

VFW OBJECTIVES:

- TO ENSURE THE NATIONAL SECURITY through maximum military strength
- TO ASSIST THE WIDOWS AND ORPHANS and the dependents of disabled and needy veterans.
- TO SPEED THE REHABILITATION of the nation's disabled and needy veterans.
- TO PROMOTE AMERICANISM through education in patriotism and constructive service to the communities in which we live.



Meetings

2nd Wednesday of month – 7:00 pm
 VFW Post 2894 Headquarters
 3329 Battlefield Boulevard South
 Chesapeake, Virginia 23322

Email: cdpost2894@vfwva.org

Web Site: <https://www.vfw2894.org>

Webpage: <https://vfw2894.org>

Visit us on Facebook



POST OFFICERS

Commander.....	Bob Gregory
Sr. Vice Commander.....	Susan Vitale
Jr. Vice Commander.....	Mike Kust
Adjutant.....	Dan Eaker
Quartermaster.....	John Peterson
Chaplain.....	Joseph McGourn
Surgeon.....	David Weber
Staff Judge Advocate.....	Matt Hamel
Service Officer.....	Jim Ireland

AUXILIARY OFFICERS

President.....	Anne Thompson
Sr. Vice President.....	Sharon Peterson
Jr. Vice President.....	Rosie Gregory
Secretary.....	Sandy Dunbar
Treasurer.....	Donna Kust
Chaplain.....	Diane Hostetlar
Conductress.....	Amy Trahan
Guard.....	Grace Schweers
Patriotic Instructor.....	Jean Dozier

NATIONAL

www.vfw.org

STATE

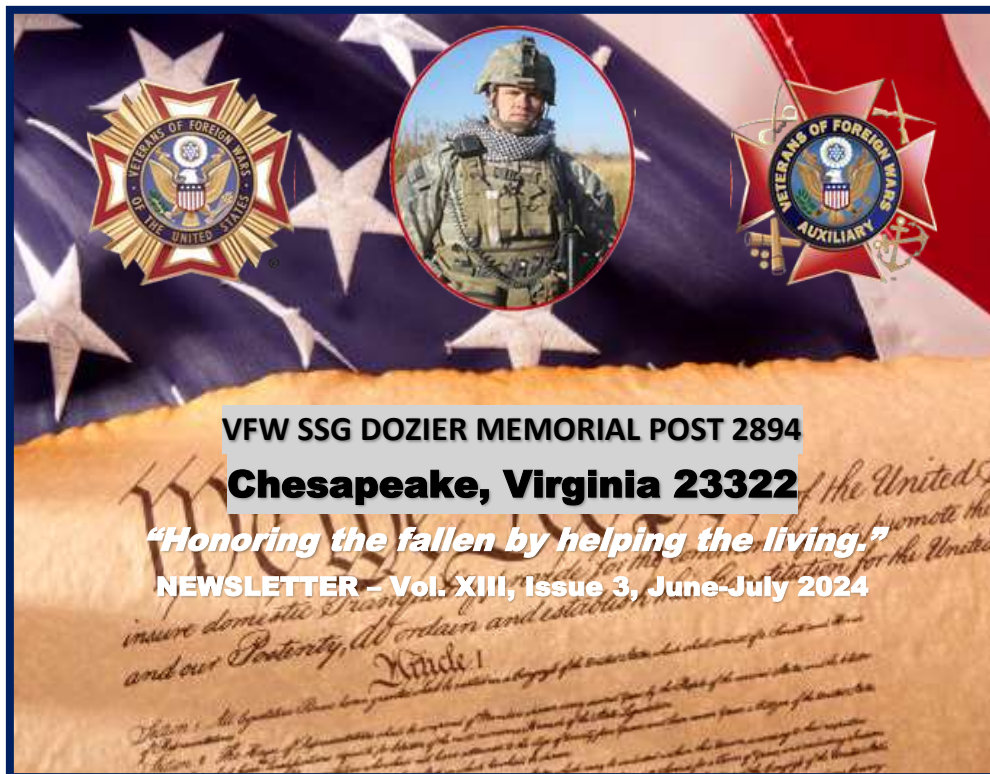
www.vfwva.org

VFW VA DISTRICT 2

www.vfwwebcom.org/va/dist2

VFW Post 2894 GoFundMe

<https://gofund.me/483584b0>



13TH ANNUAL BATAAN DEATH MARCH MEMORIAL WALK A TREMENDOUS SUCCESS!

On a beautiful Saturday morning, 13 April, over 300 participants arrived at the Great Dismal Swamp Canal Trail to participate in the thirteenth annual Bataan Death March Memorial Run/Walk. VFW Post 2894 hosted the annual event, which saw participation from many area organizations such as the local Air Force and Marine Corps Junior Reserve Officers Training Corps (JROTC) programs and local service personnel from area commands. The crisp spring morning saw the Chesapeake Sheriff's Department, Fire Department, Police Department and more when the 16-mile portion of the race kicked off at 0700, followed by the 8-mile portion and then the 1-milers at 1100. Guest speaker Captain Albert Head, prospective Commanding Officer of the USS Bataan, LHD-5, delivered words to commemorate the anniversary of the brutal march during early April 1942, after the surrender of Bataan by allied leadership to the Imperial Japanese forces. A memorial ceremony dedicated to the survivors and families of Bataan/Corregidor as well as all the veterans of World War II and the Korean War, was held to close the event. (see more photos on page 3)



COMMANDER'S CORNER



WHAT A GREAT YEAR! Our Teacher of the Year placed first in District 2! Our Voice of Democracy placed first in District 2! Our Post newsletter won the 2024 National VFW Publication Contest Grand Award for Small Frequency (printed 1-4 times per

year)! And we made All-State!

I would like to thank everyone for all the hard work this past year. This has been an extremely busy and successful last couple of months. As of this writing, our Post membership has increased by roughly 37+ new members and we currently sit at 105.50%. The Post has been named an All-State Post and has met all requirements to be named an All-American Post. We had our most successful Bataan Death March Memorial Walk in the history of our Post, making over \$22K, far exceeding our expectations. I would like to thank everyone who participated in this event, from the BDM Committee to the volunteers who showed up at 0530 to make sure this event went off without a hitch; to the cooks who slaved over the hot grills and of course the members of our Auxiliary. I could not be prouder to be associated with such a caring and hard-working group.

Next came the JROTC awards ceremony - thanks to Junior Vice Commander Mike Kust for representing the Post at this very important event. Mike also coordinated another extremely successful Buddy Poppy Drive, making over \$2200.00. Thanks again to all the volunteers who came out and supported this event. We gave out over \$2000.00 in cash awards at our Annual Post Awards Ceremony; and lastly, we participated in the City of Chesapeake Memorial Day ceremony. None of this would have been possible without the hard work of every one of you!

