



GARDEN PREP!

The month of January was an exciting time for our Farm & Garden Program! We've officially ordered seeds for our 2025 gardens!

You will see some familiar plants we've grown in the past like tomatoes and broccoli. This year during our late spring/early summer period of succession planting, we will be planting the Three Sisters! This idea comes from Native Americans who would plant corn, beans and squash together.

The corn would be planted first and once that is established, they would add climbing beans that would use the corn as a trellis. Then, they would plant squash that would shade the ground, helping the roots stay cool and hydrated from the sun. We are excited to try this method this year!

Our winter Farm & Garden activities have been a blast. The kiddos have enjoyed the projects, and I hope you've enjoyed the pictures! These projects are very simple yet educational, as we talk about the scientific reasoning behind what we're doing (ex. the pine cones closing in the water to protect the seeds inside, why we closed the lid on the mini greenhouses, etc.) We're also using these activities to get the kiddos out more often with the animals for exposure and enrichment!

As we start seedlings indoors during February you are more than welcome to check them out! We will have some in the hallway downstairs and in the classrooms. If you happen to grow any extra plants, whether it be veggies or child and cat safe flowers, please keep us in mind! We will almost always accept any plants to add in our gardens throughout the year!

Happy planting! 🌱

Happy Birthday!

We love birthdays!
For privacy,
birthdays are hidden
when posted online.

Dates to Remember

Feb 6 - Parkside's 7th Anniversary!

Feb 7 - Early Out CLOSE at 5pm

Feb 8 - Parents' Night Out 3-7pm

Feb 10-14 - Winter Spirit Week

Feb 22 - Annual Art Gala 4:30-6pm

Insider's Scoop



What are we doing at Parkside?



Thyme
with Kaylee



Goat Fun Facts:

- Goats were one of the first animals to be domesticated by humans.
- Goats have accents, and their bleats can sound different depending on where they were born.
- Goats have a four-chamber stomach that helps them digest leaves and grass.
- Goats can be taught their name and to come when called.
- Goats have horizontal pupils giving them better peripheral vision.
- Goats can vary in size from 35 pounds to 230 pounds.
- Some goats can jump over 5 feet!
- Goats are excellent climbers and have specialized hooves that provide traction on rocky terrain.
- Baby goats are called kids, and they can stand and walk within minutes of being born.
- Pygmy goats are often kept in zoos and as pets because they are extremely intelligent, gentle and resilient.
- Goats can run up to 15 miles per hour!
- Goats use their sneeze sound to alarm danger.



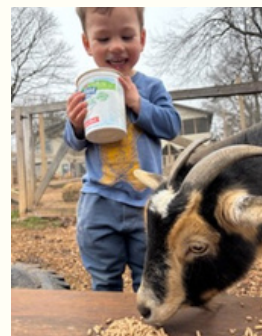
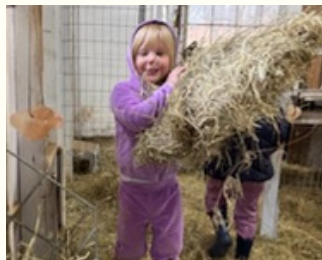
**LUNA & FAWN ARE OUR GOATS AT PARKSIDE.
THEY HAVE LIVED HERE SINCE FALL OF 2020!**



LUNA



FAWN



**Cameo's
Kitchen
Corner**

This month we will be going to Japan for our international dish. Kare Raisu, also known as Japanese curry with rice, starts with a thick base in which a type of meat (ours will be chicken), potatoes and carrots are stewed until cooked thru and softened. This can be served over udon, inside pastry bread, or over rice, we will serve it over rice.

While curry dishes originate in India, this dish migrated to Japan in the 1800s-early 1900s, brought over by the British. Over time this dish was adapted to Japanese tastes and preferences, it is now quite different from an "Indian Curry." This is also a dish that Chef Cameo often makes at home, I am eager to share it with my Parkside friends!

If you have a region of the world you'd like to see featured on the menu, or a family recipe you'd like to share, please reach out at parksidekitchen20@gmail.com.

-Chef Cameo 🍴🌈❤️