### **Parkside Post**

November 2020



BASKETBALL FANS IN PRE-K

### **CHANGING WITH THE SEASONS**

It was wonderful to see many of our families at our Fall Fest last month! As the 2020 holiday season and colder weather rolls in, we prioritize keeping the same rhythm to our days and weeks to help kids feel safe and connected- both fundamental to learning & growing.

Some of you may wonder why we are still prioritizing outside time as the weather changes. We have a *Play in All Weather* commitment because outdoor play is not just part of our rhythm, but it is so important to healthy child development. With fresh air, sunshine and room to spread out, spending time outside is a foundational way for your child to strengthen and protect their immune system- especially valuable in Winter! Exposure to nature in all seasons fosters critical thinking skills. By playing outside in all weather, Parkside kiddos grow to be more positive, creative, and adaptable. To encourage our outdoor times, we will be adapting our playground and outdoor areas to include patio heaters during playtime and warm herbal tea stations to invite smooth transitions!

With that being said, there are a few conditions that will keep us inside: Lightning storms and sleet will force us to stay in. Freezing temps will significantly shorten our time outside. Babies and Waddlers are growing to these standards and have a weather policy that looks a little different. Speaking of staying inside, we have ways of staying healthy indoors too! We continue to wash hands at almost every transition, have air purifiers in every classroom, and serve nutrient dense, nourishing food to fuel your littles. Also, our tightened health policy is still in effect. We truly appreciate your patience and understanding as we navigate colder temps, holidays, and COVID. Thank you for being part of the Parkside family!





PHYSICS IN BABIES

## **Happy Birthday!**

Nov 4th- Hazuiel Nov 20th- Sam

Nov 8th- Asher Nov 22nd- Amara

Nov 9th- Huck

Nov 12th- Mrs. Melanee

#### **Important Dates**

Nov 26th & 27th- CLOSED for Thanksgiving

## **BABIES**

BY MS. BRIGITT

Babies have been enjoying the cool autumn days! We have played in the leaves and sang "All the Leaves are Falling Down" to the tune of "London Bridge," and feeling the crisp breeze! We anticipate Thanksgiving footprint crafts, and more pumpkin play dough for November! Please don't forget to send me a family photo for our family wall. This can be emailed to parksidebabies@gmail.com. Thank you!

# **WADDLERS**

BY MS. CAMEO

Burr! Our class is having a blast experiencing the colder weather! Please make sure you are sending your student to school in clothing that can handle the cold, the wet, and the mud. That includes, but is not limited to: waterproof jackets, socks and shoes. If you would like to send gloves that stay at school, you are welcome to do so. We are welcoming back our friend, Paxton and welcoming Mia to our class this month! Welcome, friends!



DRESS UP IN TODDLERS



PUMPKIN PARTS IN JUNIORS

# **TODDLERS**

BY MS. WHITNEY

We are officially at the point of the year where it feels like time is flying by! For November, we will be sending home any warm weather clothes in exchange for winter appropriate clothing. If possible, please send a hat and a pair of gloves to keep at school so that everyone is comfortable outside. This month, we will be diving into relationships including family, friends, and even strangers. The children will be learning how we make these connections in our lives as well as what it means to be kind. For this topic, please send a family photo to parksidetoddlers20@gmail.com so that we can have them hanging in the classroom. After all, we love our Parkside families!

# **JUNIORS**

BY MRS. AUTUMN

The cold season is officially upon us! Please be sure to send your child in weather appropriate clothing they can play outside in. We encourage you to send hats and gloves to keep at school if you are able. As a reminder, please send your child to school in shoes they can take on and off on their own, i.e. boots or shoes that velcro! Keep in mind upcoming closings for the holidays - we will send reminders out on brightwheel as well! You guys are the best, thank you for all you do!

## PRE-K

BY MS. RENA

November is here and we are so thankful to see it. Everything is changing from the trees to the morning freezing temperatures! Due to the chilly mornings, I want to remind everyone to please dress warm. Please continue to stay safe and we will continue to stay COVID conscious and keep your children safe at school. Fall is fun in pre-k, and we are enjoying the start of the season.