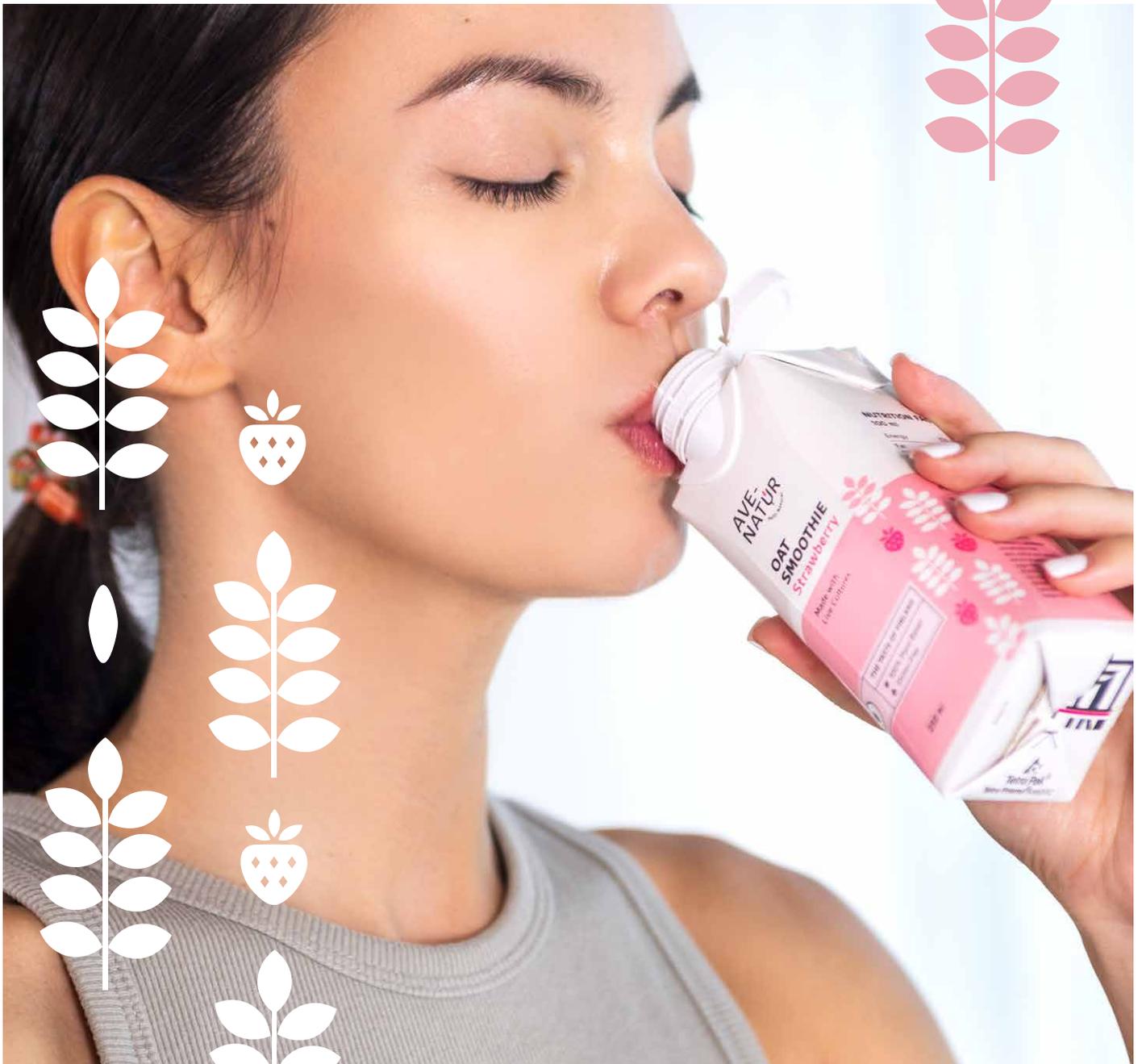




PRODUCT CATALOGUE

The Taste of Finland



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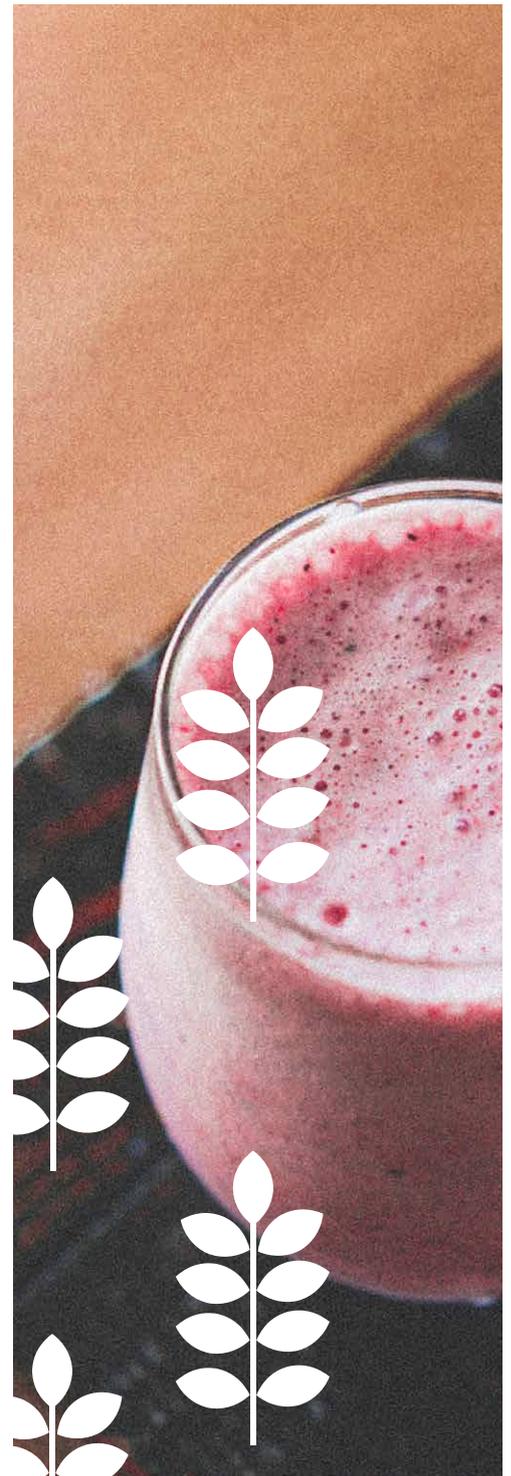
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THE AVE-NATUR BRAND STORY

Hello You!

**Hei! Welcome to our Product Catalogue.
We're Ave-Natur and we're from Finland.**

Surrounded by forests, lakes and fields full of golden oats, we lovingly create healthy and delicious dairy products. But we don't use cows. We use oats. It's our way of living in harmony with nature, so we can preserve the environment for future generations.

Now we want to share with you the goodness and purity which nature has bestowed on us.

From oat drinks to cooking products, desserts and on-the-go treats, we are proud to present to you our range of oat-based dairy products. All made in the heart of Finland and inspired by the finest Nordic traditions.

Thank you for choosing to take care of nature with us. Nauti!

Ave-Natur.
Hello Nature.



OUR OAT DRINKS

Hello Nature!



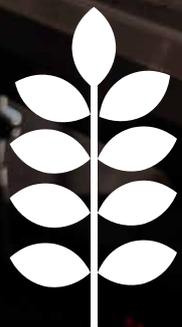
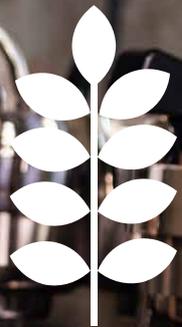