Our success also derives from our priority of being about "Service to Others" and living up to our motto of "Honoring the Fallen by Helping the Living." As I have heard said many times, "We're not your father's VFW."

My thanks to outgoing Post Auxiliary President Anne Thompson for all her hard work this past year and my congratulations to the new Auxiliary President Sharon Peterson! Looking forward to working with Sharon and all the Auxiliary to keep this project moving in the right direction.

We held our Officers Installation for next year at former Post Commander Chris "Mule" Mulholland's home to allow Chris to be a part of the ceremony. The swearing in was conducted by our incoming District 2 Commander, Ron Riffle.

Summer is right around the corner and that means our planning for the upcoming new fraternal year is in full swing! The new year starts on July 1, quickly followed by the South Norfolk Fourth of July Parade and our continued press to make next year even better than 2024.

Semper Fidelis!

Bob Gregory

OUTGOING PRESIDENT'S CORNER



Dear Comrades and Auxiliary Members,

It has been an amazing 2 years since I took over as President of the Auxiliary. We gained a new home, had many "firsts" all while continuing our mission of helping Veterans and their families.

I am stepping back from the admin side of the house now, but I will still be actively engaged in supporting members, sharing ideas, and helping with projects. Sharon Peterson, our next President has my full support and will continue to welcome in new members as our Post and Auxiliary grows. Thank you for allowing me to be a part of this great organization. There is no better service than that which is given to our fellow man.

Sincerely,

Anne Thompson

INCOMING PRESIDENT'S CORNER



Hello to my fellow Auxiliary members, and the members of Post 2894.

I want to thank Anne Thompson for all she has done these past two years as President. I will do my best to fulfil the trust you have placed in me by electing me as your new President of Auxiliary 2894.

Since moving into our Post home, we have experienced growth in our membership. New members bring new experiences and ideas. I look forward to expanding opportunities to help Veterans and military families in the Chesapeake area. Do not forget to fly Old Glory on June 14th to acknowledge Flag Day and the Army Birthday. And of course, Independence Day as a reason to celebrate.

Have a fun and safe summer!

Sharon Peterson
President, 2024-25

4h OF JULY PARADE, SOUTH NORFOLK

We will be participating in this year's Independence Day Parade in South Norfolk again on 4 July with lineup at 0800 at the South Norfolk Baptist Church at 101 Chesapeake Avenue. The parade actually starts at 1000 and it is only one mile. The parade finishes at Lakeside Park which, if you have never been there, includes a war memorial to all of the Gold Star Heroes of South Norfolk, Norfolk County and Chesapeake since WWI.

The parade will be followed with entertainment, food, games, paddleboat rides, children's crafts, and family fun! The event is presented by the South Norfolk Civic League and Chesapeake Parks, Recreation and Tourism.

Anyhow, come on out. It is a relaxing event. And let us have some fun!!!

(BDM continued from page 1)



Cadets from the Indian River Air Force Junior ROTC showed up in force to participate in the BDM walk.



Runners start the one mile walk at the BDM Memorial Walk/Run.



Comrades Mike Kust and Matt Hostetler serve up burgers and dogs during the BDM event.



Captain Albert Head, U.S. Navy, and prospective Commanding Officer of the USS Bataan, speaks to the BDM Memorial Run/Walk participants.

For more photos of the 2024 Bataan Death March Memorial Run/Walk, go to the VFW Post 2894 BDM website: www.vfw2894.org/bdm



VFW Post 2894 Comrade Eddie Vincek, WWII veteran and Iwo Jima survivor, proudly displays a captured Japanese officer's sword.

**VFW POST 2894
AWARDED ALL-STATE POST**

VFW Post 2894 was awarded the All-State Post designation for the ninth year in a row. Congratulations to all the members for helping to ensure we maintain our All-State status! Next stop - All American Post!

**VFW POST 2894 ELECTIONS AND
OFFICER INSTALLATION 2024-25**

Election of Post officers was held at the April membership meeting with the following results for Fiscal Year 2024-25:

- Commander - Bob Gregory
- Senior Vice Commander - Susan Vitale
- Junior Vice Commander - Mike Kust
- Quartermaster - John Peterson
- Chaplain - Joseph McGourn
- 1st Year Trustee - Matt Hostetler
- 2nd Year Trustee - Joe Hammers
- 3rd Year Trustee - Mark Rios



Comrade Carl Dozier displays a WWII Japanese rifle.



VFW Post 2894 officers are installed by Ron Riffle, District 2 Commander, Department of Virginia, for the 2024-25 fiscal year.

The installation of officers was conducted at the residence of past Post Commander Chris Mulholland on the 1st of May. Ron Riffle, incoming District 2 Commander, administered the oath to the officers and congratulated them for continuing to serve in their respective positions and serving the Post for another year.

The elected officers will continue to serve in their positions on the 1st of July, the beginning of the VFW 2024-25 fiscal year and

after the June VFW Department of Virginia Convention in June. Congratulations to all the officers and our tremendous appreciation and thanks for ensuring the Post continues its focus on service to veterans in our community as well as maintaining a solid foundation for the next term of officers to build on.

daughter, Delores Washburn, and his daughter, Lisa Williams and Tracy-Leigh Mahan. He was preceded in death by his wife, Loretta Stermer, and his daughter, Barbara Williams.



IN MEMORIUM
Comrade Charles F. "Charlie" Steele
1941 – 2024



Charles F. "Charlie" Steele passed away peacefully on May 15, 2024, with his wife by his side. He was born August 18, 1941, in Fort Jackson, SC. Charlie served in the Navy for 20 years and retired in 1978. He loved his time in the Navy and was so proud when he became "Chief Steele".

After retirement from the Navy, he worked as a mechanic at Tea Pack in Virginia Beach and later at Lipton Tea in Suffolk. He retired from Lipton after fifteen years of service.

Charlie loved to deer hunt and fish. If he was not hunting or fishing, he was looking for a new place to hunt and fish and always had a story about the "Big One" that got away.

Charlie loved to tinker in the garage. He was very gifted with his hands and could make or build almost anything.

He never met a stranger and went out of his way to make people feel welcome no matter where he was. "Good Time Charlie" was quick to tell a joke or a funny story that was sure to make you laugh.

He is predeceased by his parents, Charlie and Dorothy, and his sister Ogie. Charlie is survived by his wife of 37 years, Sharon, one brother, Fred, and six sisters: Mary, Gerri, Eileen, Barbara, Tonda, and Sonya.

IN MEMORIUM
Comrade Robert L. Stermer
1935 – 2024



Robert Louis Stermer Jr, 88, of Norfolk, Virginia, passed away on January 2, 2024. He was born on January 27, 1935, in Dover, Delaware. He grew up in Ocean View. Bob was a devoted son, loving husband, caring father, and proud grandfather. He leaves behind a legacy of dedication and achievement.

