication in a child-proof container and medical supplies or equipment.
- Keep personal, financial, and medical records safe and easy to access (hard copies or securely backed up). Consider keeping a list of your medications and dosages on a small card to carry with you.

Tornado Preparedness Checklist

## What to Do: During



### Closely Monitor Weather Conditions

- Tune in to radio, TV or other news sources for more information about Tornado Watches and Warnings to be ready to take action.



### Seek Safe Shelter Immediately

- If a Tornado Warning is issued. Or, if you suspect a tornado, seek safe shelter right away. After getting to your safe shelter, use your arms to protect your head and neck.

## What to Do: After



### Avoid Injury

- Keep listening to radio, TV or other news sources. Stay in your shelter until the tornado warning is over.
- Do not enter damaged buildings.
- If the building you are in has been damaged, exit with extreme care and stay out. Look around for things that might fall or dangerous debris. Do not use matches or lighters inside. If you smell gas or see spills that could be flammable, leave immediately.
- If you are trapped, try to cover your mouth with a cloth or mask to avoid breathing dust. Try to send a text, bang on a pipe or wall, or use a whistle instead of shouting.
- Watch out for exposed nails and broken glass.
- Stay clear of fallen power lines or broken utility lines.



### Treat Injuries

- People may be injured. Provide first aid as needed.
- Do not attempt to move a person with a back or neck injury unless they are in immediate danger. Seek immediate medical assistance.



### Clean Up Safely

- Be careful during clean-up. Wear thick-soled shoes, long pants and work gloves to reduce injuries.
- Children should not take part in disaster cleanup work.
- If power is out, use flashlights or battery-powered lanterns to reduce fire risk.
- Be aware of carbon monoxide poisoning. Do not use gasoline, propane, natural gas or charcoal-burning devices inside a home, basement, garage, tent or camper — or even outside near an open window. Carbon monoxide can't be seen or smelled, but it can kill you fast. If you start to feel sick, dizzy or weak, **get to fresh air right away — do not delay.**



### Take Care of Yourself

- It's normal to have a lot of bad feelings, stress or anxiety.
- Eat healthy food and get enough sleep to help you deal with stress.
- You can contact the Disaster Distress Helpline for free if you need to talk to someone. Call or text **1-800-985-5990**.

Prepare so you can protect. | For more information, visit [redcross.org/prepare](https://redcross.org/prepare) | Download the Emergency App

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Shield and Protective Actions icons are used courtesy of FEMA and are available at [community.fema.gov/ProtectiveActions/protective-actions-icons](https://community.fema.gov/ProtectiveActions/protective-actions-icons)

September 4, 2023  
6:00pm - 8:00pm

Lincoln Homes Engagement Center  
Clarksville, TN

# SKILLS BUILDING Workshop

Positive Vibes Only

DREAM BIG. WORK HARD. MAKE IT HAPPEN.

FREE FOOD & DRINK

This workshop is all about empowering you to go beyond your limits and achieve new heights in your tomorrow.

INSPIRING Lady Bosses

[WWW.INSPIRINGLADYBOSSSES.COM](https://WWW.INSPIRINGLADYBOSSSES.COM)

## Family GAME Night

COME AND HAVE FUN WHILE WE CAN HELP YOUR FAMILY FOR THE FUTURE

SEPT 27  
5-6:30 PM

RAFFLE!  
ENTER TO WIN \$25

OUR CHANCE TN

CLARKSVILLE HOUSING AUTHORITY

FOR MORE INFORMATION, CONTACT MS. GLOVER FAMILY COACH  
931-377-0844

RESIDENT ENGAGEMENT CENTER  
61 VANLEER  
CLARKSVILLE, TN 37040  
PARENTS MUST BE PRESENT

TENNESSEE ALLIANCE FOR ECONOMIC MOBILITY





**CHA is working in partnership with Trotter Luster to host braid certification classes soon.**

**CHA will be sponsoring up to five residents to attend the certification classes.**

**If you are interested in being sponsored, contact Renee by 9/22/23.**

[rbruens@clarksvlehousing.org](mailto:rbruens@clarksvlehousing.org)

931-614-5552

## Little Library Onsite

Shamari Banks with 'The Spot Training' has teamed with CHA to sponsor a Little Library.

The Little Library functions as a neighborhood book exchange. The idea is that someone will take a book that piques their interest, and sometime in the future return that book, or a totally different one. We have a tentative date of October 9th for installation at our Resident Engagement Center.

## Resident Council/ Leadership Academy

CHA Will be providing training classes for residents interested in being a part of the Resident Council. These leadership classes will be mandatory in order to be elected for an officer position. There will be ongoing training required through out the council term.

Nominations will start next month with our goal to have a Resident Council in place by the end of the year.

**Contact Renee Bruens 931-614-5552**

## Got Community Service?

Knock your service hours out right here in your backyard.



Contact the Resident Engagement Center for more information

# September

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>Hot Dog Luncheon</b> 1-2pm, Meet & Greet Resident Engagement Center	2
3	4 <b>Labor Day- Office Closed</b> 6PM- Inspiring Lady Bosses Resident Engagement Center	5	6 Mana Café 5-7pm Lincoln	7	8 Community Action Food Box Distribution 8:30AM-12pm 150 Lafayette Rd. (Sign up in advance)	9 <b>Kids Arts and Crafts</b> Grandparents Day Art Summit Heights 12-2PM
10 Grandparents Day	11 <b>Parking Pass Distribution</b> Resident Engagement Center 8:00AM- 5:30PM	12 <b>Parking Pass Distribution</b> Resident Engagement Center 8:00AM- 5:30PM	13 Mana Café 5-7pm Lincoln	14 <b>National Day of Encouragement</b> Visit the office for a special note this week	15 <b>Pepperoni Pizza Lunch</b> Chapel & Market 11-1PM	16
17	18	19	20 Mana Café 5-7pm Lincoln	21 <b>6PM- Recover Our Sons Info and Registration Night.</b> Resident Engagement Center	22	23
24	25	26 <b>National Pancake Day</b> Pancake Breakfast 9:30-11AM Resident Engagement Center	27 Mana Café 5-7PM Lincoln <b>Family Game Night.</b> 5-7PM Resident Engagement Center	28	29	30

For event questions, contact Renee Bruens @ 931-614-5552 or rbruens@clarksvillehousing.org



**Kids Paint and Sip**  
Saturday, September 9th, 12-2pm  
Come have a snack and paint with CHA!



Applications for the Commodities Food Distribution boxes from Community Action are located online and in the Engagement Center. All public housing residents qualify. Application must be submitted prior to pick.  
cmccaa.com



**HAPPY NATIONAL PANCAKE DAY**  
26 SEPTEMBER, 2022  
come enjoy a stack with CHA  
9:30-11AM Lincoln Resident Engagement Center