THE TASTE OF FINLAND

- 100% Plant-Based
- Gluten-Free



Dairy-free alternatives
for your coffee, breakfast
cereal and more.

01 AVE-
NATUR





OAT DRINK

Original

Hello Morning!

Smooth and Natural

Ideal for everyday use, our Original Oat Drink tastes great and is packed full of vitamins and minerals. A truly versatile, dairy-free alternative to milk.

NUTRITION FACTS

100 ml

Energy	191 kJ / 46 kcal
Fat	1.2 g
of which saturates	0.2 g
Carbohydrates	8.2 g
of which sugars*	6.0 g
Fiber	0.5 g
Protein	1.2 g
Salt	0.1 g
Vitamin D ₂	1.0 µg (20 %)**
Vitamin B ₁₂	0.38 µg (15 %)**
Calcium	120.0 mg (15 %)**
Riboflavin (B ₂)	0.21 mg (15 %)**

*occur naturally in the oats
**of the reference daily intake (RDI)

Ingredients

Oat base (water, 12% oats), rapeseed oil, salt, vitamins and minerals (Vitamin D₂, Vitamin B₁₂, Riboflavin (B₂), Calcium Carbonate, Potassium).



Available in 1 L, 500 ml and 250 ml

LOGISTICS

	1 L	250 ml
Shelf life	12 months	12 months
Units/ case	10 pcs	15 pcs
Cases / pallet	75	161
Units / pallet	750	2415
Pallet size	1.2 m x 0.8 m	
Pallets / 40 ft container	24	





OAT DRINK

Barista

Hello Coffee!