Robert was a proud veteran, having served in the United States Marines in 1953. After

his military service, Robert pursued a career as an Electrical Engineer for NASA, where he played an integral role in designing spacecraft systems. His contributions to the field were invaluable, and his work will continue to impact the future of space exploration.

Robert's educational journey began at Holy Trinity School, followed by Norfolk Catholic High School. He furthered his academic pursuits at the University of Virginia and Duke University. His dedication to learning and intellectual curiosity were evident throughout his life.

In his personal life, Robert was a man of strong faith and worshipped at Prince of Peace Catholic Church in Chesapeake. He was a member of the Knights of Columbus.

Robert will be deeply missed by his loved ones. He is survived by his wife, Sarah Jo Stermer, his son, Robert Stermer III, his

OTHER POST NEWS

Auxiliary Elections: The Auxiliary officer slate for the 2024-25 year is:

- | | |
|----------------------------|-------------------|
| President | Sharon Peterson |
| Sr Vice | Rosie Gregory |
| Jr Vice | Grace Schweers |
| Secretary | Sandy Dunbar |
| Treasurer | Donna Kust |
| Chaplain | Dianne Hostetlar |
| Conductor | Laura Etheridge |
| Guard | Theresa Lynn Sein |
| 3 rd yr Trustee | Kirsten McGinn |
| 2 nd yr Trustee | Anne Thompson |
| 1 st yr Trustee | Grace Schweers |
| Patriotic Instructor | Jean Dozier |

Congratulations to everyone – thanks for stepping up in these important leadership roles!

• **Memorial Day Buddy Poppy Fundraiser Again a Success.**

The VFW Post 2894 and Auxiliary had its semi-annual Buddy Poppy Fundraiser on the weekend before Memorial Day, 18-19 May, at the Battlefield Walmart Supercenter. Post comrades manned both entrances over the two-day period and were able to raise over \$2000! This is a tremendous achievement success due to the gloomy weather and only utilizing one location. Thanks to all those who assisted with this year's spring fundraising event!



Post 2894 Comrades Jim Ireland, Martha Monahan, and Auxiliary member Sandy Dunbar hand out Buddy Poppies.



VFW Post 2894 Comrades Ron Mayfield and Ron Liston hand out Buddy Poppies at the spring fundraising event.

• **VFW Post 2894 Members Participate in Heroes Build 2024.**

Habitat For Humanity South Hampton Roads (HFHSHR) sponsored their Annual Heroes Build inviting our local first responders from our Police Department, Fire Department, Military, Veterans medical professionals and more to spend a day working side by side with HFHSHR skilled professional builders (called red hats) to help build a house for a needy family.

VFW Post 2894 has partnered with the HFHSHR for the past seven years on projects for veterans and was proud to be invited to submit a team of ten people, five people for the morning shift (8 a.m. to 11:30 a.m.) and five people for the afternoon shift (12 noon to 3:30 p.m.).



Jim Ireland, VFW Post 2894 Service Officer, attaches siding to a structure with the assistance of Joe Coladarci.

It was a full day where Post volunteers helped frame the second floor and add siding to the downstairs part of the house. Post members also helped cut boards to help frame windows and build steps. All volunteers were provided with a safety briefing before starting work as well as gloves, safety helmets and glasses. Donuts and hot coffee were available for breakfast and box lunches with excellent sandwiches along with chips, cold water, sodas, or Gatorade were available for the workers. Safety and proper hydration were stressed.

Upon departure, everyone had a great feeling of accomplishment knowing that they were able to help build a quality, safe, and warm house for a family. It was a fun rewarding day.



VFW Post 2894 Auxiliary member Sandy Dunbar trims lumber for a housing project.



Participants in the Heroes Build pose for a picture.

VFW Post 2894 Honors Local Academics, First Responders and Organizations at Annual Awards Ceremony.



VFW Post 2894 recognized Top Supporters of the past year's community service projects.

On Monday, 13 May, the Post held its annual Awards Ceremony where numerous individuals and organizations were recognized. A separate newsletter with the details was published recently – if you did not receive it, let the newsletter editor know and he will forward you an electronic copy of that special edition.

- **VFW Post 2894 Members Attend Day of Remembrance Ceremony at Grassfield High School.** On a bright Wednesday morning, 22 May, several VFW Post 2894 comrades attended the Remembrance Ceremony held at the Lieutenant Michael Johnson Memorial in front of Hickory High School. The event was coordinated by last year's Post/District and Department Teacher of the Year 2022-2023, Ms. Christine Kapko, and featured Gold Star family members reciting the names of former Hickory High School alums who have lost their lives in the service to our country. A color guard was provided by the Air Force Junior ROTC Program at Great Bridge High School (Hickory High School does not sponsor a Junior ROTC Program).



Mrs. Christine Kapko, a Government and Civics teacher at Hickory High School, provides opening comments at the Remembrance Ceremony.



Gold Star family members pose next to the Lieutenant Michael Johnson Memorial at Hickory High School. Gold Star father and Post member Carl Dozier is fourth from the left.



VFW Post 2894 comrades attending the Remembrance Ceremony pose for a photo next to the Lieutenant Michael Johnson Memorial. Left to right: Keith Lindgren, Carl Dozier, Bob Gregory, and Dan Eaker. Also in the picture are Gunnersy Sergeant Kyle Karpovich, Captain Stephen Sigmon, U. S. Marine Corps, standing with Lieutenant Colonel Christian Wendler, USAF (retired).

• **VFW Post 2894 Members Attend Chesapeake Memorial Day Ceremony at City Hall.** On Memorial Day, 27 May, 2024, several members from VFW Post 2894 were present for the annual Memorial Day Ceremony sponsored by the Mayor's Commission on Veterans Affairs and hosted by the Mayor's Office at Chesapeake City Hall. Due to the unpredictable weather, this year's commemoration was held inside in the City Council Chambers/Auditorium that easily accommodated all those in attendance, which included several Veterans organizations such as the American Legion, Disabled American Veterans, and

Marine Corps League, as well as representatives from Chesapeake's first responders.



Guest speaker Rear Admiral David M. Thomas, Jr., U.S. Navy (retired), provides remarks at the Chesapeake Memorial Day Ceremony.

Chesapeake Boy Scout Troop 57 assisted with handing out programs as well as leading the audience in the Pledge of Allegiance. Rear Admiral David M. Thomas, Jr. (retired) provided a deeply personal experience about losing a longtime friend and colleague from the Naval Academy during the terrorist attack against the Pentagon on September 11, 2001. His rousing testimonial was completed by the various organizations in attendance laying respective wreaths in the front of the auditorium in remembrance of all those brave service men and women who

***YOUR AD COULD BE
HERE!!!***

**BUSINESS CARD - \$25/ISSUE; \$100/YEAR
QUARTER PAGE - \$35/ISSUE; \$150/YEAR
HALF PAGE - \$45/ISSUE; \$200/YEAR**

**VFW MEMBERS/VETERAN-OWNED
BUSINESSES RECEIVE A 20% DISCOUNT**

have given their lives in the defense of American freedom and prosperity.



