

DIZONFIT TRAINING STUDIO
Presents Community Online Training
FULL ACCESS PASS: Month of June 2021

ONLINE Training

With Christina Dizon

JUNE Online Schedule

Tuesdays

9:30am Full Body Training

8:15pm Yoga

Wednesdays

6:30pm Full Body Training

8:00pm Yoga

(Online up until June 9th,
Beach Yoga starts June 16th
and onwards)

Thursdays

9:30am Full Body Training

Fridays

10:00am Gentle Hatha Yoga

Saturdays

11:00am Yoga

Sundays

10:00am Full Body Training

Full Access to Online Community Training

Online Class Passes Valid for Beach Yoga Sessions

Unlimited Access

\$50 For 1 Week

\$90 For 2 Weeks

\$160 For Full Month