For professional and Home Use

Our Barista Oat Drink is specially designed for coffee lovers. With a great taste and silky-smooth texture, it's perfect for foaming or latte art. Enjoy!

NUTRITION FACTS

100 ml

Energy	240 kJ / 57 kcal
Fat	3.0 g
of which saturates	0.3 g
Carbohydrates	6.8 g
of which sugars*	5.3 g
Fiber	0.8 g
Protein	1.2 g
Calcium (mg)	120
Salt	0.06 g

* occur naturally in the oats

Ingredients

Oat base (water, 12% oats), rapeseed oil, dipotassium phosphate (acidity regulator), calcium carbonate, salt.

LOGISTICS

	1 L	250 ml
Shelf life	12 months	12 months
Units/ case	10 pcs	15 pcs
Cases / pallet	75	161
Units / pallet	750	2415
Pallet size	1.2 m x 0.8 m	
Pallets / 40 ft container	24	



Available in 1 L, 500 ml and 250 ml



OUR OAT SMOOTHIES

Hello Goodness!



THE TASTE OF FINLAND

- 100% Plant-Based
- Gluten-Free



Perfect with breakfast
or as an on-the-go snack.

02 AVE-NATUR





OAT SMOOTHIE

Strawberry

Hello berries!

Made with Live Cultures

Sweet strawberries, oats and live cultures blended to make a deliciously smooth breakfast drink or healthy, on-the-go snack.

NUTRITION FACTS

100 ml

Energy	374 kJ / 88 kcal
Fat	1.3 g
of which saturates	0.2 g
Carbohydrates	18.3 g
of which sugars	8.0 g
Fiber	0.5 g
Protein	0.6 g
Salt	0.0 g

Ingredients

Oat base (water, 12% oats), strawberry jam 8% (strawberry, sweetener concentrate from pear, native corn starch), sugar (5%), modified starch (E1442), stabilizer (E418), non-dairy cultures (*Streptococcus thermophilus*, *Lactobacillus delbrueckii* subsp. *bulgaricus*).

LOGISTICS

Shelf life	12 months
Units/ case	15 pcs
Pallet size	1.2 m x 0.8 m
Cases / pallet	161
Units / pallet	2415
Pallets / 40 ft container	24



Available in 250 ml





OAT SMOOTHIE

Blueberry

Hello berries!

Made with Live Cultures

Juicy blueberries, oats and live cultures blended to make a deliciously smooth breakfast drink or healthy, on-the-go snack.

NUTRITION FACTS

100 ml

Energy	374 kJ / 88 kcal
Fat	1.3 g
of which saturates	0.2 g
Carbohydrates	18.3 g
of which sugars	8.0 g
Fiber	0.5 g
Protein	0.6 g
Salt	0.0 g

Ingredients

Oat base (water, 12% oats), blueberry jam 8% (blueberry, sweetener concentrate (from pear), native corn starch, natural blueberry flavor), sugar (5%), modified starch (E1442), stabilizer (E418), non-dairy cultures (Streptococcus thermophilus, Lactobacillus delbrueckii subsp. bulgaricus).

LOGISTICS

Shelf life	12 months
Units/ case	15 pcs
Pallet size	1.2 m x 0.8 m
Cases / pallet	161
Units / pallet	2415
Pallets / 40 ft container	24



Available in 250 ml



OUR FLAVOURED OAT DRINKS

Hello Flavour!



THE TASTE OF FINLAND

- 100% Plant-Based
- Gluten-Free



Dairy-free treats for active lives on-the-go.

03 AVE-NATÜR



OAT DRINK

Chocolate

Hello Sweetness!

Smooth and Delicious

Enjoy the rich, indulgent taste of our delicious Chocolate Oat Drink. Made for busy lives on the go, it's perfect as a snack or a treat. Kids love it too!

NUTRITION FACTS

100 ml

Energy	347 kJ / 83 kcal
Fat	2.3 g
of which saturates	0.4 g
Carbohydrates	13.9 g
of which sugars	8.6 g
Fiber	1.5 g
Protein	1.0 g
Salt	0.16 g

Ingredients

Oat base (water, 12% oats), sugar (5%), cocoa powder (1.7%), rapeseed oil, flavour (cocoa), salt, stabilizer (E418).

LOGISTICS

Shelf life	12 months
Units/ case	15 pcs
Pallet size	1.2 m x 0.8 m
Cases / pallet	161
Units / pallet	2415
Pallets / 40 ft container	24



Available in 250 ml





OAT DRINK

Matcha

Hello Natural!

Naturally Energising

Packed full of healthy antioxidants and made from Japanese green tea, our Matcha Oat Drink is the natural way to give your mind and body a boost of energy.