VFW Post 2894 Commander Bob Gregory (right) and Post Surgeon David Weber present the ceremonial wreath at the Chesapeake Memorial Day event.

• **Post 2894 Auxiliary Holds Inaugural Garage Sale.** On Saturday, 27 April the Auxiliary held the first garage sale at the Post. This was a “test” for future similar events for the Post and Auxiliary. The Auxiliary members donated all the goods for the sale, so we had a ton of household goods, and an entire table of cars! We had much of the membership participate in the set up and breakdown which helped us learn a timeline for these events, how many tables we need, and whether to provide food or not. So many things to think about. Once the Post receives its occupancy permit from the city, we will look forward to inviting the public to participate in future yard sales.



Members from VFW Post 2894 Auxiliary prepare items for the inaugural Garage Sale in April.



VFW Post 2894 Auxiliary members work the first Garage Sale held at the Post home. Left to right: Donna Kust, Anne Thompson, Laura Etheridge, Kirsten McGinn, Lourdes Miller, Rosie Gregory, Sandy Dunbar, Cheryl Campbell, Diane Hofstetlar, and Grace Schweers.

• **Post Member Attends Gold Star Father Retreat.** Carl Dozier, the Post’s namesake’s father, attended an Operation 300 weekend retreat for Gold Star fathers in Palm Beach, Florida. Operation 300, a non-profit organization that is dedicated to taking care of Gold Star Families and honoring the sacrifice made by their family members in service to our country, regularly provides retreats for Gold Star Family members. The organization invited several Gold Star Fathers to a weekend retreat in April, flying the dads from their home states of California, Georgia, Ohio, and Virginia to the Florida location.

The invitees were picked up at the West Palm Beach Airport and driven to the compound. There was an initial “Meet and Greet” dinner where the fathers mingled and met staff members. The weekend was packed with Gator hunting on Friday, skeet shooting on Saturday and deep-sea fishing on Sunday.



Operation 300 provided a weekend Florida retreat for Gold Star Fathers in April. Here a group prepares for skeet shooting - Comrade Carl Dozier is on the far left.

It was a time of bonding with other men who had experienced the same tragic event, spiritual growth, and excellent dining.

JUNE 1942 IMPERIAL JAPANESE FORCES INVADE ALASKAN ISLANDS

As I searched the history timelines for military events that happened in the month of June, most are eclipsed by the World War II D-Day invasion on the 6th of June 1944. Other significant dates are often overlooked, like the liberation of Rome just a couple of days earlier, or the beginning of the Korean War in June 1950 when North Korean forces stormed over the 38th parallel heading towards Seoul, the capitol of South Korea. But an item of interest caught my attention that many people may not realize – although Japanese forces were moving throughout the various island nations in the western Pacific in 1942, they also set foot on one of America's northern-most territories at the time – Alaska.

Known to historians as the "Forgotten War," the Aleutian Campaign began on June 3rd, 1942, when Japanese planes bombed Dutch Harbor on Amaknak Island (part of Unalaska Island) in the Aleutian Island chain of Alaska. In June, 1942, American military strength in Alaska stood at 45,000 men, with about 13,000 at Fort Randall (Cold Bay) on the tip of the Alaska Peninsula and at two Aleutian bases: the naval facility at Dutch Harbor on Unalaska Island, 200 miles west of Cold Bay, and a recently built Army air base (Fort Glenn) 70 miles west of the naval station on Umnak Island. Army strength, less air force personnel, at those three bases totaled no more than 2,300, composed mainly of infantry, field and antiaircraft artillery troops, and a large engineer construction contingent, which had been rushed to the construction of bases.



Aleutian Island chain of Alaska. Unalaska Island is in the lower-center of the map; Attu is in the lower left corner.

The first flight of Japanese fighters arrived over Unalaska Island at 5:45 am on June 3rd, 1942, followed five minutes later by bombers. Fourteen bombs fell on Fort Mears, destroying five buildings, killing twenty-five soldiers, and wounding twenty-five more. A second strike caused no damage; but a third damaged the radio station and killed one sailor and one soldier. Late on the afternoon of June 4th, a force of nine fighters and seventeen bombers struck. They hit the 3,000-ton *S.S. Northwestern*, a beached vessel near Dutch Harbor dock that served as housing for civilian workers. The vessel caught fire and was destroyed, as was an adjacent warehouse. A bomb hit a naval gun emplacement, killing four men; and another destroyed an army gun, leaving two dead and two wounded. Four new steel fuel tanks and 22,000

barrels of oil, a month's supply for Dutch Harbor, were destroyed. A naval hangar, still under construction, had a big hole punched through its roof and a Catalina PBY inside was damaged. The total death for the two-day attack was forty-three and another fifty were wounded.



Burning buildings after a Japanese attack on Dutch Harbor, June 1942.

The Japanese followed the Dutch Harbor raid with an invasion of American soil. After months of reconnaissance, they landed on Kiska and Attu Islands in the Western Aleutians, over 1,000 miles from Dutch Harbor. On Kiska, they took a small Naval weather crew captive; on Attu, they took the whole village hostage, later shipping them back to Japan as prisoners of war.

The United States had recently completed an airfield, Fort Glenn on Umnak Island, and its aircraft were anticipating the Japanese attack. On June 3rd, however, communications difficulties between the two islands resulted in Umnak being unaware of the attack until after the enemy planes had returned to the carrier. Later in the day, Umnak's P-40 fighters intercepted two Japanese reconnaissance planes and shot one of them down. On the raid of the 4th, eight P-40s from Fort Glenn met them, shooting down four with a loss of two of their own. During the two-day battle eleven Japanese planes were shot down. Five Army aircraft and six Navy Catalina PBYs were also lost. After the two-day attack on Dutch Harbor the carriers sailed west, to a point off Kiska Island to protect their forces who were landing there.

Over the next year, tens of thousands of American troops were mobilized to the Aleutians to defend the backdoor to the United States as the Japanese Northern Garrison occupied the western islands of Attu and Kiska. On 29-May 1943, after a frenzied attack by the remaining Japanese troops, American forces were able to secure Attu Island. In August, an unopposed landing was made on Kiska Island, and it was discovered that the Japanese forces had evacuated several weeks earlier. The Aleutian Islands were again back under American control.

References:

1. Aleutian Islands – The U.S. Army Campaigns of World War II, U.S. Army Center of Military History Publication 72-6; Aleutian Islands 3 June 1942-24 August 1943; George L. MacGarrigle.
2. National Park Service – Aleutian Islands World War II – Dutch Harbor Bombing, June 1942.

