

Serenity Prayer

History and what it means to each of us.

The History of the Serenity prayer in AA: A version of the prayer was originally composed by Protestant theologian Reinhold Niebuhr in the early 1930s. Initially popularized by one of his colleagues, the prayer began to spread widely without reference to the original author. In June 1941, the prayer was published in an obituary in the New York Herald Tribune, and from here became known by the first Alcoholics Anonymous group. The organization embraced it and spread it widely.[1] It was initially known within the group as "The AA prayer", but by the late 1940s, was known as "the serenity prayer. AA's co-founder Bill W. and the staff liked the prayer and had it printed in modified form and handed around. It has been part of Alcoholics Anonymous ever since

Original Version By Niebuhr

God grant me the Serenity to accept the things - I cannot change; Courage to change the things I can; and Wisdom to know the difference. Living one day at a time; Enjoying one moment at a time; Accepting hardship as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His will; That I may be reasonably happy in this life, and supremely happy with Him forever in the next. Amen. - REINHOLD NIEBUHR

The Inspiration for this song version came to Lori Morris after her home burned down these words comforted her from her favorite prayer that start with "God Grant me the Serenity", she asked her friend Billy McLaughlin to write the music for it. He didn't think he could do it then it came to him, in a dream that night he was asked. She was looking forward to moving back into her home after it burned down to be getting Re-settled and finally be home.

When we were drinking, we had the experience of burning down our lives, ourselves, as we are our home, the body we reside in. Inside and out. Out of our greatest loss comes our greatest gift. A new home, within and without-sober and with a newfound higher power.

We find hope & inspiration sometimes in the most unlikely of places. A song on the radio, a stranger's smile & kindness, a newspaper clipping from an Obituary

Quote by Lori Morris "I want more people in the world who are going through tough times within or outside the recovery community to feel the power of those words"-

Please join us as we close with this very special song Produced by Lori Morris, with Billy Mclaughlin, Nate Saber & Ensemble

This special song was put together in 2014 by Lori Morris & Billy Mclaughlin

We invite everyone to Circle Around the Stage. The Serenity Prayer Song (Official Music Video) (youtube.com) <https://www.youtube.com/watch?v=iKhAg2dMKbo>