NUTRITION FACTS 100 ml

Energy	320 kJ / 76 kcal
Fat	2.0 g
of which saturates	0.2 g
Carbohydrates	13.4 g
of which sugars	8.4 g
Fiber	5.8 g
Protein	0.6 g
Salt	0.02 g

Ingredients

Oat base (water, 12% oats), sugar (5%), matcha powder (1.5%), rapeseed oil, stabilizer (E418).

LOGISTICS

Shelf life	12 months
Units/ case	15 pcs
Pallet size	1.2 m x 0.8 m
Cases / pallet	161
Units / pallet	2415
Pallets / 40 ft container	24



Available in 250 ml



OUR OAT COOKING PRODUCTS

Hello Chef!



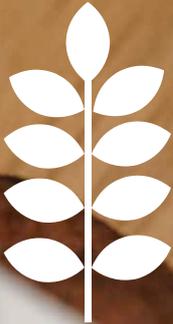
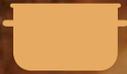
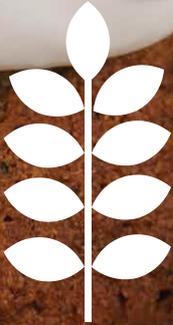
THE TASTE OF FINLAND

- 100% Plant-Based
- Gluten-Free



For deliciously creamy sauces, soups, cakes and desserts.

04 AVE-NATÜR





OAT

for Cooking

Hello Dinner!

Creamy and Versatile

Creamy Oat for Cooking adds a touch of joy to any recipe. Exceptional performance and creaminess in sauces, soups and baked goods.

NUTRITION FACTS

100 ml

Energy	613 kJ / 149 kcal
Fat	13.9 g
of which saturates	1.1 g
Carbohydrates	3.7 g
of which sugars*	2.6 g
Fiber	2.5 g
Protein	0.9 g
Salt	0.07 g

* occur naturally in the oats

Ingredients

Oat base 10% (water, oats), rapeseed oil, stabilizers (E415) emulsifiers (E471, E473)

Please store in cool conditions +2-+8c at all times.

LOGISTICS

	1 L	250 ml
Shelf life	9 months	9 months
Units/ case	10 pcs	15 pcs
Cases / pallet	75	161
Units / pallet	750	2415
Pallet size	1.2 m x 0.8 m	
Pallets / 40 ft container	24	



Available in 1 L and 250 ml





OAT for Whipping

Hello Dessert!

Deliciously Creamy

Creamy Oat for Whipping adds indulgent richness to cakes and desserts. Can also be used as a delicious topping with fresh strawberries, waffles or a cup of hot chocolate.

NUTRITION FACTS

100 ml

Energy	1022 kJ / 249 kcal
Fat	27.3 g
of which saturates	25.9 g
Carbohydrates	0.3 g
of which sugars	0.0 g
Fiber	0.8 g
Protein	0.04 g
Salt	0.0 g

Ingredients

Oat base 10% (water, oats), fully hydrogenated coconut oil, fully hydrogenated rapeseed oil, emulsifiers (E471, E472e), stabilizers (E415, E433), thickener (E464)

Please store in cool conditions +2-+8c at all times.

LOGISTICS

	1 L	250 ml
Shelf life	9 months	9 months
Units/ case	10 pcs	15 pcs
Cases / pallet	75	161
Units / pallet	750	2415
Pallet size	1.2 m x 0.8 m	
Pallets / 40 ft container	24	



Available in 1 L and 250 ml



OUR PRODUCTS

Hello Nature!



THE TASTE OF FINLAND

- 100% Plant-Based
- Gluten-Free



Our full range of oat-based dairy products.

AVE-NATUR





SUMMARY

Hello Nature!



OUR OAT DRINKS

	Oat Drink Original	1 L	AVEN0001
	Oat Drink Original	500 ml	AVEN0002
	Oat Drink Original	250 ml	AVEN0003
	Oat Drink Barista	1 L	AVEN0004
	Oat Drink Barista	500 ml	AVEN0005
	Oat Drink Barista	250 ml	AVEN0006
	Oat Smoothie Strawberry	250 ml	AVEN0101
	Oat Smoothie Blueberry	250 ml	AVEN0102
	Oat Drink Chocolate	250 ml	AVEN0201
	Oat Drink Matcha	250 ml	AVEN0202

OUR OAT COOKING PRODUCTS

	Oat for Cooking	1 L	AVEN0301
	Oat for Cooking	250 ml	AVEN0302
	Oat for Whipping	1 L	AVEN0303
	Oat for Whipping	250 ml	AVEN0304

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