



August 2025

Snack & Lunch Menu

Proudly crafted in the Parkside Kitchen

- Picky for a purpose -

Fresh, organic, non-GMO when possible & no artificial sweeteners, preservatives or colors

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Key:</p> <p> = Made with most or all organic ingredients</p> <p> = Whole Grain</p> <p> = Homemade</p> <p> *Organic milk is offered at lunch to all ages over 1</p>				<p>1</p> <p>Chef's Special!</p> <p>To help reduce food waste we use Fridays to serve food we have left from the week!</p>
<p>4</p> <p>AM:</p> <p>Sunbutter </p> <p>Apples </p> <p>LUNCH:</p> <p>Revitha </p> <p>(chickpea & carrots)</p> <p>Rice </p> <p>Green Beans</p> <p>PM:</p> <p>Popsicles & Tortillas </p>	<p>5</p> <p>AM:</p> <p>Yogurt </p> <p>Bananas </p> <p>LUNCH:</p> <p>Chicken Alfredo </p> <p>Broccoli</p> <p>Corn </p> <p>PM:</p> <p>Bell Peppers</p> <p>Rice Cakes </p>	<p>6</p> <p>AM:</p> <p>Scrambled Eggs</p> <p>Oranges</p> <p>LUNCH:</p> <p>Sloppy Lennys </p> <p>(Lentil Sloppy Joe)</p> <p>Potatoes</p> <p>Peas</p> <p>PM:</p> <p>Chef's Special</p>	<p>7</p> <p>CLOSED</p> <p>FOR</p> <p>IN-SERVICE</p> <p> </p>	<p>8</p> <p>CLOSED</p> <p>FOR</p> <p>IN-SERVICE</p> <p> </p>
<p>First Day of School! 11</p> <p>AM:</p> <p>Oatmeal </p> <p>Apples </p> <p>LUNCH:</p> <p>Black Bean Quinoa Salad </p> <p>Corn </p> <p>Peas</p> <p>PM:</p> <p>Cheese</p> <p>Carrots </p>	<p>12</p> <p>AM:</p> <p>Scrambled Eggs</p> <p>Oranges</p> <p>LUNCH:</p> <p>Lentil Pasta </p> <p>Sweet Potatoes</p> <p>Green Beans</p> <p>PM:</p> <p>Triscuits </p> <p>Cucumbers</p>	<p>13</p> <p>AM:</p> <p>Turkey Meatballs </p> <p>Peaches</p> <p>LUNCH:</p> <p>Bean Dip </p> <p>Tortillas Chips </p> <p>Bell Peppers & Peas</p> <p>PM:</p> <p>Popsicles </p> <p>Baked Crackers </p>	<p>14</p> <p>AM:</p> <p>Yogurt </p> <p>Berries</p> <p>LUNCH:</p> <p>Chickpea Curry </p> <p>Barley </p> <p>Broccoli</p> <p>PM:</p> <p>Granola </p> <p>Bananas </p>	<p>15</p> <p>Chef's Special!</p>
<p>18</p> <p>AM:</p> <p>Yogurt </p> <p>Carrots </p> <p>LUNCH:</p> <p>Spiced Chickpeas </p> <p>Barley </p> <p>Peas</p> <p>Cauliflower</p> <p>PM:</p> <p>Oranges & Bell Peppers</p>	<p>Nat'l Potato Day 19</p> <p>AM:</p> <p>Muffins </p> <p>Sunbutter </p> <p>LUNCH:</p> <p>Lentil Chili Potatoes </p> <p>Quinoa </p> <p>Lettuce</p> <p>PM:</p> <p>Cheese</p> <p>Baked Crackers </p>	<p>20</p> <p>AM:</p> <p>Oatmeal </p> <p>Bananas </p> <p>LUNCH:</p> <p>Chicken & Rice </p> <p>Broccoli</p> <p>Corn </p> <p>PM:</p> <p>Tortillas </p> <p>Peaches</p>	<p>21</p> <p>AM:</p> <p>Scrambled Eggs</p> <p>Toast </p> <p>LUNCH:</p> <p>Pasta Cucumber Salad </p> <p>White Beans </p> <p>Sweet Potatoes</p> <p>PM:</p> <p>Popsicles </p> <p>Rice Cakes </p>	<p>22</p> <p>Chef's Special!</p>
<p>25</p> <p>AM:</p> <p>Bananas </p> <p>Toast </p> <p>LUNCH:</p> <p>Senegalese Chicken</p> <p>Rice </p> <p>Green Beans</p> <p>Roasted Carrots </p> <p>PM:</p> <p>Cheese & Tortillas </p>	<p>26</p> <p>AM:</p> <p>Cottage Cheese </p> <p>Pineapple</p> <p>LUNCH:</p> <p>Cheese Pizza </p> <p>Olives</p> <p>Peas</p> <p>PM:</p> <p>Popsicles </p> <p>Triscuits </p>	<p>27</p> <p>AM:</p> <p>Scrambled Eggs</p> <p>Apples </p> <p>LUNCH:</p> <p>Tomato-Quinoa </p> <p>Garlic Curry Chickpeas </p> <p>Lettuce Boats</p> <p>PM:</p> <p>Granola </p> <p>Pears</p>	<p>28</p> <p>AM:</p> <p>Turkey Meatballs </p> <p>Oranges</p> <p>LUNCH:</p> <p>Taco Lentils </p> <p>Barley </p> <p>Corn </p> <p>Broccoli</p> <p>PM:</p> <p>Melon & Cucumbers</p>	<p>29</p> <p>Chef's Special!</p>