



Baby, it's cold outside!

With cold weather upon us, so are the layers! We have the best parents who provide ample layers for their kiddos so they are prepared with the correct gear for going outside.

While our smallest kiddos spend minimal time outside during the very cold and the extremely hot weather, our teachers take opportunity where they can. Sometimes this looks like bringing snow inside, or bundling up their oldest kiddos for a quick walk or stroller ride outside. They even spend time showing their kiddos kids playing out the windows and talking about what they are doing and what they are wearing to stay warm.

Our biggest kiddos LOVE spending as much time as they can outside. We have the opposite problem as most centers - it's hard to keep our kiddos in rather than getting them to go out! We want to build resilient children who become resilient adults, and we believe getting to do all the things we love no matter the weather is one of those ways. Our teachers often talk about what the kiddos are wearing and discussing the need for layers when it's cold. They talk about signs that our bodies are cold, so that children can identify for themselves what layers they may or may not need. It's easy for one to say a child needs a coat because they themselves are cold, but it's important to keep in mind what the child is doing as well (because running around is sweaty work!).

Over the years we have seen such a variety of creativity in the winter with different options of play especially with snow! It's so much fun to see the endless possibilities!

There is no bad weather, only bad gear!

Happy Birthday!

We love birthdays!
For privacy,
birthdays are
hidden when posted
online.



Dates to Remember

Dec 23-Jan 1 - CLOSED for Winter Break

Jan 2 - Return to School!

Jan 10 - Chef Cameo's 6-Year Work-aversary

Jan 10 - Early Out CLOSE at 5pm

Jan 11 - Parents' Night Out 3-7pm

Jan 14 - Mrs. Anahi's 3-Year Work-aversary

Insider's Scoop



What are we doing at Parkside?



Hi Parkside Families!

Over the last month, we've grown so many things in our Farm & Garden Program! Our mushrooms in the three older classrooms have provided several harvests and are at the end of their growing cycles. We've started mini green houses that are starting to sprout, and the celery and lettuce are growing in their water cups too! The children have had so much fun participating in these activities, and we will continue to do garden related things during the winter as well. We will begin planning our big garden here soon and before we know it, we will be starting our seedlings indoors!

Winter is here and our mini farm is feeling it! The children have noticed that Fawn and Luna are starting to get real fluffy. They have their fluffy winter coats and are ready for the cold weather that will (hopefully) be here soon! Dottie has been spending nights inside to stay nice and warm. The baby chicks are officially out of the building and are in the green shed with a heater! They are getting so big!



Happy planting! 🌱
-Kaylee

CULTIVATING CELERY



Cameo's Kitchen Corner

Oh my goodness, another wonderful year has begun! How did we get here so fast? You may have noticed more salad items on our menus lately. We are aiming to really lean into the benefits of leafy greens this year. Some salads will be served with a simple homemade dressing on the side and others will be served raw- this is to expose children to foods in a variety of ways. Our international lunch comes to us from the Philippines. The main dish is Ginisang Munggo, which is a mung bean and spinach soup. Our side dishes will be Sinangag (garlic rice), and Ginisang Okra. Ginisang is a Tagalog word which means sauté or stir fried, depending on if it is being used as a noun or as a verb.

If you have a region of the world you'd like to see featured on the menu or a family recipe you'd like to share, please reach out at

parksidekitchen20@gmail.com

-Chef Cameo 🌈❤️