PARTICIPANT DISTRIBUTION ELECTION FORM

To the Plan Administrator of the $Miami\ Firefighters'\ Relief\ \&\ Pension\ Fund\ ("Plan").$

Participant Name:		
1. Election. After reading the Special Tax Notice R distribution election(s): (Choose (a), (b), (c) (d) or		ersigned Participant, make the following
ATTENTION: ALL distributions are subj	ect to the rules outlined in the Plan's	Summary Plan Description.
(a) A direct rollover of my entire Veste	d Account Balance to the IRA or p	lan [designated in Section 2].
(b) A direct rollover of a portion of my \$		A or qualified plan [designated in Section 2].
(c) A lump sum payment of my entire		ncome tax withholding (20% min).
(d) A lump sum payment of a portion of		
(e) Installment payments: Please provide	orm will permit you to split your distribut	lment payment method. ion between installments and lump sum and to elect
If I am less than 100% vested in my Account Balance, I un portion of my Account Balance, subject to the repayment/n		
2. Information for Distribution. [Note for selection (limited to 75% of the participant's prior quarterly accoundate upon the request of the participant. Note: Once the	nt balance. The remaining balance ma	y be distributed after the close of the next valuation
I represent that the IRA or plan designated below	is a proper recipient plan for a dir	ect rollover.
Name of IRA, qualified plan or custodian (include Please attach IRA rollover letter of acceptance and finance		(Exactly as will be printed on check or wire.)
Financial Institution Information:	Recipient Informa	tion:
Name:	Name:	
Address:	Address:	
ABA Routing Number:	Account Number:	
3. Information for Lump Sum Payment. [Do not com Note: Once the remaining vested account balance is dist	plete unless you select option 1(c), 1(d) o	or 1(e)]. closed.
Financial Institution Name:		Checking: Savings:
Account Number:	Routing Number:	Savings.
4. Waiver of minimum "Special Tax Notice" period any unexpired portion of the minimum 30-day special		
5. Execution. Dated thisday,	month of 20	
Participant Signature	Home Address	City, State and Zip Code
XXX-XX-		
Social Security Number (Last 4 digits)	Phone	Email Address
Social Security Number Collection Disclosure Statement requested for the purpose of determining eligibility for repending the verification of retirement benefits; income reponumber will be used solely for one or more of these purposes.	etirement benefits as a plan member, rorting; or other notice or disclosures re	etiree or beneficiary; the processing of retirement

Account Valuation Date: _____ Account Balance as of valuation date: _____

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