FROM THE EDITOR

If you are interested in submitting articles, photos, updates on events, for inclusion in the newsletter, please send them to me at: 3329 Battlefield Blvd S., Chesapeake, VA 23322, 757-572-3946 or adjpost2894@vfwva.org. Comments are always welcome.

If you know of a business or anyone who would like to help sponsor Post 2894, please let them know that their help will be recognized in the newsletter.

The newsletter is disseminated to the membership and friends of the Post via e-mail as well as being available on the Post website: Newsletters (vfw2894.org)

Semper fidelis,

Dan Eaker

+ SAFETY CORNER + JUNE IS STAY HYDRATED MONTH



One safety tip for June is to stay hydrated! As the warmer weather appears, we are drawn to the outdoors. Whether playing sports, working in the yard, are having a great time on vacation, we should always monitor your state of hydration. Our body is ~60% water, and water is involved in everything from our cell functioning to cardiovascular performance to muscle health.

Make sure you know the signs of dehydration. Some obvious ones include dry mouth, increased heart rate, increased thirst, and dark urine. As your condition worsens, you may notice weakness, cool clammy skin, cramps, or rapid pulse ... Hello! You are on your way to heat exhaustion!



Stay hydrated. Drink plenty of liquids, even if you do not feel thirsty. One good factor is that if you are working in the heat, sweating away, drink a glass of water every 30 minutes. But avoid caffeine, sugary drinks, and alcohol. For a change, try flavoring

your water with lemon, cucumber, or fruit. If you are celebrating with "brewski's," alternate each beer with water; you will feel better.

Enjoy the warmer weather and strive to stay healthy.

+ SAFETY CORNER + JULY IS SOCIAL WELLNESS MONTH



For our health, July is the month we concentrate on our social wellness. Healthy living is more than our physical health or mental wellbeing. Intertwined with these is social wellness.

Giving and receiving social support is central to our social wellness. Identify those among your family and friends who you can turn to in times of crisis. Their support can ease your anxiety and maintain your sanity. To expand your social circle, take action to broaden your personal contacts. Volunteer to help your community. Pursue your hobby. Join a fraternal organization (like maybe the VFW?).



Especially reach out to seniors. Many times, retirement or death of a spouse or longtime friends can cause them to withdraw. Make an effort to connect. Both they and you can benefit from social interaction. Studies have shown that individuals with good social wellness live longer, have improved cardiovascular function, have a stronger immune system, and have better heart and blood pressure response to stress.

Get out there and socialize! I will bet you never realized this important free benefit of belonging to the Veterans of Foreign Wars.

+ HEALTH TIPS + REMEMBER TO GET REGULAR CHECK-UPS

Men are notorious for ignoring or not being proactive about their health. We seem to believe the saying "if it ain't broke, why fix it?" Yet, we diligently check our cars and trucks for peak performance. So, this article is addressed to our male comrades.



Male health is much more than sexual health. Sure, erectile dysfunction and prostate problems are among our top concerns. But, what about high blood pressure, heart disease, and stroke? Few of us die from ED.

A good place to start is having an annual health checkup, allowing us and our healthcare providers a chance to be proactive about issues such as weight, blood pressure, exercise tolerance, and high cholesterol.



Heart disease is a leading killer among American men. Laboratory and diagnostic testing can identify and highlight areas of concern, while developing a program of regular exercise and healthy

eating can help reduce the chance of developing heart disease, Type 2 Diabetes, and stroke. Combine these actions with a reduction in smoking and alcohol consumption, and you will improve your chances of a full and active life.

By the way, during your annual health checkup, do not forget to discuss with your healthcare provider your emotional health. Besides your physical health, emotional wellbeing is critical and can reduce the possible occurrence of depression and/or suicide.

Live long and prosper!

POST COMMITTEES - YOU CAN HELP!

If you are looking to get involved and help the Post improve its work for and with veterans, think about joining one of the recently established committees. Contact one of the members of the committees you are interested in and let them know you would like to help:

- **Bataan Death March Committee:** Ted Roberts, John Peterson, Matt Schweers, Grace Schweers, Ann Jones, Becky Waters, Brad Waters, Matt Hostetlar, Diane Hostetlar, Jose Vazquez, and Bob Gregory
- **Budget Committee:** John Peterson, Bob Gregory, Susan Vitale, Mark Rios, Brad Waters, Mike Kust, Dan Eaker and Carl Dozier
- **By-Laws Committee:** Bob Gregory, Matt Hostetlar, Frank Sgromolo and Jose Vazquez
- **Community Service Committee:** Jim Ireland, Susan Vitale, John Guill, David Weber, Frank Sgromolo, Kimball Thompson, Ron Mayfield, and John Peterson
- **Awards/Scholarship Committee:** Mark Rios, Mike Kust, Dan Eaker, Joe Hammers, Carl Dozier, Otmaz Guzman, Ron Liston, Kimball Thompson, and Chuck Wolff
- **Membership/Recruiting Committee:** Bob Gregory, Susan Vitale, José Vazquez, and Dan Eaker
- **Building Renovation Committee:** Kimball Thompson, Jim Ireland, Susan Vitale, Gary Dunbar, Anne Thompson, Ken Belkofer, Matt Overbeck and Jim Keiper
- **Visiting Committee:** Chaplain Joe McGourn and Dan Eaker
- **Health/Safety Committee:** Surgeon David Weber, Frank Sgromolo
- **Activities Committee:** Dan Eaker, Susan Vitale, Joe McGourn

QUARTERMASTER DESK

Post 2894 Annual Dues are \$35 IF you go through our Post – if you go through National make sure you indicate Post 2894!

Annual dues can be paid via mail (see our new address on the front of the newsletter) or to the Quartermaster at one of our meetings.



LIFETIME MEMBERSHIP

You can become a VFW Life Member by paying a one-time fee as listed in the table below or making an initial \$35 payment and then paying the remainder over an 11-month installment plan. You will be issued an annual membership card and can elect, upon receipt of the first monthly invoice, to pay via check, credit card or ACH Debit. The applicable Life Membership fee is determined from the schedule using the applicant's age on Dec. 31 of the installment plan year in which the application is submitted, regardless of actual date of birth. A permanent Life Membership card will be issued upon completion of this agreement.

Annual Members!

Renewals are due now and must be paid by 31 June.

VFW Post 2894 will purchase your LIFE member hat when you convert to Life. \$50 value!

Join the 150 Life Members in the Post.

