

DIZONFIT TRAINING STUDIO
Presents Community Online Training
FULL ACCESS PASS: Month of JULY 2021

ONLINE Training

With Christina Dizon

JULY Online Schedule

Tuesdays

9:30am Full Body Training

8:15pm Yoga

Wednesdays

6:00pm Full Body Training

Thursdays

9:30am Full Body Training

Fridays

10:00am Gentle Hatha Yoga

Saturdays

11:00am Yoga

Sundays

10:00am Full Body Training

Full Access to Online Community Training

Online Class Passes Valid for Beach Yoga Sessions

Unlimited Access

\$50 For 1 Week

\$90 For 2 Weeks

\$160 For Full Month