



February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Rent Due	2	3	4	5	6	7
8	9	10	11	12	13	14 Valentine's Day
15	16 Office Closed	17	18	19	20	21
22	23	24	25	26	27	28



Riddle:
I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am I?

Answer: An echo

Attention CHA Residents!

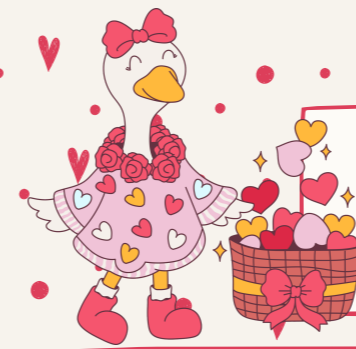
We have free shoes and socks available for our residents — while supplies last! 🧦👟

Sizes vary and items are first come, first served.

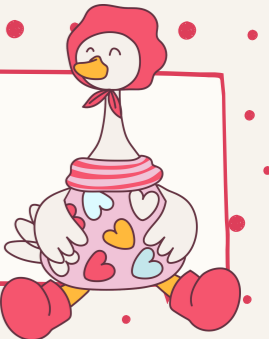
To arrange pick-up, please contact Tiffany McAdory at 931-241-7004.

A special thank you to The Salvation Army for this generous support!

Please share with neighbors who may benefit. ❤️



Clarksville Housing Authority



Happy February, Residents!
We're excited to share the latest updates, resources, and ways to stay healthy and engaged this winter. This month, we're focusing on resident wellness and celebrating Black History Month.

Winter Wellness & Free Resources

Stay Active Indoors

- Free online workouts, chair exercises, or yoga videos
- Daily stretches to reduce stiffness from cold weather

Nutrition & Healthy Eating

- Warm meals like soups, stews, oatmeal
- Use frozen or canned fruits/vegetables to save money
- Drink plenty of water, even in winter
- Limit sugary drinks and snacks to maintain energy

Mental Health & Stress Management

- Catch sunlight daily – even 10 minutes helps
- Journaling, reading, or listening to music to boost mood
- Stay connected with family, friends, and neighbors
- Contact RSC for emotional support and guidance

Lease Reminders

Verify Eligibility Ensures households still meet income and program requirements. Keeps housing fair and available to those who qualify. Update Household Information Record changes in income, family size, or employment. Helps staff provide accurate rent calculations and services.

REMINDERS

Emergency number 931 575 1964 for after hour services
Lease Reminders
Why Annual Recertification is important
Verify Eligibility
Ensures households still meet income and program requirements
Keeps housing fair and available to those who qualify
Update household information
Record changes in income, family size, or employment
Helps staff provide accurate rent calculations and services.

Respecting the Food Pantry
We kindly ask all residents to help take care of the Food Pantry at Lincoln Homes. This pantry is a service provided to support our community, and keeping it in good condition ensures everyone can continue to benefit from it.

Manna Cafe every Wednesday at Lincoln Homes 5pm-6:30pm



Disaster Related Emergency Assistance

If using a mobile device to complete any of these forms, you may need to download a free PDF reader.

Replacement SNAP Benefits (for existing SNAP recipients):

The Tennessee Department of Human Services is prepared to provide replacement Supplemental Nutrition Assistance Program benefits to current SNAP households who suffered losses due to severe weather which may have caused power outages or a household misfortune.

These replacement benefits are available for **existing SNAP recipients** who:

- Lost food due to a power outage of 12 hours or more
- Lost food due to a household misfortune

Individuals requesting replacement benefits need to sign an affidavit and send it to TDHS using the Upload Documents option, within the One DHS Customer Portal available here: OneDHS.tn.gov/csp. New to the One DHS Customer Portal? [Click here for instructions on how to set up an account and link your case](#). Once your account is set up and case linked, you may submit a Affidavit Request for SNAP Replacement Benefits.

Thank you to The Equity Alliance and Official Wings for "Feeding the Block at Summit Heights"



Clarksville Housing Authority is a smoke-free community



♥ Black History Month

Did You Know?

Dr. Charles Drew was an African American physician and surgeon who developed improved techniques for blood storage and organized the first large-scale blood bank during World War II. His work saved thousands of lives and laid the foundation for modern blood donation systems.



Spring is Fest Coming...

Our annual Spring Fest, in partnership with CPD, is happening next month during CMCSS Spring Break. Join us at Summit Heights March 17th 12-3 PM for an afternoon of fun activities for the kids and helpful resources for upcoming summer programs.



❄ Winter Safety Tips

"Stay Safe This Winter"

Cold temperatures, snow, and ice can make winter challenging.

Please review these quick safety reminders:

Salt walkways to reduce slips and falls.

Keep space heaters at least 3 feet from flammable items.

Let your water run slightly in severe cold to avoid frozen pipes.

Report maintenance issues promptly.

Stay warm and stay safe!

🚌 "Need Help Getting to an Appointment?"

The RSC now has bus tickets available for CHA residents who need help with transportation to:
 Doctor's appointments
 Job interviews
 Social service appointments
 Other approved appointments

Documentation is required.

Please contact Tiffany McAdory at 931-241-7004 to request tickets.

TAHRA
Tennessee Association of Housing & Redevelopment Authorities

Tennessee Association of Housing and Redevelopment Authorities (TAHRA) in partnership with the National Association of Housing and Redevelopment Officials (NAHRO) present:

WHAT HOME MEANS TO ME POSTER CONTEST

SUBMISSION DEADLINE: MARCH 27, 2026

PRIZES FOR EACH SELECTION CATEGORY:

1ST PLACE: \$100
 2ND PLACE: \$75
 3RD PLACE: \$50

Winners from each Selection Category will be selected based on how well the artwork reflects "What Home Means to Me" and will move on for the regional-level competition.

HOW TO SUBMIT:
 All posters, narratives, and applications MUST be postmarked, hand-delivered, or received by 4:00pm on Friday, March 27, 2026.

Mail to:
 Lawrenceburg Housing Authority
 ATTN: Alex Brewer
 P.O. Drawer C
 Lawrenceburg, TN 38464

If you have any questions, please email Alex at businesshr@lawrenceburgha.org.

Click HERE

TAHRA
Tennessee Association of Housing & Redevelopment Authorities

Scholarship Deadline: April 1, 2026

Freshman Scholarship
 Elevate your future with the TAHRA Scholarship Program! This dynamic initiative provides funds for exceptional students in public housing programs, including Section 8. Recognizing academic merit, special talents, and need, TAHRA opens doors without any bias-making dreams a reality. Join forces with the SERC-NAHRO scholarship program for a journey toward success!

Adult Scholarship
 Unlock opportunities with the TAHRA Scholarship Program! Designed for exceptional adults in public housing programs, it judges applicants based on recommendations, resume, and a personal statement. Awards are granted without bias, fostering diversity. Partnering with SERC-NAHRO, this program is your ticket to a brighter future!

Start Application

All entry forms must be received by April 1, 2026.