See Senior Vice Cmdr Susan Vitale or the Quartermaster, John Peterson

Life Member Options

AGE as of DECEMBER 31 st	One-Time Payment	\$45 + 11 Payments of
18-30 Years Old	\$425.00	\$38.64
31-40 Years Old	\$410.00	\$37.27
41-50 Years Old	\$375.00	\$34.09
51-60 Years Old	\$335.00	\$30.45
61-70 Years Old	\$290.00	\$26.36
71-80 Years Old	\$225.00	\$20.45
81 Years & Over	\$170.00	\$15.45

Installment plan requires member approval from National and must be validated before purchase of hat.

Life and Annual Dues can be paid on line at our web page <https://vfw2894.org/join-the-vfw>

Points of contact for Annual dues and Life Conversion: susan.vitale@verizon.com and jpeterston310@gmail.com.

125th VFW National Convention



The 125th VFW National Convention will be held July 27-Aug. 1, 2024, at the Kentucky International Convention Center in Louisville, Kentucky.

All members in good standing are welcome to attend. **The Post will pay delegate fees.** Members pay for transportation and lodging. Multiple hotels near the convention center for \$150-200/night. Attendance is not required for all days.

There is no deadline for registration.

Let John Peterson, Quartermaster, know if you would like to attend.

JUNE MILITARY HISTORY

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| <p>1 1774 British close Port of Boston in punishment for "Tea Party"</p> <p>1862 Battle of Seven Pines: Confederate Gen. Joe Johnston wounded, relinquishes command to Robert E. Lee</p> <p>1864 Battle of Cold Harbor, Day 1</p> <p>1866 Fenians attack Fort Erie, Ontario, from US soil</p> <p>1871 US Sailors & Marines land in Korea, to protect U.S. citizens</p> <p>1877 US troops authorized to pursue bandits & Indians into Mexico</p> <p>1914 SecNav Josephus Daniels' G.O. 99 bars alcohol in fleet</p> <p>1939 Director of Naval Research Laboratory, proposes research in atomic energy for use in subs</p> <p>1944 Allied forces begin covering much of Britain with smoke screens, as troops crowd assembly areas for D-Day</p> <p>2 Feast of St. Elmo, Patron of Sailors</p> <p>1774 Parliament passes Quartering Act, billeting troops in private homes</p> <p>1784 Congress disbands last elements of Continental Army, save for 100 troops guarding supplies at West Point and Ft. Pitt</p> <p>1865 Confederate Trans-Mississippi Department surrenders to Union forces</p> <p>1914 Glenn Curtiss flies his 'Langley Aerodrome'</p> <p>3 1784 Congress creates US Army, forming 1st American Regt (now 3rd Infantry) on a cadre of 100 troops left over from Continental Army</p> <p>1916 Congress establishes ROTC (based on Norwich Univ. program)</p> <p>1942 Planes from two Imperial Japanese aircraft carriers bomb Dutch Harbor, a U.S. Naval base in the Aleutian Islands, Alaska.</p> <p>1959 First US Air Force Academy graduation</p> <p>1965 First American "spacewalk", Maj. Edward White, Gemini 4</p> <p>4 1789 Constitution of United States goes into effect</p> <p>1918 US & French halt Germans at Chateau-Thierry</p> <p>1942 Battle of Midway: Japanese lose four CVs, USS Yorktown severely damaged</p> <p>1944 Allied forces liberate Rome</p> <p>5 1917 US begins draft registration: 10 million eventually sign up</p> <p>1944 First B-29 raid over Tokyo; one lost to engine failure</p> <p>1947 SecState George C Marshall outlines "Marshall Plan"</p> <p>1967 Six Day War begins between Israel & Arab neighbors</p> <p>6 1898 Marines land at Guantanamo Bay, Cuba</p> <p>1898 Action at Santiago, Cuba: US ships exchange fire with Spanish batteries</p> <p>1918 US Marines secure Belleau Wood</p> <p>1942 Aleutian Campaign: Japanese troops occupy Kiska Island, Alaska.</p> <p>1944 D-Day – www.strategypage.com/cic/docs/cic174b.asp#three</p> <p>1944 Theodore Roosevelt, Jr., earns Medal of Honor on Utah Beach</p> <p>1945 Okinawa: Marines capture Naha airfield</p> <p>7 1775 "United Colonies" change name to "United States"</p> <p>1912 US Army Air Service tests an airplane-mounted machine gun</p> <p>1917 Liverpool: first American troops reach Europe</p> <p>1942 Aleutians Campaign: Japanese troops land and occupy Attu in the Aleutian Islands.</p> <p>1942 Midway Campaign: 'Yorktown' (CV-5) sunk</p> <p>8 1965 US troops ordered to fight offensively in Vietnam</p> <p>1967 Israeli air and naval forces attack USS 'Liberty' (AGTR-5), 34 Americans die</p> <p>9 1863 Battle of Brandy Station; largest cavalry fight of Civil War</p> | <p>1944 Normandy: U.S. VII & V Corps link up to form continuous beachhead</p> <p>1945 Luzon: Sixth Army manages to isolate Japanese forces.</p> <p>1945 Premier Kantaro Suzuki declares Japan will never surrender</p> <p>1959 First ballistic missile sub launched, USS 'George Washington' (SSBN-598)</p> <p>10 1776 Congress appoints committee to write a Declaration of Independence</p> <p>1801 Tripoli declares war on US, for refusing to pay protection, initiating First Barbary War (1801-1805)</p> <p>12 1987 Ronald Reagan says, "Mr. Gorbachev, tear down this wall."</p> <p>1999 NATO peacekeeping forces begin operating in Kosovo, Yugoslavia</p> <p>13 1900 Boxer Rebellion begins in China</p> <p>1912 First successful parachute jump from airplane, Capt Albert Berry, Jefferson, MS</p> <p>14 1775 US Army formed from New England forces before Boston</p> <p>1777 Congress replaces "Grand Union Flag" with "Stars & Stripes"</p> <p>1777 John Paul Jones takes command of USS 'Ranger'</p> <p>1942 Bazooka goes into production at Bridgeport, Ct</p> <p>1949 State of Vietnam formed within 'French Union' under Emperor Bao Dai</p> <p>1982 Falklands: Argentines surrender to Britain; 74-day war ends</p> <p>1985 Lebanese Shiite gunmen hijack TWA 847 after takeoff from Athens</p> <p>15 1776 Americans burn and abandon Montreal</p> <p>1864 Battle of Petersburg: Grant's first assault</p> <p>1864 Robert E Lee's home, Arlington, becomes military cemetery</p> <p>1877 Henry O Flipper becomes first black cadet to graduate from West Point</p> <p>1944 US Marines land on Saipan</p> <p>1955 First nationwide civil defense drill - "Duck and Cover!"</p> <p>1978 Soyuz 29 carries two cosmonauts to Salyut 6, to stay 139 days</p> <p>1991 Mt Pinatubo, Philippines erupts, closes Clark Air Force Base</p> <p>16 1858 Lincoln says "A house divided against itself cannot stand"</p> <p>1864 Siege of Petersburg & Richmond begins</p> <p>17 1745 American colonials capture Louisburg, Cape Breton I., from French</p> <p>1775 Battle of Bunker Hill (Breeds' Hill)</p> <p>1777 19-year-old Marquis de La Fayette (Marie-Joseph Paul Yves Roch Gilbert du Motier) & several other French volunteers for American Revolution land at Charleston</p> <p>1898 Navy Hospital Corps ("Corpsmen") established</p> <p>1916 Pershing leads Punitive Expedition into Mexico in unsuccessful attempt to kill Pancho Villa</p> <p>1945 Final Japanese defensive line on Okinawa breached</p> <p>1965 Vietnam: First B-52 raid, 50 km north of Saigon</p> <p>1972 Watergate: Republican operatives break into Democratic Party offices at Watergate Hotel in Washington</p> <p>18 1778 British evacuate Philadelphia</p> <p>1812 US declares war against Britain</p> <p>1878 Congress creates US Life Saving Service ("Coast Guard")</p> <p>19 1778 Washington's troops leave Valley Forge</p> <p>1878 Congress passes Posse Comitatus Act, to prevent military from enforcing civil rights laws</p> |
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| 1944 | "Marianas Turkey Shoot" - Battle of Philippine Sea: in 2 days Japanese lose 3 CVs, 426 a/c, US 70 a/c. | 1945 | Okinawa secured: 110,000 Japanese troops, 100,000 civilians, 17,520 US troops died |
| 1967 | Muhammad Ali convicted of refusing induction into Army | 23 | 1938 Congress establishes US Maritime Service |
| 20 | 1675 Wampanoag Indians raid Swansea, Mass., initiating "King Philip's War" (1675-1676) | 25 | 1864 Petersburg: Union troops begin a tunnel under Confederate lines |
| 1782 | Congress adopts Great Seal of United States | 1876 | Battle of Little Big Horn: Crazy Horse does in Custer |
| 1813 | War of 1812: US gunboats engage three British ships at Hampton Roads, VA | 1942 | Eisenhower takes command of US forces in Europe |
| 1867 | US buys Alaska from Russia for \$7.2 million | 1950 | North Korea invades South Korea. claiming "self-defense" |
| 1941 | US Army Air Corps is reorganized as Army Air Forces | 1996 | Dhahran, Saudi Arabia: Islamists bomb Khobar Towers, 19 Americans die, 500 Saudis & Americans injured |
| 1947 | Cold War: Congress charts CIA | 26 | 1917 First American combat troops arrive in France |
| 1963 | Cold War: Washington-Moscow "hot line" established | 1924 | US Marines leave Dominican Republic, after 8 years of occupation |
| 21 | 1876 Gen Terry sends Custer's 7th Cav to scout Little Bighorn River | 1963 | Berlin: Kennedy's "Ich bin ein Berliner" is wildly applauded |
| 1948 | Berlin Airlift begins | 27 | 1927 USMC adopts "Sgt Jiggs," an English bulldog, as its mascot |
| 22 | 1938 Joe "Brown Bomber" Louis KO's Max "Hitler's Heavyweight" Schmeling at 2:04 into their rematch, in Yankee Stadium | 1950 | US sends 35 military advisers to South Vietnam |
| 1942 | US introduces "V-Mail" for military personnel | 28 | 1948 Berlin Airlift begins |
| 1944 | FDR signs "Servicemen's Readjustment Act", better known as "GI Bill of Rights" | 1965 | President Johnson orders US ground forces to Vietnam |
| | | 29 | 1863 Lee orders his forces to concentrate near Gettysburg |
| | | 1945 | Operation Olympic: Truman sets invasion of Japan for Nov 1st |

