



Steppingstones accomplishes this by teaching you to stay in the moment – on the one, single *Steppingstone* on which you are standing (today). Letting your mind drift to all the steppingstones in the future invites anxiety and overwhelm.

Who is in Charge Here?

- If you believe in God, then you believe He is ultimately in charge of your life (now) and your ultimate eternity.
- If you're suffering today, feeling overwhelmed and hoping to discover *why bad things happen to good people*, that's not the point of Steppingstones. Steppingstones accepts that negative things will happen – and focuses on techniques to help us deal with it.
- What we do know is that **God clearly wants what's best for us** but allows us all to have ***free will*** to make decisions. (*Luke 6:45, Mat, 15:19*)
- Bad things will happen to us, things we don't deserve and don't make sense at this moment in time. Instead of trying to make sense of it today, it's far more productive to trust that God (in His time) will reveal the purpose for this season and how He used it for good. (Rom. 8:28)



Why Are You Here?

God is not into busywork. We're not here for drill or to just mark days off our calendar. We're here for a purpose. We know this because everything God demonstrates throughout scripture was (and is) done with clear purpose (intentionality).

Consider the path God set in front of Jesus from his birth to his ultimate sacrifice (every joy, blessing, miracle, trial, and hardship) and you'll see that it was done with a clear intention to benefit mankind (then, now and forever) and to prepare Jesus for what's *next* – to be seated at the right hand of God and to become King of Kings (*Rev 19:15-16*).

Clearly, we're **far** from holy... (especially me) but this model is similar to what God has for us. Everything you have gone through so far, (every joy, blessing, miracle, trial, hardship and sacrifice) was and is being done to prepare you for what God has *next* for you. If you're going through a tough season (trial or hardship), I know how brutal that can be and I'm sorry. Remind yourself to trust that God is using this season for good (even if you can't see it now). Your responsibility is to look for the meaning and purpose of today while you trust God for all your tomorrows.