Parkside Post: August & September 2025







It has been busy, busy at Parkside over the last couple months! August is such a bitter sweet time for us as we start our new school year, welcome new families and move up to new classrooms, but also say goodbye to our Pre-K kiddos who head off to Kindergarten.

The majority of our Pre-K class spent the last 4 years at Parkside (half of them spent all 5 years), and it has been an honor to watch them grow and be trusted in their care every single day. They will be missed, but we are so excited for what comes next for all of them!

While we reminisce on all the fun we have had over the last year, we are excited for all the new adventures ahead! Our teachers worked hard on our in-service day to prepare their spaces for the new year. Our first month of school went amazing with lots of smiles, organized chaos, and love. <3 This is going to be a great year!

# **Happy Birthday!**

We love birthdays!

For privacy reasons, birthdays are hidden when posted online.



## \*Important Dates\*

Aug 2 - Miss Meagan's 1-Year Work-aversary Aug 7 & 8 - CLOSED for Teacher In-Service Aug 9 - Parents' Night Out 3-7pm Aug 11 - First day of the new school year! Aug 20 - Miss Adarah's 1-Year Work-aversary Aug 26 - Miss Brigitte's 5-Year Work-aversary

Sept 1 - CLOSED for Labor Day Sept 12 - Early Out CLOSED at 5pm Sept 13 - Parents' Night Out 3-7pm



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We welcomed several new families with babies this school year in addition to some of our current families bringing their new additions to Parkside. Much of the new school year is getting kiddos acquainted with their new teachers and spaces while building a solid school routine. So many new things happening!



Our Waddler room is thriving this new school year! All 10 of our Waddler friends are full time and have done so well with their transition to a new room. The teachers have set some solid systems and routines that are adding so much ease to their dayto-day. One of the biggest changes for kiddos when they enter Waddlers is they are all sleeping on cots for the first time at nap!

What's the scoop?

### **Toddlers**

In the move to Toddlers the class gained a couple new friends and teachers. Their outdoor classroom



Our Junior friends

have really been

also provided a lot of change for our growing friends: moving to the backyard, having a bigger space where the terrain is much different providing ample opportunities for natural gross motor play. They are working on building solid routines.

Our Pre-K class is

LOVING being the oldest group. Not much has changed for them in their day-to-day, but they are definitely

A picture is worth

a thousand words!

soaking it up every single day!



loving their new space on the other side of the fence. They are also welcoming a couple new friends and learning these new spaces as a whole! The bike track has been an especially fun addition to their play! This is the best age to really see those interactive play skills take flight and we can't wait to see what this year holds for them!

Howdy everyone! It's fall planting time. Here at Parkside, we've pulled all of our summer crops and have begun planting our new veggies. This fall you'll see beets, winter squash, gourds, cauliflower, chives, and lemon balm!



The zinnias and marigolds on our playgrounds are thriving thanks to our Pre-K and Junior friends watering them in the mornings AND afternoons on the especially hot days of summer. 🖲 💲 Soon we will be able to pull the dead flowers off and get viable seeds for next year! This is a great fine motor and science activity you'll see us doing.

You might have noticed that we have three baby chicks now. Some have found new homes, and we possibly have 1 rooster as of now, so expect to see only 2 chicks soon! The kids have loved caring for them. They've also love watching Brownie give them piggy back rides around the chicken pen! We love providing these nature and science based experiences for the kiddos! <3Kaylee

Our international dish for August was Poulet Yessa. This dish is commonly served during celebrations which makes it perfect for our first month of the new school year! Poulet Yessa is a marinated chicken dish prepared with onions, lemon and mustard seeds. These are crops commonly harvested by the Wolof. It is believed that Poulet Yessa originated with the Wolof people, one of the largest ethnic groups in Senegal. The word "yessa," is derived from the Wolof word "yaxa," which means "to cook in a sauce of onions".

For any families with picky eaters we suggest exploring foods without the pressure of eating them. For example ask your child to describe how the food looks before ever touching it. Then move on to smell or even sound! Eventually, encourage

your child to lick the food and describe the textures or flavors they notice. This can help ease children into the idea of trying new things without feeling the anxiety or dread that can be associated with new experiences. Additionally, keep in mind

that it can take a child 15+ times of seeing/experiencing a new food before they are willing to taste it. Patience above all else 💞



-Chef Cameo @ F

Cameo's Kitchen Corner

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