JULY MILITARY HISTORY

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|---|---|------|---|
| 1 | 1863 Battle of Gettysburg, Day 1: Lee wins, but Union troops fall back on very strong positions | 1942 | First American bombing mission over Nazi-occupied Europe |
| | 1864 Battle of Petersburg (to July 31) | 1942 | American Volunteer Group ("Flying Tigers") becomes 14th AF |
| | 1867 Dominion of Canada formed | 1950 | Carriers USS 'Valley Forge' (CV-45) & HMS 'Triumph' make first UN air strikes of Korean War |
| | 1870 James W Smith becomes first black man to enter West Point | 5 | 1814 Battle of Chippewa: "Those are regulars, by God!" |
| | 1918 Marines secure Belleau Wood | | 1814 US Sloop-of-War 'Peacock' captures four British ships |
| | 1950 First US ground troops arrive in Korea | | 1861 Skirmish at Newport News: US retakes Gosport Naval Base |
| 2 | 1776 Continental Congress declares Thirteen Colonies independent | | 1863 Battle of Gettysburg, Day 5: Lee retreats |
| | 1777 Vermont abolishes slavery, first "state" to do so | 6 | 1777 Burgoyne's British & Hessians capture Fort Ticonderoga |
| | 1863 Battle of Gettysburg, Day 2: A draw | | 1785 Congress introduces dollar |
| | 1903 US leases Guantanamo Bay from Cuba for \$2,000 a year | | 1911 First naval air station established, Annapolis, MD |
| | 1926 US Army Air Corps established and Congress authorizes Distinguished Flying Cross | | 1976 Women admitted to US Naval Academy for first time |
| | 1942 JCS authorize "Operation Watchtower," seizure of Guadalcanal | 7 | 1846 Commodore John D. Sloat takes Monterey, claims California for US |
| | 1957 'Seawolf' (SSN 575) completed, first sub with liquid metal cooled reactor | | 1920 USN aircraft tests "radio compass", Norfolk, VA |
| 3 | 1754 Col. George Washington (22) surrenders Ft. Mifflin to French | | 1941 Iceland: US Marines relieve British forces so they can fight elsewhere |
| | 1775 George Washington assumes command of Patriot forces investing Boston | | 1944 Saipan: Japanese troops make final "banzai" charge |
| | 1863 Battle of Gettysburg, Day 3: "Pickett's Charge" is shattered | | 1944 US B-29s from China attack Japan. |
| | 1950 First US-North Korean clash: TF Smith overrun | | 1966 Marines initiate "Operation Hasting" - to clear NVA from DMZ |
| | 1988 USS 'Vincennes' (CG-49) accidentally shoots down Iranian airliner, 290 die | 8 | 1853 Commodore Perry sails frigate Susquehanna into Tokyo Bay |
| 4 | 1776 Independence Day: Two days after voting for independence, Continental Congress adopts formal "Declaration of Independence" | | 1865 C.E. Barnes receives US patent for machine gun |
| | 1777 John Paul Jones hoists Stars and Stripes on USS Ranger, Portsmouth, NH | | 1945 TF38 arrives off Japan with 20 carriers; to stay until war is over |
| | 1801 1st Presidential Review of Marine Band and Marines, at White House. | | 1950 Douglas MacArthur named CinC UN forces in Korea |
| | 1802 US Military Academy opens at West Point | 9 | 1755 Braddock's Defeat: Battle of Monongahela - Daniel Boone is wagon driver |
| | 1818 Congress rules flag shall have 13 stripes and one star for each state | | 1776 Declaration of Independence read to Washington's troops in NY, whereupon citizens pull down George III's statue to make musket balls |
| | 1832 Samuel Francis Smith's "America" sung in public for first time | | 1918 Congress establishes Distinguished Service Cross |
| | 1863 Vicksburg surrenders to US Grant | | 1944 US secures Saipan: 3,200 US, 27,000 Japanese KIA, & many civilian suicides |
| | | 10 | 1821 US takes possession of Florida from Spain |
| | | | 1943 Operation Husky: US & Commonwealth forces invade Sicily |

