ELECTION FOR INSTALLMENT DISTRIBUTION MIAMI FIREFIGHTER'S RELIEF AND PENSION FUND

Participant Name:	<u></u>
1. Election. I, the undersigned Participant, have elected (If I am over 73 years of age, I understand my installment p to satisfy the minimum distribution requirements under the	ayments for a calendar year will adjust if necessary
(a) my entire Vested Account Balance in installm	ents directly from the Trust.
in lump sum, with the res from the Trust, as determined in Section 2.	t of my Vested Account Balance in installments directly
2. Installment Term. (Complete (c) and (d))	
(c) I request payment of installments: qua	arterly annually
(d) I elect the following installment term: (choose	e(1),(2) or(3))
(1) years.	
(2) My life expectancy, as determined un	nder Treasury regulations: (Choose (i) or (ii))
(i) determining my life expectar	ncy once, when I commence distribution.
ii) recalculating my life expecta	ncy each year.
	tancy, as determined under Treasury regulations, c: (Choose (i) or at least one of (ii) and (iii)).
(i) determining the joint expects	ancy term once, when I commence distribution.
(ii) recalculating the joint expect annual basis.	stancy term by adjusting my life expectancy on an
	etancy term by adjusting my spouse's life expectancy annot elect (iii) unless your spouse is your designated
Note: You may not revoke (2)(i), (2)(ii), (3)(i), (3)(ii) or (3)(iii) after you attain age 73.
equal and periodic installment payments. I un Election Form that my vested Account Balance periods selected in this Installment Distribution to accelerate the payment of my installment condicating my desire to modify this distribution my entire vested Account Balance, the remains to my designated beneficiaries, as set forth in	st a distribution, as permitted under the Plan, in the form of inderstand that by completing this <i>Installment Distribution</i> we will be paid from the Plan in periodic payments over the son <i>Election Form</i> . I also understand that I may elect at any time distribution by completing a new <i>Distribution Election Form</i> on election. If I should die prior to receiving a distribution of ning portion of my vested Account Balance will be distributed the most recent <i>Beneficiary Designation Form</i> . If I do not have listribution will be made in accordance with the default ammary Plan Description.
Dated this day of	,
XXX-XX	
Social Security Number	Participant Signature

Note: You must attach this form to the Participant Distribution Election Form you have completed.