- 1953 American troops abandon Pork Chop Hill, Korea
- 11** 1786 US pays Morocco \$10,000 to "protect" merchant ships from piracy
- 1798 Congress reactivates USMC, disbanded in 1784
- 1812 US invades Canada near Detroit
- 1919 US Navy Pay Corps becomes Supply Corps
- 1943 USN surface ships break German-Italian tank attack at Gela, Sicily
- 1955 USAF Academy opens with 300 cadets at Lowry AFB, CO
- 12** 1942 U-Boat lands four German saboteurs on Long Island, soon captured
- 14** 1813 Lt John M. Gamble, becomes only US Marine to command a ship, prize 'Greenwich'
- 1825 Lafayette reviews 2nd Bn, 11th NY Arty (7th NY), which adopts name "National Guard"
- 1900 "China Relief Expedition" captures Tientsin from Boxers
- 1959 First nuclear-powered cruiser commissioned, USS 'Long Beach' (CGN 9)
- 1972 Vietnam: Jane Fonda makes first of 10 broadcasts on Radio Hanoi.
- 15** 1958 Marines land in Lebanon, to support government
- 16** 1861 Bull Run Campaign: Gen McDowell advances from Washington toward Fairfax Courthouse
- 17** 1927 USMC pilots conduct first combat dive bombing, Ocotal, Nicaragua.
- 18** 1863 54th Mass. leads gallant attempt to storm Fort Wagner, near Charleston
- 1914 US Army Air Service formed within Signal Corps
- 1944 US troops capture St. Lo, Normandy
- 19** 1812 1st Battle of Sackett's Harbor: Americans beat off British attack across Lake Erie
- 1886 'Atlanta' commissioned, first USN steel cruiser
- 1897 Lt Robert E. Peary departs on year-long Arctic Expedition
- 20** 1881 Sioux leader Sitting Bull surrenders to federal troops
- 1942 Congress creates Legion of Merit
- 1942 First WAACs begin basic training
- 1944 Marines land on Guam.
- 1948 US reinstates draft, for Cold War
- 21** 1823 Lt David G. Farragut leads raid to destroy pirate base in Cuba
- 1861 First Battle of Bull Run/Manassas: Confederate Victory
- 1930 Veterans' Administration established
- 1969 Neil Armstrong's "small step" on moon - 2:56:15 AM GMT
- 22** 1802 US Frigate 'Constellation' defeats 9 corsair gunboats off Tripoli
- 1905 Remains of John Paul Jones removed from Paris for transportation to Annapolis
- 1943 Patton captures Palermo
- 1987 USN begins escorting re-flagged Kuwaiti tankers in Persian Gulf
- 23** 1944 US forces land on Japanese-held Tinian from nearby Saipan
- 24** 1948 Soviets initiate blockade of Berlin
- 1969 Muhammad Ali convicted of refusing induction in US Army
- 25** 1866 David G. Farragut appointed first Admiral in US Navy
- 1866 US Grant is named first full general in US Army
- 1947 US Army, Navy, & Air Force subordinated to new DoD
- 26** 1948 Truman initiates integration of Armed Forces
- 27** 1909 Orville Wright demonstrates plane for Army, flying 72 minutes
- 1953 North Korea & UN sign armistice
- 1954 Armistice divides Vietnam in two
- 1995 Korean War Veterans Memorial dedicated in Washington
- 28** 1898 Skirmish at Ponce, Puerto Rico, which shortly surrenders to US
- 28** 1914 Austria-Hungary attacks Serbia, igniting WW I
- 1931 Congress makes "Star-Spangled Banner" national anthem
- 1932 Douglas MacArthur routs Bonus Army against orders
- 1945 Kamikaze sink their last ship, USS 'Callaghan' (DD-792), off Okinawa.
- 1945 US Army B-25 crashes into 79th floor of Empire State Bldg, 14 die
- 29** 1949 Berlin Airlift ends, as Soviets end blockade
- 1967 Fire aboard USS 'Forrestal' (CV-59), Gulf of Tonkin, 134 killed
- 30** 1864 Petersburg Campaign: Battle of Crater
- 1909 US Army accepts delivery of first military airplane
- 1942 WAVES (Women Accepted for Volunteer Emergency Service) created
- 1945 USS 'Indianapolis' (CA-35) torpedoed & sunk; nearly 900 die over next 4 days
- 1966 US airplanes bomb demilitarized zone in Vietnam
- 31** 1777 Marquis de Lafayette becomes major-general in Continental Army
- 1813 British attack Plattsburgh, NY
- 1925 Last Allied occupation forces leave Rhineland

POST 2894 CALENDAR

<u>JUNE</u>	
6	D-Day Anniversary – WWII Day of Remembrance Indian River High School
8	USS Bataan Ship Visit
9	Post Staff Meeting, Post HQ
11	Post Meeting, Post HQ
13-16	VFW State Convention, Williamsburg
14	Army “Birthday” (1775) – Flag Day
21	First Day of Summer
25	Start of Korean War (1950) Khobar Towers bombing (1996)
27	Korean War Armistice (1953)
29	VFW District 2 Tides Baseball Game
30	End of VFW Fraternal Year

<u>JULY</u>	
1	Start of VFW Fraternal Year
4	4 th of July Parade, South Norfolk
8	Post Staff Meeting, Post HQ
10	Post Meeting/Quarterly Audit, Post HQ
27 Jul -1 Aug	VFW National Convention, Louisville, KY
28	Anniversary of start of WWI (1914)



A big shout out to our friends at Home Depot for their assistance with all the VFW service projects - past, present and future! Thanks for your generous donations.

THANKS TO ALL OUR SPONSORS WHO ENSURED THE TREMENDOUS SUCCESS OF THIS YEAR'S BATAAN DEATH MARCH COMMEMORATION RUN/WALK 2024!



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